



Buddha, Disciple & Wealthy Minds

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



A disciple of Buddha, said, “**Oh Master! I have a request to make.**”



Buddha: “**What is it; tell me?**”



Disciple: “**My robe is worn out. It is no longer decent enough to wear. Please, may I have a new one?**”

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H6 ExNoRa



Buddha, Disciple & Wealthy Minds

Buddha looked at the disciple's attire and found that the garment was absolutely in tatters and really needed replacement.

So he asked the store-keeper to give a new robe to this disciple.

So he asked the store-keeper to give a new robe to this disciple.



Buddha, Disciple & Wealthy Minds

Buddha kept thinking about the incident and felt that he had perhaps missed an opportunity to teach a valuable lesson to the disciple.

So he went to the disciple's quarters to talk to him.

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Buddha, Disciple & Wealthy Minds



Buddha: Are you comfortable in your new robe? Do you need anything else?



Disciple: Thank you Master. I am very comfortable and do not need anything else.

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Buddha, Disciple & Wealthy Minds



Buddha: Now that you have a new one, what have you done with the old one?



Disciple: I have used it to replace my worn out bedspread.

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Buddha, Disciple & Wealthy Minds



Buddha: What did you do with the old bedspread?



Disciple: Master, I am using it as a curtain on my window.

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Buddha, Disciple & Wealthy Minds



Buddha: Did you discard your old window curtain?



Disciple: Master, I tore it into four pieces and am using them as napkins to handle the hot pots and pans in the kitchen.

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Buddha, Disciple & Wealthy Minds



Buddha: What about the old kitchen napkins?



Disciple: We are using them as mops to wash and wipe the floor.

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H6 ExNoRa

Buddha, Disciple & Wealthy Minds

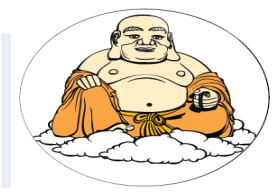


Buddha: Where is the old mop?

Disciple: Lord, the old mop was so tattered that the best we could do was to take all the threads apart and make wicks for your oil lamp. One of them is presently lit in your room.”

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H6 ExNoRa



Buddha, Disciple & Wealthy Minds

If all of us were to practise the habit of thrift, we can preserve the non renewable resources for our children, our grandchildren and our great grand children

That is our forefathers so thoughtfully did for us.

Let us vow together to leave at least one monument for our children, the Earth!

H6 ExNoRa Bank

H6 ExNoRa Bank

DEPOSIT
HERE
THINGS
YOU
DON'T
WANT

Heart to

Head to

Hand to

Help to

Humanity to

Happiness to

for **BOTH** , the

GIVER & RECEIVER



Your
"UNWANTED"
is Poor's
"WANTED".
Your
"WASTE"
is their
"WEALTH"
& H 6 is the
connecting
BRIDGE



Contribute your USED Things

Humanity Bank

H6 ExNoRa

H6 ExNoRa Bank

Hear to

Head to

Hand to

Help to

Humanity to

Happiness

What will be inside the H6 ExNoRa Bank?

“Collection Boxes” for depositing previously used items



ExNoRa Innovators Club

ExNoRa Seva center

6 H ExNoRa Humanity Bank will have 200 litter used HPPE bins for storing used items for distribution

Spectacles

Clothes

Text
Books

Utensils

Footwear

Toys

Groceries

Blanket

Grains

Story
Books &
periodicals

Tools

White
Cans

Humanity Bank

H6 ExNoRa



H6 Depot

- This can be mostly compact FRP BINS made to order for people to deposit their previously used goods/ items/ articles / commodities for distribution to the needy for their use .
- This can be kept with in the premises of **ExNoRa** Seva Center .
- It can be even on the terrace of the **ExNoRa** Seva Center

ExNoRa Seva Center

ExNoRa Seva Centre
H 6 ExNoRa Depot



H6 ExNoRa Depot



Things

Director
Humanity



Activity In charge

H 6 ExNoRa

Donate your "Things , Time & Talent"

