



## **ExNoRa** Seva Centre

It will be distinct in its appearance and will be uniform in all towns & villages for easy identification. ExNoRa is for GREEN WORLD. It will have colour strips light green & white 1.5 feet width each. This is for uniformity & easy identification, as humankind has more frequent man- made and naturemade disasters. Green represents Environment & white, purity of mind

ExNoRa's Dictum & Motto						
"Enjoy	/ Life Every Mor	nent"				
Give YOUR "T 3" to "N 3"						
for your ha	appiness & others'	happiness				
TRUTH : By giving T3 to N3. you don't lose anything including MONEY						
T3 t	o N 3 Explanation					
Things	Nation Motherland					
Time	Nature Environment					

**Nationals** 

People

**T**alent



#### Humanity Bank (H 6 ExNoRa)



#### **GREEN & WHITE Vertical stripes**

will necessarily operate in & from a building created & managed by ExNoRa Innovators Club

#### Time & Talents contributed here

**ExNoRa** Seva Center will always house Humanity Bank with in its premises

ExNoRa Seva Center is a place for assembly of people who will serve Nation , Nature & Nationals

ExNoRa Seva Center will & must be there, where an ExNoRa Innovators Club functions. It will be the official premises of ExNoRa Innovators Club & the Club will function from there.

It will be used for people contributing their Time & Talent (Things will go to Humanity Bank which will be in a part of its premises)

#### **GREEN & White Horizontal stripes**

will mostly function in a container / bunk / shed / room placed inside a building / on the terrace/ under the tree , etc.

#### THINGS (USED & NEW ) contributed here

Humanity Bank will be only a Depot & will NOT have ExNoRa Seva Center

Humanity Bank is a space reserved for depositing used things for distribution to the needy

Humanity Bank will function in ExNoRa Seva Center, but will also operate independently in any place including schools, colleges, offices, industries, place of worship, etc..

Meant only for THINGS which people can always deposit



ExNoRa Seva Center as the place where all the service minded people will meet to give 3 "T"s which will not cost them anything.



## <u>The 3 "T"s + 1</u>

1. Things (Used & Unused) in the Humanity Bank in the ExNoRa Seva Center

2. Time (Spare Time / Leisure)

3. Talents (Ordinary & Special Skills)

Plus the 4<sup>th</sup> one Toll (OPTIONAL)

- 1. Things (Used & Unused)
- a. That you DON'T NEED anymore
- b. That is **SURPLUS**



- c. That you can be WITHOUT
- d. That you THINK will be MORE USEFUL to another
- e. That one occupying **SPACE** in your home
- f. That one you want to **REPLACE** with a new one
- g. That one you want to buy & donate on an OCCASION
- h. That one can't be used due to REPAIR
- i. That one you DON'T LIKE
- j. That one that is absolute **WASTE**

## Why give THINGS ?

- Your UNWANTED is poor's WANTED
- Your WASTE is poor's WEALTH



- By your **POSSESSING** you ENJOY. By **GIVING** both ENJOY
- You reduce **WASTE**
- You **LESSEN** the burden of Waste Managers
- You cut **POLLUTION**
- You protect **ENVIRONMENT**
- You help **CONSERVATION**
- You bring **PEACE & HARMONY** in the society

You follow ExNoRans' BASIC LIFE PHILOSOPHY "Enjoy Life Every Moment"

## Why give TIME ?



#### You have TIME for everything . What about TIME for HUMANITY?

It is not want of TIME , but want of TIME MANAGEMENT

## We have 86400 seconds in a day (24 x 60 x 60). How many we give for serving the Nation , Nature & Nationals (N3)

"Men resemble the gods in nothing so much as in doing good to their fellow creatures". **Cicero** 

Time is a created thing. To say "I don't have time" is to say "I don't want to." LAO TZU

"The nicest feeling in the world is to do a good deed anonymously-and have somebody find out." — Oscar Wild

"Successful people are always looking for opportunities to help others. Unsuccessful people are always asking, "What's in it for me?" — **Brian Tracy** 

"You have not lived today until you have done something for someone who can never repay you." — John Bunyan

"The simplest acts of kindness are by far more powerful then a thousand heads bowing in prayer." — Mahatma Gandhi

#### You bring **PEACE & HARMONY** in the society

## Why give TALENTS ?



- Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. -Lord Buddha
- If you have knowledge, let others light their candles at it .You know that imparting knowledge is lighting other men's candles at our lamp without depriving ourselves of any flame.
- There are two ways of spreading light: to be the candle or the mirror that reflects it. -Edith Wharton
- Every time you handle a training session , no doubt there is improvement among the participants . But before & during Training , there is tremendous self-improvement in one person , that is YOU

You follow ExNoRans' BASIC LIFE PHILOSOPHY "Enjoy Life Every Moment"



#### Where all, "ExNoRa Seva Centre" can be started?

Residential Localities	Flat Complexes	College	Schools
Offices	Industries	Parks	Playgrounds
Hotels	Hostels	Hospitals	<b>Police Stations</b>
Public Halls	Theatres	Orphanages	Libraries
Museums	Zoos	Theme Parks	Places of Worship



#### **Hindu Temples**



#### **Christian Churches**

**Muslims Masjids** 



**Buddhists Viharas** 



Baha'i Houses of Worship





Zoroastrians Agyari



**Confucians Pinyin** 

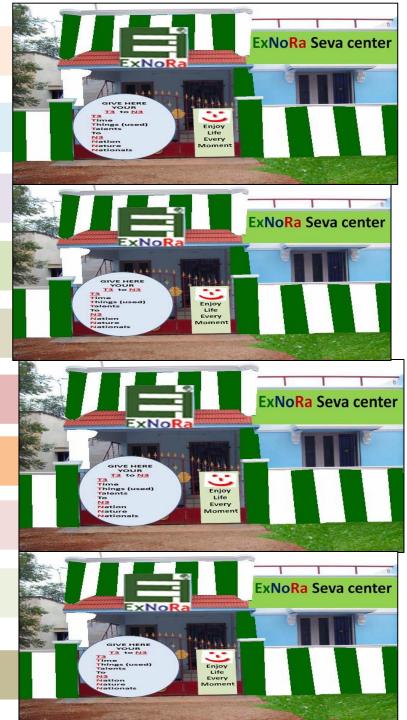
**Jews Synagogues** 



Sikhs Gurdwara



#### **Jains Jain Temples**



### **ExNoRa** Seva Center What a wonder place it is ?

1. Place for Meetings



2. Place to render Environmental & Social Service. People contribute

TIME	TALENT	THINGS		TOLL	
	to F	IELP			
NATION	NAT	URE		NATIONAL	
	will house H	umanity Ban	k 🧲	Humanity Bank H6 ExNoRa Heart to	Bank
3. Institute for Hu & Reformation	man Resource Devo	elopment	DEPOSI HERE THING: YOU DON'T WANT	Hand to	
4. SOS & Emergen	cy Hub			for BOTH , the GIVER & RECEIVER	
5. Abode for Exhib	oition & Method D	emonstration	IS		

6. Center for

Friendship

Hospitality

Culture & Fine Arts

**Entertainment** 

- The paradox: It may appear that the activities are quite diverse.
- But the destinations are the same, all leading to a better world, more particularly saving the PLANET from environmental ruin., like the good old adage "All Roads Lead to Rome".
- All these steps are indeed needed . For example why Communal Harmony Activity?
- Local brawls, lead to destruction of properties. Global Fights, lead to mass destruction and a large scale Pollution.
- Principled Simplicity activity helps Conservation.
- Thus every activity has a relevance and bearing on environment .
- But you can select what you like & which you can do.

#### Communal Harmony is needed even to run your ExNoRa smoothly

#### Why?

There are many Residents Welfare Associations & Service Clubs performing well, suddenly run into rough weather & sometimes the organisation itself gets wound up, because of communal conflicts. This is very common. The activity "Maa" will take care of Communal harmony & will 100% ensure the same

- ExNoRa is like a
  Super Pharmacy for
  Residents Groups, Welfare
  Associations & Owners
  Societies operate in
  Neighborhoods, Streets & Flat Complexes.
- Each Habitat has its own problems & ailments .
- ExNoRa Pharmacy gives medicines to cure the ailments plaguing the society free of cost.
- You have to select the medicines that you need.

#### **ExNoRa** Pharmacy

Courtesy Lakshmi Ganapathy Medicals Krishnamachari Road, Nungambakkam

Single Window ExNoRa Super Dispensary having all types of medicines to cure the Global , National & Societal illnesses

- ExNoRa Pharmacy Is also for the Industries, Offices, Schools & Colleges.
- Each sector has its own problems & ailments.
- ExNoRa Pharmacy gives medicines to cure the ailments plaguing the society, free of cost.
- You have to only select the medicines.



## **ExNoRa Hotel**

- In a Hotel, food items to eat are chosen from the menu card as per the palate / taste of individual customers. For citizens this write-up can be considered as a Hotel Menu Card.
- Each has his own service passion.
- Service activities can be chosen by him / her to suit his service-taste / palate & MARCH AHEAD.
- More services undertaken, more wonderful will be the outcome.
- Experience & Expertise are available in our own streets. Talents are waiting to be harvested.
- This is a magic wand. Use it. See the RESULTS.

- ExNoRa is like a
- FOOD MALL / HOTEL .

