

Emergency
Alert Siren



ExNoRa Flag



ExNoRa Seva center

GIVE HERE
YOUR
T3 to N3

T3
Time
Things (used)
Talents
To
N3
Nation
Nature
Nationals


Enjoy
Life
Every
Moment



ExNoRa Seva Centre

It will be distinct in its appearance and will be uniform in all towns & villages for easy identification. ExNoRa is for GREEN WORLD. It will have colour strips light green & white 1.5 feet width each. This is for uniformity & easy identification, as humankind has more frequent man-made and nature-made disasters. Green represents Environment & white, purity of mind

ExNoRa's Dictum & Motto

“Enjoy Life Every Moment”

Give YOUR “T 3” to “N 3”

for your happiness & others' happiness

TRUTH : By giving T3 to N3. you don't lose anything including MONEY

T 3	to	N 3	Explanation
T hings		N ation	M otherland
T ime		N ature	E nvironment
T alent		N ationals	P eople

ExNoRa Seva Center



GREEN & WHITE Vertical stripes

will necessarily operate in & from a building created & managed by ExNoRa Innovators Club

Time & Talents contributed here

ExNoRa Seva Center will always house Humanity Bank with in its premises

ExNoRa Seva Center is a place for assembly of people who will serve Nation , Nature & Nationals

ExNoRa Seva Center will & must be there, where an ExNoRa Innovators Club functions. It will be the official premises of ExNoRa Innovators Club & the Club will function from there .

It will be used for people contributing their Time & Talent (Things will go to Humanity Bank which will be in a part of its premises)

Humanity Bank (H 6 ExNoRa)



GREEN & White Horizontal stripes

will mostly function in a container / bunk / shed / room placed inside a building / on the terrace/ under the tree , etc.

THINGS (USED & NEW) contributed here

Humanity Bank will be only a Depot & will NOT have ExNoRa Seva Center

Humanity Bank is a space reserved for depositing used things for distribution to the needy

Humanity Bank will function in ExNoRa Seva Center , but will also operate independently in any place including schools , colleges , offices , industries , place of worship , etc. .

Meant only for THINGS which people can always deposit



ExNoRa Seva Center as the place where all the service minded people will meet to give 3 “T”s which will not cost them anything.



The 3 “T”s + 1

1. **T**hings (Used & Unused) in the Humanity Bank in the **ExNoRa** Seva Center
2. **T**ime (Spare Time / Leisure)
3. **T**alents (Ordinary & Special Skills)

Plus the 4th one **T**oll (OPTIONAL)

1. **Things** (Used & Unused)

a. That you **DON'T NEED** anymore

b. That is **SURPLUS**

c. That you can be **WITHOUT**

d. That you **THINK** will be **MORE USEFUL** to another

e. That one occupying **SPACE** in your home

f. That one you want to **REPLACE** with a new one

g. That one you want to buy & donate on an **OCCASION**

h. That one can't be used due to **REPAIR**

i. That one you **DON'T LIKE**

j. That one that is absolute **WASTE**



Why give **THINGS** ?

Your **UNWANTED** is poor's **WANTED**

Your **WASTE** is poor's **WEALTH**

By your **POSSESSING** you ENJOY. By **GIVING** both ENJOY

You reduce **WASTE**

You **LESSEN** the burden of Waste Managers

You cut **POLLUTION**

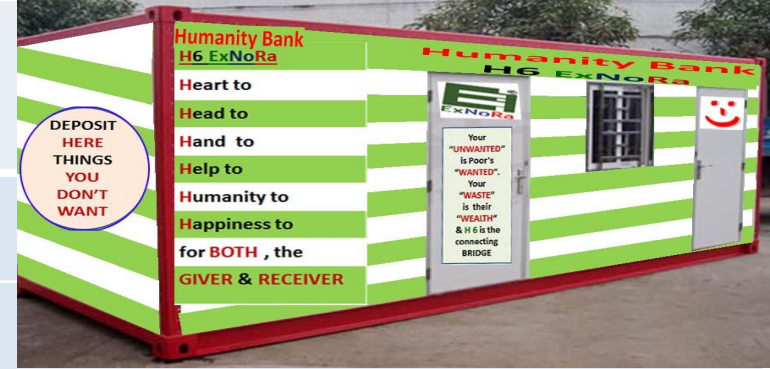
You protect **ENVIRONMENT**

You help **CONSERVATION**

You bring **PEACE & HARMONY** in the society

You follow **ExNoRans'** BASIC LIFE PHILOSOPHY

“Enjoy Life Every Moment”



Why give **TIME** ?



You have **TIME** for everything . What about **TIME** for **HUMANITY**?

It is not want of **TIME** , but want of **TIME MANAGEMENT**

We have 86400 seconds in a day (24 x 60 x 60). How many we give for serving the **Nation , Nature & Nationals (N3)**

“Men resemble the gods in nothing so much as in doing good to their fellow creatures”. **Cicero**

Time is a created thing. To say "I don't have time" is to say "I don't want to.“ **LAO TZU**

“The nicest feeling in the world is to do a good deed anonymously-and have somebody find out.” — **Oscar Wild**

“Successful people are always looking for opportunities to help others. Unsuccessful people are always asking, "What's in it for me?"” — **Brian Tracy**

“You have not lived today until you have done something for someone who can never repay you.” — **John Bunyan**

“The simplest acts of kindness are by far more powerful than a thousand heads bowing in prayer.” — **Mahatma Gandhi**

You bring **PEACE & HARMONY** in the society

Why give **TALENTS** ?



Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. -**Lord Buddha**

If you have knowledge, let others light their candles at it .You know that imparting knowledge is lighting other men’s candles at our lamp without depriving ourselves of any flame.

There are two ways of spreading light: to be the candle or the mirror that reflects it. -**Edith Wharton**

Every time you handle a training session , no doubt there is improvement among the participants . But before & during Training , there is tremendous self-improvement in one person , that is YOU

You follow **ExNoRans’** BASIC LIFE PHILOSOPHY
“Enjoy Life Every Moment”



Where all, “ExNoRa Seva Centre” can be started?

