

ExNoRa INNOVATORS CLUB

ExNoRa HUB

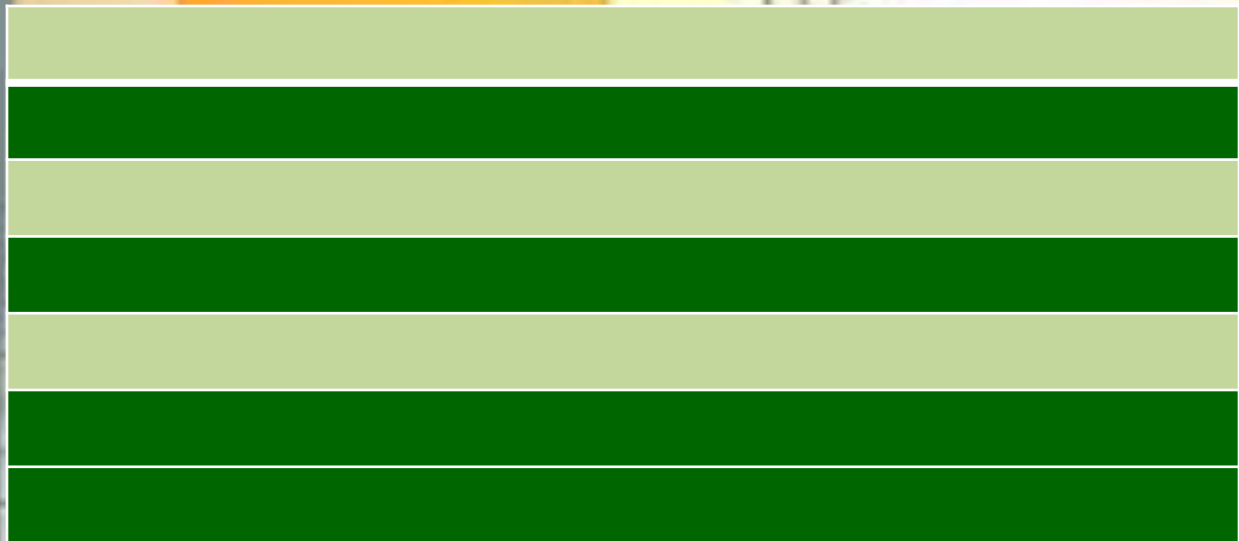
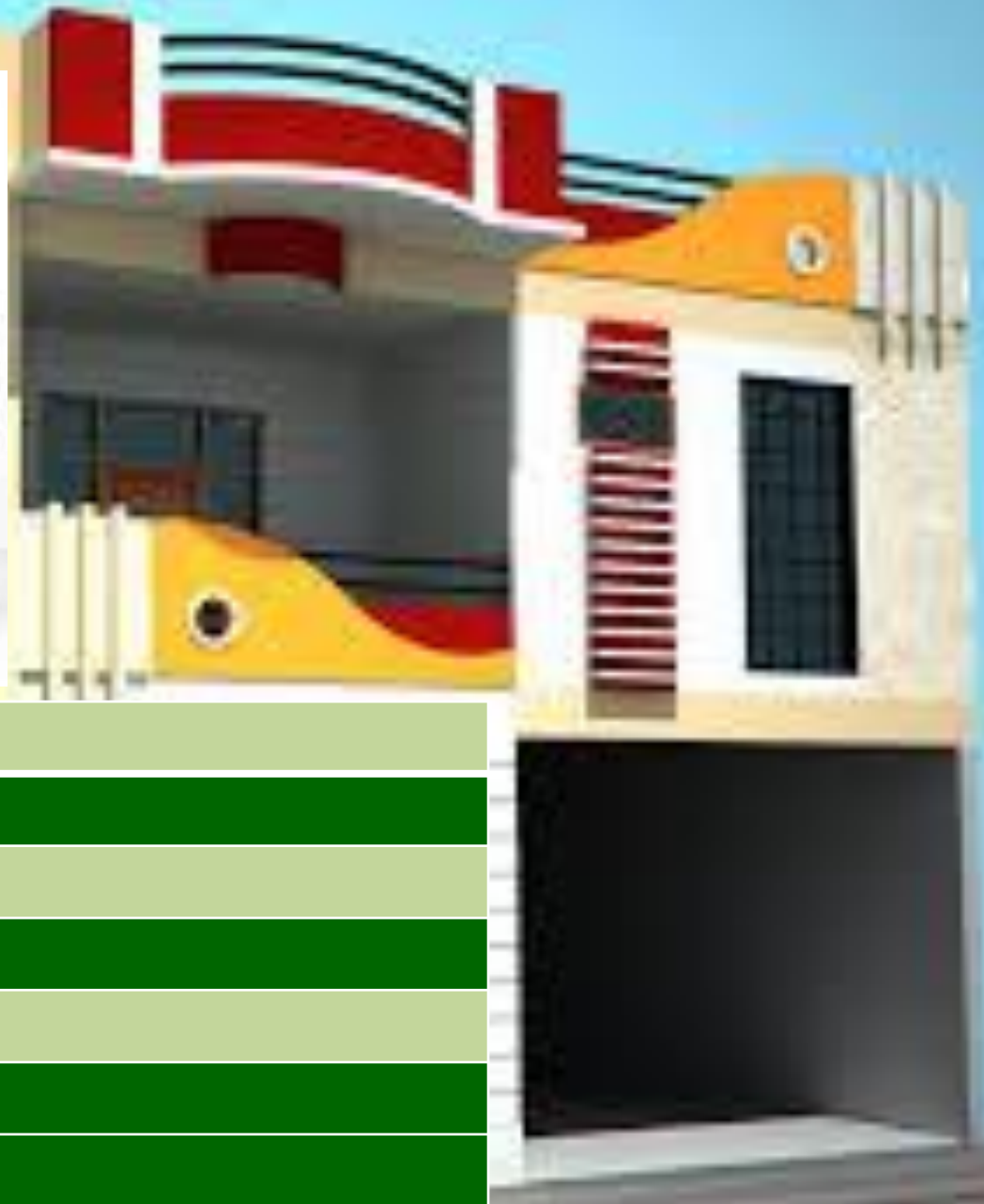


HEARTS' HEART
BRAINS' BRAIN



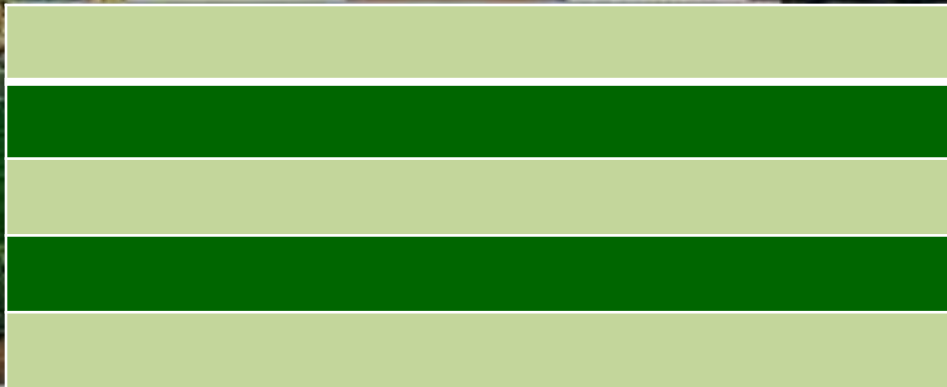
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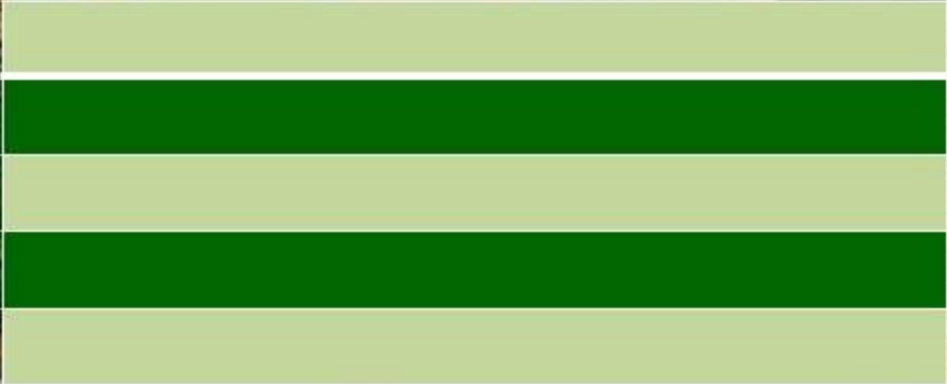






ExNoRa
HUMANITY
HUB





LOCAL VOCAL

NoRa

Lessons in astronomy for school students

Science Day celebrations at ICF Silver Jubilee school



Astronomy sessions were held for school students in Villivakkam.

SHARMAA

Jubilee Ma-
Higher Sec-
school was the
one, especially
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science.

use SPACE
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science on
science stu-
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on get to
parents, who
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The programme was a part of National Science Day celebrations and about 200 students from ICF Silver Jubilee School, KRM School for Special Children (Pemburu) and Sankalp - The Open School And The Learning Centre, Mogappair West attended.

S Venkata Narayanan, zonal business manager (south), SPACE said the theme was 'Science and Technology for Specially Abled Persons' and a large number of specially-abled children took part.

'Science should teach every one and that is why we're especially about children ben-

were made to take part in the event,' he added.

There is a need to promote awareness on science and astronomy among children, this will promote scientific thinking. This would motivate many to opt for a career in science, he said.

And, that is the objective behind the present programme. So far they have covered about 50 schools to spread awareness on science, astronomy.

'SPACE intends to create an intelligent, analytical mind-set in the students by building scientific atti-

ment that ignites the spark of imagination and curiosity. We believe that early exposure to science and astronomy will give students more opportunities to change their lives by giving them a platform to extract the best out of them.

Inaugurating the event, senior principal of ICF School Kanchana Mala said the science camp would offer the students an opportunity to experience things by practically doing things.

Principal of ICF School Bina Prasad said it was an opportunity to interact with schools in the neighbourhood and was

very happy to welcome the Space Team for conducting astronomy hands-on activities.

Venkata Narayanan spoke about insights of Raman Effect, National Science Day. He also briefed about astronomy in daily life.

A hydro rocket was also launched by the participants.

Teachers and volunteers of Sankalp, Mala Nazamun and S Swathanayaki said it was a very good opportunity for their stu-

ExNoRa A for App

Neighbourhood resident develops mobile application to unite family



SRICHARAN R

In today's fast-paced life, one spends around two-three hours a day on social websites, rather than spending time with family. This intrigued M S Murthy, the founder of 'Elvio' App, to create a mobile application for men especially to keep track of their family activities.

A resident of Choolaimedu, Murthy says, 'During olden times, every sin-

gle family had a head who kept control of everything. Be it the health of the family, education, finance or any other miscellaneous issues, they were taken care of by him. Now in recent times, joint families have become nuclear and due to this, there arises a need for a family head who has to keep track of something. That's when this thought came up to me.'

Talking more on it, he says that it is an integration of various aspects placed to-

'Elvio is a family cloud and also a comprehensive organiser which helps to manage a person's day-to-day activities'

gether in a single platform. 'Elvio is a family cloud and also a comprehensive organiser which helps to manage a person's day-to-day activities and also long term planning. These are made easy on a single platform,' says Murthy.

Murthy and his 15-member team, came up with the plan and made efforts to bring the App into reality which was released last year. It now has around 40,000 downloads and is becoming viral.

The App is created to

LOCAL VOCAL

help us in knowing about our own family, such as our parents' health, keeping track on our children's education, budget, home management and many more,' he says.

Asked how the App works, Murthy says, 'Family members can access the App through a single account but each of their profiles will be kept private. This helps people to keep track of their personal goals. One can also keep tabs on their financial accounts and also insurance information as a single dash board in the App. It also automatically tracks your online accounts, helps set budget limits and also gives periodic reports on expenditure.'

Many new features like additional regional languages, value added services like Uber, Swiggy are

to be added. The App has also bagged many awards including best productive App from GMSA (Global Mobile App & Summit Awards) and best productivity sector award from CMO ASIA.

'It is happy to know that the App has now registered more than 14,000 families and more than 28,800 smart phones users are using this. More than the awards, its the customer usage and downloads that matter to us more,' he says.

His future plans are to make the App like a community, which makes the users to interact with each other. 'The App as of now is used mostly in other States and we are in the process of expanding its base in the city,' Murthy concludes.