For residents, they have to select as many as they can consume, which are FREE.. The MENU in ExNoRa Hotel

- are nothing but SERVICE
  ACTIVITIES or lending a talent for the common good
  & welfare of the people.
  Surprisingly like a hotel which will have varieties of food to suit different taste buds,
  ExNoRa Service Menu
- has everything to suit the service passion of each individual / resident /citizen

#### **ExNoRa** Hotel

500 varieties of dishes & food to satisfy your taste buds / pallet . Selection is yours . Food is FREE





So many food items on display. Customers select what they Want

## **ExNoRa Hotel**

- Just show ExNoRa Service Menu Card to fellow residents.
- Each one will surely select one.
- It is nothing but a mechanism of matching & marrying two different needs , one waiting to serve & another waiting to be served





Hotel Saravana Bhavan Menu Board has so many food items . Nobody eats every thing & nothing remains unconsumed by one. ExNoRa Hotel Service Menu is same. There are 500 varieties of service activities. If there are 500 residents , you will be surprised that no service menu remaining not taken . As a result, whole community will get involved in one activity or the other . The *Residents Welfare ExNoRa* leaders should bring the service menu card to the knowledge of the residents. Or they can come to know the passion / aptitude of the residents through Talent Potential Discovery Form

WHY ALL THESE <u>; ; ; ;</u> 777777 7777777 We need to do many things, to stop the dangers towards which we have driven the planet, our only HOME. We are not doing them though we can easily do them.

We should not do many things, which we are doing, though we can avoid doing them. Both ways we are wrong. This is a checklist of the Dos & Don'ts + tons of motivation that will make one to adhere to.

Service Clubs. Here is a great opportunity for your members						
Rotary Club	Lions Club	Round Table	Junior Chamber	Red Cross	ExNoRa	
ROTAR ROTAR ROTAR	CLUCCO CONSCIENCE OF CONSCIENC	ADAPT . MO	JCI I	RED CROSS	ExNoRa	

Service Club Members can start these activities in your Street & Workplace. The benefits for your Service Club will be aplenty. ExNoRa can do these activities in collaboration with service Organisations









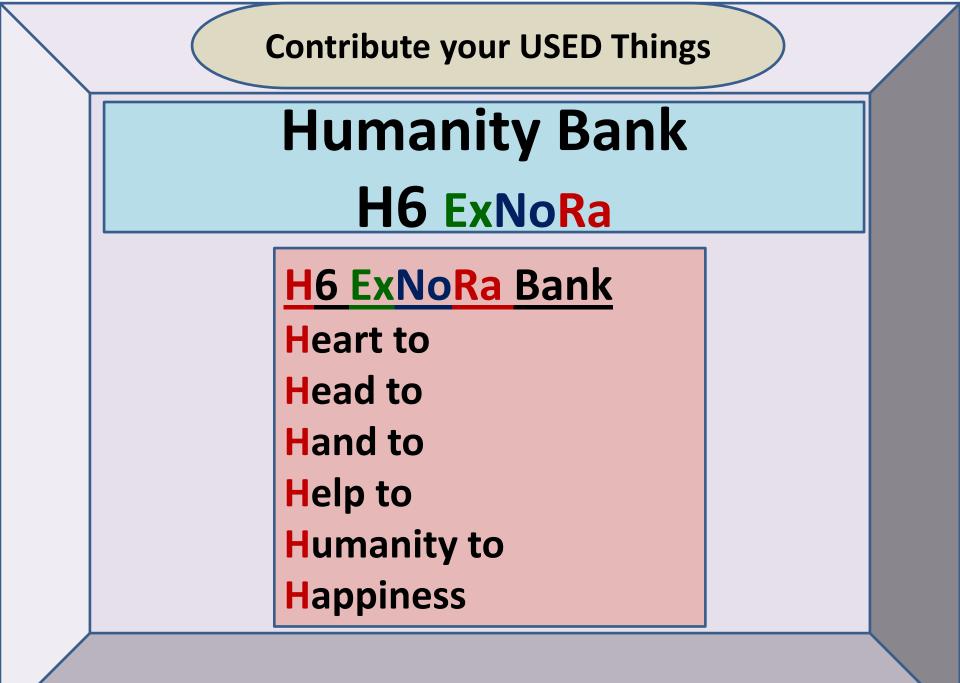
DEPOSIT HERE THINGS YOU DON'T WANT

· ·	A CONTRACT TO A CONTRACT
Humanity Bank <u>H6 ExNoRa</u>	Humanity Bank
Heart to	H6 ExNoRa
Head to	ExNoRa
Hand to	Your "UNWANTED"
Help to	is Poor's "WANTED". Your
Humanity to	"WASTE" is their
Happiness to	"WEALTH" & H 6 is the
for BOTH , the	connecting BRIDGE
GIVER & RECEIVER	
	Heart to Head to Hand to Help to Humanity to Happiness to for BOTH , the

.

## How to begin ?

- Variations e.g. container (ideal) , room, shed , bunk etc.
- Sizes options
- Inauguration by film artistes, VVIPs & Heads of Educational Institutions
- Inside what will be there in addition to chambers (table & chair with fan water. Ventilation is a must which can be always shut when the Humanity Bank will be closed for the day



Humanity Bank (H6 ExNoRa) can be created by use of a new or old goods container & managed by

- **RWA ExNoRas of streets / flat complexes**
- **ExNoRa** Innovators Club of Neighbourhoods / Towns / Villages
- **ExNoRa** Innovators Club of Offices / Industries
- **ExNoRa** Innovators Club of Colleges / Schools
- Places of Worship ExNoRa
- Parks ExNoRa
- In short the places where people live /visit / gather so that they can bring and easily deposit their used goods / things / gadgets



The size of the ready made or used 2<sup>nd</sup> hand container from 20' to 45' high cube container. The choice is dependent on the availability of place, space there, money that you can mobilise and most importantly the volume of used goods that you will get.

U		20' cont	ainer	40' con	tainer	45′ high-cub	e container
		imperial	metric	imperial	metric	imperial	metric
	length	20' 0"	6.096 m	40' 0"	12.192 m	45' 0"	13.716 m
external dimensions	width	8' 0"	2.438 m	8' 0"	2.438 m	8′ 0″	2.438 m
umensions	height	8' 6"	2.591 m	8' 6"	2.591 m	9' 6"	2.896 m
	length	18′ 10 <sup>5</sup> ⁄ <sub>16</sub> ″	5.758 m	39' 5 <sup>45</sup> ⁄ <sub>64</sub> "	12.032 m	44' 4"	13.556 m
interior dimensions	width	7' 8 <sup>19</sup> / <sub>32</sub> "	2.352 m	7' 8 <sup>19</sup> ⁄ <sub>32</sub> "	2.352 m	7' 8 <sup>19</sup> / <sub>32</sub> "	2.352 m
	height	7' 9 <sup>57</sup> ⁄ <sub>64</sub> "	2.385 m	7' 9 <sup>57</sup> ⁄ <sub>64</sub> "	2.385 m	8′ 9 <sup>15</sup> ⁄ <sub>16</sub> ″	2.698 m
	width	7′ 8 ½″	2.343 m	7' 8 ½s″	2.343 m	7' 8 ½″	2.343 m
door aperture	height	7′ 5 ¾″	2.280 m	7′ 5 ¾″	2.280 m	8' 5 <sup>49</sup> ⁄ <sub>64</sub> "	2.585 m
volume						3,040 ft³	
maximu gross ma		66,139 lb	30,400 kg	66,139 <b>I</b> b	30,400 kg	66,139 lb	30,400 kg
empty wei	ght	4,850 lb	2,200 kg	8,380 lb	3,800 kg	10,580 lb	4,800 kg
net load	1	61,289 lb	28,200 kg	57,759 lb	26,600 kg	55,559 lb	25,600 kg

Where to have your "H 6 ExNoRa Bank" ? Good news. Your institution's Terrace can easily accommodate, Lighter Containers to house your "H 6 ExNoRa Bank"?



## Keep "H 6 ExNoRa Bank" inside your office / school / college campus



DEPOSIT HERE THINGS YOU DON'T WANT

# Humanity Bank MOBILE

Bank Heart to Head to Hand to Help to Humanity to Happiness



People need not go . ExNoRa H6 Bank can reach people wherever they gather like market , parks , playgrounds , temple festivals, Beach , Railway Stations , Bus Stations, etc.

- Variations e.g. container (ideal), room, shed, bunk etc. show pictures
- Sizes options
- Inauguration by film artistes, VVIPs & Heads of Educational Institutions
- Inside what will be there in addition to chambers (table & chair with fan water. Ventilation is a must which can be always shut when the Humanity Bank will be closed for the day



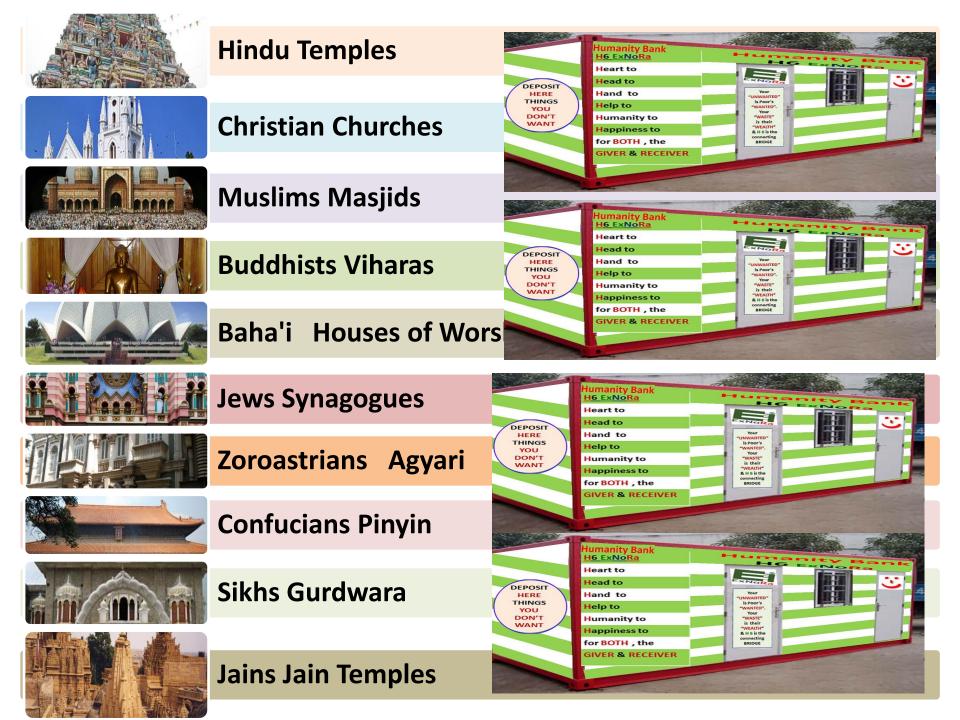
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Public Halls	Theatres	Orphanages	Libraries
Museums	Zoos	Theme Parks	Places of Worship