Residential Localities	Flat Complexes	College	Schools
Offices	Industries	Parks	Playgrounds
Hotels	Hostels	Hospitals	Police Stations
Public Halls	Theatres	Orphanages	Libraries
Museums	Zoos	Theme Parks	Places of Worship



Hindu Temples



Christian Churches



Muslims Masjids



Buddhists Viharas



Baha'i Houses of Worship



Jews Synagogues



Zoroastrians Agyari



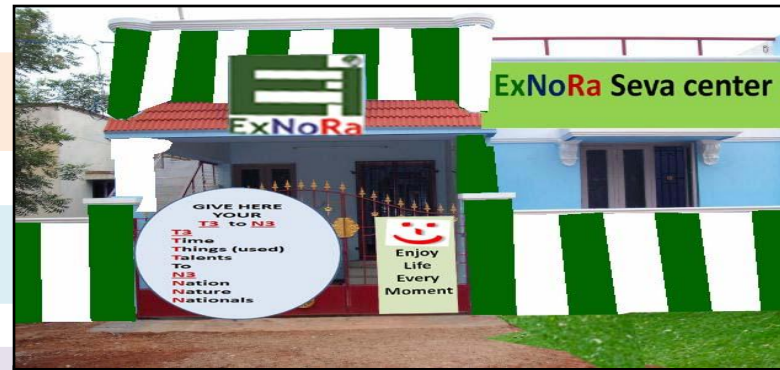
Confucians Pinyin



Sikhs Gurdwara



Jains Jain Temples



ExNoRa Seva Center

What a wonder place it is ?



1. Place for Meetings

2. Place to render Environmental & Social Service. People contribute

TIME	TALENT	THINGS	TOLL
to HELP			
NATION	NATURE	NATIONAL	

will house Humanity Bank

3. Institute for Human Resource Development & Reformation

4. SOS & Emergency Hub

5. Abode for Exhibition & Method Demonstrations

6. Center for

Friendship	Fellowship	Hospitality	Culture & Fine Arts	Entertainment
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- **The paradox:** It may appear that the activities are quite diverse.
- But the destinations are the same, all leading to a better world, more particularly saving the PLANET from environmental ruin., like the good old adage **“All Roads Lead to Rome”**.
- All these steps are indeed needed .
 - **For example why Communal Harmony Activity?**
- Local brawls, lead to destruction of properties. Global Fights, lead to mass destruction and a large scale Pollution.
- Principled Simplicity activity helps Conservation.
- Thus every activity has a relevance and bearing on environment .
- But you can select what you like & which you can do .

**Communal Harmony is needed
even to run your ExNoRa smoothly**

Why ?

There are many Residents Welfare Associations & Service Clubs performing well, suddenly run into rough weather & sometimes the organisation itself gets wound up , because of communal conflicts. This is very common. The activity “Maa” will take care of Communal harmony & will 100% ensure the same

ExNoRa Pharmacy

Courtesy

Lakshmi Ganapathy Medicals
Krishnamachari Road,
Nungambakkam



Single Window **ExNoRa**
Super Dispensary
having all types of
medicines to cure the
Global , National &
Societal illnesses

- **ExNoRa** is like a **Super Pharmacy** for Residents Groups, Welfare Associations & Owners Societies operate in Neighborhoods, Streets & Flat Complexes.
- Each Habitat has its own problems & ailments .
- **ExNoRa** Pharmacy gives medicines to cure the ailments plaguing the society free of cost.
- You have to select the medicines that you need.

- **ExNoRa Pharmacy** Is also for the Industries, Offices, Schools & Colleges.
- Each sector has its own problems & ailments.
- **ExNoRa Pharmacy** gives medicines to cure the ailments plaguing the society, free of cost.
- You have to only select the medicines.



ExNoRa Hotel

- **In a Hotel, food items to eat are chosen from the menu card as per the palate / taste of individual customers. For citizens this write-up can be considered as a Hotel Menu Card.**
- **Each has his own service passion.**
- **Service activities can be chosen by him / her to suit his service-taste / palate & MARCH AHEAD.**
- **More services undertaken, more wonderful will be the outcome.**
- **Experience & Expertise are available in our own streets. Talents are waiting to be harvested.**
- **This is a magic wand. Use it. See the RESULTS.**

ExNoRa Hotel

500 varieties of dishes & food to satisfy your taste buds / pallet .
Selection is yours .
Food is FREE



So many food items on display. Customers select what they want

- **ExNoRa** is like a
- **FOOD MALL / HOTEL .**
For residents , they have to select as many as they can consume, which are FREE. .
The MENU in **ExNoRa** Hotel
- are nothing but **SERVICE ACTIVITIES** or lending a talent for the common good & welfare of the people.
Surprisingly like a hotel which will have varieties of food to suit different taste buds,
ExNoRa Service Menu
- has everything to suit the service passion of each individual / resident /citizen

ExNoRa Hotel

- Just show **ExNoRa Service Menu Card** to fellow residents.
- Each one will surely select one.
- It is nothing but a mechanism of matching & marrying two different needs , one waiting to serve & another waiting to be served