For more details, contact 9840011619.

<p>ANNAL'S PLAY SCHOOL New No. 24, Old No.173 Ramanajapuram Main Road Kodambakkam</p> <p>(Creche attached upto 6.30pm) Requires a lady in-charge for Daycare from 1p.m to 7p.m Age: between 40 & 50 years Housewife Preferable (Salary Rs. 4000/-) Contact: The Principal Between 10 a.m to 1p.m 97800 17320</p>		<p>GCA Wholesale & Retail Food & Household Goods & Decor</p> <p>100% IN Package No. 2022</p> <p>Headlight No. 1115</p> <p>Mixed Cakes No. 2050 Ice Cream No. 2051 Ice Cream No. 2052 Ice Cream No. 2053</p> <p>100% Full No. 2054</p> <p>100% Package No. 2055</p> <p>The above prices are for bulkback orders only. Delivery, 10% extra. 100% delivery. 100% cash & 10% installation charges extra. *minimum order 1000/-</p>	
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Zero Mosquito

ZERO LIGHT POLLUTION

ZERO DUST POLLUTION

POLLUTION

EDLEM EC
NRIs can support the place +
Directors will also be trainers c

Harmony Board
helped whom
s Collect at least
ominal

Zero Food Adulteration
Grow your Vegetables

Nurture Nat

Adaptatio

Change Climate

SEWAGE WASTAGE to S

Temple where lectures
and classes will be
conducted on these tw
regularly

**PAPER SUPER
MAN**

PAPER WOMAN

**SWACHH
STREE**

Main Menu / Master Presentation

- Nanda : can it be both HTML & PPT. E book can it have link embedded

- ExNoRa Logo Pledge
- Training Fees at least Nominal
- Green Pasumai
- White Thooimai
Physical & Mind
- Flat One Hall for HH & BB
- Become Human Book Knowledge

What should be served Canteen

- Organic Food
- Health beverages
- Coffee & Tea

BB

- Voluntary 1st Pillar
- Shadow Minister , MP
MLA, Councillor. For
each roll there will be
one
- 3rd Pillar will have
honest judge
- Yoga Meditation
Pranyam pictures . Local
Masters can be trainers

Paa Fatherly

- For Students who score less marks
- Study Smarter not Harder
- NEAT BEAT
- SHG Women Paper Prosper
- Women Entrepreneurs

4th Pillar – Your own official 4th Pillar plus Real Official Pillar

- Local Vocal , a PRINT (many still prefer it) & e Paper Bilingual English plus Local Language
- A neighbourhood newspaper like TALK MEDIA
- 4th Pillar you can create official
- Print
- Internet
- Community Radio
- TV Web Telecast Face book Live
- Social Media FB Groups & Pages
- You can have your team
- Editor
- Publisher
- Reporter
- Photographer
- Videographer (all can be done by one person through a smart phone – Make everyone Citizen Journalist

Election Candidate

- That he is not convicted for criminal offence
- There is no criminal case pending
- He has been paying taxes
- Maushya Checklist
- Before election candidates must conduct a viva-voce

Manimal

- Mend End

NPPR

Other Activities

- Speak & Peak

Temple ExNoRa

- Temple Prasadam 5 GH
- Temple Food Stalla 5 GH
- Temple Vibuthi Toxic
- Hygiene My Gene give link
- C

HEARTS' HEART BRAINS' BRAIN

are part of
MANUSHYA SHASTRA, HUMAN SCIENCE
for
BEING HUMAN BEING
for realising
JEEVAN SHASTRA LIFE SCIENCE
for
LIVING as HUMAN BEING

ExNoRa INNOVATORS CLUB

ExNoRa HUB

will house

1. **HEARTS' HEART** : All service minded HEARTS of a town/ village / neighbourhood assemble @ **ExNoRa** HUB to become as one large HEART and serve HUMANITY

2. **BRAINS' BRAIN** : All BRAINS meet @ **ExNoRa** HUB and innovate on Environmental, Safety & Societal Issues

The **HH** & **BB** @ **ExNoRa** HUB will become a **SEVA CENTRE** and an **IDEA FACTORY**

ExNoRa INNOVATORS CLUB

ExNoRa HUB

will have both

1. **HEARTS' HEART** (all service minded hearts assemble to become as one large HEART)

2. **BRAINS' BRAIN** (All brains meet and innovate on Environmental & Societal Issues) .

The place will serve also as your

ExNoRa HUB will have two major activities



1. "HEARTS' HEART" where all the service minded people as members of **ExNoRa** meet to give their Time & Talents which will not cost them anything.

S' BRAIN"
Members of **ExNoRa** meet regularly, learn the art of and science making **INNOVATIONS** and will originate ideas for Safety and Environment

"HEARTS' HEART" will have one definite activity



HUMANITY DIVINITY BANK



3. © HUMANITY DIVINITY BANK by H6
ExNoRa - Heart to Head to Hand to Help
to Humanity to Happiness- for depositing
Things (Used & Unused).

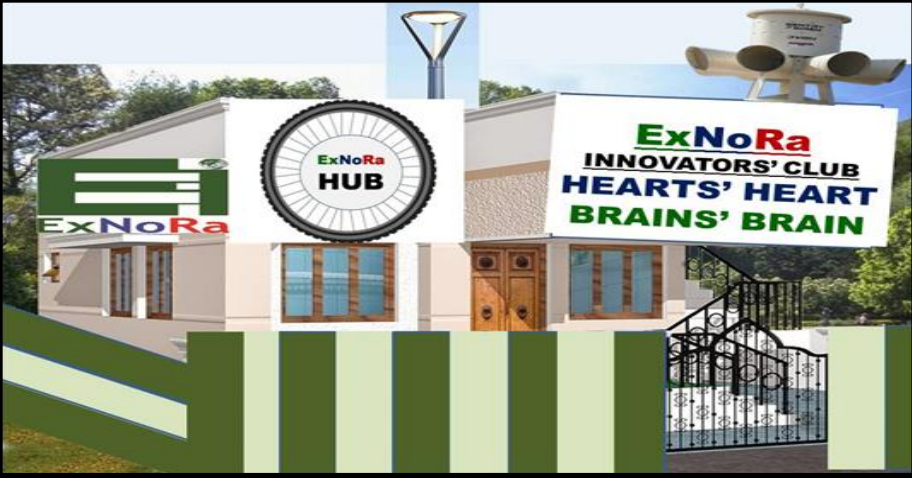
H6 can operate on the terrace of ExNoRa
SEVA CENTRE (or within the compound /
inside in one of the rooms)



H6 for 6H



1. H EARTY SMILE	H EART to
2. H APPY EXPRESSION	H EAD to
3. H OSPITABLE HANDSHAKE	H AND to
4. H ARMONIOUS HUG	H ELP to
5. H ONEST WORDS	H UMANITY to
6. H UMANE HELP	H APPINESS for



HEARTS' HEART

ExNoRa HUB will be also be a SEVA CENTRE

**ExNoRa MEMBERS, in turn , will render
round the clock service to the poor and**

the needy





BRAINS' BRAIN

ExNoRa HUB will be an IDEA FACTORY. The members will BRAINSTORM , use Nirmal's 7th SENSE TECHNIQUES and MIND TOOLS and find solutions to problems , from Local to Global including

Ideas Factory

ment of the MEMBERS.



BRAINS' BRAIN

BRAINS MEET, LEARN **BRAIN**
MECHANISM & BRAIN
STORM



1. TRAINING ON NIRMAL'S 7TH SENSE
2. MEMBERS BRAINSTORM ON EACH ISSUE USING THE NIRMAL'S 7TH SENSE MIND TOOLS AND FIND INSTANT SOLUTIONS



See a separate
PPT/ e BOOK
in the WEB INDEX for

BRAINS' BRAIN

ExNoRa
Environmental
Training Institute
EETI

ExNoRa
Safety Training
Institute
ESTI

ExNoRa HUB will be always a Training Institute
offering training on variety of Nature Saving and
Humanity Serving Subjects

ExNoRa Life-skills
Training Institute
for Self
Improvement
ELTI

ExNoRa Brain
Resource
Development Institute
for 7th Sense.
EBRDI



Zero Waste
Management

Visit the
website

www.exnora.org

Zero
Pollution

Zero Water
Scarcity

and search
for

“**ExNoRa**

Zero
Insanitation

**SEE SEPARATE
PPTs / e BOOKs
in the ExNoRa
WEB INDEX
on this TITLE**

World of
Environment”

or

ExNoRa

ExNoRa Safety Training Institute ESTI



INDOOR
SAFETY

OUTDOOR
SAFETY

TRAVEL
SAFETY

NATURAL
DISASTERS
SAFETY

**SEE SEPARATE
PPTs / e BOOKs
in the ExNoRa
WEB INDEX
on this TITLE**

Visit the
website
www.exnora.org
and search
for “**ExNoRa**
World of
SAFETY”

or

ExNoRa
Safety
Training



**PERSONAL
HYGIENE**

**PRIVATE
HYGIENE**

**PUBLIC
HYGIENE**

**HOTEL &
PUBLIC TOILET
HYGIENE**

**SEE SEPARATE
PPTs / e BOOKs
in the ExNoRa
WEB INDEX
on this TITLE**

Visit the
website
www.exnora.org
and search
for
“**ExNoRa**
World of
Hygiene”
or
ExNoRa

ExNoRa HEALTH Training Institute EHETI



CONTINUOUS
HEALTH

PREVENTIVE
HEALTH

CURATIVE
HEALTH



SEE SEPARATE
PPTs / e BOOKs
in the ExNoRa WEB
INDEX on
this TITLE

Visit the website
www.exnora.org
and search for

“**ExNoRa**
World of
Health”
or

ExNoRa
Health
Training
Institute

ExNoRa Seva Training Institute



GIVING
TIME

GIVING
TALENTS

GIVING
THINGS

GIVING
PLACE /
SPACE

SEE SEPARATE
PPTs / e BOOKs
in the ExNoRa
WEB INDEX
on this TITLE

Visit the
website
www.exnora.org

and search
for “**ExNoRa**
World of
Humanity”

or

ExNoRa

Seva

T . .

ExNoRa INNOVATORS CLUB's ExNoRa HUB

GOAL : Being Human Being which will indeed become a place for residents and in schools / colleges Parents, Teachers, Alumni & Students to offer their leisure and serve the poor 2. HUMANITY DIVINITY BANK by H6 ExNoRa for depositing Things (Used & Unused) for distribution to poor nearby

It is giving **T₃** to **N₃** not **MONEY**

T₃	to	N₃	<u>EXPLANATION</u>	<u>PLACE</u>
Things		Nation	Motherland	HUMANITY DIVINITY BANK
Time		Nature	Environment	HEARTS' HEART

Why the **NEED**
and **URGENCY** for
HEARTS' HEART
&
BRAINS' BRAIN?

**PROBLEMS
AGAINST
HUMANKIND
GALORE**

WHY VOLUNTEERING is the NEED of the HOUR ?



Why & what type innovations are needed ?

We, the humans face, 24 x 365, the WRATH of

01. **Global Dangers**
02. **National Catastrophes**
03. **Local Calamities**
04. **Street Threats**
05. **Home Hazards &**
06. **Individual Perils**
07. **Air Cancer**
08. **Water Wear & Tear**
09. **Soiling the Soil**
10. **Food Rude Truths** **QUANTITY & QUALITY**
11. **Man Made Dangers**
12. **Anywhere & Everywhere- BEAWARE**

After all, the planet, our
only HOME which you and
me live must **EXIST**

SEE **MACRO WEBSITE**
under the HEAD
WHY VOLUNTEERING?