### Where all "H6 ExNoRa Bank" can be started?

### **Places of Worship of all Religions**

Hindus	Christians	Muslims
Temples	Churches	Masjids
Buddhists	Baha'i	Jews
Viharas	Houses of Worship	Synagogues
Zoroastrians	Confucians	Sikhs
Agyari (Fire Temples)	Pinyin	Gurdwara
Jains Jain Temples	Irreligionists Mind Temple	"HiMuChSiZo - JaJeCoBaBu" ExNoRa's Religion of all Religions



What will be inside the H6 ExNoRa Bank?

### "Collection Boxes" for depositing previously used items



### 6 H ExNoRa Bank can have HDPE 200 litter used HPPE bins for storing used items for distribution







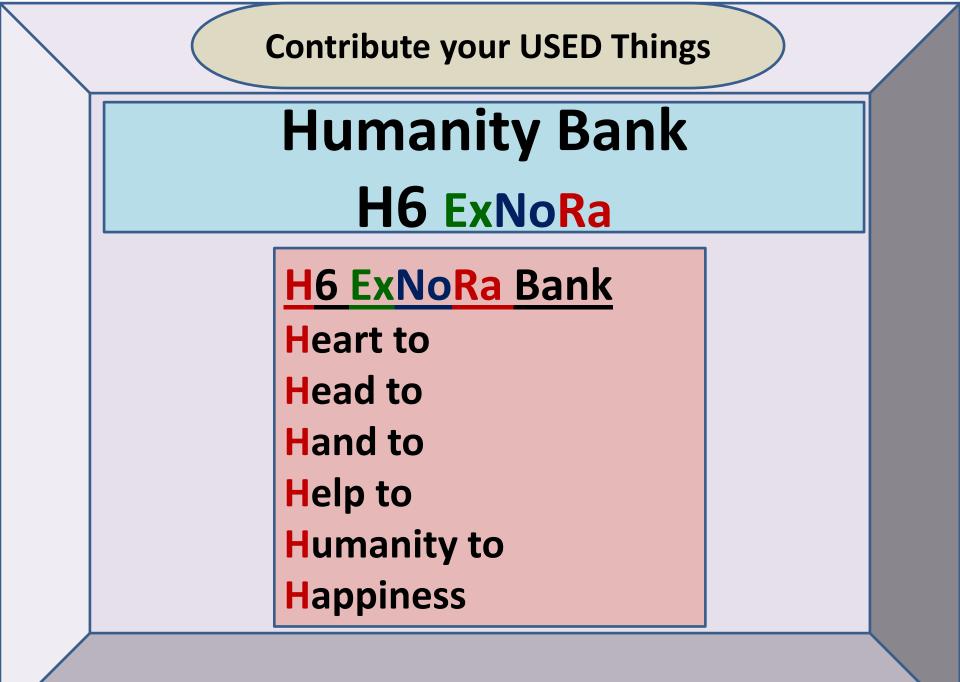


DEPOSIT HERE THINGS YOU DON'T WANT



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What will be inside the H6 ExNoRa Bank?

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### **ExNoRa Seva Centre**

It will be distinct in its appearance and will be uniform in all towns & villages for easy identification. ExNoRa is for GREEN WORLD. It will have colour strips light green 2' width & dark green 1' width for easy identification as humankind has more frequent man- made and naturemade disasters.





The only way & easy method to change the world with NIL money is tapping the precious Human Resource & the Human Resource can be easily tapped by volunteerism. Therefore the most Important activity is VolunCheer

Slogan	VOLUNTEER to STEER the world to CHEER
Name	VolunCheer
ExNoRa NAME	Volunteers ExNoRa
Explanation	EMPOWERING by VOLUNTEERING by creating a World of Volunteerism
Headed by	Team Leader from & among the volunteers
Web	www.exnora.org/volunteer



Slogan	Experience is Expertise. Senior Citizens are repository of knowledge
Name	Sense Citizens
ExNoRa NAME	Senior Citizens ExNoRa
Explanation	Service by / to Elders
Led by	Team Leader ( a Senior Citizen)
Web	www.exnora.org/senior

ExNoRa Seva Centre H 6 ExNoRa Depot			
	Cellent ovel adical		
Slogan	Woman Enablement, World Empowerment		
Name	<u>Wo</u> nder <u>W</u> oman (WOW )		
ExNoRa NAME	Women ExNoRa (WE)		
Explanation	Service by /to Women		
Led by	Team Leader ( a Woman)		
Web	www.exnora.org/women		



Slogan	Youth, the trustees of Future
Name	Youth Unique (YU)
ExNoRa NAME	Youth ExNoRa Service (YES)
Explanation	Service by /to Youth
Led by	Team Leader ( a Youth)
Web	www.exnora.org/youth



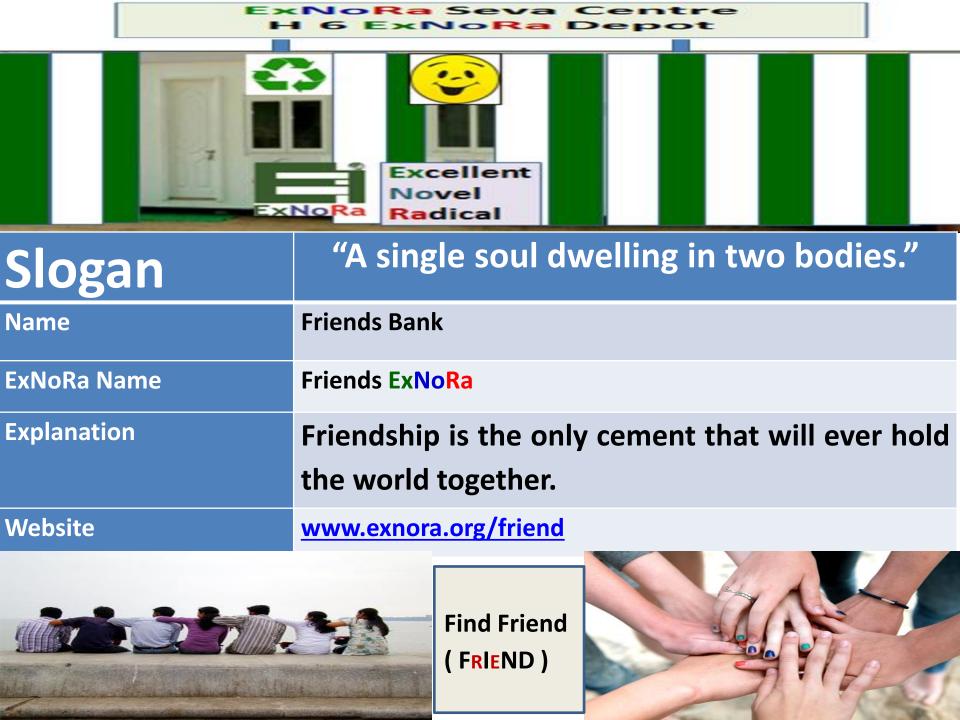
Slogan	Good students are good at all things
Name	Student Prudent
ExNoRa NAME	Student ExNoRa
Explanation	Service by /to Students
Led by	Team Leader ( a student )
Web	www.exnora.org/student

ExNoRa Seva Centre H 6 ExNoRa Depot		
	Excellent Novel Radical	
Slogan	"Children, God's Apostles"	
Name	Angels on Earth	
ExNoRa NAME	Children ExNoRa ("CHEX " )	
Explanation	Service by / to KIDS as ExNoRa Bal- Sevaks	
Led by	Team Leader ( a KID)	
Web	www.exnora.org/kids	

ExNoRa Seva Centre H 6 ExNoRa Depot			
Slogan	Professionals Exceptional		
Name	Proficienals (Proficient Professionals)		
ExNoRa NAME	Professionals ExNoRa		
Explanation	Providential service by Professionals		
Led by	Team Leader ( a Professional)		
Web	www.exnora.org/professionals		

ExNoRa Seva Centre H 6 ExNoRa Depot			
	Excellent Novel Radical		
Slogan	"Help Home-Helpers"		
Name	<b>Help Helpers</b>		
<b>ExNoRa</b> NAME	Helpers' ExNoRa		
Explanation	"Help to Helper & Help from Helper"		
Led by	Team Leader ( a Helper )		
Web	www.exnora.org/helper		

ExNoRa Seva Centre H 6 ExNoRa Depot			
Slogan	"Autos are COMMON MAN'S LIMOUSINE"		
Name	"AUTO GREAT"		
ExNoRa NAME	Auto' ExNoRa		
Explanation	Auto men are part of our Society & play a vital role : Service by & to automen		
Led by	Team Leader		
Web	www.exnora.org/automen		



ExNoRa Seva Centre H 6 ExNoRa Depot			
	Excellent Novel Radical		
Slogan	"A single soul dwelling in two bodies."		
Name	FaceLook		
ExNoRa Name	FaceLook ExNoRa		
Explanation	An ON-LAND Community of ONLINE Communities		
Website	www.exnora.org/facelook		

### **Centre Management**

How to get a building ?

