

Very important to be added

**Heart for Counselling & Mediation
called the 3rd Answer for Conflict Management & Avoidance**

1. Imparting knowledge in the fields of Environment, Self-Improvement , Entrepreneurship , Vocations , ExNoRa Organisation and its various Concepts including Enjoy Life Every Moment, Environmental Courses done by EETI & 7th Sense Training Institute which is a Brain Resource Development Institute.

2. The Centre will train on Ahimsa Kranthi and the 12 Values of Life including Principled Simplicity , Voluntary Sacrifice , Temperance, Respect to Freedom , Being Non-corrupt & Non-Communal , etc.

3. Preference will be given for providing training in Risk Assessment & Disaster Preparedness

**Eye check up by Eye Care ExNoRa , Dental
Check-up by Teeth ExNoRa, Skin Check-up by
Skin ExNoRa , blood sugar check up by
Diabetes ExNoRa, Heart Check-up by Heart
ExNoRa, ENT Check-up by ENT ExNoRa , Blood
Donation camps by ExNoRa Blood Bank ,
Bone care by Bone ExNoRa & Physiotherapy
ExNoRa**

**De-addiction Centre for alcoholics & drug
addicts through “We Ourselves”**

- Psychology



- Skills

- **Repair Prepare** : Items damaged / broken donated will be made all right by people with skill, free.

Umbrella

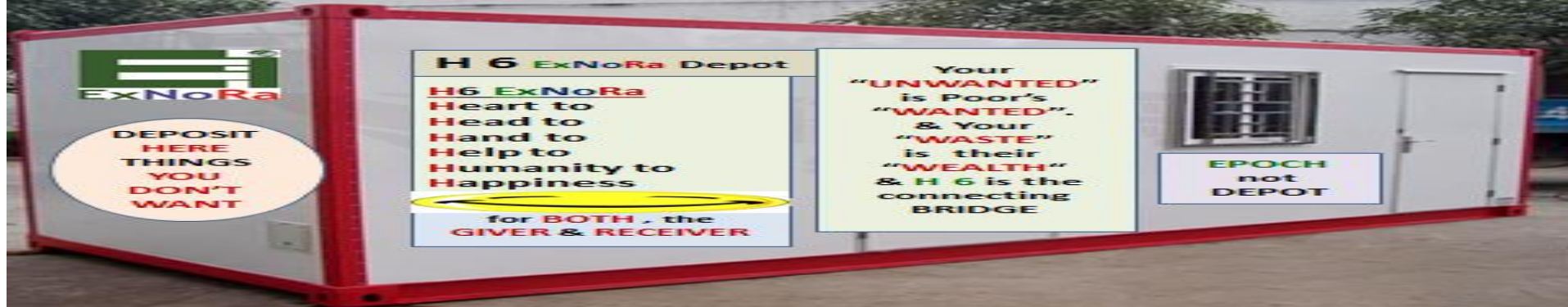


24 hours Emergency & SOS Centers

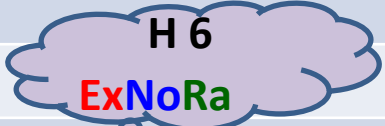








no . Previously used goods / commodities / articles are donated for reuse

Name	Distribute to Destitute	
ExNoRa Name	Training ExNoRa	
Explanation	Distribution Depot for tree saplings & seeds (ExNoRa Tree Bank , ExNoRa Nursery Bank & ExNoRa Seed Bank)	
Slogan	You can light one candle with another without loss of light	
Website	www.exnora.org/train	