H Heart that receives the request /sees a requirement

H Head evaluates

H Hands get instructions

H Help is rendered

H Humanity receives

H Happiness for both



"H"
the
Great

H6 ExNoRa Depot

H6 ExNoRa

Heart to

Head to

Hand to

Help to

Humanity to

Happiness

H6 Pygmy Bank

in your home & office

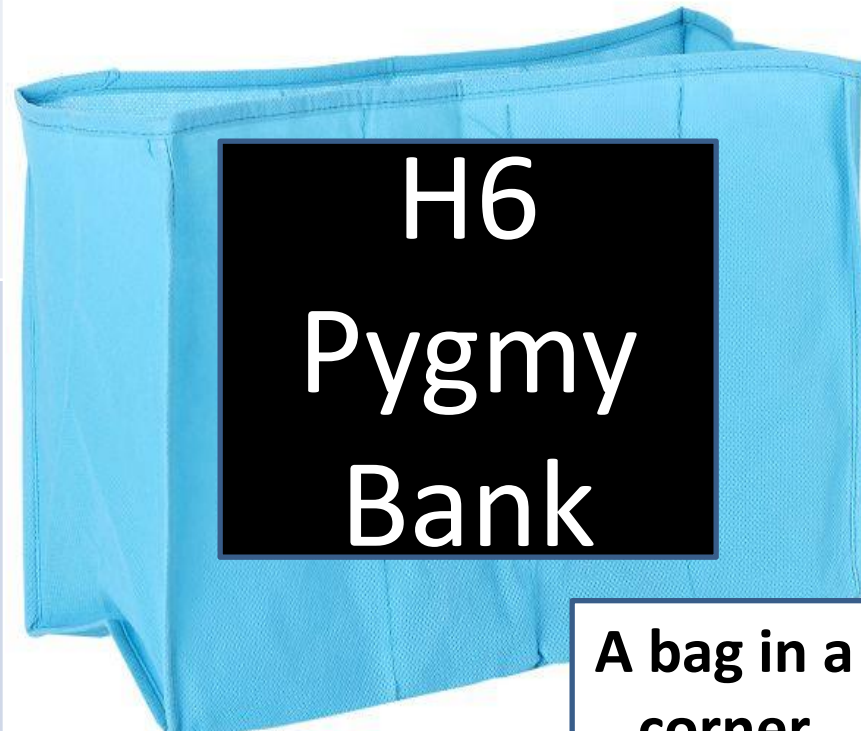
There are more than 30 used things that you can give for use by poor .

Whatever you don't want & which you want to discard , you can deposit in a **H6 Pygmy Bank** in your Home /Office

Place cannot be a problem . Keep a small container / box in a corner to deposit , store & distribute /handing over to the **Parent H6 Bank**



A box in a corner



A bag in a corner

Where to keep your

H6 Pygmy Bank

(BAG / BOX) in your HOME / INSTITUTION?



Below the staircase

- **Car Shed,**
- **Balcony,**
- **Veranda,**
- **Beneath your COT,**
- **Overhead LOFT**
- **Below your staircase**

Who will do it?

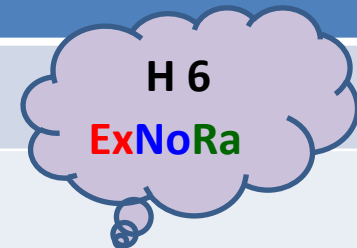
Anyone & all the members of your family.

- **You don't need to worry about children and their morals.**
- **Initiate them with these activities.**
- **They will develop a tremendous feeling of becoming responsible & will be so**
- **Don't forget the golden saying**
“Idle-man's mind is devil's workshop”



H6 : Previously used goods / commodities / articles are donated for reuse

Name	Music Instruments Bank
ExNoRa Name	Music Instrument ExNoRa
Explanation	Music entertains & relaxes mind. Poor badly needs these two
Slogan	Amuse a poor with your unused musical instrument , so that he / she can amuse everyone with his / her music. . Coach him / her to play it. It will be wonderful
Website	www.exnora.org/music





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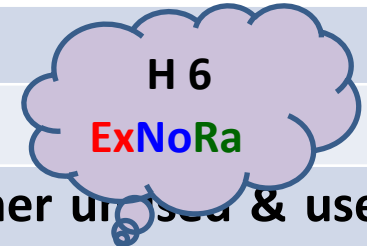
Name	Artificial Limbs Bank	
ExNoRa Name	Artificial Limbs ExNoRa	
Explanation	Artificial Limbs will make a handicapped to walk naturally .	
Slogan	It is artificial , but beneficial to differently abled .	
Website	www.exnora.org/limbs	





no : Previously used goods / commodities / articles are donated for reuse

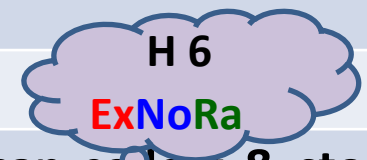
Name	Bed Bank
ExNoRa Name	Bed ExNoRa
Explanation	BAY means an enclosed area . Have one to gather unused & used beds to be given to poor who now sleep on floor Everyone needs good sleep & bed assures it
Slogan	Next to Bread is bed
Website	www.exnora.org/bed