Taking a premises on rent	A philanthropist offering his place	Buying a place by raising funds	Government place e.g. Corporation School premises can be go for a nominal rent
Asking a	Requesting an	Buying by	
Corporate to	educational	bank loan t be	
offer their	institution to	availed be	
place	spare space	individuals	

How to pay rent?

Such great activities take place . People are there , needs to serve are there , activities are there , guidance is there. Only a premises is needed which is a must. It is not at all difficult, if people decide & act.

Out of subscription	Only by people of the Club area	Just Re 1/ - per resident
	donating their old newspaper ( if they give their paper & plastic waste , the premises can be more spacious)	If people of the area , even students pay Re 1/- per person , the rent can be paid.

The premises is fundamental & once it is done, rest will be history.

# The premises is fundamental & once it is done, rest will be history.

In-Absentia Members : Any ExNoRa Innovators Club can get in touch with their former citizens, now Nonresidents in India or abroad & make them in-absentia members & ask them to give ideas & suggestions for making their former area just like the country they are presently living

### **Companion Club**

This is an extension of the category called in-absentia members. Even if there are five non-residents of a town in India now living in the same place within the Nation or city / foreign nation, they can form "ExNoRa Innovators Companion Club". This will be like a mirror club or sister club. The only objective of the companion club to support the Club in their home place by ideas, money, etc. Days of Importance for you to observe / celebrate on behalf ExNoRa along with your members without fail. It is a great opportunity to create awareness among members & general public. This is besides the days of National Importance like Independence Day & Republic Day

What are the DAYS of such importance ?

Social Architect Have one – money from CSR – very important you need one

## Human Resource Development Centre



#### President's 3<sup>rd</sup> Important function

#### HRD: Team Leader: LONGuage

Name	LONGuage
ExNoRa Name	Language ExNoRa
Explanation	"Language PASSAGE to Prosperity"
Slogan	Long Languages Mother Tongue & the language of the MIGRANT state
Website	www.exnora.org/language



köszönöm !חחה děkuji mahalo 고맙습니다 thank you merci 讷打讷 danke Evxapıotú شكر どうもありがとう gracias





#### HRD- Team Leader : Hindi INDI

Name	Hindi INDI (GIFT)
ExNoRa Name	Hindi ExNoRa
Explanation	Hindi Learning is Learning India
Slogan	Hindi the way to become an HINDIan
Website	www.exnora.org/hindi







#### **HRD-** Team Leader : The English Academy

Name	The English Academy
ExNoRa Name	English ExNoRa
Explanation	"English, the passage to Knowledge"
Slogan	English Accomplish
Website	www.exnora.org/english

#### www.exnora.org/english



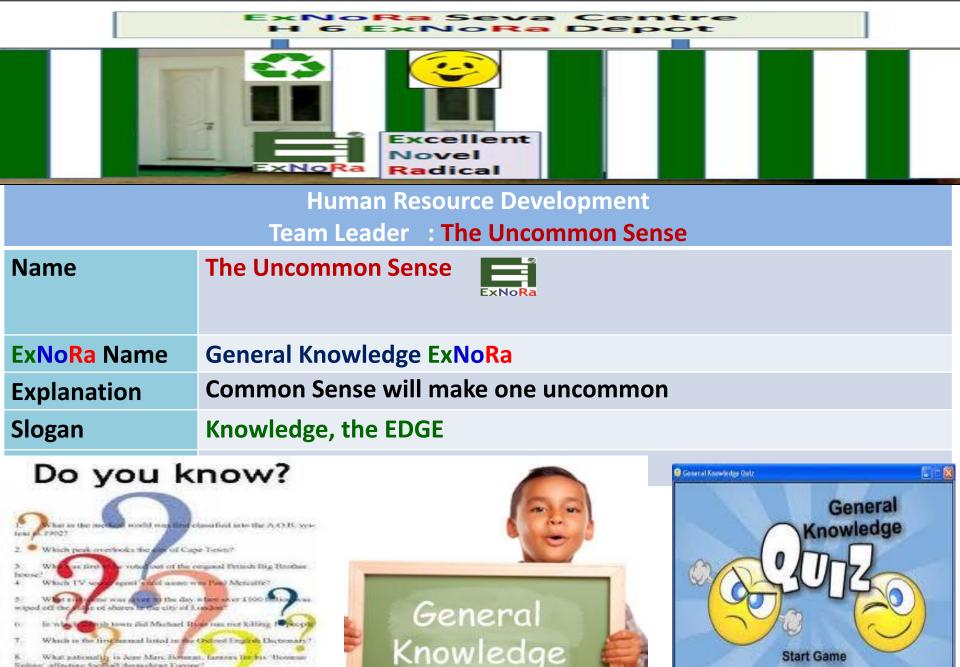




ExNoRa Seva Centre H 6 ExNoRa Depot		
Excellent Novel Radical		
Service to Humanity : Opportunity 1 Time , Talent & Things		
Name	Speak & Peak	
ExNoRa Name	Public Speaking ExNoRa	
Explanation	Public Speaking is multiplying your communication manifold	
Slogan	Speak & peak Everest	
Website	www.exnora.org/speak	







Start Game

This game on your site?

0

What patientify is Asse Marc Edman, Lanson Inchis 'Boomus Soling' affecting Social throughout Europe'

Which actor: who played Dr. When o disposed and deal at a Dr. Who convention?

10. In which country toos England circlest captain Notices Hassain born?"



#### Team Leader : Digi-Lit

Name	Digi-Lit
ExNoRa Name	Digital Literacy ExNoRa <u>Digi-Lit</u>
Explanation	"Knowledge in your fingertips"
Slogan	Digital Vital
Website	www.digitalliteracyexnora.org







Exr		Ra	Seva	Ce	mtre
	6	ExP	JORA	De	POT



#### **Human Resource Development**

### Team Leader : Teach reach

Name	Teach reach
ExNoRa Name	Tuition ExNoRa
Explanation	Help less-fortunate to be fortunate
Slogan	Light others candle by your candle
Website	www.exnora.org/tuition





ExNoRa Seva Centre H 6 ExNoRa Depot			
Excellent Novel Radical			
Hu	uman Resource Development Team Leader "i" Club		
Name	"i" Club		
ExNoRa Name	Self Improvement ExNoRa <u>"i" Club</u>		
Explanation	Knowledge-rich-youth help knowledge-poor- youth Knowledge- rich child helps 'knowledge-poor-Child with KNOWLEDGE		
Slogan	EQUALITY by equal INDIVIDUAL DEVELOPMENT. Knowledgeable will make others Knowledgeable		
Website	www.exnora.org/iclub		



#### Human Resource Development Team Leader : EnterPrize

Name	EnterPrize
ExNoRa Name	Enterprise ExNoRa
Explanation	Prosperity by creating Entrepreneurs
Slogan	Enterprise EnterPRICE , EnterPRIZE & EnterPRAISE
Website	www.exnora.org/enterprise





#### Human Resource Development

#### **Team Leader Vacation Vocation**

Name	Vacation Vocation
ExNoRa Name	Vacation Vocation ExNoRa
Explanation	Develop by training in vocation during their vacation & give it
Slogan	Teach a man fishing,
	instead of giving him fish
Website	www.exnora.org/vocation









	Team Leader "Intern Lantern"
Name	"Intern Lantern"
ExNoRa Name	Intern's ExNoRa
Explanation	Train youth to become employable
Slogan	
Website	www.exnora.org/intern





# NameTrain TerrainExNoRa NameEco-Training ExNoRaExplanationInstitute for Trainings & Capacity Building<br/>giving lectures on composting , safety including Disaster Preparedness , Home<br/>Farming, waste to wealth ideas, etc.<br/>ii. Holding physical demonstrations by display of models of aboveSloganYou can light one candle with another without loss of lightWebsitewww.exnora.org/train





#### மொழி மொழி

Name	மொழி மொழி 📑
ExNoRa Name	Tamil ExNo <mark>Ra</mark>
Explanation	தாய்மொழி தமிழ் மொழியை மறப்பவர்களுக்கு மொழியை நினைவூட்ட
Slogan	தாய்மொழி யாம், தமிழ் <mark>மொழி</mark> யில், <mark>மொழி</mark> யுங்கள்
Website	www.mozhimozhi.org





# Human Reformation

4

Headed by a Guide

### **Reformation leads to Transformation**

If brain is a Nature created computer, we should accept nobody is BAD, but are only programmed to be BAD. That means they can be very well reprogrammed to be good by only changing the inputs to their brain. It is interesting & incredible

Learn 7<sup>th</sup> Sense & become a Mind Programmer

> Change yourself & Change the world

Change one's mind programme & transform one



Human	Refor	mation	Team	Leader	"Human	<b>Diamond L</b>	.athe"

Name	Human Diamond Lathe
ExNoRa Name	7 <sup>th</sup> Sense Reformation ExNoRa (7 <sup>th</sup> sense techniques used for reformation of society's dropouts ) <u>Human Diamond Lathe</u>
Explanation	If Brain is a computer created by Nature , no one is bad , but are only programmed to be bad . They can be certainly & easily reprogrammed to be good by 7 <sup>th</sup> Sense Techniques. Several hard core criminals and murderers have been reformed by Human Diamond Lathe and have become a good Samaritans now .
Slogan	"No one is BAD, but are only programmed to be BAD"

