Your 3 BASIC DUTIES

Your 3 BASIC DUTIES to save Mother Earth

ExNoRa recommends

ExNoRa International (since 1988)

is the largest Environmental Service Organisation of India & one of the fastest growing in the world, started in the year 1988 in Chennai

Know ExNoRa,
the Parent
Organisation

ExNoRa stands for

Excellent Novel & Radical

ExNoRans ensure these three qualities in their Thoughts, Words & Action

You can consider $E \times NoRa$ as an ORGANISATION, a CONCEPT,

a HABIT or a WORD . The Choice is yours!

ExNoRa: What the 3 colors Green, Blue & Red signify?

The GREEN represents ENVIRONMENT,

The BLUE represents PEACE &

The RED represents SACRIFICE

We need Clean & Green ENVIRONMENT & PEACE in our society & within ourselves & we can get both by only SACRIFICE see: www.voluntarysacrifice.org

An ExNoRa

member is called as

ExNoRan

who uses the

prefix Exn.3

ExNoRa BASIC MANTRA, a MUST

ExNoRa

Organisations, including the Satellite
Organisations and their members are expected
to follow in letter & sprit

ExNoRa BASIC MANTRA (3 + 1)

Think Globally

Act Locally

ઢ

Do Domestically

Plus 1

Network NeighbourhoodLY

English Pandits bear with us for the spelling of this one word. See for explanation elsewhere

The Earth Saving Mantras

Meaning Whatever we do, we should

bear in mind that it should

not affect the planet as the

atmosphere has no boundaries

We should proactively protect

environment in our immediate

Implement in your home &

Institution. (Place of work &

Think Globally

Act Locally

&

Do Domestically

Plus 1

Network

NeighbourhoodLY

All organisations in the neighbourhood should network e.g. street Residents

Place of Learning)

environs e.g. street

ExNoRa Mantras Think Globally

FACILITATING ORGANISATION

ExNoRa International RWA ExNoRa# operating in streets

Office ExNoRa

College ExNoRa

Act Locally

Home ExNoRa

School ExNoRa All Residents Welfare

Associations / ExNoRas & in the neighbourhood network. Street

RWA ExNoRa is the name suggest at Stutethesphalticles rape Aifferent to palso

Organisational Mechanism

the nomenclatures. Your ASSOCIATION has a wide ontion, like Residents ExNoRa, Residents Welfare ExNoRa, Street ExNoRa & Area ExNoRa. But the suffix, "ExNoRa", which you get as a license to use, is a must as it will be a password for you to realise many of your civic issues . It reflects your collective strength beyond boundaries of your street may expand to the entire nation. The word "ExNoRa" will provide a common identity and facilitate

Network lighbourhood LY

&

Do Domestically

Recommendation the Name Recommendation the Name Residents Welfare ExNoRa ExNoRa represents People's EMPOWERMENT due its vast EXPERTISE & huge MEMBERSHIP STRENGTH

- ENVIRONMENTAL & SOCIETAL problem as many as 1000 tested / proven practical , down to earth answers
- ExNoRa updates with latest discoveries / innovations / inventions
- ExNoRa facilitates "SHARED & COLLECTIVE STRENGTH" of the law abiding citizens and enables them to realise their legitimate & basic civic needs without much hassle
- > ExNoRa upgrades the RESIDENTS as Environmentalists & Patriotic Citizens & make them feel proud of their efforts.
- ExNoRa fosters UNITY among people via "Maa" introducing 100 Common Enemies of humankind &

The terminologies explanation NeighbourhoodLY is a word contributed by us to the great

English language which will accept this word in due course of time.

After all the secret of the growth of English & it becoming the global language is due its receptiveness to accept new words including from other languages

almost all the languages. The language became richer.

In USA the language saw radical change in spelling and accent

English is the only language which has accepted words from

as well as pronunciation.

The global mantra was "Think Globally , Act Locally ". But ExNoRa made it little elaborate to be more emphatic and provide clarity.