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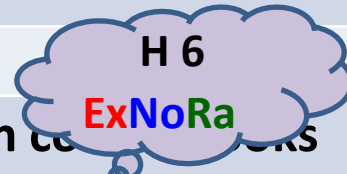
Name	Blanket Bank
ExNoRa Name	Blanket ExNoRa
Explanation	Pocket also means a receptacle in which you can collect & store blankets. Nearly 20% population in cities live on platform / road pavements with sky as their roof. They shiver during winters. The surplus blankets can be given to them via ExNoRa Blanket Bank.
Slogan	A Blanket can give a blanket cover protect one who is shivering.
Website	www.exnora.org/blanket





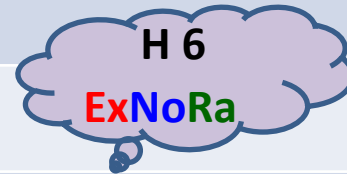
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Book Bank
ExNoRa Name	Book ExNoRa
Explanation	Nook means a corner. Allot a corner where you can collect books for distribution to poor students & children Books should never remain idle. It must go in circulation & wake up idle minds . Bot text books & library books
Slogan	Book make one knowledgeable by only one reading it
Website	www.exnora.org/book





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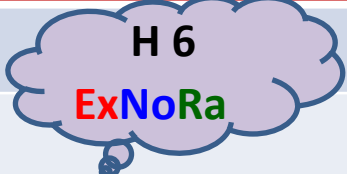
Name	Bicycle Bank	
ExNoRa Name	Bicycle ExNoRa	
Explanation	Buy Bicycle Bye Bye Petrol	
Slogan	Buy a cycle & give to a poor student on your birthday. Or buy a new bicycle for you & give your old Use Human Resource instead of exhausting Natural Resources & donate it to poor .	
Website	www.exnora.org/bicycle	





Visually challenges badly needs White Cane . If you remove the last letter of cane "E", cane becomes CAN

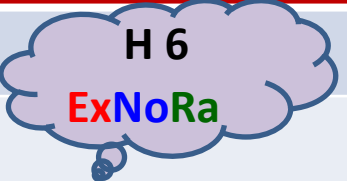
H6 : Previously used goods / commodities / articles are donated for reuse

Name	White Cane Bank	
ExNoRa Name	White Cane ExNoRa	
Explanation	White cane send notice to those with vision & drive carefully for the safety of those without vision	
Slogan	White Cane Red signal for others	
Website	www.exnora.org/whitecane	





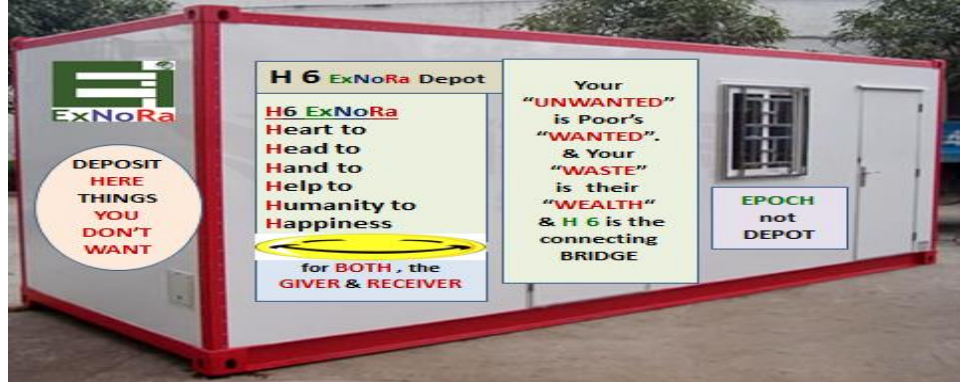
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Clothe Bank	
ExNoRa Name	Clothe ExNoRa	
Explanation	Your surplus dress can save the honour of those who don't have it. Don't postpone . Today , go & see your wardrobe. Whatever you did not wear , remove & give to those who don't have it.	
Slogan	Take a OATH to CLOTHE those who don't have it	
Website	www.exnora.org/cloth	



One lady was advised to wash & wear her sari. She said **“until it dries , what I will wear . I have only one “**



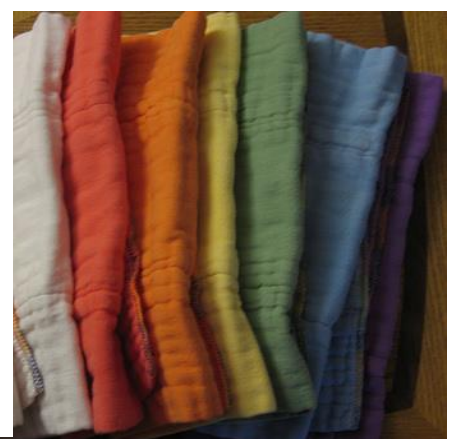


H6 : Previously used goods / commodities / articles are donated for reuse

Name	Cloth Bank	
ExNoRa Name	Cloth ExNoRa	
Explanation	Cloth is different from Clothe and pronounced differently . (A piece of cloth for a particular purpose, such as a tablecloth}	
Slogan	Take a OATH to CLOTHE those who don't have it	
Website	www.exnora.org/cloth	