Website

www.exnora.org/reformation





Human Reformation Team Leader "Agni Stree"		
Name	Agni Stree  Image: Stree    Woman Power Movement  Image: Stree	
ExNoRa Name	Woman Power ExNoRa	
Explanation	Women have maximum problems including in many cases in their very home via their drunkard husband. 100 & answers are provided by Agni -Stree, mainly the 7 <sup>th</sup> sense Techniques which they can use for alcohol withdrawal by their spouse	
Slogan	Spare Woman & Share with Woman	
Website	www.agnistree.org	



Name	FAMEly
ExNoRa Name	Family ExNoRa
Explanation	A family itself has members with variety of talents & including good in psychology. Even if they don't have, they can learn 7 <sup>th</sup> Sense Techniques to change an alcoholic member of their family.
Slogan	Families, Fame- Allies
Website	www.exnora.org/familily







Human Refo	Human Reformation Team Leader (in each family) "FAMEly"	
Name	Family of Families	
ExNoRa Name	Family ExNoRa	
Explanation	A family itself has members with variety of talents & including good in psychology. Even if they don't have, they can learn 7 <sup>th</sup> Sense Techniques to change an alcoholic member of their family.	
Slogan	Families, Fame- Allies	
Website	www.exnora.org/familily	



Human Reformation Team Leader (in each family) We Ourselves	
Name	We Ourselves
ExNoRa Name	Perseverance ExNoRa
Explanation	Alcoholics reform themselves by getting together in periodical
	meetings & mutual motivation. They will be supported by their
	own family (FAMEly & Family of Families). They will use 7 <sup>th</sup> sense
	techniques to come out of the devil that possessed them
Slogan	A Teetotaller is a Value Totaller
Website	www.exnora.org/ourselves

## H 6 Able Differently Abled

	ExNoRa Seva Centre
	H 6 ExNoRa Depot
	Excellent Novel Radical
Time , Talent & Things	
Name	"Eyes for Eyeless"
ExNoRa Name	Read & Lead ExNoRa . ExNoRa Reading Centers for Visually
	Challenged
Explanation	The visually Challenged can excel , but they need inputs .
	Educated should come forward to read for the blind
Slogan	Our eyes will be the eyes for who don't have it
W/ohcito	

1

10.00



Name	"Ear Here"
ExNoRa Name	Ear ExNoRa -Reading Centers for Visually Challenged
Explanation	The hearing impaired can compete with others provided all their subjects should go to them by sign language
Slogan	Our Ears are here for those who cannot hear
Website	www.exnora.org/ear







H 6 Health Exalt -Health is FIRST Wealth - Voluntary Health Care Centre

Aid First (First Aid Centre)

First Aid ExNoRa State of Art First Aid will be available

Yoga Yogam (Yoga Centre)

Yoga ExNoRa Location for Collective Yoga, Pranayam & Mediation as well as Classes Blood Flood (Blood Donor & Recipient Connector)

> ExNoRa Blood Bank Weekly Medical Camp

Health Wealth (Abode for Medical Camps)

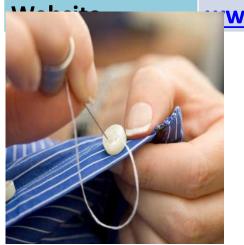
Medical Service ExNoRa Regular Health Check-up & medical service





#### H6 : Previously used goods / commodities / articles are donated for reuse

Name	Clothe Lathe
ExNoRa Name	Cloth ExNoRa
Explanation	Cloths little damaged can be repaired & given to the needy. The
	work will be done volunteers who know tailoring . Students who
	learn tailoring can come forward to do it
Slogan	As dress is for protection of people & their modesty , this issue
	has to be addressed









#### H6 : Previously used goods / commodities / articles are donated for reuse

Name	Repair Prepare
ExNoRa Name	Repair Prepare ExNoRa
Explanation	Any goods (e.g. Furniture , electrical & electronic gaogets) which
	became faulty can be repaired Little damaged can be repaired &
	given to the needy. The work will be done volunteers who have
	the skills . Students can come who know can do it
Slogan	what you don't need , some one else needs

Website

www.exnora.org/dress





## Buddha, Disciple 8 Wealthy Minds



A disciple of Buddha, said, "Oh Master! I have a request to make."

## Buddha: "What is it; tell me?"



Disciple: "My robe is worn out. It is no longer decent enough to wear. Please, may I have a new one?" Humanity Bank

H6 ExNoRa



Buddha looked at the disciple's attire and found that the garment was absolutely in tatters and really needed replacement. So he asked the store-keeper to give a new robe to this disciple. The disciple offered respect to the great master and left the room.



Buddha kept thinking about the incident and felt that he had perhaps missed an opportunity to teach a valuable lesson to the disciple. So he went to the disciple's quarters to talk to him.



Buddha: Are you comfortable in your new robe? Do you need anything else?



Disciple: Thank you Master. I am very comfortable and do not need anything else.



Buddha: Now that you have a new one, what have you done with the old one?



Disciple: I have used it to replace my worn out bedspread.



Buddha: What did you do with the old bedspread?



Disciple: Master, I am using it as a curtain on my window. Humanity Bank

H6 ExNoRa



Buddha: Did you discard your old window curtain?



Disciple: Master, I tore it into four pieces and am using them as napkins to handle the hot pots and pans in the kitchen.





Buddha: What about the old kitchen napkins?

Disciple: We are using them as mops to wash and wipe the floor.





# Buddha: Where is the old mop?

Disciple: Lord, the old mop was so tattered that the best we could do was to take all the threads apart and make wicks for your oil lamp. One of them is presently lit in your room."

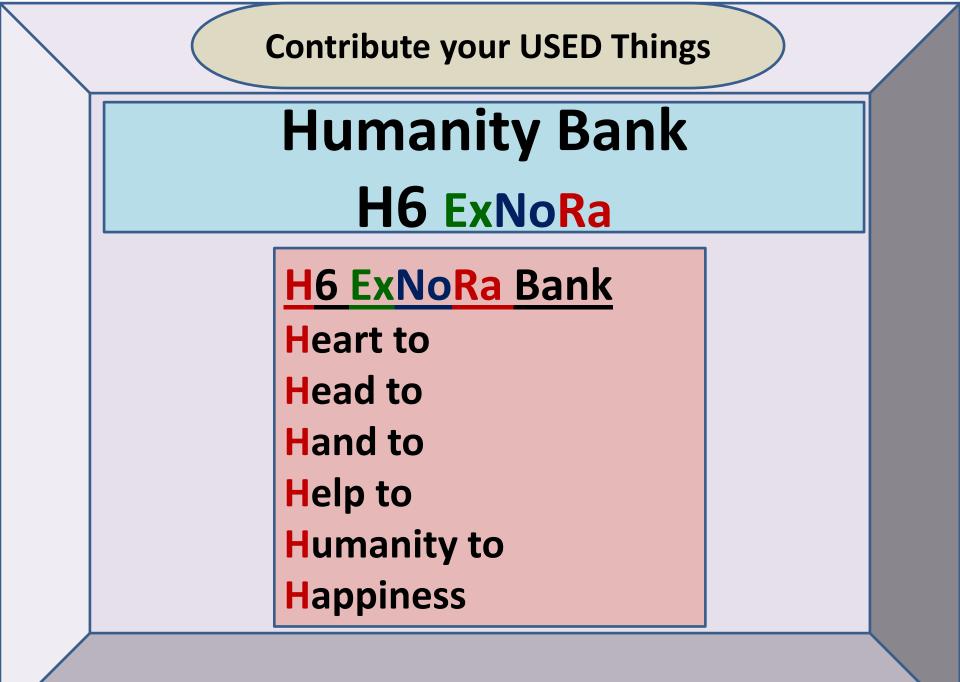
Buddha, Disciple & Wealthy Minds If all of us were to practise the habit of thrift, we can preserve the non renewable resources for our children, our grandchildren and our great grand children as our forefathers so thoughtfully did for us. Let us vow together to leave at least one monument for our children, the Earth!

DEPOSIT HERE THINGS YOU DON'T WANT



Ľ

2



What will be inside the H6 ExNoRa Bank?

#### "Collection Boxes" for depositing previously used items



## 6 H ExNoRa Bank can have HDPE 200 litter used HPPE bins for storing used items for distribution





## **H6 Depot**

This can be mostly compact FRP BINS made to order for people to deposit their previously used goods/ items/ articles / commodities for distribution to the needy for their use .

 $\succ$  This can be kept with in the premises of ExNoRa Seva Center .