Humans evolved 2.3 millions years ago

The earliest religion or religious practice was just 5000 years old

LANGUAGES came less than 3 lakh years

Humans have remained without these differences 3 million years. Religions came to bring discipline & orderliness among humans and not the

There was an animal category called HOMO and to make it as HUMAN, RELIGIONS came and certainly not to make humans again as animals . Everyone

Your CHAPTER of

ExNoRa INNOVATORS CLUB

through its

DIRECTOR : ENVIRONMENT &

DIRECTOR : SAFETY & DISASTER

PREPAREDNESS

with your cooperation will GUIDE

you on tackling the

Common Enemies of Human Kind

1. GLOBAL DANGERS

Global Warming



EARTHQUAKE



TSUNAMI



Cyclones



FLOODS



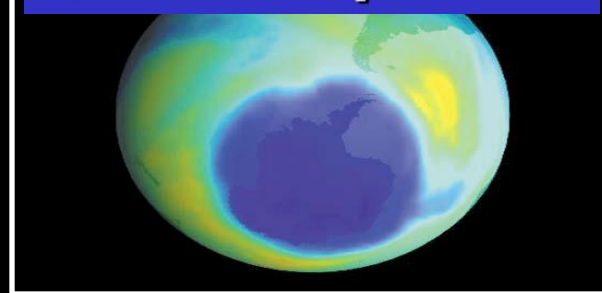
DESERTIFICATION



dying rivers



Ozone Depletion



VOLCANOES



Now more frequent & more severe

2. NATIONAL CATASTROPHES



Happening Every minute

3. LOCAL CALAMITIES (Due to HUMAN APATHY)



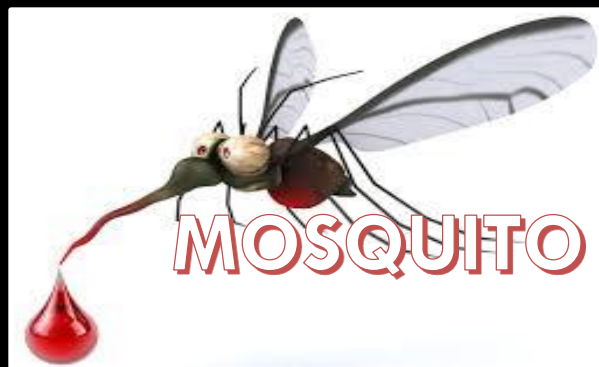
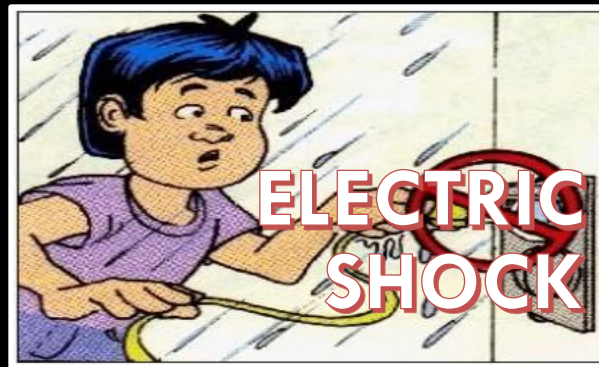
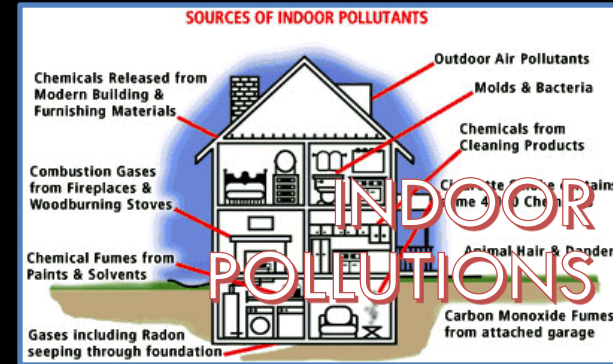
EVER INCREASING

4. STREET THREATS (residential areas)



Street serves other purposes except being used as a passage

5. HOME HAZARDS



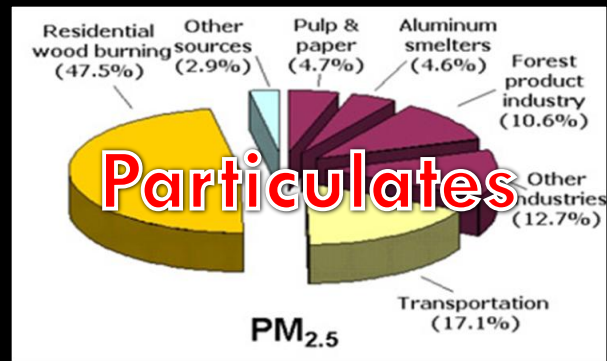
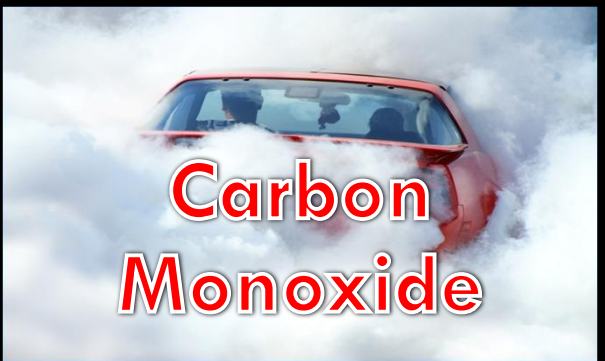
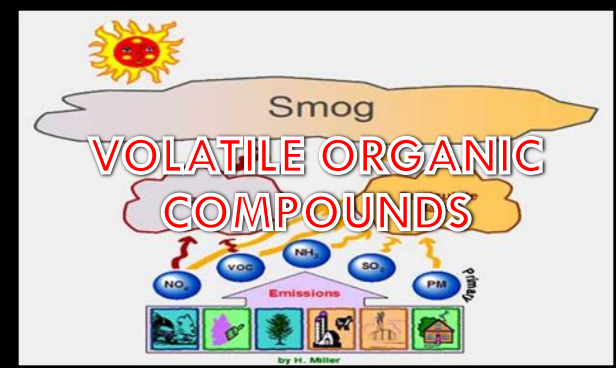
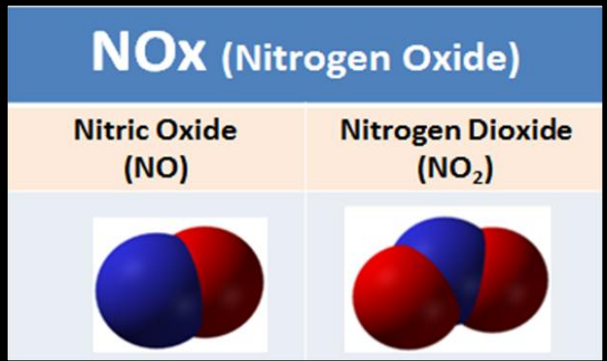
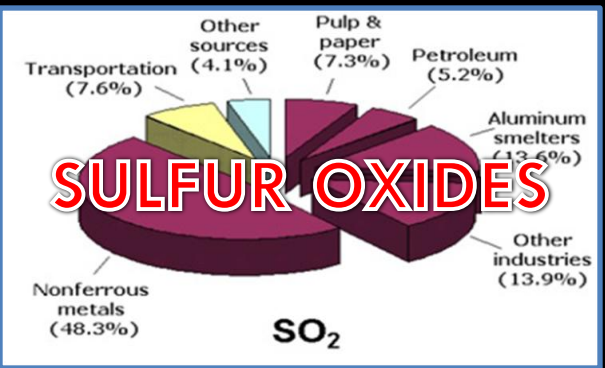
ALL WITHIN THE FOUR WALLS

6. INDIVIDUAL PERILS & Perils by Individuals

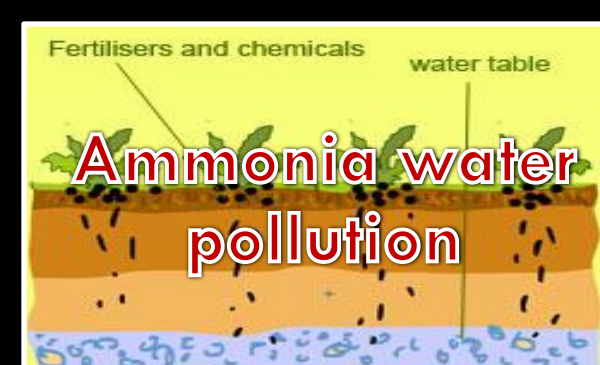
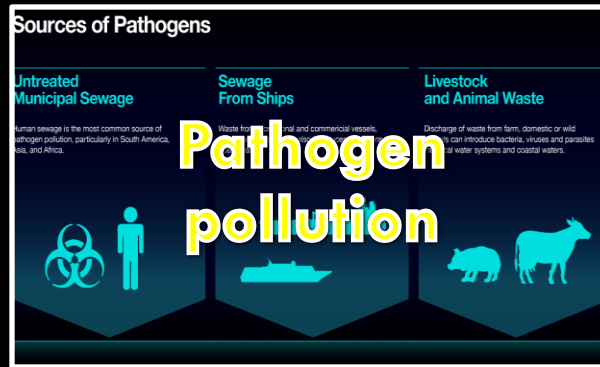
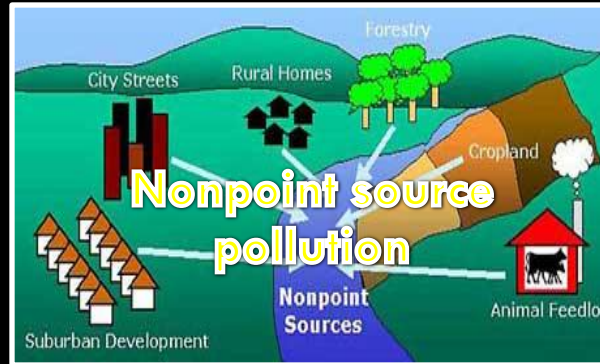


Now more frequent & more severe

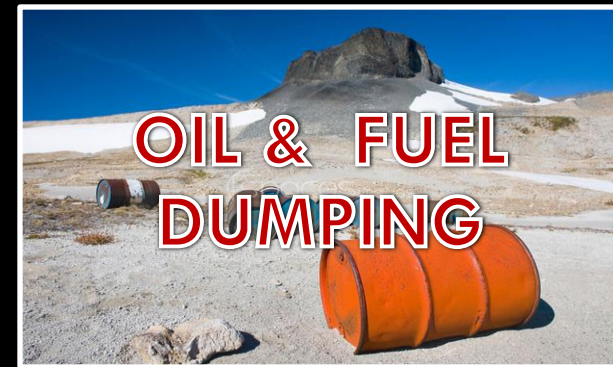
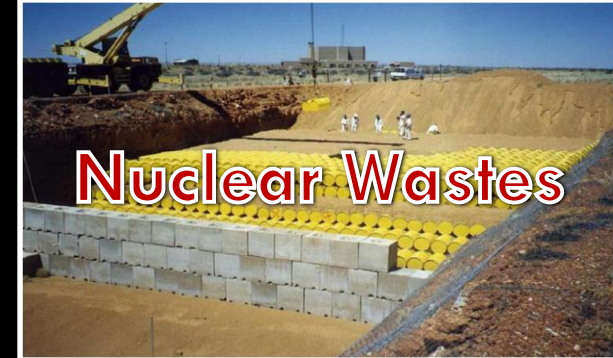
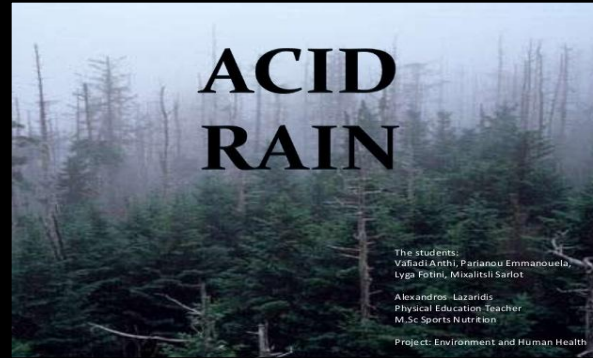
7. AIR CANCER becoming HUMAN CANCER



8. WEAR & TEAR OF WATER & WATER POLLUTION



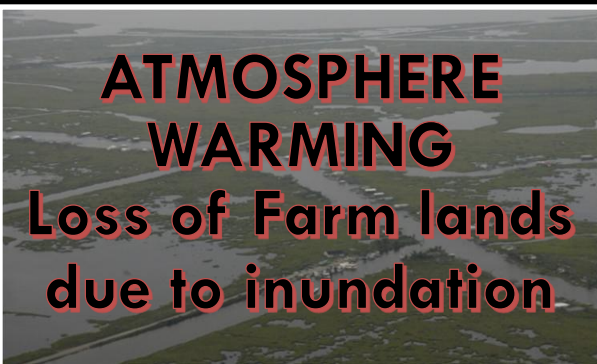
9. SOIL POLLUTION



SOIL POLLUTION

10. FOOD RUDE TRUTHS QUANTITY

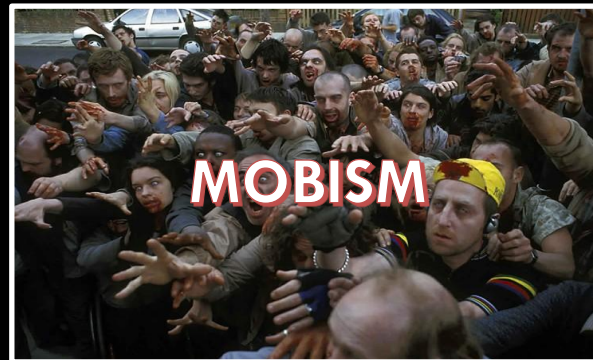
. Expected serious shortage due to Climate Change , loss of farm lands due to urbanisation, chemicalization of land, population explosion , Genetically Modified Food, Famers losing interest