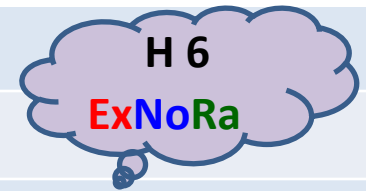
Poor don't have cloths. In a Panchayat schools, girls asked old rags. They say said during their periods , they need at least old cloths for using as sanitary napkins . One lady asked a cloth to cover her sari with several holes “





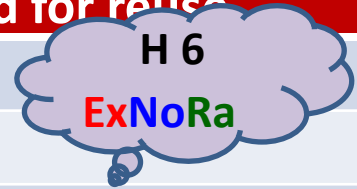
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Computer Bank
ExNoRa Name	Computer ExNoRa
Explanation	Yes computer is the best tutor. You can learn so many things through computer. With internet the world knowledge is at finger tips Used computer is useful to those who don't have computer , particularly for learning.
Slogan	Used computer can be used by beginners.

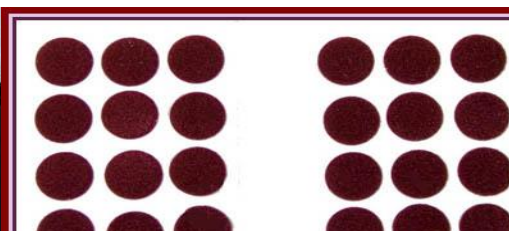




H6 : Previously used goods / commodities / articles are donated for reuse



Name	Cosmetics Bank
ExNoRa Name	Cosmetics ExNoRa
Explanation	Poor women too need it . Poor women too want to appear better. They have money to buy cosmetics which make them look aesthetics . Give from your accumulation a few . See their happiness
Slogan	
Website	www.exnora.org/cosmetics

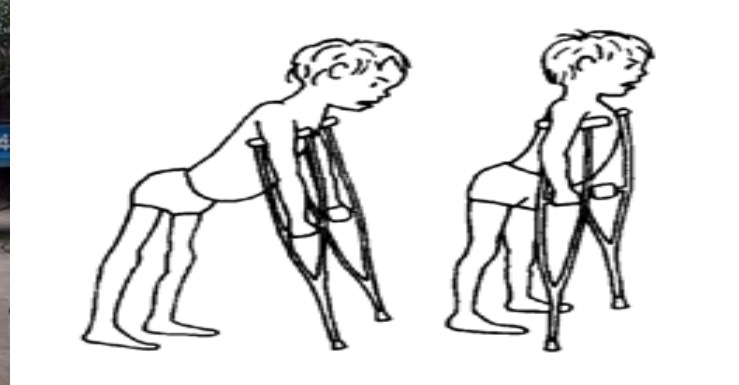




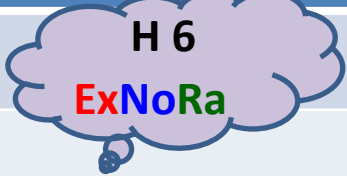
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Cradles Bank	
ExNoRa Name	Cradle ExNoRa	
Explanation	Puddle means a pool . Pool unused cradles & give to poor where child's safety is far from satisfactory	
Slogan	Cradle ensures the safety of any children	
Website	www.exnora.org/cradle	





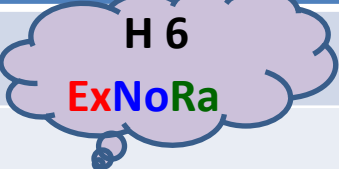
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Crutches Bank	
ExNoRa Name	Crutches ExNoRa	
Explanation	Brace : A device that holds or fastens two or more parts together. Yes Crutches braces a Physically Handicapped to walk	
Slogan	Crutch make one ABLE	
Website	www.exnora.org/crutches	





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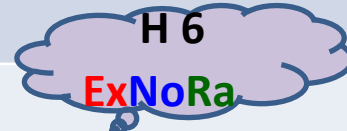
Name	Footwear Bank	
ExNoRa Name	Footwear ExNoRa	
Explanation	Foot protection is Important as it comes in contact with surface	
Slogan	Foot protection is whole human body protection.	
Website	www.exnora.org/footwear	