APPETIZERS		Mysore Masala Dosa		THALIS	
Idly Steamed rice & lentil patties served with varieties of chutney, sambar & gun powder	4.95	Onion Dosa Thin crispy rice & lentil crepe topped with onions.	8.95	South Indian Thali Rice, Chappathi(1), Sambar, Rasam, Kurma, Kootu, Poriyal, Special Kuzhambu, Curd, Special Raitha / Sweet Pachadi, Papad, Pickle & Sweet.	18.50
14 pcs Mini Ghee Idlies Mini idlies immersed in sambar garnished with ghee	6.25	Onion Masala Dosa Thin rice & lentil crepe filled with potatoes & onions.	9.95	Mini Meals Bisibelabath, Bagalabath, Special Rice of the Day, Poriyal, Papad & sweet	15.25
Idly Vada Combination of one steamed rice & lentil patty & one lentil doughnut	6.25	Milagaipodi Dosa Thin rice & lentil crepe filled with a mixture of ground dry spices containing dry chilies & sesame seeds topped with onion	11.25	Mini Tiffin Rava Kichadi, Mini Ghee Idlies, Mini Masala Dosa & Sweet	11.25
Kaima Idly Deep fried mini idly sauteed in regional spices served with raitha	8.75	Milagaipodi Onion Dosa Thin rice & lentil crepe filled with ground dry spices containing dry chilies & sesame seeds topped with onion	11.25	Business Meal Poori (1), Rice, Sambar, Rasam, Poriyal, Yogurt, Papad, Pickle, Sweet	15.00
Medhu Vada Crispy lentil doughnut served with sambar & chutney	6.25	Roast of the Day Specially prepared & stuffed with specially made dish	8.80	FROM THE CLAY POT	
Sambar Vada Crispy lentil doughnut immersed in sambar garnished with onions & cilantro		Chappathi Thin soft whole-wheat bread served with two curries	6.25	Plain Naan Soft dough made of maida cooked in tandoor oven.	3.00
Rasa Vada Crispy lentil doughnut in spiced sambar		Parotta Delicious south Indian fluffy bread served with two curries	7.50	Butter Naan Soft dough made of maida cooked in tandoor oven spread with butter.	3.85
Curd Vada Crispy lentil doughnut served with curd		Mixed vegetables Parotta Sliced parotta tossed with Indian spices & vegetables served with onion raitha	10.00	Garlic Naan Soft dough made of maida topped & flavored with fresh garlic & cilantro.	4.40
		Poori Fried fluffy whole wheat bread served with two curries	6.25	Bullet Naan Soft dough made of maida topped & flavored with fresh garlic & green chillies.	4.40
		Channa Batura (Only served on weekends & holidays) Big fluffy fried bread served with chick peas masala	10.00	Tandoor Paratha Whole wheat bread tandoor baked into multi layered bread.	3.00
				Tandoor Roti Whole wheat flour dough cooked in tandoor oven.	3.85
				Aloo Paratha Whole wheat bread stuffed with spiced mash potatoes & tandoor baked	4.40
				Aloo Peas Paratha Whole wheat bread stuffed with spiced mash potatoes, green peas & tandoor baked	4.40
				Kulcha Dough rolled into a flat round bread & baked in tandoor oven.	3.85
				Stuffed Kulcha Dough rolled & stuffed with vegetables.	4.40

ExNoRa's Mega Service MENU BOARD

ready to satisfy the SEVA TASTE BUDS of each & every human with HEART



Hotel Saravana Bhavan Menu Board has so many food items . Nobody eats every thing & nothing remains unconsumed by one. ExNoRa Hotel Service Menu is same. There are 500 varieties of service activities. If there are 500 residents , you will be surprised that no service menu remaining not taken . As a result, whole community will get involved in one activity or the other . The *Residents Welfare ExNoRa* leaders should bring the service menu card to the knowledge of the residents. Or they can come to know the passion / aptitude of the residents through Talent Potential Discovery Form

WHY ALL THESE

?? ??

??????

??????

We need to do many things, to stop the dangers towards which we have driven the planet, our only HOME. We are not doing them though we can easily do them.

We should not do many things, which we are doing, though we can avoid doing them. Both ways we are wrong. This is a checklist of the Dos & Don'ts + tons of motivation that will make one to adhere to.

Service Clubs. Here is a great opportunity for your members

Rotary Club	Lions Club	Round Table	Junior Chamber	Red Cross	ExNoRa
					

Service Club Members can start these activities in your Street & Workplace. The benefits for your Service Club will be aplenty. ExNoRa can do these activities in collaboration with service Organisations



Humanity Bank

H6 ExNoRa

Humanity Bank
H6 ExNoRa

Heart to

Head to

Hand to

Help to

Humanity to

Happiness to

for **BOTH** , the

GIVER & RECEIVER

DEPOSIT
HERE
THINGS
YOU
DON'T
WANT



Your
"UNWANTED"
is Poor's
"WANTED".
Your
"WASTE"
is their
"WEALTH"
& H 6 is the
connecting
BRIDGE



How to begin ?

- **Variations e.g. container (ideal) , room, shed , bunk etc.**
- **Sizes options**
- **Inauguration by film artistes, VVIPs & Heads of Educational Institutions**
- **Inside what will be there in addition to chambers (table & chair with fan water. Ventilation is a must which can be always shut when the Humanity Bank will be closed for the day**

Contribute your USED Things

Humanity Bank

H6 ExNoRa

H6 ExNoRa Bank

Hear to

Head to

Hand to

Help to

Humanity to

Happiness

Humanity Bank (H6 ExNoRa) can be created by use of a new or old goods container & managed by

RWA ExNoRas of streets / flat complexes

ExNoRa Innovators Club of Neighbourhoods / Towns / Villages

ExNoRa Innovators Club of Offices / Industries

ExNoRa Innovators Club of Colleges / Schools

Places of Worship ExNoRa

Parks ExNoRa

In short the places where people live / visit / gather so that they can
bring and easily deposit their used goods / things / gadgets



The size of the ready made or used 2nd hand container from 20' to 45' high cube container. The choice is dependent on the availability of place , space there , money that you can mobilise and most importantly the volume of used goods that you will get .

		20' container		40' container		45' high-cube container	
		imperial	metric	imperial	metric	imperial	metric
external dimensions	length	20' 0"	6.096 m	40' 0"	12.192 m	45' 0"	13.716 m
	width	8' 0"	2.438 m	8' 0"	2.438 m	8' 0"	2.438 m
	height	8' 6"	2.591 m	8' 6"	2.591 m	9' 6"	2.896 m
interior dimensions	length	18' 10 ⁵ / ₁₆ "	5.758 m	39' 5 ⁴⁵ / ₆₄ "	12.032 m	44' 4"	13.556 m
	width	7' 8 ¹⁹ / ₃₂ "	2.352 m	7' 8 ¹⁹ / ₃₂ "	2.352 m	7' 8 ¹⁹ / ₃₂ "	2.352 m
	height	7' 9 ⁵⁷ / ₆₄ "	2.385 m	7' 9 ⁵⁷ / ₆₄ "	2.385 m	8' 9 ¹⁵ / ₁₆ "	2.698 m
door aperture	width	7' 8 ¹ / ₈ "	2.343 m	7' 8 ¹ / ₈ "	2.343 m	7' 8 ¹ / ₈ "	2.343 m
	height	7' 5 ³ / ₄ "	2.280 m	7' 5 ³ / ₄ "	2.280 m	8' 5 ⁴⁹ / ₆₄ "	2.585 m
volume		1,169 ft ³	33.1 m ³	2,385 ft ³	67.5 m ³	3,040 ft ³	86.1 m ³
maximum gross mass		66,139 lb	30,400 kg	66,139 lb	30,400 kg	66,139 lb	30,400 kg
empty weight		4,850 lb	2,200 kg	8,380 lb	3,800 kg	10,580 lb	4,800 kg
net load		61,289 lb	28,200 kg	57,759 lb	26,600 kg	55,559 lb	25,600 kg

Where to have your “H 6 ExNoRa Bank” ?
Good news. Your institution’s Terrace can easily accommodate, Lighter Containers to house your “H 6 ExNoRa Bank”?