"Act Locally" has been made to mean more. ExNoRa introduced two words slogan "Do Domestically" meaning one should do environmental protection activities in their own place like home & institutions they belong to .While "Act

Organisation ExNoRa International

ExNoRa Innovators

RWA ExNoRa

Home ExNoRa

Office ExNoRa

School ExNoRa

College ExNoRa

ExNoRa

Place of Worship

Industry ExNoRa

Club

FOR

Website

PLANET

Residential Colony /

Home (House /Flat)

Temple, Church,

Mosque, Jain, Sikh

& Buddhists Temple

We have also for Hospitals, Hotels, Hostels, Parks, Play

Grounds, Markets, Water Bodies and even Burial Grounds

Street / Flat

Complex

Office

School

College

Industry

Neighbourhood / Town / Village

> www.exnora.in/office www.exnora.in/industry www.exnora.in/school www.exnora.in/college www.exnora.org/temple www.exnora.in/church

www.exnora.in/mosque

www.exnora.in

www.exnora.in/innovator

www.exnora.in/street

www.homeexnora.org

ExNoRa

BASIC MANTRA, a MUST to be followed in letter & sprit by the members of

ExNoRa International

ExNoRa Innovators Club

RWA ExNoRa

Home ExNoRa

PLUS

Office ExNoRa, School ExNoRa & College ExNoRa

Satellite ExNoRa Chapters

ExNoRa - The Basic Mantra 3 + 1

- 1. Think Globally (via) "ExNoRa International" by
- a. Direct Membership in ExNoRa www.exnora.in
- b. ExNoRa Online Community Membership www.exnora.in
- c. Member in ExNoRa Innovators Club, www.exnora.in/innovator
 - 2. Act Locally (via) "RWA ExNoRa" in Street www.exnora.in/street
- 3. Do Domestically (Via) Home ExNoRa www.homeexnora.org
- 4. Network NeighbourdLY (via) ExNoRa Innovators Club will function in the ExNoRa Seva Centre for the neighbourhood ExNoRans & RWA ExNoRas to network)

ExNoRa Basic Mantra

(via) "ExNoRa Innovators Club", Collectively

promoted by

Plus 1 : whetwidtkd bleighb (3) inhopdLy

RWA ExNoRas of the Neighbourhood as well as the interested citizens which will federate with individuals / residents directly joining the Club as members for Meeting & Planning for the whole area (e.g. neighbourhood) & implementing. ExNoRa Innovators Club will be for a larger area / neighbourhood & all the RWA ExNoRas of that neighbourhood collectively promote it for their own interest. It will have citizens who have time & talent to contribute for the welfare of Nature, nation & nationals. Their core expertise will be

The original slogan, "Thinking Globally, Act Locally" one interpretation

Whatever that we do, we should think of the repercussion that the planet, our only home will have because of our proposed action. We should act accordingly, Act Locally, bearing in our mind (thinking) of the Globe.

WHY?

Let us explore further!

& Let us also give wider interpretation to the slogan to make use of it & motivate people to PROACTIVELY ACT to Protect, Preserve & Promote environment.

1. Think Globally

We need to Think Globally, think of the GLOBE before doing anything here (LOCALLY).

The ATMOSPHERE (Troposphere & Stratosphere) has no boundaries and pollution by one country affects the people of another. Whether Nation or the individuals should always bear this in mind and act accordingly. We must know what other countries do first not to pollute unnecessarily and also their action to prevent pollution and we must also make them know what we do. How this is possible?

opportunities.

Please make use of all of them

"Think Globally" to save the Planet. Become today a member of ExNoRa International

Sacred
Opportunity
No. 1

& get designated as ExNoRa Environmentalist

A great option for all the eco-conscious citizens to enroll themselves directly as MEMBERS of ExNoRa International, the parent body's Main club via its website www.exnora.org making use of the Payment Gateway Account and get the

ExNoRa Kit comprising of

- 1. ExNoRa ID Card you as ExNoRa Environmentalist
- 2. ExNoRaPedia, the Do-How on environmental protection in the form of DVD with over hundred PPTs on hundred subjects & DVD with several highly motivational explanatory talks which is Priceless.

WOW! It is your as you as card with paratalist Environmentalist

You will get the following on your becoming member of

ExNoRa International



Cooling the Globe made easy Down to Earth and Practical guidelines to arrest Global Warming Make your home, street & neighbourhood an Enviro-Paradise through Home Yoga Exnora International # 20. Giriappa Road, T.Nagar, Chennai-600017 Tel: (044) 24759477, 42193596, 28153376 Email: exnorainternational@gmail.com mbnirmal@yahoo.com Home Exnora Yoga

2. ExNoRaPedia CD / DVD (PPTs/ Videos) with practical Do-How on 1. ExNoRa 100 Eco-subjects which will make you a Complete Environmentalist & as an ExNoRa enable you to make any place under the Sun -your home, street & , with strap institution as Clean , Green, Safe

& a model

After becoming an ExNoRa Member, If you give a declaration & that you have seen the content of the PPTs in the CD & videos in the DVD, we give you a recognition & coveted designation as "ExNoRa Environmentalist".