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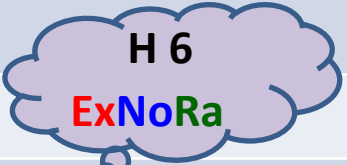
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Furniture Bank	
ExNoRa Name	ExNoRa Furniture Bank	
Explanation	<p>Everyone needs basic furniture . Children need table & chair to do their study. Nurture poor students with your old furniture and they will do well in their education</p>	
Slogan	<p>Furniture is a tool for good future</p>	





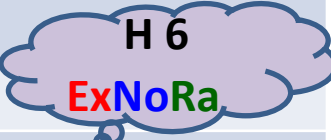
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Gilt Bank	
ExNoRa Name	Gilt Jewel ExNoRa	
Explanation	Lit is Light . Let poor women face become like lights . Donate them gilt jewels It is donation of gilt jewels to poor women. It will certainly remove the guilt of the possessor	
Slogan	Gilt jewel will lit the face of a poor woman	





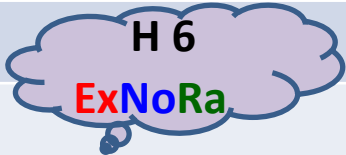
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Grains Bank	
ExNoRa Name	Granary ExNoRa	
Explanation	One fistful of grain per week by those who can afford will feed all the poor	
Slogan	Your surplus Grain is poor man's gain	
Website	www.exnora.org/grain	





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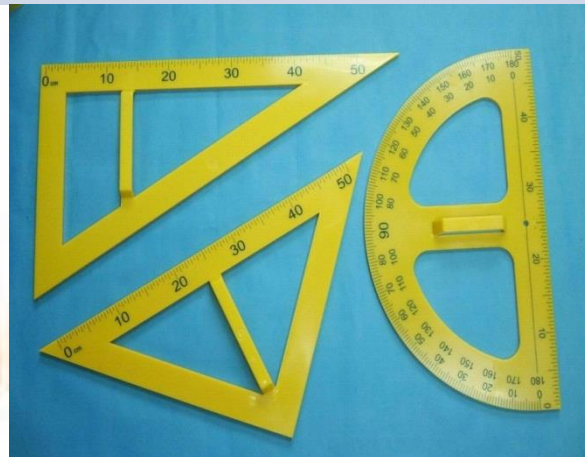
Name	Groceries Bank	
ExNoRa Name	Grocery ExNoRa	
Explanation	Groceries costs quite a lot & those who can afford can donate to those who cannot afford via 6 H ExNoRa Seva centre	
Slogan	Groceries have become basic necessities	
Website	www.exnora.org/groceries	





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Education Instruments Bank
ExNoRa Name	Education Instruments ExNoRa
Explanation	Instrument also means : To provide or equip with instruments. Poor students need instruments besides books
Slogan	Educational Instruments are instruments for better learning
Website	www.exnora.org/educational instruments





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Medicine Bank
ExNoRa Name	Medicine ExNoRa
Explanation	Drug Companies can donate medicines well before expiry dates
Slogan	Medicine is panacea
Website	www.exnora.org/medicine





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Napkin Bank
ExNoRa Name	ExNoRa Sanitary Napkin Bank
Explanation	It is a must for poor women
Slogan	
Website	www.exnora.org/napkin





It is previously used goods / commodities / articles are donated for reuse

Name	Shoe Bank
ExNoRa Name	Shoe ExNoRa
Explanation	When it come health & protection , shoes are important . So many of us have so many pair of shoes , not being used . Unused shoes can be donated to those who walk bare foot via ExNoRa Shoe Bank.
Slogan	Your old toy is the cause for the new joy of poor children.
Website	www.exnora.org/shoes





odities / articles a

Name	Spectacles Bank 
ExNoRa Name	Specs ExNoRa
Explanation	Spectacle means a pair of eyeglasses. Another meaning is : Something that can be seen or viewed, especially something of a remarkable or impressive nature. Yes the spec frame is expensive . We have so many specs lying idle in our home . If you give to ExNoRa Seva Centre they can be given to poor . They he / can she something spectacular
Slogan	Your old specs frame will give new vision to a poor
Website	www.exnora.org/specs





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Sports Bank
ExNoRa Name	Sports ExNoRa
Explanation	Give your old sports goods for birth of new sports persons. Poor children are much stronger . They too have dream to become sports persons. But they don't have money to buy sports goods. At the same time the affluent children have so many bats , ball & other sports items . They can at least share it with less fortunate youth via ExNoRa Sports Port
Slogan	Your old toy is the cause for the new joy of poor children
Website	www.exnora.org/sportsprit





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Tool Bank
ExNoRa Name	Tools ExNoRa
Explanation	However skilled one is , one needs tools to get income
Slogan	Pool Talents & tools
Website	www.exnora.org/ utensil