Keep “H 6 ExNoRa Bank” inside your office /
school / college campus





Humanity Bank
H6 ExNoRa

MOBILE

DEPOSIT
HERE
THINGS
YOU
DON'T
WANT

H6 ExNoRa

Bank

Heart to

Head to

Hand to

Help to

Humanity to

Happiness



TRAILER BANK



MOBILE
Humanity Bank
H6 ExNoRa

Your **"UNWANTED"** is
Poor's **"WANTED"**. Your
"WASTE" is their
"WEALTH" & **H6** is the
BRIDGE, connecting BOTH.

H6 ExNoRa
Heart
Head
Hand
Help
Humanity
Happiness

People need not go . **ExNoRa** H6 Bank can reach people
wherever they gather like market , parks , playgrounds ,
temple festivals, Beach , Railway Stations , Bus Stations, etc.

- **Variations e.g. container (ideal) , room, shed , bunk etc. show pictures**
- **Sizes options**
- **Inauguration by film artistes, VVIPs & Heads of Educational Institutions**
- **Inside what will be there in addition to chambers (table & chair with fan water. Ventilation is a must which can be always shut when the Humanity Bank will be closed for the day**



Where all “H6 ExNoRa Bank” can be started?

Residential Localities	Flat Complexes	Colleges	Schools
Offices	Industries	Parks	Playgrounds
Hotels	Hostels	Hospitals	Police Stations
Public Halls	Theatres	Orphanages	Libraries
Museums	Zoos	Theme Parks	Places of Worship

Where all “H6 ExNoRa Bank” can be started?

Places of Worship of all Religions

Hindus
Temples

Christians
Churches

Muslims
Masjids

Buddhists
Viharas

Baha'i
Houses of Worship

Jews
Synagogues

Zoroastrians
Agyari (Fire Temples)

Confucians
Pinyin

Sikhs
Gurdwara

Jains
Jain Temples

Irreligionists
Mind Temple

“HiMuChSiZo -
JaJeCoBaBu”
ExNoRa’s Religion of all
Religions



Hindu Temples



Christian Churches



Muslims Masjids



Buddhists Viharas



Baha'i Houses of Wors



Jews Synagogues



Zoroastrians Agyari



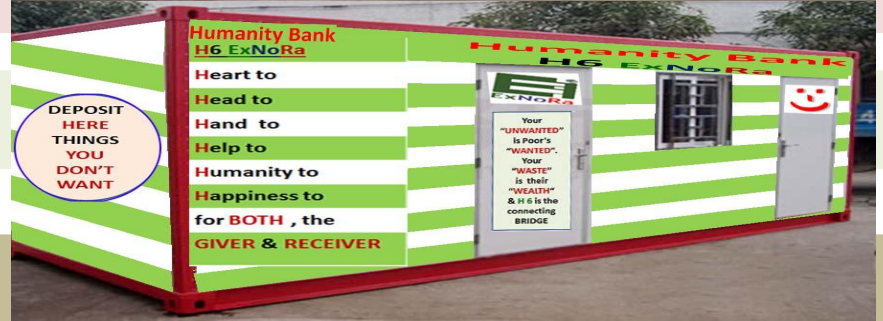
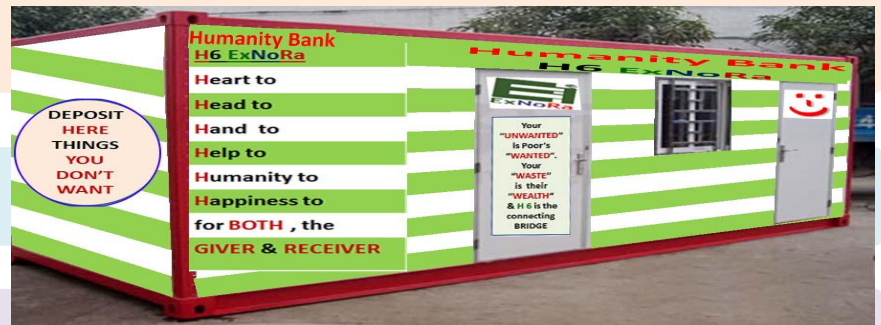
Confucians Pinyin



Sikhs Gurdwara



Jains Jain Temples



What will be inside the H6 ExNoRa Bank?

“Collection Boxes” for depositing previously used items



ExNoRa Innovators Club

ExNoRa Seva center

6 H ExNoRa Bank can have HDPE 200 litter used HPPE bins for storing used items for distribution

Spectacles

Clothes

Text
Books

Utensils

Footwear

Toys

Groceries

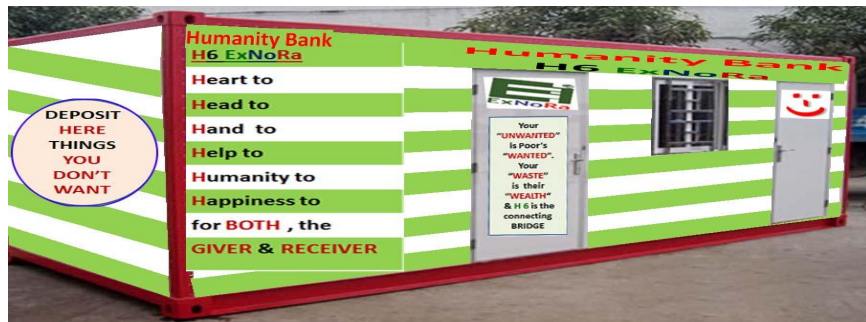
Blanket

Grains

Story
Books &
periodicals

Tools

White
Cans



H6 ExNoRa Bank

H6 ExNoRa Bank

DEPOSIT
HERE
THINGS
YOU
DON'T
WANT

Hear to

Head to

Hand to

Help to

Humanity to

Happiness to

for **BOTH** , the

GIVER & RECEIVER



Your
"UNWANTED"
is Poor's
"WANTED".
Your
"WASTE"
is their
"WEALTH"
& H 6 is the
connecting
BRIDGE



Contribute your USED Things

Humanity Bank

H6 ExNoRa

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Hear to

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What will be inside the H6 ExNoRa Bank?