10 b. FOOD RUDE TRUTHS QUALITY

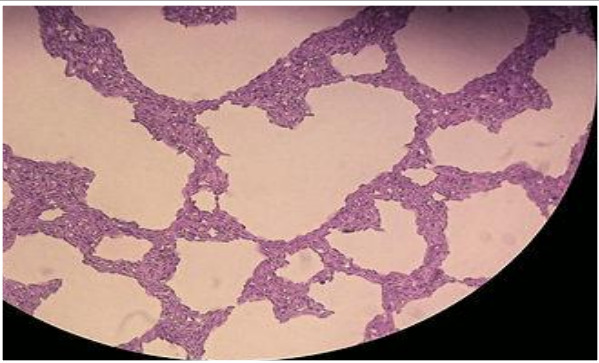


11. MANMADE DANGERS



12. INVISIBLE ENEMIES OVER 1000

FUNGUS



FUNGUS



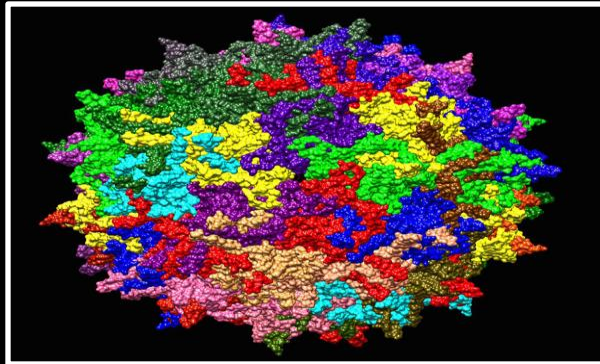
FUNGUS



VIRUS



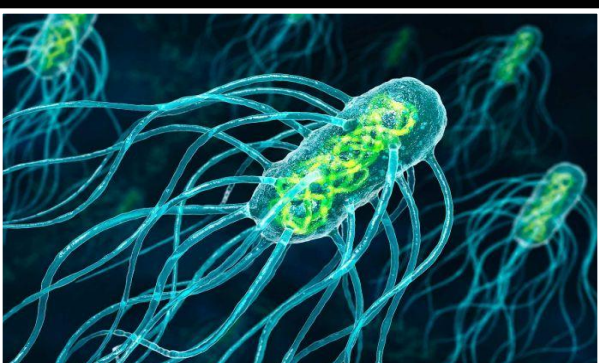
VIRUS



VIRUS



BACTERIA



BACTERIA



BACTERIA



The dangers are **COMMON NATIONAL &**
There are **144 COMMON ENEMIES** to

humankind which is wiping out hundreds
/ thousands of precious lives every
minute and awareness on these threats
and how to safeguard from them is the
knowledge that every human should

possess

See a separate

PPT/ e BOOK

in the **WEB INDEX** for

GLOBAL CRITICAL

See a separate

PPT/ e BOOK

in the **WEB INDEX** for

**KNOW 144 COMMON
ENEMIES OF HUMANKIND**

15. ANYWHERE & EVERYWHERE

**ANYWHERE &
EVERYWHERE**

This list is illustrative and not
exhaustive.

There are
countless threats
anywhere &
everywhere

See a separate
PPT/ e BOOK
in the **WEB INDEX** for

**ANYWHERE &
EVERYWHERE BEAWARE**



HEARTS' HEART @

ExNoRa HUB

**ONE PLACE TO DO ONE
HUNDRED SERVICES**

@ ZERO COST-

ACTIVITIES are OPTIONAL

CREATE or START HEARTS' HEART @ ExNoRa HUB

immediately which will serve as

- 1. CENTRE TO RENDER ENVIRONMENTAL SERVICE & TRAINING**
- 2. INSTITUTE FOR COMMUNITY HUMAN WEALTH DEVELOPMENT (COMMUNITY HUMAN RESOURCE DEVELOPMENT)**
- 3. PLACE TO RENDER SOCIAL SERVICE**
- 4. PLACE TO RENDER HEALTH AWARENESS**
- 5. PLACE FOR MEETINGS**
- 6. SOS & EMERGENCY CENTERS**
- 7. ABODE FOR EXHIBITION, ECOBITION & METHOD DEMONSTRATIONS**
- 8. CENTER FOR FELLOWSHIP, FRIENDSHIP, HOSPITALITY, ENTERTAINMENT, CULTURE & FINE ARTS**

**1. CENTRE
to RENDER
ENVIRONMENTAL
SERVICE &
TRAINING**

Promotion).

Environmental protection is a practice of protecting the natural environment on individual, organizational or governmental levels, for the benefit of both the natural environment and humans

2. Environmental Sanitation

"Environmental Sanitation" means the art and science of applying sanitary, biological and physical science principles and knowledge to improve and control the environment and factors therein for the protection of the health and welfare of the

**1. CENTRE TO RENDER ENVIRONMENTAL
SERVICE & TRAINING
THE CAUSES, CONSEQUENCES & SOLUTIONS**

POLLUTION PREVENTION

CONSERVATION

MITIGATION

ADAPTATION

**ADDRESSING THE FOLLOWING SERIOUS
ISSUES**

CLIMATE CHANGE

VANISHING WILDLIFE

**ECOLOGICAL
IMBALANCE**

**FAST DISAPPEARING
BIODIVERSITY**

DOWN TO EARTH ANSWERS to all these

1. CENTRE TO RENDER ENVIRONMENTAL SERVICE & TRAINING

FIRST THINGS FIRST

CARE AIR,
CURE AIR for
PURE AIR

WATER
SCARCITY to
WATER PLENTY

FOOD
QUANTITY &
QUALITY

are part of
MANUSHYA SHASTRA, HUMAN SCIENCE
for *BEING HUMAN BEING*
for realising
JEEVAN SHASTRA LIFE SCIENCE
for *LIVING as HUMAN BEING*

1. CENTRE TO RENDER ENVIRONMENTAL SERVICE

& TRAINING



A. RENEWABLE ENERGY SOURCES

SOLAR POWER	HYDRO ENERGY	BIOMASS ENERGY
WIND ENERGY HORIZONTAL AXIS	WIND ENERGY VERTICAL AXIS	WIND ENERGY DUCTED WIND TURBINES
TIDAL ENERGY	GEO THERMAL ENERGY	ENERGY FROM WASTE

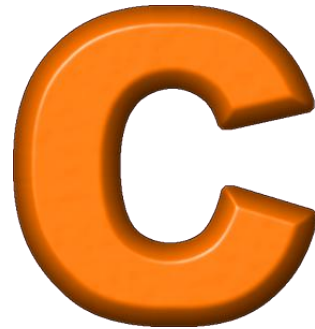
1. CENTRE TO RENDER ENVIRONMENTAL SERVICE & TRAINING



B. POLLUTION PREVENTION

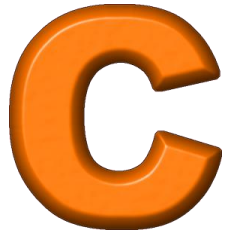
AIR POLLUTION PREVENTION	WATER POLLUTION PREVENTION	NOISE POLLUTION PREVENTION
SOIL POLLUTION PREVENTION	OCEAN POLLUTION PREVENTION	LIGHT POLLUTION PREVENTION
THERMAL POLLUTION PREVENTION	RADIOACTIVE POLLUTION PREVENTION	VISUAL POLLUTION PREVENTION
WASTE POLLUTION PREVENTION	DUST POLLUTION PREVENTION	CONSUMPTION-MANIA POLLUTION

**1. CENTRE TO RENDER
ENVIRONMENTAL SERVICE
& TRAINING**



C. WASTE to WEALTH

1. CENTRE TO RENDER ENVIRONMENTAL SERVICE



& TRAINING

TRASH to CASH

CONSUMPTION DECEPTION	WASTE REDUCTION	COMPOST UTMOST
PAPER PROSPER	PLASTIC PRACTIC	METAL METTLE
GLASS CLASS	UPCYCLE MIRACLE	PACKAGE WASTAGE USAGE
GRASS- CLIPPING	HAZARDOUS DANGEROUS	METHANE INSANE to METHANE SANE



CARE HABITS, PRACTICES & INNOVATIONS are not just discarding used articles / goods but instead make it stay alive by one of the methods

Up cycle

Down cycle

Recycle



Repair

Restore

Rebuild



Recharg

Renovat

Reconditi

suggested here
RECONSIDER the

e

TRAINING & CREATING AWARENESS ON ENVIRONMENT

“MODELS that MODEL”

**PARK
SPARK**

**PLAYGROUND
ABOUND**

**“BUS
STOP
ATOP”**

**PAR
PARKING**

**ELECTRICITY
ETERNITY**

**PLATFORM
(PLATFORM:
RIGHT TO
WALK)**

**ROAD
BROAD**

**STREET
LIGHTS
ALL RIGHT**

**DRAINAGE
VOYAGE**

**SEWER
SERVER**

**BURIAL
GROUND-
MEMORIAL
ABODE**

**CREMATORIA
UTOPIA**

**CIVIL SUPPLIES
FULFIL SUPPLIES**

**TOILET
JOYLET**

**CHILDREN
TOYLET**

**REVERE
WATER**

**“4 R.R.R.R
for ROAD
SAFETY”**

**SAFETY &
SECURITY
VITALITY**

**“GLITTER, NOT
LITTER”
(LITTER-FREE
HABITAT)**

**TRANSPOR
T SUPPORT**

BASIC AMENITIES

BASIC AMENITIES

TRAINING & CREATING AWARENESS ON ENVIRONMENT

“CARE AIR”

for **PURE AIR** -
AIR POLLUTION
PREVENTION

“CURE AIR”

for **PURE AIR**
by **TREE**
PLANTING

WATER WISER

**“WATER
MATTERS”**
WATER POLLUTION
PREVENTION

WATER WISER
“CATER WATER”
PROVIDING POTABLE
WATER

WATER BODIES
**“WATER
BASINS”**

**“RIVER
FOREVER”** &
**“POND
BOND”**

“RAIN GAIN”
RAIN WATER
HARVESTING

**“WASTE
CHASTE”**
WASTE to
WEALTH

**“PLASTIC
PRACTIC”** for
**“PLASTIC
POLLUTION
PREVENTION”**

“BUST THE DUST”
(**DUST POLLUTION
PREVENTION**)

“SOIL NOT SOIL” –
SOIL POLLUTION
PREVENTION
“SOIL TOIL” SOIL
UP- GRADATION

“LIGHT RIGHT”
LIGHT POLLUTION
PREVENTION
“LIGHT BRIGHT”
SUFFICIENT LIGHT

**“VOICE AGAINST
NOISE”**
NOISE POLLUTION
PREVENTION

PosTEAR
(**POSTER
POLLUTION
PREVENTION**)

TOILET
JoyLET &
ToyLET

MUSTQUITO
100% ZERO
MOSQUITOES
@ zero cost

TRAINING &
CREATING
AWARENESS
ON
SAFETY

<p>SAFIRST LIFE 27 sets of do-how on various types of Safety</p>	<p>Safety World Think Safety & Act Safely Safety-First is "SAFIRSTY" Safety ExNoRa</p>	<p>Safety + First 27 sets of do-how on various types of Safety</p>
<p><u>Home Safety</u></p>	<p><u>Personal & Property</u> <u>Safety</u></p>	<p><u>Natural Calamities</u> <u>Safety</u></p>
<p>Air Safety</p>	<p>Burglary Safety</p>	<p>Cyclone Safety</p>
<p>Water Safety</p>	<p>Child Safety</p>	<p>Earthquake Safety</p>
<p>Food Safety</p>	<p>Woman Safety</p>	<p>Tsunami Safety</p>
<p>Electricity Safety</p>	<p>Lift Safety</p>	<p>Lightening Safety</p>
<p>Fire Safety</p>	<p>Travel Safety</p>	<p>Flood Safety</p>
<p>Gas Safety</p>	<p>Road Safety</p>	<p>Land Slide /Slip Safety</p>
<p>Pests Safety</p>	<p>School Van Safety</p>	<p>Neighbourhood safety</p>
<p>Bacteria Safety</p>	<p>Cyber Crimes Safety</p>	<p>Riot Safety</p>
<p>Indoor Pollution Safety</p>	<p>Area Safety</p>	<p>Industrial Pollution Safety</p>

SAFETY + FIRST is SAFIRSTY

SAFETY ExNoRa



1. ExNoRa SAFETY WORLD



SIXTY
kinds safety, the
Knowhow &
Do-how



ExNoRa
SAFETY WORLD
SAFETY + FIRST =
SAFIRSTY

ExNoRa SAFETY TRAINING INSTITUTE

1. ExNoRa SAFETY WORLD



SAFETY

is

EVERYONE'S
RESPONSIBILITY!