Its previously used goods / commodities / articles are donated for reuse

Name	Towel Bank
ExNoRa Name	Towel ExNoRa
Explanation	Towel is the basic need for hygiene which people don't have
Slogan	Towel one for one's well being
Website	www.exnora.org/towel





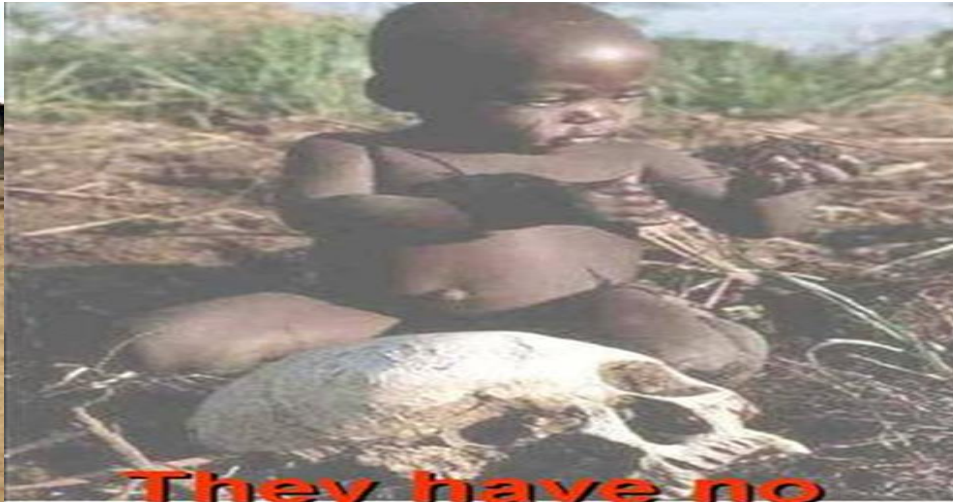
odities / articles are donated for reuse

Name	Toy Joy
ExNoRa Name	Toys ExNoRa
Explanation	Toy gives company & happiness to children. The children who can afford keep buying new toy with old toys remaining untouched gathering dust . If it is given to ExNoRa Toy bank , it will be given to poor children .
Slogan	Your old toy is the cause for the new joy of poor children
Website	www.exnora.org/toyjoy

The boy in the foreground found one old tennis ball & that is the cause of JOY for 9 children



Which TOY of yours, you are going to share & it is going to bring happiness to how many children



They have no option!



H6 : Previously used goods / commodities / articles are donated for reuse

Name	Uniform Bank
ExNoRa Name	Uniform ExNoRa
Explanation	Poor students face another burden , money for buying school uniform
Slogan	Uniform is union of minds
Website	www.exnora.org/uniform





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Vessels Bank
ExNoRa Name	Vessels ExNoRa
Explanation	Still people have only mud pots
Slogan	
Website	www.exnora.org/vessels





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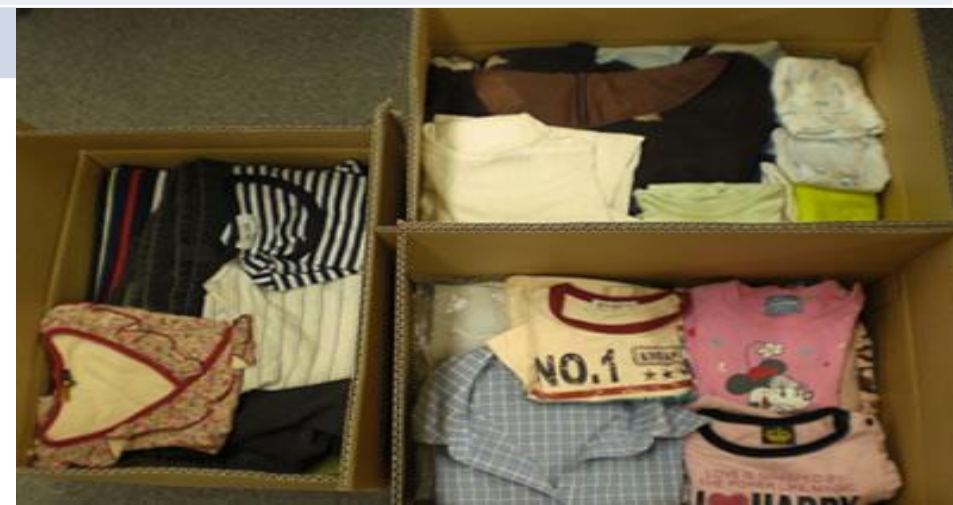
Name	Wheel Chair Bank
ExNoRa Name	Wheel Chair ExNoRa
Explanation	One who has no legs can move around with a wheel chair . Can every one of us donate one wheel chair at least once in our life time?
Slogan	Wheels are legs for legless
Website	www.exnora.org/wheel