It can be even on the terrace of the ExNoRa Seva Center

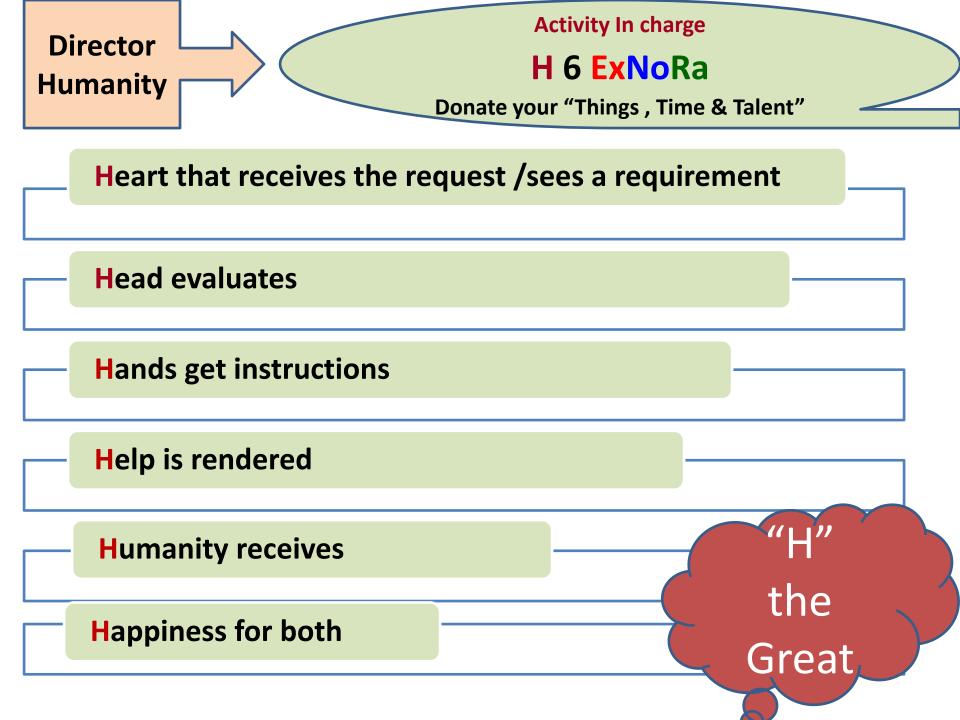
#### **ExNoRa** Seva Center



## H6 ExNoRa Depot

H6 ExNoRa	Your	HGENN	IoRa Depe
Heart to	"UNWANTED"		
Head to	is Poor's		
Hand to	"WANTED".	Your "UNWANTED"	
Help to	Your	is Poor's "WANTED".	
T Humanity to Happiness to	"WASTE"	Your "WASTE"	EPOCH
	is their	is their "WEALTH"	DEPOT
for BOTH , the	"WEALTH"	& H 6 is the connecting BRIDGE	
GIVER & RECEIVER	& H 6 is the connecting BRIDGE	DRIDOL	





# H6 ExNoRa Depot

## H6 ExNoRa

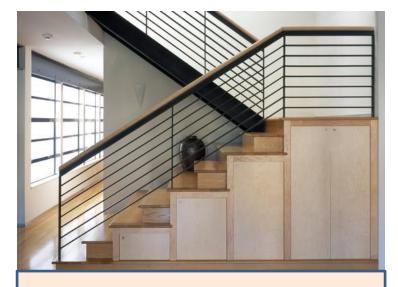
Heart to Head to Hand to Help to Humanity to Happiness

## H6 in your home & office

There are more than 30 things that you can give . You can collect & give . Any of the things you can start collecting & giving . Place is not a problem . The space must be there in your mind. box to collect , store & distr



## Where to keep the bag?



### **Beneath staircase**

Car Shed Balcony Veranda Beneath your COT Overhead LOFT



## Who will do it?

- Anyone all the members of your family. You don't need to worry about children and their morals. Initiate them with these activities.
- 1. They will develop a tremendous feeling of having become responsible & will be so
- 2. Don't forget the golden saying "Idle-man's mind is devil's workshop"



Name	Amuse Music H 6
ExNoRa Name	Music Instruments ExNoRa
Explanation	Music entertains & relaxes mind. Poor badly needs these two
Slogan	Amuse a poor with your unused musical instrument , so that he / she can amuse everyone with his / her music Coach him / her to play it. It will be wonderful
Website	www.exnora.org/music



### H6 : Previously used goods / commodities / articles are

#### donated for reuse

Artificial Beneficial	H 6 ExNoRa
Artificial Limbs ExNoRa	
Artificial Limbs will make a handicapped to .	to walk naturally
It is artificial, but beneficial to differently	abled.
www.exnora.org/limbs	
	Artificial Limbs ExNoRa Artificial Limbs will make a handicapped f It is artificial , but beneficial to differently







reuse

Name	Bed Bay
ExNoRa Name	Bed ExNoRa
Explanation	BAY means an enclosed area . Have one to gather unus d & used
	beds to be given to poor who now sleep on floor Everyone
	needs good sleep & bed assures it
Slogan	Next to Bread is bed



Junior Bed



odities / articles are donated for reuse

Name	Blanket Banquet
ExNoRa Name	Blanket ExNoRa
Explanation	Pocket also means a receptacle in which you can collect & store
	blankets Nearly 20% population in cities live on platform /road
	pavements with sky as their roof . They shiver during winters . The
	surplus blankets can be given to them via ExNoRa Blanket Bank
Slogan	A Blanket can give a blanket cover protect one who is shivering.
Website	www.exnora.org/blanket









Name	Book Nook
ExNoRa Name	Book ExNoRa
Explanation	Nook means a corner. Allot a corner where you can ExNoRa
	for distribution to poor students & children Books should never
	remain idle. It must go in circulation & wake up idle minds . Bot
	text books & library books
Slogan	Book make one knowledgeable by only one reading it
Website	www.exnora.org/book









Name	Cycle -Cycle
ExNoRa Name	Bicycle ExNoRa
Explanation	Cycle used cycle for use of another
Slogan	Buy a cycle & give to a poor student on your birthday. Or buy a new bicycle for you & give your old Use Human Resource instead of exhausting Natural Resources & donate it to poor .
Website	www.exnora.org/bicycle



Visually challenges badly needs White Cane . If you remove the last letter of cane "E", cane becomes CAN

Name	Cane Can W/bite Cane ExNoRa
ExNoRa Name	White Cane ExNoRa
Explanation	White cane send notice to those with vision & drive carefully for the safety of those without vision
Slogan	White Cane Red signal for others
Website	www.exnora.org/whitecane







Name	Clothe Oath H 6
ExNoRa Name	Clothe ExNoRa
Explanation	Your surplus dress can save the honour of those who don't have it. Don't postpone . Today , go & see your wardrobe. Whatever you did not wear , remove & give to those who don't have it.
Slogan	Take a OATH to CLOTHE those who don't have it
Website	www.exnora.org/cloth



One lady was advised to wash & wear her sari. She said "until it dries , what I will wear . I have only one "







Name ExNo <mark>Ra</mark> Name	Cloth Cause Cloth ExNoRa	H 6 ExNoRa
Explanation	Cloth is different from Clothe and pronounced differently . (A piece of cloth for a particular purpose, such as a tablecloth}	
Slogan	Take a OATH to CLOTHE those who don't have it	
Website	www.exnora.org/cloth	



Poor don't have cloths. In a Panchayat schools, girls asked old rags. They say said during their periods, they need at least old cloths for using as sanitary napkins. One lady asked a cloth to cover her sari with several holes "





Name	Computer Adapter	H 6
ExNoRa Name	Computer ExNoRa	ExNoRa
Explanation	Yes computer is the best tutor. You can learn so many things through computer. With internet the world knowledge is at finger tips Used computer is useful to those who don't have computer , particularly for learning.	
Slogan	Used computer can be used by beginners.	





H6 : Previously used goods / commodities / articles are donated for reuse		
Name	Cosmetics Aesthetics	
ExNoRa Name	Cosmetics ExNoRa	
Explanation	Poor women too need it . Poor women too want to appear better. They have money to buy cosmetics which make them look aesthetics . Give from your accumulation a few . See their happiness	
Slogan		
Website	www.exnora.org/cosmatics	







Name	Cradle Puddle
ExNoRa Name	Cradle ExNoRa
Explanation	Puddle means a pool . Pool unused cradles & give to poor where child's safety is far from satisfactory
Slogan	Cradle ensures the safety of any children
Website	www.exnora.org/cradle











Name	Crutches Braces	
ExNoRa Name	Crutches ExNoRa	
Explanation	Brace : A device that holds or fastens two or more parts together. Yes Crutches braces a Physically Handicapped to walk	
Slogan	Crutch make one ABLE	
Website	www.exnora.org/crutches	









Name	Dress Bless	
ExNoRa Name	Dress ExNoRa	
Explanation	Used but reusable DRESS can be donated to those who don't have	
	it Dress is different from clothe. Dress is readymade. Bless other	
	at least with your used but reusable dress	
Slogan	As dress is for protection of people & their modesty , this issue	
	has to be addressed	









odities / articles are donated for reuse

Name	Fees Ease	6
ExNoRa Name	School Fees ExNoRa	Ra
Explanation	Only education can create an equal society	
Slogan	Fees eases a poor boy rom worries & eases the giver to guil	t
Website	www.exnora.org/fees	









Name	FOOT-WEAR "WARE HOUSE"	H 6 FxNoBa
ExNoRa Name	Footwear ExNoRa	Wear : to cover . Ware house is the place for storing . Give all your surplus foot we
Explanation	Foot protection is Important a	sta torresportion act the work on the roads under hot Sun withou
Slogan	Foot protection is whole huma	a <b>plagely</b> i <b>prateritio</b> nfoot.
Website	www.exnora.org/footwear	











Name	Furniture Nurture	H 6
ExNoRa Name	ExNoRa Furniture Bank	H 6 ExNoRa
Explanation	Everyone needs basic furniture . Children need table & chair to do	
	their study. Nurture poor students with your old furniture and	
	they will do well in their education	
Slogan	Furniture is a tool for good future	











Name	Gilt Lit	
ExNoRa Name	Gilt Lit Gilt Jewel ExNoRa	
Explanation	Lit is Light . Let poor women face become like lights . Donate them gilt jewels It is donation of gilt jewels to poor women. It will	
	certainly remove the guilt of the possessor	
Slogan	Gilt jewel will lit the face of a poor woman	