See a separate
PPT/ e BOOK
in the WEB INDEX for

ExNoRa
SAFETY WORLD

**TRAINING &
CREATING
AWARENESS
ON
DISASTER
MANAGEMENT**

2. DISASTER MANAGEMENT TRAINING

**Risk
Assessment**

**Early
Warning
System (EWS)**

**Disaster
Preparedness**

**Disaster
Recovery**



2. DISASTER MANAGEMENT

“DISASTER-SAFETY” from NATURE MADE & MAN MADE DANGERS

Risk Assessment
Early Warning
System (EWS) Disaster
Preparedness
Disaster Recovery

See a separate
PPT/ e BOOK
in the WEB INDEX for

**“ExNoRa World of
DISASTER-SAFETY”**

TRAINING &
CREATING
AWARENESS
ON
HYGIENE

Director **Hygiene** - “**Hygiene ExNoRa**” **H*** for **Hygiene** + **Health** (Only Preventive Curative **Health** comes under **HE**)

<p>SHE)</p> <p><u>Personal Hygiene</u> (Self -Hygiene) HYGIENE MY GENE</p>	<p><u>Private Hygiene -</u> HYGIENE OUR GENE</p>	<p><u>Public Hygiene-</u> HYGIENE HIGH GENE</p>
Oral Hygiene	Clothe Hygiene	Street Hygiene
Hair Hygiene	Home Hygiene	Area Hygiene
Hand & Nail Hygiene	Water Hygiene	Air Hygiene
Body Hygiene	Toilet Hygiene	Public Water Hygiene
Foot Hygiene	Kitchen Hygiene	Public Toilet Hygiene
Eye Hygiene	Food Hygiene	Transport Hygiene
Ear Hygiene	Bed Hygiene	Parks Hygiene
Nose Hygiene	Pest -free Hygiene	Playgrounds Hygiene
Anal Hygiene	Mosquito -free Hygiene	Marriage Hall ` Hygiene
Skin Hygiene	Bacteria-free Hygiene	Hospital Hygiene
Genital Hygiene	Virus - free Hygiene	Hotel / Hostel Hygiene

WOMEN MENSTRUAL, HYGIENE + EXTERNAL GENITAL PARTS &

H* is also for **Health** (Progressive , Preventive & Curative)

ExNoRa HYGIENE TRAINING INSTITUTE

1. ExNoRa HYGIENE WORLD



See a separate
PPT/ e BOOK
in the **WEB INDEX** for



**ExNoRa Hygiene
World**

TRAINING &
CREATING
AWARENESS
ON
HEALTH



**2. PREVENTIVE
HEALTHCARE**

**1. PROGRESSIVE
HEALTHCARE**

**3. CURATIVE
HEALTHCARE**

**HEALTH
WEALTH**



1. ExNoRa HEALTH WORLD



See a separate
PPT/ e BOOK
in the WEB INDEX for

ExNoRa
HEALTH WORLD

HUMAN RESOURCE DEVELOPMENT

Spoken English	Public Speaking	Digital Literacy	Interns Training
Vocational Training	Teach Reach-Tuition	IAS Coaching	NEET EXAM TRAINING
Language Classes	Entrance Exam Coaching	Common Sense	Leadership Training
Safety	Hygiene & Health	Jeevan Shastra	Manushya Shastra

The entire knowhow and do-how (course material) is being provided by **ExNoRa** Innovators International

See a separate **PPT/ e BOOK**
in the **WEB INDEX** for each type of service

3. PLACE TO RENDER SOCIAL SERVICE

Reading for Blind	Classes for Deaf & Dyslexia	Adult Literacy
Food Bridge	Eye Donation Awareness	Giving Used Things by “Humanity Divinity”- BANK

4. PLACE TO RENDER HEALTH SERVICE

First Aid	Blood Donation Camps	Cancer Awareness
Yoga / Meditation Classes	Organ Donation Guidance	Medical Camps
Vaccinations	Hygiene my Gene	Stem Cell Awareness

HEARTS' HEART **ExNoRa** @ **ExNoRa SEVA** CENTRE

**One Place to do One Hundred Services
@ zero cost including rent**

**can be put into maximum use besides holding a
number of meetings for providing training /
awareness & knowledge to poor & uneducated**

5. PLACE FOR MEETINGS

**Every activity optional & select those which are
appropriate**

1. “Face to Face” Meetings

**2. OPEN HOUSE, Weekly
open houses**

3. Brainstorming &

4. Counselling & Mediation

6. SOS & EMERGENCY CENTERS

Safety Training (27kinds of Safety)	Disaster Preparedness & Mock Drill	SOS Resort & 24 Hours Helpline
Community Call Center	Community Alert Alarm	Disaster Assembly Point

7. ABODE FOR EXHIBITION, ECOBITION & METHOD DEMONSTRATIONS

Solid Waste Management	Liquid Waste Management	Rain Water Harvesting
Hall & Wall of Fame	Biomethanation & Gas	Climate Change

8. CENTER FOR FELLOWSHIP, FRIENDSHIP, HOSPITALITY, ENTERTAINMENT, CULTURE & FINE ARTS

Get-together Location	Friends Bank	Culture Nurture
FaceLook	Comedy Remedy	Religious Festivals Joint Celebration

ExNoRa Seva Centre Community Alarm

ExNoRa Seva Centre will also have a Community Alarm. It will be a siren on a high mast to raise alarm in case of an impending disaster . It is needed in every neighbourhood to alert the people before and during disasters which will save precious lives. It will be installed in the premises of ExNoRa Seva Centre of ExNoRa Innovators Club. Kindly see picture . In addition ExNoRa Seva Centre will install Community Network Alarm System with



24 Hours Help Call center

24seven365

CONTINUED

2. INSTITUTE FOR COMMUNITY HUMAN RESOURCE DEVELOPMENT

ExNoRa , a single window providing wonder solutions to all problems. Zero in on **ExNoRa**'s Zero World in 45 areas. The members will be provided with the knowhow & do-how here

2. INSTITUTE FOR COMMUNITY HUMAN RESOURCE DEVELOPMENT

“Zero in on **ExNoRa**’s Zero World” 100%

CONTINUED

with do-how

**ZERO
LITTERING**

**ZERO
INSANITATION**

**ZERO
SOLID
WASTE**

**ZERO
LIQUID
WASTE**

**ZERO
GASEOUS
WASTE**

**ZERO
HAZARDOUS
WASTE**

2. INSTITUTE FOR COMMUNITY HUMAN RESOURCE DEVELOPMENT

“Zero in on **ExNoRa**’s Zero World” 100%

CONTINUED

with do-how

ZERO
AIR
POLLUTION

ZERO
WATER
POLLUTION

ZERO
PLASTIC
POLLUTION

ZERO
NOISE
POLLUTION

ZERO
POSTER
POLLUTION

ZERO
DUST
POLLUTION

ZERO
LIGHT
POLLUTION

ZERO
THERMAL
POLLUTION

ZERO
RADIO ACTIVE
POLLUTION

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT**
“Zero in on **ExNoRa**’s Zero World” 100%

CONTINUED
with do-hov

ZERO
WATER
SCARCITY

ZERO
FOOD
SHORTAGE

ZERO
PETROL
SCARCITY

ZERO
ELECTRICITY
SCARCITY

ZERO
CLOTHING
SCARCITY

ZERO
DWELLING
SHORTAGE

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT
ZERO CRIMES**

CONTINUED
with do-how

**ZERO
BURGLARIES**

**ZERO
CYBER
BULLYING**

**ZERO
ASSAULTS**

**ZERO
KIDNAPPING**

**ZERO SEXUAL
HARASSMENT OF
WOMEN &
CHILDREN**

**ZERO
MISSING
CHILDREN**

**ZERO
BONDED
LABOUR**

**ZERO
VIOLENCE**

**ZERO
EXTREMISM**

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT**

“Zero DANGERS & PERILS

CONTINUED

with do-hov

ZERO
FIRE
DANGER

ZERO
ELECTRIC
SHOCKS

ZERO
FLOOD
THREAT

ZERO
GAS
LEAK

ZERO
LIGHTENING
RISK

ZERO
CYCLONE
PERIL

ZERO
EARTHQUAKE
CRISIS

ZERO
MOSQUITO

ZERO
LIFT
ACCIDENT

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT**

CONTINUED

with do-how

“Zero in on **ExNoRa**’s Zero World” 100%

**ZERO
ROAD
ACCIDENTS**

**ZERO
TRAFFIC
JAMS**

**ZERO NON-
MOTORABLE
ROAD**

**ZERO NON-
WALKABLE
FOOTPATH**

**ZERO
LACK OF
TRANSPORT**

**ZERO
ROAD
CRIMES**

2. INSTITUTE FOR COMMUNITY HUMAN RESOURCE DEVELOPMENT

“Zero in on **ExNoRa**’s Zero World” 100%

CONTINUED

with do-hov

ZERO
CORRUPTION

ZERO
COMMUNALIS
M

ZERO
HATE &
ILL-WILL

ZERO
GREED &
EXTRAVAGANZ
A

ZERO
INHUMANNESS

ZERO
ALCOHOLISM

ZERO
INEQUALITY

ZERO
INTOLERANCE

ZERO
DRUG
ADDICTION

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT**

CONTINUED

with do-how

“Zero in on **ExNoRa**’s Zero World” 100%

Zero Weak
Civil Societies

Zero Unhygienic
Slums

Zero Withering
Villages

Zero Decaying
Places of
Worship

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT**

“Zero in on **ExNoRa**’s Zero World” 100%

CONTINUED

with do-how

Zero Non-
Participation

Zero
Selfishness

Zero Civil
Wars & Wars

Zero Disaster
Deaths

Zero
Transport

Zero Stress

Zero
Vandalism

Zero
Contagious
Diseases

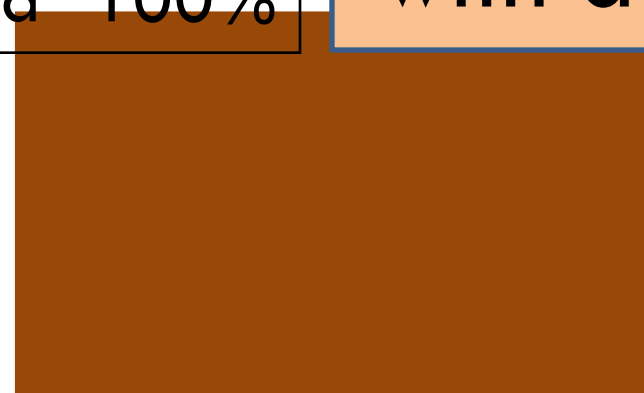
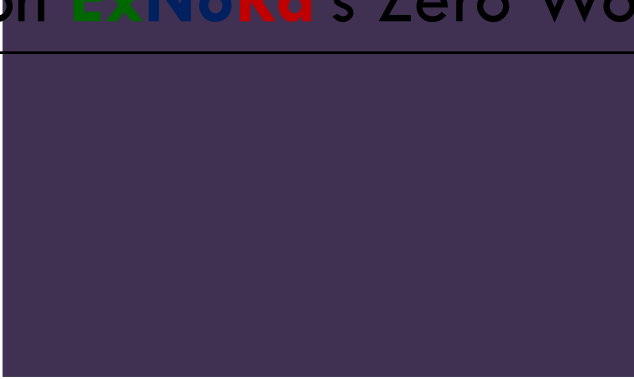
Zero
Untouchability