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Dress Bank	
ExNoRa Name	Dress ExNoRa	
Explanation	Used but reusable DRESS can be donated to those who don't have it Dress is different from clothe. Dress is readymade . Bless other at least with your used but reusable dress	
Slogan	As dress is for protection of people & their modesty , this issue has to be addressed	



Relief Centre : During & after disasters the place will also be used as a relief Centre by collecting an distributing relief materials

In kind



odities / articles are donated for reuse

Name	Fees Ease	
ExNoRa Name	School Fees ExNoRa	
Explanation	Only education can create an equal society	
Slogan	Fees eases a poor boy rom worries & eases the giver to guilt	
Website	www.exnora.org/fees	





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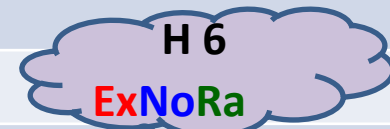
Name	Meal Heal
ExNoRa Name	Meal ExNoRa
Explanation	Poverty is the biggest sickness. Cure is sharing food for caring poor
Slogan	Meal heals poverty
Website	www.exnora.org/meal





Unwanted goods / commodities / articles are donated for reuse

Name	Distribute to Destitute
ExNoRa Name	Training ExNoRa
Explanation	Distribution Depot for tree saplings & seeds (ExNoRa Tree Bank , ExNoRa Nursery Bank & ExNoRa Seed Bank)
Slogan	You can light one candle with another without loss of light
Website	www.exnora.org/train





*SoWaM
Nirmal*

'SoWaM' is based on 'W3'

"Why Waste WASTE?"

*SoWaM
Nirmal*



“WASTE is not WASTE until WASTED”



“WASTE

is

misplaced RESOURCE


&

unrecognized WEALTH -

WASTE NOT WASTE”



SoWaM
Nirmal

Two hands, one on the left and one on the right, are shown holding a white banner. The hands are rendered in a stylized, high-contrast manner with white skin and black shadows. The banner is a vertical rectangle in the center of the image, containing blue text. The background is a textured, greyish-green surface.

**“Don't waste money
on waste,
but make
money from waste”**

***SoWaM
Nirmal***



**‘HASTE’
makes
WASTE’**

***SoWaM
Nirmal***



When you can CONVERT it as 'CASH',

why you set fire to 'TRASH' & TURN it as 'ASH'

SoWaM
Nirmal





To convert WASTE as WEALTH,

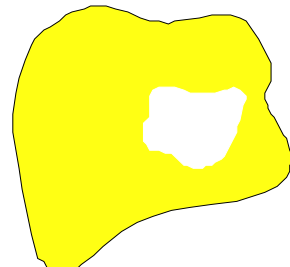
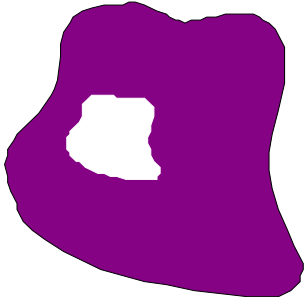
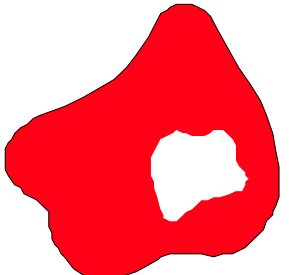
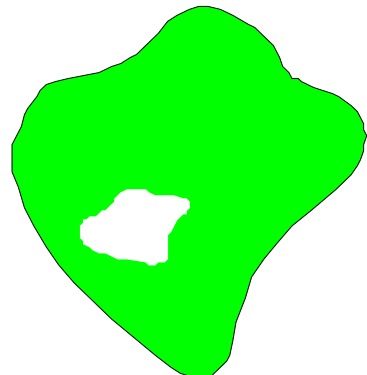
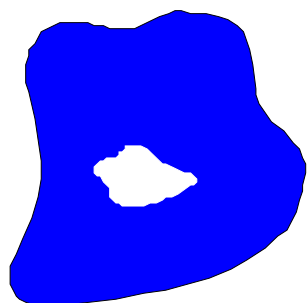
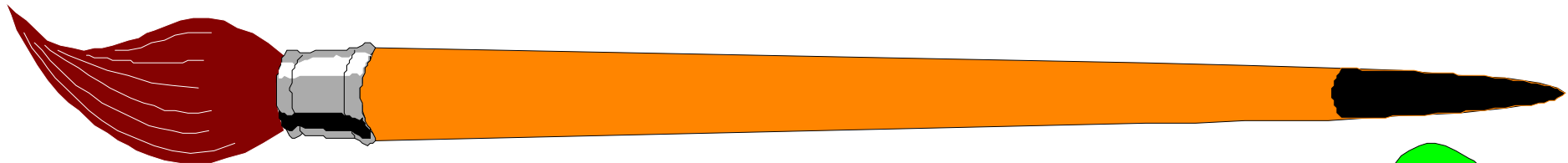
Don't convert WEALTH as WASTE

