

THANKS TO :



Kent Association for the Blind

Supporting sight impaired people to live independent lives

VOLUNTEERING FOR KAB MEANS LOTS OF VARIETY, OPPORTUNITIES TO MEET NEW PEOPLE AND THE CHANCE TO MAKE A REAL DIFFERENCE TO OUR WORK. WHATEVER ROLE YOU CHOOSE, FULL TRAINING AND SUPPORT WILL BE PROVIDED.

You can volunteer

In our KAB clubs and groups ...

▶ With over 50 clubs around the region providing leisure, social and sports activities for people with sight impairments, there's bound to be one near you. Volunteer roles include helping to run the club, organising activities and helping out with transport for people to and from the club.



Helping us fundraise ...

- ▶ Stewarding or showing people to their seats at special events,
- ▶ Taking part in street and store collections,
- ▶ Planning and running your own fundraising event for KAB,
- ▶ Helping to arrange quiz nights, wine tasting evenings, clay pigeon shooting - wherever your interests take you!
- ▶ Running a KAB stall at craft fairs or your local fete.



Befriending ...

- ▶ Visiting people in their home,
- ▶ Accompanying people on outings, visits to friends or relatives, or attending appointments,
- ▶ Helping people deal with correspondence or personal paperwork.



Brailist ...

- ▶ Producing or checking Braille text for our service users and helping out with our Transcription Service at the Maidstone Sight Centre.

In our offices ...

- ▶ We've got a range of office opportunities to suit all skills and you can be sure we'll provide the support you need to learn whatever tasks you're interested in undertaking. Responsibilities could include using your IT skills to update our databases, helping the fundraising team with appeal mailings, or reception work at one of our Sight Centres.

Drivers and escorts ...

- ▶ Using your own car to drive sight impaired people to KAB clubs, events and training,
- ▶ Driving one of our minibuses taking sight impaired people to KAB clubs, events and training sessions, leisure outings and occasional holidays. Training can be provided.

Equipment support and delivery ...

- ▶ Delivering pieces of new or replacement equipment and collecting equipment that's no longer needed,
- ▶ Delivering or collecting Kent Talking News equipment,
- ▶ Helping to set-up new equipment such as lamps, radios or talking clocks for clients,
- ▶ Demonstrating equipment at our Resource Centres or at KAB technology exhibitions.

Information and Assistive Technology...

- ▶ Helping sight impaired people to learn new IT skills, using accessible software and equipment.

Refreshments ...

- ▶ Preparing and serving refreshments at fundraising events, coffee mornings or meetings at our Sight Centres and Clubs,
- ▶ Assisting our rehabilitation workers with daily living skills training courses.



Public speaking ...

- ▶ Giving talks to community groups, schools or other local voluntary groups,
- ▶ Giving short talks, as a sight impaired person, and sharing experiences of the emotional and practical aspects affecting daily life.



Talking News, Audio and Transcription Services...

- ▶ Reading, recording or distributing Kent Talking News at KAB's Maidstone Sight Centre,
- ▶ Helping us transcribe information into different formats like audio or Braille.



- ▶ This list doesn't include everything that our volunteers do, but it does give an idea of the range and breadth of opportunities we offer.
- ▶ While volunteering with KAB you will link with the **Volunteer Coordinator** in your nearest Rehabilitation Team. The Volunteer Coordinator will be your main point of contact and will provide supervision and support. By keeping in regular touch with you we ensure that both you, and the people you are working with, gain the most from the time that you give.

THANK YOU