**2. INSTITUTE FOR COMMUNITY
HUMAN RESOURCE DEVELOPMENT**

CONTINUED

with do-how

“Zero in on **ExNoRa**’s Zero World” 100%



Zero
Timidity



Zero Suicides



1. HEARTS'
HEART ExNoRa @
ExNoRa SEVA
CENTRE

Quite easy @
almost Zero Cost

“ONE PLACE ONE HUNDRED WONDER SERVICES”

Start your HEARTS' HEART ExNoRa @ ExNoRa SEVA CENTRE

in your area / office / institution . What a tremendous impact that it will create, tuning the people's minds towards humanity, blossoming of LOVE instead of HATE in their minds

A 1200 sq. ft. building / room is needed for the HEARTS' HEART ExNoRa @ ExNoRa SEVA CENTRE Citizens wanting to do social service can use that place

The HEARTS' HEART ExNoRa @ ExNoRa SEVA CENTRE management is left to the respective ExNoRa Innovators Clubs There are plenty of OPTIONS to

Zero in on **ExNoRa**'s Zero World

1. HEARTS' HEART ExNoRa @ ExNoRa SEVA CENTRE a single window providing wonder solutions to all problems, plaguing the planet and the people . **HEARTS' HEART ExNoRa** will create AWARENESS, do TRAINING and guide easy IMPLEMENTATION on resolving the following mind boggling problems. The problems will be zeroed (nullified). Here is the list of problems causing damage to humanity and environment with "ZERO" as PREFIX

1. CENTRE TO RENDER ENVIRONMENTAL SERVICE & TRAINING

Heavenly Home	Apartment Ornament	Street Treat
COZY COLONY	Neighbourhood Neighbourly-hood	Metropolis
School Cool	College Green Collage	

1. CENTRE TO RENDER ENVIRONMENTAL SERVICE & TRAINING

	Grow your Vegetables	
PAPER SUPER MAN	PAPER WOMAN	SWACHH STREE

The world will 100% start moving fast towards **ZERO** in the above issues plaguing the planet and the people.

Join / Start
YOUR

“**ExNoRa** INNOVATORS
CLUB”

THE SOLUTION

MANUSHYA SHASTRA, HUMAN SCIENCE

for

BEING HUMAN BEING

for

realising

JEEVAN SHASTRA LIFE SCIENCE

for

LIVING as HUMAN BEING

TRAINING ON
“CHANGE,
CLIMATE
CHANGE”

TRAINING ON “CHANGE, *CLIMATE CHANGE*”

See a separate **PPT/ e BOOK** in the **WEB INDEX**
under **ZERO CLIMATE CHANGE**

INTRODUCTION

TEAR

FEAR

FARE

FAIR

CARE

BEAR

CURE

PURE

SPACE FOR

HEARTS' HEART ExNoRa

@

ExNoRa SEVA CENTRE

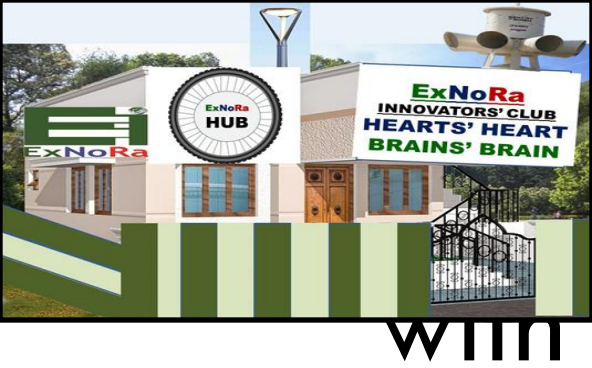
SPACE OPTIONS APLENTY



HEARTS' HEART

@ ExNoRa HUB

Minimum 1400 sq.ft . is needed. The place will be used 24 x 365 like a three-shift-factory to churn out responsible citizens. The members will do one hundred activities round the clock by turns and make their town /



HUB

WITH

**HEARTS' HEART
BRAINS' BRAIN**

are so easy to set
up . It

can be
accommodated
any one of these
two places /



A SPACIOUS HALL



AN OUTHOUSE

It can be a CONTAINER BUNK



are so easy
HEARTS' HEART
to set up. It
BRAINS' BRAIN

can be
bunk that
can fit in to
any one of
the two
places /
spaces
which can
be done



EXTERNAL VIEW



INTERNAL VIEW



**ERECT IT ON AN EMPTY
PLOT**



**ERECT IT ON a
TERRACE**

HEARTS'
HEART

ExNoRa

HUB can
be there
in all these
places.
Just a
large room
is enough



SCHOOL



COLLEGE



POLYTECHNIC



TRAINING
INSTITUTE



HUMANITY DIVINITY BANK can be there in all the following places



PLAY GROUND



**CHILDREN'S PLAY
AREA**



PARK



PLACES OF WORSHIP



FLAT COMPLEX



BURIAL GROUND

HEARTS' HEART ExNoRa HUB

can be function in all the places of
worship as after all people always
assemble there



Hindu Temple



Church



Mosque



Buddha Vihara



Synagogue



Jain Mandir



Gurudwara



Bahai Lotus

HEARTS' HEART

**ExNoRa HUB can
function in the
Community Hall
/ Club House
Recreation
Centre of
FLAT COMPLEXES**



It CAN BE JUST a CABIN



It CAN BE JUST a CABIN



SPACE FOR
HEARTS' HEART ExNoRa @
ExNoRa SEVA CENTRE
SPACE OPTIONS APLENTY.

There are so many CHOULTRIES
which either remain less used or
vacant which can made use of to
house this important service

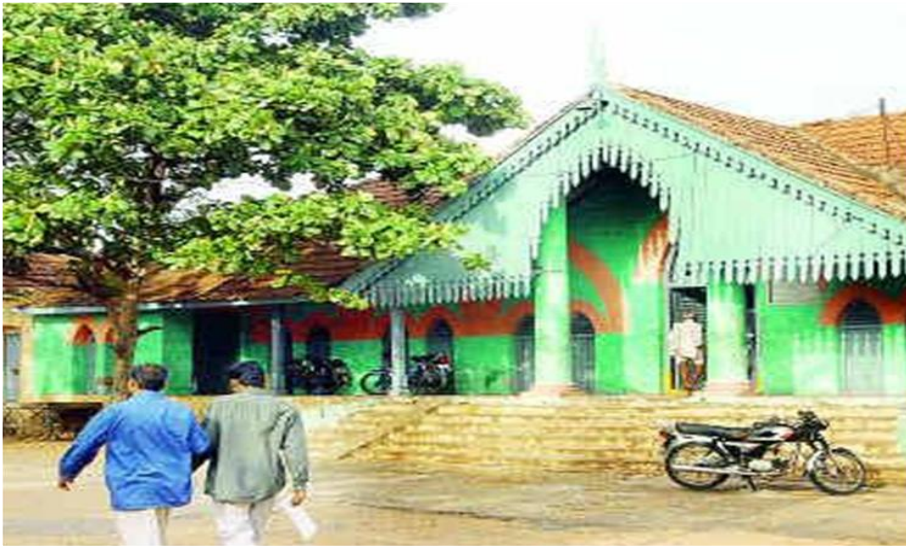
CHOULTRIES can be made use to accommodate HEARTS' HEART ExNoRa



CHOULTRIES can be made use to accommodate HEARTS' HEART ExNoRa



CHOULTRIES can be made use to accommodate HEARTS' HEART ExNoRa



CHOULTRIES can be made use to accommodate HEARTS' HEART ExNoRa



If the **Residents Welfare Association** has office of its own, it can use it as **ExNoRa's TRAINING CENTRE** and to do the service activities of **HEARTS' HEART & BRAINS' BRAIN**



If the **Residents Welfare Association** has office of its own, it can use it as **ExNoRa's TRAINING CENTRE** and to do the service activities of **HEARTS' HEART & BRAINS' BRAIN**

A photograph of a single-story building with a sign that reads "OFFICE of GANDHI NAGAR RESIDENTS WELFARE ASSOCIATION". The building has a light-colored facade, a central wooden door, and a window with vertical blinds. The sign is white with black and red text.

**OFFICE of
GANDHI NAGAR
RESIDENTS WELFARE ASSOCIATION**

If the **Residents Welfare Association** has office of its own, it can use it as **ExNoRa's TRAINING CENTRE** and to do the service activities of **HEARTS' HEART & BRAINS' BRAIN**



To solve problems, **IDEAS**
shared here have to be put
into **ACTION** . For that you

need a practical
**ORGANISATIONAL
MECHANISM**

with defined
ROLES for GOALS

The name of the
organisation is

ExNoRa

INNOVATORS CLUB

(EIC)

SERVICE-BEARERS

There are four benefits of having your

ExNoRa Innovators Club

Innovation

Members will learn the ART
& SCIENCE OF
INNOVATING & they will
innovate for the good of the
society as well as self

MOTIVATION

They will gain knowledge on
MOTIVATION & use down-
to-earth motivational tools
for the benefit of the society
& self

THEY WILL PRACTISE

JEEVAN SHASTRA,

LIFE SCIENCE

for

LIVING AS HUMAN BEING
and will make the world
around them liveable and
beautiful

MANUSHYA SHASTRA,

HUMAN SCIENCE

for

BEING HUMAN BEING
and will make the world
inside their brain beautiful



Take Notice

ExNoRa ACTIVITIES CARD is like a HOTEL MENU CARD

One thousand activities are given with Do-HOW. There are more than one hundred posts. It is not that you should do everything, nor all positions need to be filled. Problems vary from time to time, place to place and person to person. A **HOTEL MENU CARD** has so many eatables. But you eat a very few. Same is this **ExNoRa ACTIVITIES CARD**. Use only that are needed at six kinds of places all concerning you and the people around

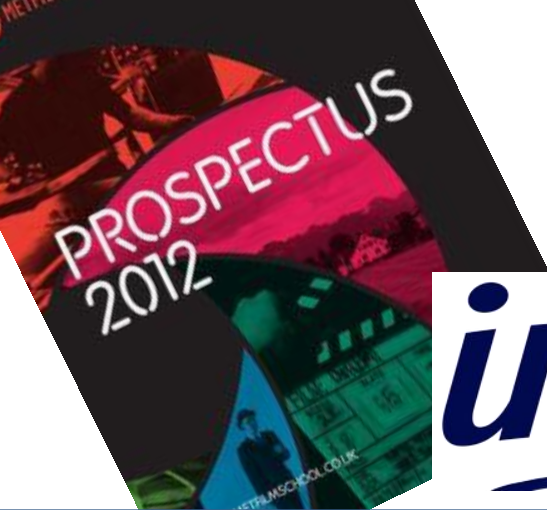




attention

ExNoRa has medicines as in a **MEDICAL SHOP** but to cure the illnesses that plague the society, Nation and the Planet. One thousand activities are given with Do-HOW. There are more than one hundred posts. It is not that you should do everything, nor all the positions need to be filled. Problems vary from time to time, place to place and person to person. A **PHARMACY** has so many medicines. But you buy only what you need and prescribed. SAME is **ExNoRa SERVICE ORGANISATION** which has societal medicines. Use only that are needed at six kinds of places all concerning you and the people around





PROSPECTUS



Introduction
Arts, Humanities
& Social Sciences

E COURSES



important

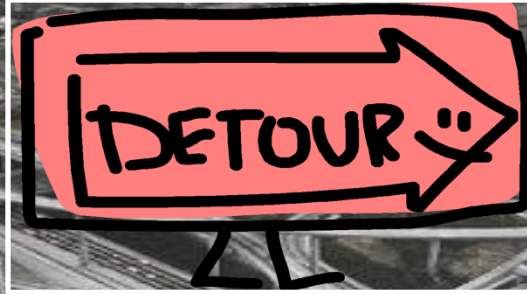
ExNoRa has SIMPLE COURSES like in a **COLLEGE / UNIVERSITY** but to equip you to cure the illnesses that plague the society, Nation & the Planet. One thousand activities are given with Do-HOW. There are more than one hundred posts. It is not that you should opt all subjects, nor all positions need to be filled. Problems vary from time to time, place to place and person to person. COLLEGE has so many courses . But you join the course that you are interested . SAME is **ExNoRa** ORGANISATION offering you hundreds of innovative knowhow and do-how . Use only that are needed at six kinds of places all concerning you and the people which will make LIFE as the BEST for one and all



Postgraduate
Prospectus
2016/17

DI
ME





Wherever you
need to

**FREEWAYS, HIGHWAYS, ROADS,
STREETS, LANES, BYLANES &
FOOTPATHS**

ExNoRa is same as a long **HIGHWAY** and it is the world's
biggest practical, tested and proven **KNOWLEDGE**
PASSAGE with **FREEWAYS,**
hundreds of **HIGHWAYS, ROADS, STREETS, LANES,**
BYLANES and **FOOTPATHS.** It is for you to select your
passage move, turn left, right, make detours and U turns and
reach your destination

What
should
you do
NOW?