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Story
Books &
periodicals

Tools

White
Cans

ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

ExNoRa Seva Centre

It will be distinct in its appearance and will be uniform in all towns & villages for easy identification. ExNoRa is for GREEN WORLD. It will have colour strips light green 2' width & dark green 1' width for easy identification as humankind has more frequent man- made and nature-made disasters.

Talents

ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

The only way & easy method to change the world with NIL money is tapping the precious Human Resource & the Human Resource can be easily tapped by volunteerism. Therefore the most Important activity is VolunCheer

Slogan	VOLUNTEER to STEER the world to CHEER
Name	VolunCheer
ExNoRa NAME	Volunteers ExNoRa
Explanation	EMPOWERING by VOLUNTEERING by creating a World of Volunteerism
Headed by	Team Leader from & among the volunteers
Web	www.exnora.org/volunteer

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan

**Experience is Expertise.
Senior Citizens are repository of
knowledge**

Name

Sense Citizens

ExNoRa NAME

Senior Citizens ExNoRa

Explanation

Service by / to Elders

Led by

Team Leader (a Senior Citizen)

Web

www.exnora.org/senior

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	Woman Enablement, World Empowerment
Name	<u>W</u> onder <u>W</u> oman (WOW)
ExNoRa NAME	Women ExNoRa (WE)
Explanation	Service by /to Women
Led by	Team Leader (a Woman)
Web	www.exnora.org/women

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan	Youth, the trustees of Future
Name	Youth Unique (YU)
ExNoRa NAME	Youth ExNoRa Service (YES)
Explanation	Service by /to Youth
Led by	Team Leader (a Youth)
Web	www.exnora.org/youth

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan

**Good students are good at
all things**

Name

Student Prudent

ExNoRa NAME

Student ExNoRa

Explanation

Service by /to Students

Led by

Team Leader (a student)

Web

www.exnora.org/student

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	“Children, God’s Apostles”
Name	Angels on Earth
ExNoRa NAME	Children ExNoRa (“CHEX”)
Explanation	Service by / to KIDS as ExNoRa Bal-Sevaks
Led by	Team Leader (a KID)
Web	www.exnora.org/kids

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	Professionals Exceptional
Name	Proficienals (Proficient Professionals)
ExNoRa NAME	Professionals ExNoRa
Explanation	Providential service by Professionals
Led by	Team Leader (a Professional)
Web	<u>www.exnora.org/professionals</u>

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	“Help Home-Helpers ”
Name	Help Helpers
ExNoRa NAME	Helpers’ ExNoRa
Explanation	“Help to Helper & Help from Helper”
Led by	Team Leader (a Helper)
Web	www.exnora.org/helper

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	“Autos are COMMON MAN’S LIMOUSINE”
Name	“AUTO GREAT”
ExNoRa NAME	Auto’ ExNoRa
Explanation	Auto men are part of our Society & play a vital role : Service by & to automen
Led by	Team Leader
Web	www.exnora.org/automen

ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

Slogan

“A single soul dwelling in two bodies.”

Name

Friends Bank

ExNoRa Name

Friends ExNoRa

Explanation

Friendship is the only cement that will ever hold the world together.

Website

www.exnora.org/friend



Find Friend
(FRIEND)



ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

Slogan

“A single soul dwelling in two bodies.”

Name

FaceLook

ExNoRa Name

FaceLook ExNoRa

Explanation

An ON-LAND Community of ONLINE Communities

Website

www.exnora.org/facelook

Centre Management

How to get a building ?

Taking a premises on rent

A philanthropist offering his place

Buying a place by raising funds

Government place e.g. Corporation School premises can be go for a nominal rent

Asking a Corporate to offer their place

Requesting an educational institution to spare space

Buying by bank loan t be availed be individuals

How to pay rent ?

Such great activities take place . People are there , needs to serve are there , activities are there , guidance is there. Only a premises is needed which is a must. It is not at all difficult, if people decide & act.

Out of subscription

Only by people of the Club area donating their old newspaper (if they give their paper & plastic waste , the premises can be more spacious)

Just Re 1/ - per resident

If people of the area , even students pay Re 1/- per person , the rent can be paid.

The premises is fundamental & once it is done, rest will be history.

The premises is fundamental & once it is done, rest will be history.

In-Absentia Members : Any ExNoRa Innovators Club can get in touch with their former citizens, now Non-residents in India or abroad & make them in-absentia members & ask them to give ideas & suggestions for making their former area just like the country they are presently living

.

Companion Club



This is an extension of the category called in-absentia members. Even if there are five non-residents of a town in India now living in the same place within the Nation or city / foreign nation , they can form “ExNoRa Innovators Companion Club”. This will be like a mirror club or sister club. The only objective of the companion club to support the Club in their home place by ideas , money , etc.

Days of Importance for you to observe / celebrate on behalf ExNoRa along with your members without fail. It is a great opportunity to create awareness among members & general public. This is besides the days of National Importance like Independence Day & Republic Day

What are the DAYS of such importance ?