ID Card, you Environmentalist

You can buy ExNoRa Tokens as Keepsakes from ExNoRa Stores, the following

1. ExNoRa T Shirt

2. ExNoRa Lapel Pin



Become an ExNoRa MEMBER & get the coveted designation as ExNoRa Environmentalist

When you renew your membership at the expiry of membership after one year, you should submit a report on what you did based on ExNoRa Mantra of Think Globally, Act Locally & Do Domestically. You will get surprise of your LIFE. ExNoRa will recognise you as ExNoRa Climate Champion . Start your journey & become a member first today, right now via payment gateway account

"Think Globally"

to save the Planet Opportunity 2

The members can participate in **Global Group Discussions** through www.exnora.in an ExNoRa online community of Enviro-Activists, & learn & share

"Think Globally" to save the Planet, our only HOME: Opportunity 3

In addition, they can collectively THINK via ExNoRa Innovators Club www.exnora.in/innovator ExNoRa International guides people and facilitates them to "Think Globally" through its ExNoRa Innovators Clubs and its meetings. The Club's will function/ operate from ExNoRa Seva Centres. They can participate in the video conferences from ExNoRa Seva Centres and attend e seminars. By this they will become part of the Global Thinkers' Movement.

2. "Act Locally" via RWA ExNoRa www.exnora.in/street

The next important duty for responsible residents is to "Act Locally" in their street / residential colony collectively with fellow-residents. That is facilitated by each and every one of the residents in each and every one of the families in the street /residential colony becoming members of their own Residents Welfare Association ExNoRa in short form called as RWA ExNoRa. The magic of RWA ExNoRa is that the RESIDENTS will become CITIZENS. The MERE RESIDENTS will become role MODEL CITIZENS. Global Problems need Local Solutions. Innovations is the need of the hour. It is yet another innovation, but Sustainnovation (Sustain + Innovation. The innovations not only sustain itself but must sustain the planet and its natural resources which they will do as members of their RWA ExNoRa. It is not just membership, but everyone will be motivated to innovate (Sutainnovate) and to come forward to take up a noble ROLE in their own Association. RWA ExNoRas will federate at their neighborhood level as ExNoRa Innovators Club in order to work collectively and cohesively . ExNoRa Innovators Club operate in their premises called ExNoRa Seva Centers see www.exnora.in/innovator All the residents will be members of their RWA ExNoRa

The MAGIC of RWA ExNoRa is that it makes RESIDENTS as CITIZENS



Act Locally

You can call your basic organisation as

RWA ExNoRa

Residents Welfare ExNoRa

Residents Welfare Association ExNoRa

Flat Owners Association ExNoRa

Plot Owners Association ExNoRa

Plot Owners Society ExNoRa

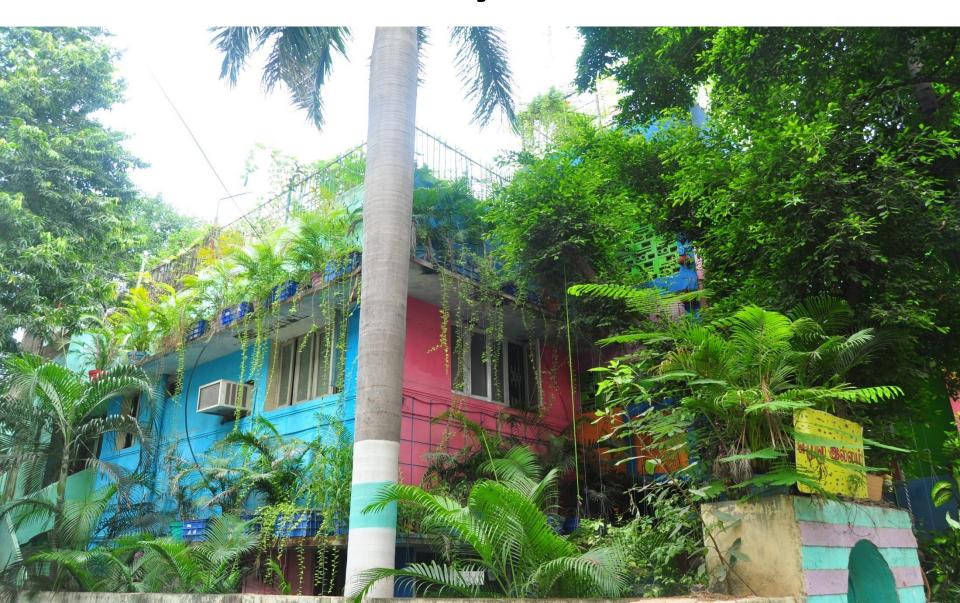
The Choice is that of you & your members