H6 : P	Previously used goods / commodities / articles are donated for re	use
Name	Grain Gain	H 6
ExNoRa Name	Granary ExNoRa	ExNoR
Explanation	One fistful of grain per week by those who can affe	ord will fee

			C	
E	ExNoRa Name	Granary ExNoRa	C_E	(NoRa
E	Explanation	One fistful of grain per week by those who can affo all the poor	ord w	ill feed
5	Slogan	Your surplus Grain is poor man's gain		
١	Nebsite	www.exnora.org/grain		







Name	Groceries Necessaries H 6 ExNoRa	
ExNoRa Name	Grocery ExNoRa	
Explanation	Groceries costs quite a lot & those who can afford can donate to those who cannot afford via 6 H ExNoRa Seva centre	
Slogan	Groceries have become basic necessaries	
Website	www.exnora.org/groceries	











Name	Instrument Instruments
ExNoRa Name	Education Instruments ExNoRa
Explanation	Instrument also means : To provide or equip with instruments.
	Poor students need instruments besides books
Slogan	Educational Instruments are instruments for better learning





Name	Meal Heal
ExNoRa Name	Meal ExNoRa
Explanation	Poverty is the biggest sickness. Cure is sharing food for caring
	poor
Slogan	Meal heals poverty
Website	www.exnora.org/meal







H6 : Previously used goods / commodities / articles are donated for reuse	
Name	Medicine Devine
ExNoRa Name	Medicine ExNoRa
Explanation	Drug Companies can donate medicines well before expiry dates
Slogan	Medicine is panacea
Website	www.exnora.org/medicine









H6 : Previously used goods / commodities / articles are donated for reuse	
Name	Napkin Kin
ExNoRa Name	ExNoRa Sanitary Napkin Bank
Explanation	It is a must for poor women
Slogan	
Website	www.exnora.org/napkin







**Secure**, commodities / articles are donated for reuse

Name	Shoe Shore
ExNoRa Name	Shoe ExNoRa
Explanation	When it come health & protection, shoes are important. So many of us have so many pair of shoes, not being used. Unused shoes can be donated to those who walk bare foot via ExNoRa Shoe Bank.
Slogan	Your old toy is the cause for the new joy of poor children.
Website	www.exnora.org/shoes









odities / articles a

Name	Spectacle-Spectacle
ExNoRa Name	Specs ExNoRa
Explanation	Spectacle means a pair of eyeglasses. Another meaning is : Something that can be seen or viewed, especially something of a remarkable or impressive nature. Yes the spec frame is expensive . We have so many specs lying idle in our home . If you give to ExNoRa Seva Centre they can be given to poor . They he / can she something spectacular
Slogan	Your old specs frame will give new vision to a poor
Website	www.exnora.org/specs







#### H6 : Previously used goods / comr

Name	Sports Port
ExNoRa Name	Sports ExNoRa
Explanation	Give your old sports g
	children are much stroi
	persons. But they don't have money to buy sports goods. At the same
	time the affluent children have so many bats , ball & other sports items .
	They can at least share it with less fortunate youth via ExNoRa Sports
	Port
Slogan	Your old toy is the cause for the new joy of poor children
Website	www.exnora.org/sportsprit







#### H6 : Previously used goods / commodities /

Name	Tool Pool
ExNoRa Name	Tools ExNoRa
Explanation	However skilled one is , one ne
Slogan	Pool Talents & tools
Website	www.exnora.org/ utensil



use





	Concession of the local division of the loca	
	H6 ExNoRa	I G EXPLORE DO
	Heart to	NWANTED"
DEPOSIT	Head to	Poor's
HERE	Hand to	ANTED".
	Help to	IT I POOTS
DON'T	Humanity to	ASTE" "WATE" EPOCH
WANT	Happiness to	their "WEATH" DEPOT
	for BOTH , the	EALTH" connecting
	GIVER & RECEIVER	6 is the connecting DGE
Name ExNoRa	Name	Towel To-Well Towel ExNoRa
Explanat	tion	Towel is the basic need for hygiene which people don't have
		Tower is the basic need for hygiene which people don't have
Slogan		Towel one for one's well being
-		







odities / articles are donated for reuse

Name	Тоу Јоу
ExNoRa Name	Toys ExNoRa
Explanation	Toy gives company & happiness to children. The children who can afford keep buying new toy with old toys remaining untouched gathering dust . If it is given to ExNoRa Toy bank , it will be given to poor children .
Slogan	Your old toy is the cause for the new joy of poor children
Website	www.exnora.org/toyjoy
The boy in the foregr	ound found one old tennis ball

& that is the cause of JOY for 9 children



Which TOY of yours, you are going to share & it is going to bring happiness to how many children



Venc



H6 : Previously used goods / commodities / articles are donated for reuse

Name	Uniform Transform
ExNoRa Name	Uniform ExNoRa
Explanation	Poor students face another burden , money for buying school uniform
Slogan	Uniform is union of minds
Website	www.exnora.org/uniform









H6 : Previously used goods / commodities / articles are donated for reuse

Name	Vessels Essentials
ExNoRa Name	Vessels ExNoRa
Explanation	Still people have only mud pots
Slogan	
Website	www.exnora.org/vesssels







H6 : Previously used goods / commodities / articles are donated for reuse

Name	Wheel Zeal
ExNoRa Name	Wheel Chair ExNoRa
Explanation	One who has no legs can move around with a wheel chair . Can every one of us donate one wheel chair at least once in our life time?
Slogan	Wheels are legs for legless
Website	www.exnora.org/wheel





**Relief Centre :** During & after disasters the place will also be used as a relief Centre by collecting an distributing relief materials



bdities / articles are donated for reuse

Name	Distribute to Destitute
ExNoRa Name	Training ExNoRa
Explanation	<b>Distribution Depot</b> for tree saplings & seeds (ExNoRa Tree Bank , ExNoRa Nursery Bank & ExNoRa Seed Bank)
Slogan	You can light one candle with another without loss of light
Website	www.exnora.org/train





### 'SoWaM' is based on 'W3'

### "Why Waste WASTE ?"

SoWaM Nirmal





"Don't waste money on waste, but make money from waste"

> SoWaM Nirmal

GHASTE?

makes

 $\bigcirc$ 

WASTE

SoWaM Nirmal

....





# Waste is best managed

# when not generated







## Don't 'RELOCATE' WASTE, but 'REALLOCATE' WASTE

## Exnora's SoWaM

**'Trash' as 'Cash'** 'Muck' as 'Luck' **'Filth' as 'Wealth' 'Litter' as 'Glitter'** 'Waste' as 'Asset' 'Refuse' as 'Resource' **'Rubbishing' as Furbishing'** (JUNK ART) Be part of EXNORA WORL Mam

## Letters 'RE', Friends of Environment

REACTIVATE, REBUILD, RECHARGE, RECLAIM, RECONDITION, **RECONSTRUCT, RECOVER, RECREATE, RECTIFY, RECYCLE,** REDEEM, REDUCE, REFILL, REFURBISH, REGENERATE, REGULATE, REMAKE, RENEW, RENOVATE, REPAIR, REPLENISH, RESTORE, RESTRICT, RETAIN, RETRIEVE, REUSE, **REVIVE & REVOLVE.** Many of the words starting with the two letters 'RE' mentioned above are enviro-friendly. Each function would help save our natural resources for future generations and in controlling, curtailing and curbing different types of pollutions.







The principle of SoWaM, the terminology coined & the concept conceived by Exnora has innumerable benefits. It includes 'ZERO' waste management. After all zero was innovated in India & Exnora makes the best use of 'ZERO' which produces countless benefits. Some are:

'SOlid WAste Management' concept is simple but will produce tremendous results. It has the following outcome / benefits.

ZERO GARBAGE means only a small quantity of garbage will find its way to landfill.

ZERO GARBAGE will lead to ZERO TRANSPORT of trash as it will become cash.

ZERO TRANSPORT will lead to ZERO INVESTMENT in purchase of big trucks.

ZERO TRANSPORT will also lead to ZERO COST towards fuel.

ZERO TRANSPORT will lead to ZERO POLLUTION too by the exhaust of trucks.

ZERO GARBAGE will result in ZERO DUMPING of garbage at landfill.

ZERO DUMPING will result in ZERO LAND POLLUTION at landfill.

ZERO DUMPING will result in ZERO SUB-SOIL POLLUTION at landfill.

ZERO DUMPING will result in ZERO GROUND WATER POLLUTION at landfill.

ZERO DUMPING will result in ZERO AIR POLLUTION at Landfill

#### ZERO is our HERO 'Zero' was innovated in India Concept : Nirmal

### FURTHER BENEFITS

#### ZERO GARBAGE INDEED ALSO RESULTS IN

- huge conservation of natural resources,
- preservation of environment,
- saving of water bodies,
- improvement to hygiene,
- protection to the health of people,
- generating self employment opportunities,
- helping organic farming,
- reducing consumption of energy, etc.,

Practice from today 'Sowam' in your home (So-SoWaM), street, residential colony, Office, School, College & neighborhood (De-SoWaM).