SoWaM
Nirmal

**Waste is best managed
when not generated**

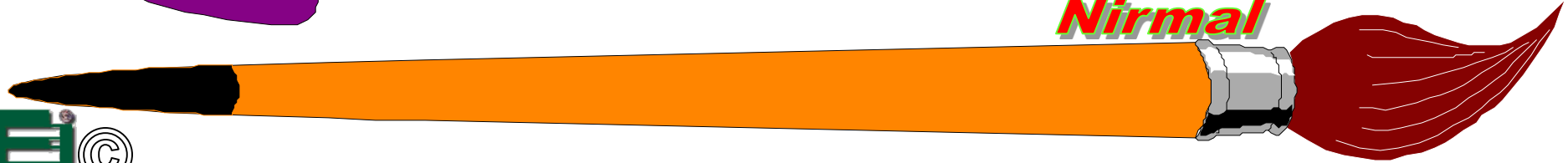
***SoWaM
Nirmal***





“Don’t
TRANSFER
waste
But
TRANSFORM
waste”

*SoWaM
Nirmal*



Don't 'RELOCATE'

WASTE,

but

'REALLOCATE' WASTE

Exnora's SoWaM

CONVERT

'Trash' as 'Cash'
'Muck' as 'Luck'
'Filth' as 'Wealth'
'Litter' as 'Glitter'
'Waste' as 'Asset'
'Refuse' as 'Resource'
'Rubbishing' as 'Furbishing'
(JUNK ART)

Be part of
EXNORA WORLD *SoWaM*
Nirmal



Letters 'RE', Friends of Environment

REACTIVATE, REBUILD, RECHARGE, RECLAIM, RECONDITION, RECONSTRUCT, RECOVER, RECREATE, RECTIFY, RECYCLE, REDEEM, REDUCE, REFILL, REFURBISH, REGENERATE, REGULATE, REMAKE, RENEW, RENOVATE, REPAIR, REPLENISH, RESTORE, RESTRICT, RETAIN, RETRIEVE, REUSE, REVIVE & REVOLVE. Many of the words starting with the two letters 'RE' mentioned above are enviro-friendly. Each function would help save our natural resources for future generations and in controlling, curtailing and curbing different types of pollutions.

RECONSIDER



Rags to Riches

Read

“RE”

Refine

THE GREAT

Relocate not the

Refuse, but

Reduce

Reuse &

Recycle &

Reap

Resources



World of ZERO

The principle of SoWaM, the terminology coined & the concept conceived by Exnora has innumerable benefits. It includes 'ZERO' waste management. After all zero was innovated in India & Exnora makes the best use of 'ZERO' which produces countless benefits. Some are:

'SOLID WASTE Management' concept is simple but will produce tremendous results. It has the following outcome / benefits.

ZERO GARBAGE means only a small quantity of garbage will find its way to landfill.

ZERO GARBAGE will lead to ZERO TRANSPORT of trash as it will become cash.

ZERO TRANSPORT will lead to ZERO INVESTMENT in purchase of big trucks.

ZERO TRANSPORT will also lead to ZERO COST towards fuel.

ZERO TRANSPORT will lead to ZERO POLLUTION too by the exhaust of trucks.

ZERO GARBAGE will result in ZERO DUMPING of garbage at landfill.

ZERO DUMPING will result in ZERO LAND POLLUTION at landfill.

ZERO DUMPING will result in ZERO SUB-SOIL POLLUTION at landfill.

ZERO DUMPING will result in ZERO GROUND WATER POLLUTION at landfill.

ZERO DUMPING will result in ZERO AIR POLLUTION at Landfill

ZERO is our HERO

'Zero' was innovated in India



Concept : Nirmal

FURTHER BENEFITS

ZERO GARBAGE INDEED ALSO RESULTS IN

- huge conservation of natural resources,
- preservation of environment,
- saving of water bodies,
- improvement to hygiene,
- protection to the health of people,
- generating self employment opportunities,
- helping organic farming,
- reducing consumption of energy, etc.,

Practice from today 'Sowam' in your home (So-SoWaM), street, residential colony, Office, School, College & neighborhood (De-SoWaM).



SOWaM
NirmaI