BEGIN HOME AWESOME
in your **DWELLING**
(even in FLAT or HUT)
via HOME **ExNoRa**



START
s**TREEt** **SWEET**
in your **ROAD**
(SMALL ROADS
: It can be for a
few roads)
via **RWA ExNoRa**



INITIATE
“**COLONY COZY**” or
“**COSY COLONY**”
in your
RESIDENTIAL COLONY
(or Neighbourhood)
via **ExNoRa** Innovators Club
(**EIC** also in your **INSTITUTION** -
College, School & Office)

+ NEIGHBOURHOOD NEIGHBOURLY-HOOD

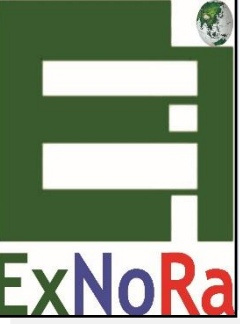


“ A journey of a thousand miles begins with a single step. ”

Lao-tzu

STEP
FIRST

So your environmental journey begins in your HOME making it a model in all regards by starting your **HOME ExNoRa** today and doing 12 simple activities within the four walls



ExNoRa INNOVATORS INTERNATIONAL (since 1989) is the largest **Environmental Service Movement** of India & one of the fastest growing in the world, started on **28th April 1989** in Chennai

ExNoRa stands for **Excellent Novel & Radical**

ExNoRans ensure that their **Thoughts , Words & Action** have these three qualities

IDEA-MEN OF THE WORLD UNITE
ExNoRa is an organisation for IDEAS.
Like how we build a house brick by brick we build our Society and our Nation, idea by idea

ExNoRa : What the 3 colors **Green** , **Blue** & **Red** signify?

The **GREEN** represents **ENVIRONMENT**,
The **BLUE** represents **PEACE** &
The **RED** represents **SACRIFICE**
We need Clean & a Green **ENVIRONMENT**, absolute **PEACE** in our society & within ourselves. we can get both only by **SACRIFICE** . See Voluntary Sacrifice & Practice Sacrifice

An **ExNoRa** member is called as **ExNoRan** who uses the prefix **Exn.**

ExNoRa 's **OBJECTIVE** is "PRESERVE the PLANET by realizing **WORLDISM** by **UNITING & USING HUMAN RESOURCES** instead of depleting **NATURAL RESOURCES** on a **GLOBAL SCALE**"

HAPPY HOME "HOUSE is built by **CONCRETE**. HOME is made of **LOVE**"
 .When you fulfill all twelve GOALS, your HOME is indeed a **COMPLETE HOME**. "SAVING, the PLANET, OUR ONLY HOME begins in YOUR & MY HOME". START HOME ExNoRa

HAPPY HOME

HAPPY HOME CHECKLIST



EXTERNAL (EXTRINSIC)	
<u>JEEVAN SHASTRA- LIFE SCIENCE for LIVING as HUMAN BEING</u>	
CLEAN HOME	<input checked="" type="checkbox"/>
GREEN HOME	<input checked="" type="checkbox"/>
ECO-HOME	<input checked="" type="checkbox"/>
HYGIENE HOME	<input checked="" type="checkbox"/>
SAFE HOME	<input checked="" type="checkbox"/>
SMART HOME	<input checked="" type="checkbox"/>

INTERNAL (INTRINSIC)	
<u>MANUSHYA SHASTRA-HUMAN SCIENCE for BEING HUMAN BEING</u>	
HUMANE HOME	<input checked="" type="checkbox"/>
HONEST HOME	<input checked="" type="checkbox"/>
TOLERANT HOME	<input checked="" type="checkbox"/>
ALTRUISTIC HOME	<input checked="" type="checkbox"/>
PATRIOTIC HOME	<input checked="" type="checkbox"/>
HAPPY HOME	<input checked="" type="checkbox"/>

HAPPY HOME

HAPPY HOME

Call +91 98400 34900 mbnirmal@gmail.com

www.homeexnora.org for the

given to you as PPT.

do-ho REGISTER in



“MODELS that model” thanks to
JEEVANA SHASTRA & MANUSHYA SHASTRA

HAPPY HOME

Happy Street

HAPPY SOCIETY

HAPPY COLONY

HAPPY AREA

HAPPY TOWN

HAPPY TOWN

HAPPY VILLAGE

HAPPY SLUM

ExNoRa HAPPY WORLD

It is not how much we have, but how much we enjoy, that makes happiness.

Charles Spurgeon

Happiness is not something ready made. It comes from your own actions.

Dalai Lama

From HAPPY HOME to HAPPY WORLD , all with in our reach

CLICK HERE

ExNoRa HAPPY
WORLD

DETOUR →

You can start or initiate **ExNoRa** Innovators Club (EIC) in one or more of the following places to innovate for society, people, environment & the Planet & IMPLEMENT

EIC RESIDENTIAL

1. Villages
2. Smaller towns
3. Residential colonies & Neighbourhoods of cities / towns, hostels
4. Very large flat complexes

EIC WORK

1. **Big Offices** (any type of place of work)
2. **Industries / Factories**
3. **Big hospitals & Hotels**
4. **Markets & Commercial Complexes (Jointly)**

**TRANSFORMING
POPULATION as
SOCIAL CAPITAL**

EIC EDUCATIONAL INSTITUTIONS

1. **Schools**
2. **Colleges**
3. **Universities**
4. **Training Institutes** (soft skills & technical e.g. Computer)
5. **Places of Learning**

EIC
in **PLACES**
of **WORSHIP**
of all **FAITHS**

1. CHURCH
2. MOSQUE
3. HINDU TEMPLE
4. BUDDHA VIHAR
5. JAIN MANDIR
6. SIKHS GURUDWARA
7. JEWS SYNAGOGUE
8. PARSIS FIRE TEMPLE
9. BAHAI HOUSE OF WORSHIP

In Streets it will be RWA **ExNoRa** or RWA **ExNoRa** Innovators Club

INNOVATE-NOT, it is RISKY- 19th Century
INNOVATE or STAGNATE - 20th Century
INNOVATE or PERISH - 21st Century

Your **ExNoRa** INNOVATORS CLUB
will help you to INNOVATE
for your Individual &
ORGANIZATIONAL DEVELOPMENT

PLACE of OPERATIONS (all LOCATION BASED)- In detail

1.PLACE OF RESIDENCE

ONE IN EACH Large Flat Complex & Flat Campus, Big Hostel, Residential Colony & Neighborhood of Cities & Towns & Small Towns & Villages (EIC RESIDENTIAL)

2.PLACE OF WORK

ONE IN EACH Office, Industry, Factory, Hospital, Hotel, Boarding / Lodging Elected Body HQ, Courts, & Shopping Mall / Market (EIC WORK-PLACE)

Location-Based

3.PLACE OF LEARNING

ONE IN EACH School, College, University, Place of Education & Training Institutes (EIC STUDENTS promoted by Management, Students, Teachers & Parents)

4.PLACE of WORSHIP

ONE IN EACH Place of Worship of all FAITHS (EIC TEMPLE, CHURCH, MOSQUE, GURUDUWARA BUDDHA VIHARA, SYNAGOGUE & each FAITH)

5.PLACE of PUBLIC USE

ONE IN EACH like Park, Playground, Beach, Place of Recreation & Tourist Spot , Bus & Railway Station , Airport, Harbour, Ferry Station, Meeting Venues & Crematoria / Burial Ground

6. PLACE of TRAVEL (PASSAGE)

Commuters using regularly a particular passage / mode (road/ air/ rail/ waterways) will come together and form EIC TRAVEL and will ensure the a. SAFETY (6) & b. Eco-friendliness of their TRAVEL, & c. the free flow of traffic

ExNoRa Innovators Club (EIC) CHAPTERS : CATEGORIES according to its
PLACE of OPERATIONS (all LOCATION BASED)- In detail

7.GOVERNMENTS

**CENTRAL, STATE & LOCAL
GOVERNMENTS & THEIR
UNDERTAKINGS at CAPITAL ,
DISTRICTS & GRASSROOT**

8 .PROFESSIONAL BODIES

**ADVOCATES, DOCTORS,
ACCOUNTANTS , ENGINEERS,
ARCHITECTS, BUILDERS ,FILM
/TV ARTISTES & OTHRS**

Location-Based

**9.MANUFACTURERS
ASSOCIATION**

**like FICCI , CII & CHAMBERS of
COMMERCE**

**10. TRADERS ORGANISATIONS
WHOLESALE , RETAIL , MEDIUM
TRADERS & MERCHANTS**

11. TRADE UNIONS

**like CITU , AITUC, INTUC ,
MAZDOOR , AIBEA etc**

**12. Nongovernmental
Organisations / Service**

**Organisations
like CRY, SMILE , WORLD VISON
Rotary. Lions & Round Table**

TRANSFORMING POPULATION as SOCIAL CAPITAL

For RESIDENTS :What is meant for WHOM?



1. Residents Welfare Association **ExNoRa**
or 2. Residents Welfare Association **ExNoRa**
INNOVATORS

MEANT for
STREETS / FLAT
COMPLEXES /
RESIDENTIAL
COLONIES

can be started
straightaway . The
RWA already
functioning are
welcome to become one
of the two

FEDERATION

ExNoRa
INNOVATORS
CLUB

MEANT for
neighbourhoods /
large residential
colonies

Federation of Residents
Welfare Associations
can get affiliation and
become Federation of
RWAs **ExNoRa**
INNOVATORS

HOME ExNoRas are the basic
grassroots for any dwelling home/flat/
hostel room

**ExNoRa's VOLUNTARY
COMMUNITY HRD**

**makes life easier and the best by
teaching you, the KNOWHOW and the
DO-HOW of tapping the invaluable
HUMAN RESOURCE
without any fee and transforming the
NON-PARTICIPANT PEOPLE as
PRICELESS SOCIAL-CAPITAL
TOTALLY-FREE**

ExNoRa INNOVATORS CLUB
ROLES FOR GOALS
&
GOALS FOR ROLES
THE POSTS ARE OPTIONAL
SUBJECT TO ITS
RELEVANCE for the
PLACE & PEOPLE
& the AVAILABILITY of VOLUNTEERS

YOUR

ExNoRa Innovators Club,
SINGLE-WINDOW
to solve any problem



À la Carte

SERVICE MENU

Like in a HOTEL your selecting your FOOD MENU, your EIC /RWA can select the SERVICE MENU that you want which is relevant and needed .

It can be a few or many.

See the Service Menu Card

THERE ARE THREE LEVELS of **ExNoRa** INNOVATORS CLUB or **RWA ExNoRa**

NOW

MICRO

**AT THE
EARLIEST**

MECRO

**FOR TOWNS &
NEIGHBOURHOODS**

MACRO

YOU DESIGN YOUR ORGANISATION

In between **MICRO** & **MACRO**, you can have **MECRO** meaning **MEDIUM (MIDDLE)** with your team selecting, out of the types of services given here, only those that are relevant and important and creating your own **ExNoRa** **MODEL (RECIPE)**.