Social Architect Have one – money from CSR – very important you need one

Human Resource Development Centre



ExNoRa

Excellent
Novel
Radical

President's 3rd Important function
HRD : Team Leader : **LONGuage**

Name	LONGuage
ExNoRa Name	Language ExNoRa
Explanation	“Language PASSAGE to Prosperity ” -----
Slogan	Long Languages Mother Tongue & the language of the MIGRANT state
Website	www.exnora.org/language



köszönöm ! תודה dēkuji
mahalo 고맙습니다
thank you
merci 谢谢 danke
Ευχαριστώ شكرا
どうもありがとう *gracias*





ExNoRa

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HRD- Team Leader : Hindi INDI

Name	Hindi INDI (GIFT)
ExNoRa Name	Hindi ExNoRa
Explanation	Hindi Learning is Learning India
Slogan	Hindi the way to become an HINDIan
Website	www.exnora.org/hindi

अभ्यास - 3

सही अक्षर पर गोला लगाओ



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ExNoRa Seva Centre
H 6 ExNoRa Depot

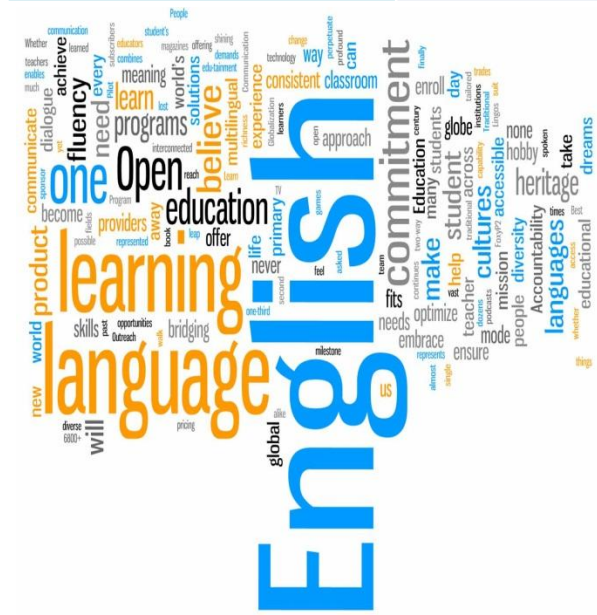


ExNoRa

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Novel
Radical

HRD- Team Leader : **The English Academy**

Name	The English Academy
ExNoRa Name	English ExNoRa
Explanation	“English, the passage to Knowledge”
Slogan	English Accomplish
Website	www.exnora.org/english




ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Service to Humanity : Opportunity 1 ----- Time , Talent & Things


Name	Speak & Peak 
ExNoRa Name	Public Speaking ExNoRa
Explanation	Public Speaking is multiplying your communication manifold
Slogan	Speak & peak Everest
Website	www.exnora.org/speak





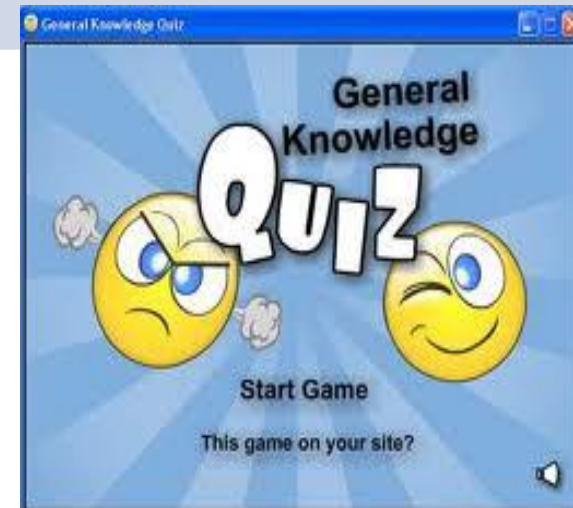
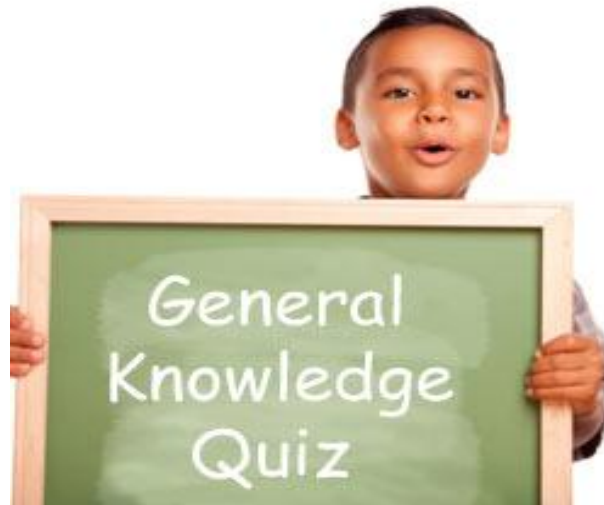
Excellent
Novel
Radical

Human Resource Development
Team Leader : **The Uncommon Sense**

Name	The Uncommon Sense 
ExNoRa Name	General Knowledge ExNoRa
Explanation	Common Sense will make one uncommon
Slogan	Knowledge, the EDGE

Do you know?

1. What is the medical word which was first classified into the ICD-10 system in 1987?
2. Which peak overlooks the city of Cape Town?
3. Who was first to vote out of the original British Big Brother house?
4. Which TV soap opera's final name was Paul Mescal?
5. What was the name of the day when over £100 million was wiped off the value of shares in the city of London?
6. In which Irish town did Michael Ryan run riot killing 10 people?
7. Which is the first journal listed in the Oxford English Dictionary?
8. What nationality is Jose Marc Hermans, famous for his 'Bosman ruling' affecting football throughout Europe?
9. Which actor, who played Dr. Who collapsed and died at a Dr. Who convention?
10. In which country was England cricket captain Nasser Hussain born?



ExNoRa Seva Centre
H 6 ExNoRa Depot



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Novel
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Team Leader : **Digi-Lit**

Name	Digi-Lit 
ExNoRa Name	Digital Literacy ExNoRa <u>Digi-Lit</u>
Explanation	“Knowledge in your fingertips”
Slogan	Digital Vital
Website	www.digitalliteracyexnora.org




Many people can't afford computer education, or we have to take huge loans

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Human Resource Development
Team Leader : **Teach reach**

Name	Teach reach
ExNoRa Name	Tuition ExNoRa 
Explanation	Help less-fortunate to be fortunate
Slogan	Light others candle by your candle
Website	www.exnora.org/tuition




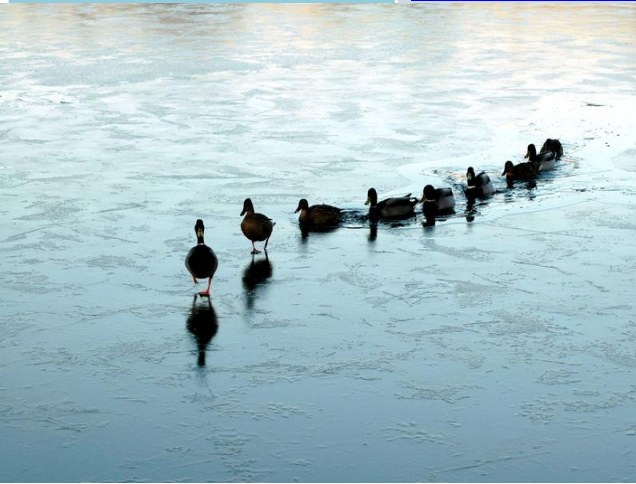
ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Human Resource Development Team Leader "i" Club