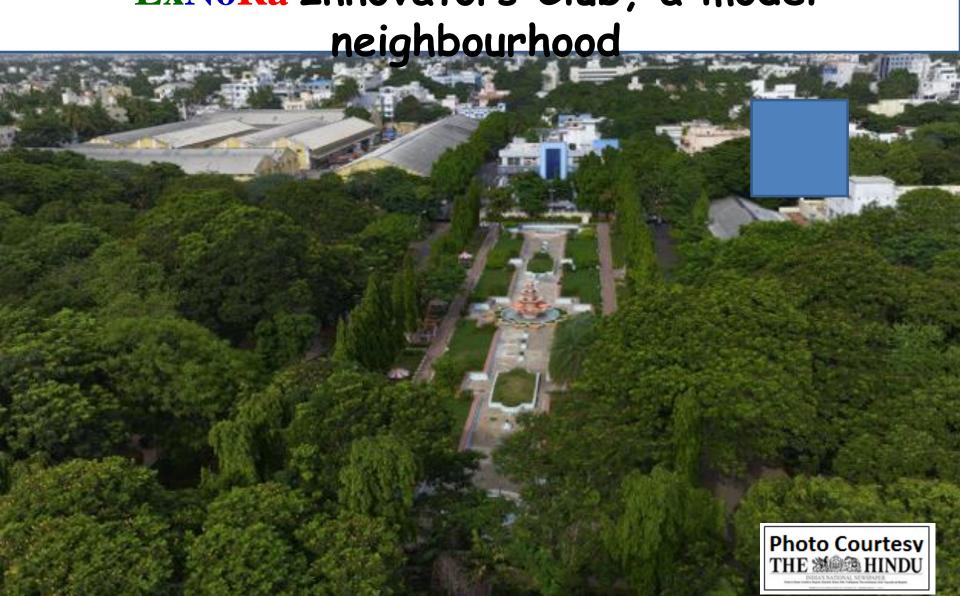
3. "Do Domestically" via Home ExNoRa the 3rd Basic Duty. See www.homeexnora.org

This is something very fundamental. It is like your brushing your teeth every day. Say "All Good Things Begin With Me" & "All Good Things Begin With Me, NOW In My Home" and do so. The earth saving activity is practised by each resident in his/her home via his /her Home ExNoRa . All the members of family including the servants will be members of their Home ExNoRa and will do as many things as possible as recommended in www.homeexnora.org for fighting the Climate Change in their Home. People are there in their homes almost 12 hours in a day and what they do or don't do in their homes can stop Global Warming by 30%./ (Home includes, offices, flat complexes, educational institutions, etc.) www.homeexnora.org

Do Domestically: Model Home



Network NeighbourhoodLy to realise a model residential neighbourhood via ExNoRa Innovators Club, a model



Why net work NeighbourhoodLY?
Any problem does not start & end at a street
e.g. Mosquito .It can travel even a

mile.

It is not just your home, your street , your neighbourhood & neighbouring neighbourhood & it goes on . They are all affected by mosquitoes. Like the Mosquitoes travel ExNoRa Mosquito Musketeers also should travel to



ExNoRa Seva Center
is a Place for various Kinds of
Meetings ExNoRa MEETING
WORLD
Created by the respective
ExNoRa Innovators Clubs



ExNoRa Innovators Club will run ExNoRa Seva Centre



ExNoRa Seva Centre will have on its terrace or within its premises "H6 Humanity Bank"

to collect used, but reusable items / goods for distribion



ExNoRan Membership Pledge

As a member I will do everything as my organisation would expect me. I know that fate of the Planet, our only HOME is in peril. Its future hangs in balance. I am aware that my organisation is a branch of ExNoRa, the Parent Institution and that I must, as an ExNoRan and as a patriotic and Nature Loving Citizen, follow the basic & MOOLA MANTRA of ExNoRa namely, Think Globally via ExNoRa International ,Act Locally via my RWA ExNoRa, Do **Domestically** via Home ExNoRa in my dwelling & my institution & Network NeighbourhoodLY)