The only way & easy method to change the world with NIL money is tapping the precious Human Resource & the Human Resource can be easily tapped by volunteerism. Therefore the most Important activity is VolunCheer

Slogan	VOLUNTEER to STEER the world to CHEER
Name	VolunCheer
ExNoRa NAME	Volunteers ExNoRa
Explanation	EMPOWERING by VOLUNTEERING by creating a World of Volunteerism
Headed by	Team Leader from & among the volunteers
Web	www.exnora.org/volunteer



Slogan	Experience is Expertise. Senior Citizens are repository of knowledge
Name	Sense Citizens
ExNoRa NAME	Senior Citizens ExNoRa
Explanation	Service by / to Elders
Led by	Team Leader ( a Senior Citizen)
Web	www.exnora.org/senior

ExNoRa Seva Centre H 6 ExNoRa Depot		
Slogan	Woman Enablement, World Empowerment	
	WE	
Name	VVE	
ExNoRa NAME	Women ExNoRa (WE)	
Explanation	Service by /to Women	
Led by	Team Leader ( a Woman)	
Web	www.exnora.org/women	



Slogan	Youth, the trustees of Future
Name	YES
ExNoRa NAME	Youth ExNoRa Service (YES)
Explanation	Service by /to Youth
Led by	Team Leader ( a Youth)
Web	www.exnora.org/youth



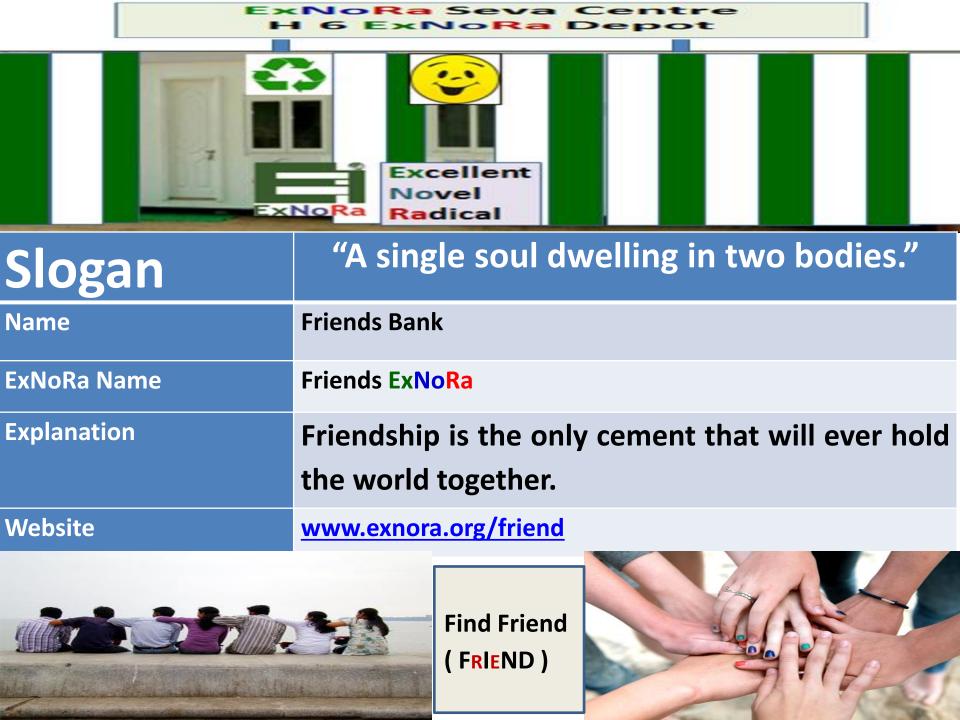
Slogan	Good students are good at all things
Name	Student Prudent
ExNoRa NAME	Student ExNoRa
Explanation	Service by /to Students
Led by	Team Leader ( a student )
Web	www.exnora.org/student

ExNoRa Seva Centre H 6 ExNoRa Depot	
	Excellent Novel Radical
Slogan	"Children, God's Apostles"
Name	"CHEX "
ExNoRa NAME	Children ExNoRa
Explanation	Service by / to KIDS as ExNoRa Bal- Sevaks
Led by	Team Leader ( a KID)
Web	www.exnora.org/kids

ExNoRa Seva Centre H 6 ExNoRa Depot		
Slogan	Professionals Exceptional	
Name	Proficienals (Proficient Professionals)	
ExNoRa NAME	Professionals ExNoRa	
Explanation	Providential service by Professionals	
Led by	Team Leader ( a Professional)	
Web	www.exnora.org/professionals	

ExNoRa Seva Centre H 6 ExNoRa Depot	
	Excellent Novel Radical
Slogan	"Help Home-Helpers"
Name	ServEx
ExNoRa NAME	Servants' ExNoRa
Explanation	"Help to Helper & Help from Helper"
Led by	Team Leader ( a Helper )
Web	www.exnora.org/helper

ExNoRa Seva Centre H 6 ExNoRa Depot		
Slogan	"Autos are COMMON MAN'S LIMOUSINE"	
Name	"AUTO GREAT"	
ExNoRa NAME	Auto' ExNoRa	
Explanation	Auto men are part of our Society & play a vital role : Service by & to automen	
Led by	Team Leader	
Web	www.exnora.org/automen	



ExNoRa Seva Centre H 6 ExNoRa Depot		
	Excellent Novel Radical	
Slogan	"A single soul dwelling in two bodies."	
Name	FaceLook	
ExNoRa Name	FaceLook ExNoRa	
Explanation	An ON-LAND Community of ONLINE Communities	
Website	www.exnora.org/facelook	

#### **Centre Management**

How to get a building ?

Taking a premises on rent	A philanthropist offering his place	Buying a place by raising funds	Government place e.g. Corporation School premises can be go for a nominal rent
Asking a	Requesting an	Buying by	
Corporate to	educational	bank loan t be	
offer their	institution to	availed be	
place	spare space	individuals	

How to pay rent?

Such great activities take place . People are there , needs to serve are there , activities are there , guidance is there. Only a premises is needed which is a must. It is not at all difficult, if people decide & act.

Out of subscription	Only by people of the Club area	Just Re 1/ - per resident
	donating their old newspaper ( if they give their paper & plastic waste , the premises can be more spacious)	If people of the area , even students pay Re 1/- per person , the rent can be paid.

The premises is fundamental & once it is done, rest will be history.

# The premises is fundamental & once it is done, rest will be history.

In-Absentia Members : Any ExNoRa Innovators Club can get in touch with their former citizens, now Nonresidents in India or abroad & make them in-absentia members & ask them to give ideas & suggestions for making their former area just like the country they are presently living

### **Companion Club**

This is an extension of the category called in-absentia members. Even if there are five non-residents of a town in India now living in the same place within the Nation or city / foreign nation, they can form "ExNoRa Innovators Companion Club". This will be like a mirror club or sister club. The only objective of the companion club to support the Club in their home place by ideas, money, etc. Days of Importance for you to observe / celebrate on behalf ExNoRa along with your members without fail. It is a great opportunity to create awareness among members & general public. This is besides the days of National Importance like Independence Day & Republic Day

What are the DAYS of such importance ?

Social Architect Have one – money from CSR – very important you need one

### 1. Place for various Kinds of Meetings

### PLACE FOR VARIOUS MEETINGS

Open House, Weekly open houses on a
particular day evening for redressel of
grievances,
Brainstorming, Seminars &
Roundtables of ExNoRa Seva Centre &
RW ExNoRa of that area
News Paper & Periodicals Reading
Room for members
FaceLook. Place for ON-LAND MEETING
of ONLINE COMMUNITIES

## Reporting point for volunteers of ExNoRa (ExNoRa volunteers Bank -VolunCheer):

Those who want to volunteer to serve can register their name . They can specify what type of service they wish to offer . At the same time whose who need volunteers or voluntary service can also register their requirement with ExNoRa Volunteers Bank . Then it is only Matching and Marrying for ExNoRa Volunteers Bank . Men and women old & young , Senior Citizens , House wives can register . They can mention their core passion and talent (via Talent Sheet ) which will be made the best use of by ExNoRa Volunteers Bank .





## 24 Hours SOS Resort for 24 hours Guidance & 24 Hours Helpline

ExNoRa Seva Centre will also have an Community Alarm . It will be a siren on a high mast to raise alarm in case of an impending disaster. It is needed in every neighbourhood to alert the people before & during disasters which will save precious lives. It will be installed in the premises of ExNoRa Seva Center of ExNoRa Innovators Club. See picture. In addition ExNoRa Seva Centre will install Community Network Alarm System with the cooperation of residents and the houses will be interconnected.

### **Community Alert Alarm**



## **SOS Centers**

# 24 Hours Help Call center

- The ExNoRa Seva Centre will be en "Eco-friendly" MODEL and will be recognised as an "Eco-tourist" Spot (Suttru Suzhl Suttrulla Stall) by ExNoRa International". The tourists, elected representatives government officials, both from India & abroad will flock there to see, understand & Learn
- The building will therefore be naturally an "Eco-tourist" Spot . The Office ExNoRa concept be will be there in place . Energy Saving , Waste Minimisation , Waste To Wealth Practises, Carbon Neutral Office, Greeneries & Sky Farm all will be in place. The "All Easy Bio-gas plant" is a must. The whole office waste will produce gas for cooking and the gas will also produce power for meeting the office electricity requirements

ExNoRa Innovators Club & ExNoRa Seva Centre will be 100% eco-friendly premises and the following eco-practices will be in place. It will be en Eco-tourist spot & Ecobition

#### Here is the checklist for 100% eco-friendly model premises

Source Segregation	Source Composting	Recyclables will be sent to recycling Industries	Handmade Paper recycling will be done
Waste Water will be dealt with & will be used for gardening & Horticulture	Maximum Natural light will be used during day time	Solar Energy will be used	Efforts will be made to install wind mill
Light fittings will be LED	Zero Waste Centre will be installed	Bio-methanation will be carried out	Energy Saving will be carried out as per ExNoRa recommendation
Waste minimisation will be fully practised	Rain Water Harvesting will be implemented		ExNoRa Magic Log Book will be used to reduce power consumption