Name	"i" Club 
ExNoRa Name	Self Improvement ExNoRa <u>"i" Club</u>
Explanation	Knowledge-rich-youth help knowledge-poor- youth Knowledge-rich child helps 'knowledge-poor-Child with KNOWLEDGE
Slogan	EQUALITY by equal INDIVIDUAL DEVELOPMENT. Knowledgeable will make others Knowledgeable
Website	www.exnora.org/iclub



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Excellent
Novel
Radical

Human Resource Development Team Leader : **EnterPrize**

Name	EnterPrize 
ExNoRa Name	Enterprise ExNoRa
Explanation	Prosperity by creating Entrepreneurs
Slogan	Enterprise EnterPRICE , EnterPRIZE & EnterPRAISE
Website	www.exnora.org/enterprise






Excellent
Novel
Radical

Human Resource Development

Team Leader **Vacation Vocation**

Name	Vacation Vocation 
ExNoRa Name	Vacation Vocation ExNoRa
Explanation	Develop by training in vocation during their vacation & give it
Slogan	Teach a man fishing, instead of giving him fish
Website	www.exnora.org/vocation



ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Human Resource Development

Team Leader **“Intern Lantern”**

Name	“Intern Lantern” 
ExNoRa Name	Intern's ExNoRa
Explanation	Train youth to become employable
Slogan	
Website	www.exnora.org/intern



ExNoRa Seva Centre
H 6 ExNoRa Depot

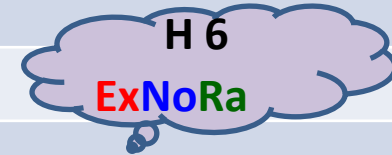


ExNoRa

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H6 : Previously used goods / commodities / articles are donated for reuse

Name	Train Terrain
ExNoRa Name	Eco-Training ExNoRa
Explanation	Institute for Trainings & Capacity Building giving lectures on composting , safety including Disaster Preparedness , Home Farming, waste to wealth ideas, etc. ii. Holding physical demonstrations by display of models of above
Slogan	You can light one candle with another without loss of light
Website	www.exnora.org/train





Excellent
Novel
Radical

மொழி மொழி

Name	மொழி மொழி 
ExNoRa Name	Tamil ExNoRa
Explanation	தாய்மொழி தமிழ் மொழியை மறப்பவர்களுக்கு மொழியை நினைவூட்ட
Slogan	தாய்மொழி யாம், தமிழ் மொழியில், மொழியுங்கள்
Website	www.mozhimozhi.org

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11/08/2011

4.

Human Reformation

**Headed by a
Guide**

Reformation leads to Transformation

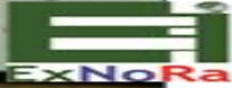
- If brain is a Nature created computer, we should accept nobody is BAD , but are only programmed to be BAD.
- That means they can be very well reprogrammed to be good by only changing the inputs to their brain .
- It is interesting & incredible

Learn
7th Sense &
become a
Mind
Programmer

Change
yourself &
Change the
world


Change one's
mind
programme &
transform one

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Human Reformation Team Leader “Human Diamond Lathe”

Name	Human Diamond Lathe 
ExNoRa Name	7 th Sense Reformation ExNoRa (7 th sense techniques used for reformation of society's dropouts) Human Diamond Lathe
Explanation	If Brain is a computer created by Nature , no one is bad , but are only programmed to be bad . They can be certainly & easily reprogrammed to be good by 7 th Sense Techniques. Several hard core criminals and murderers have been reformed by Human Diamond Lathe and have become a good Samaritans now .
Slogan	“No one is BAD , but are only programmed to be BAD”
Website	www.exnora.org/reformation




ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

Human Reformation Team Leader "Agni Stree"

Name	Agni Stree Woman Power Movement	
ExNoRa Name	Woman Power ExNoRa	
Explanation	Women have maximum problems including in many cases in their very home via their drunkard husband. 100 & answers are provided by Agni -Stree , mainly the 7 th sense Techniques which they can use for alcohol withdrawal by their spouse	
Slogan	Spare Woman & Share with Woman	
Website	www.agnistree.org	

ExNoRa Seva Centre
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Excellent
Novel
Radical

Human Reformation Team Leader (in each family) “FAMEly”

Name	FAMEly 
ExNoRa Name	Family ExNoRa
Explanation	A family itself has members with variety of talents & including good in psychology. Even if they don't have, they can learn 7 th Sense Techniques to change an alcoholic member of their family.
Slogan	Families, Fame- Allies
Website	www.exnora.org/family



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H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

Human Reformation Team Leader (in each family) "FAMEly"

Name	Family of Families
ExNoRa Name	Family ExNoRa 
Explanation	A family itself has members with variety of talents & including good in psychology. Even if they don't have, they can learn 7 th Sense Techniques to change an alcoholic member of their family.
Slogan	Families, Fame- Allies
Website	www.exnora.org/family


ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

Human Reformation Team Leader (in each family) We Ourselves

Name	We Ourselves 
ExNoRa Name	Perseverance ExNoRa
Explanation	Alcoholics reform themselves by getting together in periodical meetings & mutual motivation. They will be supported by their own family (FAMEly & Family of Families). They will use 7 th sense techniques to come out of the devil that possessed them
Slogan	A Teetotaller is a Value Totaller
Website	www.exnora.org/ourselves



H 6

Able Differently Abled

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Time , Talent & Things

Name	“Eyes for Eyeless”
ExNoRa Name	Read & Lead ExNoRa . ExNoRa Reading Centers for Visually Challenged
Explanation	The visually Challenged can excel , but they need inputs . Educated should come forward to read for the blind
Slogan	Our eyes will be the eyes for who don't have it
Website	www.exnoras.org/eye