SERVICE TORCH-BEARERS (OFFICE-

PRINCIPAL PRESIDENT

PRINCIPAL SECRETARY

PRINCIPAL TREASURER

PRINCIPAL DIRECTOR

SHE & HE

**ROLES
for
GOALS**

**GOALS
for
ROLES**

DIRECTOR
SAFETY

DIRECTOR
"HYGIENE" & "HEALTH"

DIRECTOR
"ENVIRONMENT"

DIRECTOR
HUMANITY

DIRECTOR
HUMAN EXCELLENCE &
ENTERTAINMENT

DIRECTOR
E WORLD

Start your ExNoRa INNOVATORS CLUB / RWA ExNoRa (like a start-up) as a MICRO and grow as a MECRO & then MACRO

SERVICE TORCH-BEARERS (OFFICE-BEARERS)

PRESIDIUM

PRINCIPAL PRESIDENT

PRESIDENT

SECRETARIAT

PRINCIPAL SECRETARY

SECRETARY

TREASURY

PRINCIPAL TREASURER

TREASURER
(FUNDS MOBILISER) -

**DIRECTORATE -
PRINCIPAL DIRECTOR**

DIRECTOR
SAFETY

DIRECTOR
"HYGIENE" & "HEALTH"

DIRECTOR
"ENVIRONMENT"

DIRECTOR
HUMANITY

DIRECTOR
HUMAN EXCELLENCE &
ENTERTAINMENT

DIRECTOR
E WORLD

ExNoRa FOUR MAIN ADMINISTRATIVE SETUPS

PRESIDIUM

SECRETARIAT

DIRECTORATE

TREASURY

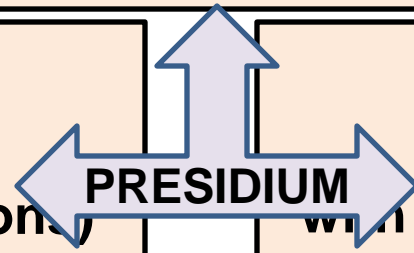
**SERVICE
TORCH
BEARERS**

**ExNoRa INNOVATORS CLUB (EIC)
PRINCIPAL PRESIDENT** 

Macro

ROLES for GOALS

**PRESIDENT
Maa MOTHERLY HR
with 6 HODs (Head of Divisions)**



**PRESIDENT
Paa FATHERLY HR
with 6 HODs (Head of Divisions)**

**DIRECTORATE
PRINCIPAL DIRECTOR
SHE**

VOLUNTARY OPTIONAL

**DIRECTORATE
PRINCIPAL DIRECTOR
HE**

**SECRETARIAT
PRINCIPAL SECRETARY**

Directorate

**SHE
DIRECTOR
SAFETY
DIRECTOR
HYGIENE
DIRECTOR
HEALTH
DIRECTOR
ENVIRONMENT**

**SECRETARY
"RIGHTS"
JEEVAN SHASTRA,
LIFE SCIENCE
for
LIVING as
HUMAN BEING**

SECRETARIAT

**SECRETARY
"DUTIES"
MANUSHYA
SHASTRA,
HUMAN SCIENCE
for
BEING HUMAN
BEING**

Directorate

**HE
DIRECTOR
HUMANITY
DIRECTOR
HUMAN
EXCELLENCE
DIRECTOR
ETIQUETTE &
ETHICS
DIRECTOR
ENTERTAINMENT +
SPORTS
DIRECTOR
E WORLD**

TREASURY

PRINCIPAL TREASURER

**TREASURER
(FUNDS MOBILISER) -FUNDS ENDLESS**

**MEMBERS are called
ExNoRa INNOVATORS**

**"IDEA-MEN
of the world UNITE"**

ExNoRa WORLD of HUMAN RESOURCE EXCELLENCE
(HUMAN WEALTH EXCELLENCE) for INDIVIDUALS,
COMMUNITY & BUSINESS at HOME ,WORLD AROUND YOU & BUSINESS



MOTHERLY HUMAN WEALTH MANAGEMENT
MOTHERLY HUMAN RESOURCE MANAGEMENT



"Maa, MOTHER EVERYWHERE" - UNCONDITIONAL LOVE
e.g. MAHATMA GANDHI getting things done for via
INDIVIDUAL & COMMUNITY PLEASURE



HEAD OF DIVISION

HUMANE
HUMAN
(MOTHERLY)

HEAD OF DIVISION

HUMAN
RELATIONS

HEAD OF DIVISION

HUMAN WEALTH
MOBILISATION
(HUMAN RESOURCE
MOBILISATION)

HEAD OF DIVISION

HUMAN
WEALTH DEVELOPMENT
(HUMAN
RESOURCE
DEVELOPMENT)

HEAD OF DIVISION

HUMAN WEALTH USE
(HUMAN RESOURCE
USE)

HEAD OF DIVISION

HUMAN
RESPONSE

MANUSHYA SHASTRA, HUMAN SCIENCE for BEING HUMAN BEING

ExNoRa WORLD of HUMAN RESOURCE EXCELLENCE
(HUMAN WEALTH EXCELLENCE) for INDIVIDUALS,
COMMUNITY & BUSINESS at HOME ,WORLD AROUND YOU & BUSINESS



FATHERLY HUMAN WEALTH MANAGEMENT
FATHERLY HUMAN RESOURCE MANAGEMENT



"Paa, FATHER FIRMER" e.g. PATEL getting things done for via
INDIVIDUAL & COMMUNITY PRESSURE



HEAD OF DIVISION
HUMAN
REACTION

HEAD OF DIVISION
HUMAN
RIGHTS

HEAD OF DIVISION
HUMAN-BRAINY
"CHESS-MATE
CHECKMATE"

HEAD OF DIVISION
HUMAN MOTIVATION
(WHO LOST HOPE)

HEAD OF DIVISION
HUMAN
REFORMATION
(OUTLAWS)

HEAD OF DIVISION
HUMAN
RECOVERY
(ADDICTS)

MANUSHYA SHASTRA, HUMAN SCIENCE for BEING HUMAN BEING

size , number of service-bearers /
activities

are dependent on what you need for
your PLACE &
PEOPLE.

ExNoRa ROLES for GOALS is a
SERVICE - “A LA CARTE”

which means you can select what you
need for your place and people . You can
add only that activities to your **SERVICE**
CART. You can select roles & service-
bearers only related to those which are
considered relevant on the basis of the

SERVICE BEARERS

ExNoRa



ROLES for GOALS - ONAL

INNOVATION CLUB (EIC)
PRESIDENT (PP)

Macro

macro

PRESIDENTS (1) ... all 16 posts filled. You will see your ...
safe, health ... Humane Human 2 Human Relations ...
4. Human ... development, 5. Human Resource Utili ...
Reaction 8. ... Human Rights 9. Human Trafficking ...
Reformation 12. Human Recovery 13. ...
(Chess-mate Checkmat ...

DIRECTOR GENERAL
SHE

SELECT MACRO MODEL
Just **23** ROLES, posts positions.
That will SOLVE ALL PROBLEMS
& ENHANCE the quality of life of
people by leaps & bounds in a
short time

ENVIR

"IDEA
the work

Macro

FINANCIAL CONTROLLER

FUNDS MAGNET
(FUNDS ENDLESS)

DIRECTOR
ETIQUETTE
DIRECTOR
ENTERTAINMENT
+ SPORTS
DIRECTOR
E WORLD

MEMBERS are called
ExNoRa INNOVATORS

FROM

Micro

TO

Mecro

There are
SIX PRESIDENTS,
TWO PRINCIPAL
DIRECORS &
TWO SECRETARIES
in **MACRO** .

Select and add that are
important to your
MICRO ExNoRa
INNOVATORS CLUB,
to make it a **MECRO**

PLEASE NOTE ADDING
six PRESIDENTS & two
SECRETARIES will not
be burdening your club.
In fact , it will reduce the
CLUB'S WORK BURDEN
as there will be more
equipped
SERVICE TORCH-BEARERS
to shoulder more
responsibilities.

It's your
choice!

MECRO

It's your
choice!

YOU AND YOUR TEAM DESIGN YOUR CLUB

ExNoRa INNOVATORS CLUB (EIC)

MECRO meaning **MEDIUM (MIDDLE)** with

your team selecting, out of the types of
services given in **MACRO**, to your **MICRO**

only those that are relevant and important

creating your own

ExNoRa INNOVATORS CLUB MODEL

(RECIPE) which will be a **MECRO**

**ExNoRa's INNOVATORS CLUB
MACRO** will be ideal . It will have
just 34 service-bearers to do
**COMMUNITY SERVICE &
COMMUNITY HRD**. Don't you have
21 men & women to shoulder 34
service-responsibilities? Start straight
**ExNoRa's INNOVATORS CLUB
MACRO** and you will see paradise
dawning before your eyes

YOUR **ExNoRa** INNOVATORS CLUB can be
anyone of the following three types

Micro Initial

In the beginning,
when you start
your club

MECRO

In Between

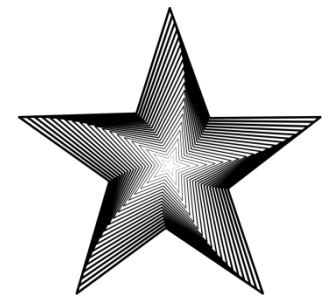
Medium (middle).
UPGRADE your
club when you
decide

Macro

**THE
BEST**

It is equal to people's Panchayat
and everything will be achieved
and nothing will be impossible
as the people will become as
Social Capital

Star Idea



YOU & YOUR TEAM CAN DESIGN
YOUR ExNoRa ORGANISATION

In between **MICRO** & **MACRO**, you can have **MECRO**, meaning **MEDIUM** (MIDDLE), with your team selecting, out of the 34 roles (with the **DO-HOW** as PPTs) given here, only those that are relevant and important and creating your own **ExNoRa** MODEL (**RECIPE**). The problems vary from place to place and time to time.

HENCE THIS OPTION

Tailor Made **custommade**









CONCEPT
7th Sense
Master



FUNDS ENDLESS

HEARTS' HEART **ExNoRa** @ **ExNoRa**
SEVA CENTRE will need a premises
on rental basis .

Money for
payment of rent is
no problem. There
are twenty options

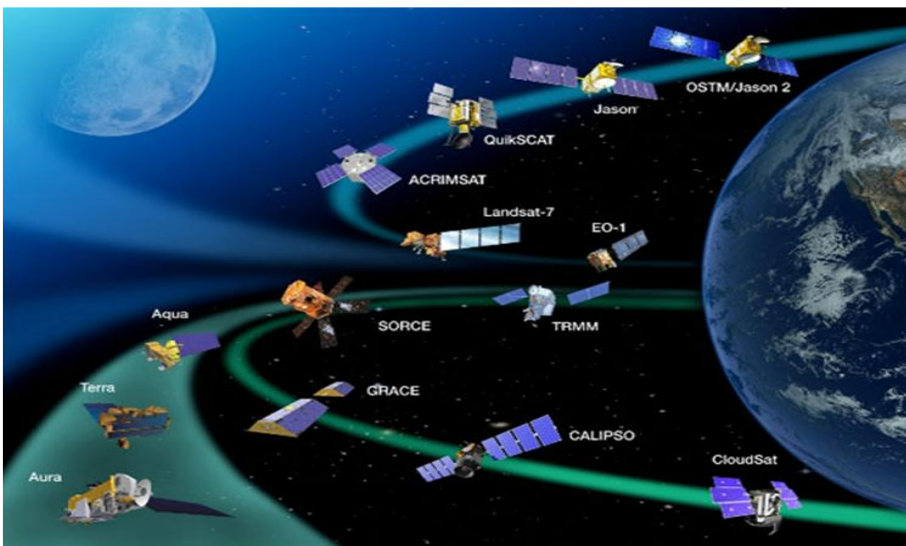
[Click here](#)

[FUNDS ENDLESS](#)
[TWENTY](#)
[FUNDS OPTIONS](#)

Know **ExNoRa** SATELLITE ORGANISATION

The **RATIONAL** of **ExNoRa** SATELLITE ORGANISATIONS ?

For that you should know something about the real satellites & ask a question why so many satellites orbiting in the space ?



[Click here](#)

First know What for & Why SATELLITE ORGANISATIONS ?

DISASTER MANAGEMENT ExNoRa (DME)

THE ORGANISATION & OPTIONS

The best that
HEARTS' HEART ExNoRa
@ ExNoRa SEVA CENTRE
is part of your ExNoRa
Innovators Club

Options

HEARTS' HEART ExNoRa
@ ExNoRa SEVA CENTRE
can be a Satellite
Organisation of ExNoRa
Innovators International

The next option is that
HEARTS' HEART
ExNoRa @ ExNoRa SEVA
CENTRE is part of
your Residents Welfare
Association ExNoRa

[Click here](#)

HEARTS' HEART
ExNoRa @ ExNoRa SEVA
CENTRE

[KNOW THE
ORGANISATION](#)

STANDARD MEETING AGENDA

Prepared out of 30 years of experience.
When this AGENDA is adopted and made use , it will make the organisation very strong and sustainable .
The members will involve themselves and the service activities will be 100% successful

PRE-MEETING AGENDA
MEETING AGENDA
POST MEETING AGENDA

[Click here](#)

STANDARD
AGENDA

The following activities will not be allowed in

ExNoRa HUB



PLAYING CARDS



CONSUMING
ALCOHOL



SMOKING



TOBACCO