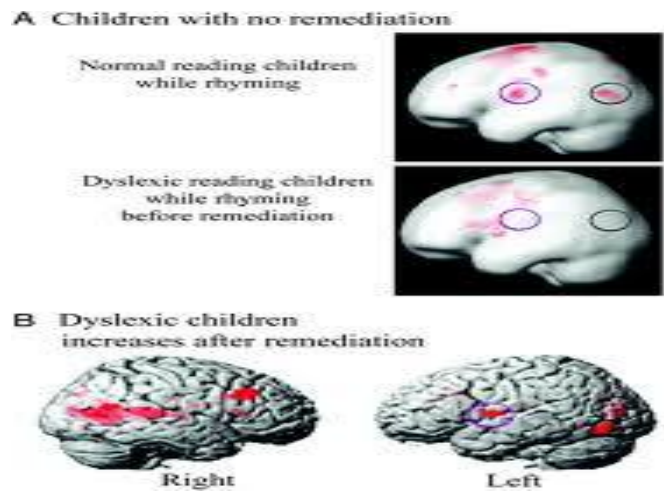


Name	“Ear Here”
ExNoRa Name	Ear ExNoRa -Reading Centers for Visually Challenged
Explanation	The hearing impaired can compete with others provided all their subjects should go to them by sign language
Slogan	Our Ears are here for those who cannot hear
Website	www.exnora.org/ear





Name	Ability for Disability 
ExNoRa Name	DYSLEXIA ExNoRa for Learning Disability Children
Explanation	Not all disabilities are visible
Slogan	
Website	www.exnora.org/dyslexia



H 6 Health Exalt -Health is FIRST Wealth - Voluntary Health Care Centre



Aid First (First Aid Centre)

Blood Flood

(Blood Donor & Recipient Connector)

First Aid ExNoRa

State of Art First Aid will be available

ExNoRa Blood Bank

Weekly Medical Camp

Yoga Yogam (Yoga Centre)

Health Wealth (Abode for Medical Camps)

Yoga ExNoRa

Location for Collective Yoga , Pranayam & Mediation as well as Classes

Medical Service ExNoRa

Regular Health Check-up & medical service

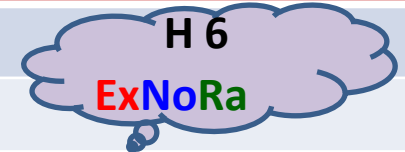


Skills



H6 : Previously used goods / commodities / articles are donated for reuse

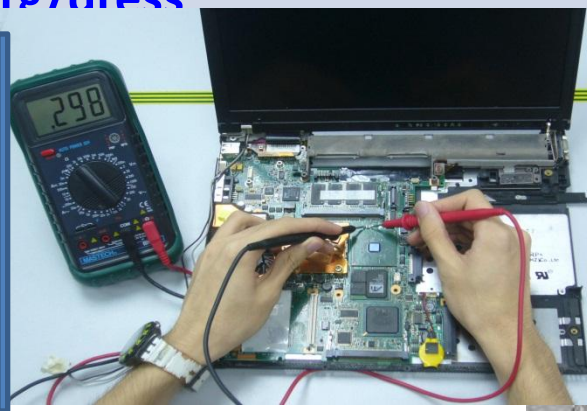
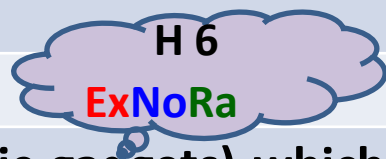
Name	Clothe Lathe
ExNoRa Name	Cloth ExNoRa
Explanation	Cloths little damaged can be repaired & given to the needy. The work will be done volunteers who know tailoring . Students who learn tailoring can come forward to do it
Slogan	As dress is for protection of people & their modesty , this issue has to be addressed





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Repair Prepare
ExNoRa Name	Repair Prepare ExNoRa
Explanation	Any goods (e.g. Furniture , electrical & electronic gadgets) which became faulty can be repaired Little damaged can be repaired & given to the needy. The work will be done volunteers who have the skills . Students can come who know can do it
Slogan	what you don't need , some one else needs
Website	www.exnora.org/dress





Buddha, Disciple & Wealthy Minds

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



A disciple of Buddha, said, “**Oh Master! I have a request to make.**”



Buddha: “**What is it; tell me?**”



Disciple: “**My robe is worn out. It is no longer decent enough to wear. Please, may I have a new one?**”

Humanity Bank

H6 ExNoRa



Buddha, Disciple & Wealthy Minds

Buddha looked at the disciple's attire and found that the garment was absolutely in tatters and really needed replacement. So he asked the store-keeper to give a new robe to this disciple. The disciple offered respect to the great master and left the room.

Humanity Bank

H6 ExNoRa



_uddha, Disciple & Wealthy Minds

Buddha kept thinking about the incident and felt that he had perhaps missed an opportunity to teach a valuable lesson to the disciple. So he went to the disciple's quarters to talk to him.

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



Buddha: Are you comfortable in your new robe? Do you need anything else?



Disciple: Thank you Master. I am very comfortable and do not need anything else.

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



Buddha: Now that you have a new one, what have you done with the old one?



Disciple: I have used it to replace my worn out bedspread.

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



Buddha: What did you do with the old bedspread?



Disciple: Master, I am using it as a curtain on my window.

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



Buddha: Did you discard your old window curtain?



Disciple: Master, I tore it into four pieces and am using them as napkins to handle the hot pots and pans in the kitchen.

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



Buddha: What about the old kitchen napkins?



Disciple: We are using them as mops to wash and wipe the floor.

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds



Buddha: Where is the old mop?

Disciple: Lord, the old mop was so tattered that the best we could do was to take all the threads apart and make wicks for your oil lamp. One of them is presently lit in your room.”

Humanity Bank

H6 ExNoRa

Buddha, Disciple & Wealthy Minds

If all of us were to practise the habit of thrift, we can preserve the non renewable resources for our children, our grandchildren and our great grand children as our forefathers so thoughtfully did for us. Let us vow together to leave at least one monument for our children, the Earth!

Humanity Bank

H6 ExNoRa

H6 ExNoRa Bank

H6 ExNoRa Bank

DEPOSIT
HERE
THINGS
YOU
DON'T
WANT

Heart to

Head to

Hand to

Help to

Humanity to

Happiness to

for **BOTH** , the

GIVER & RECEIVER



Your
"UNWANTED"
is Poor's
"WANTED".
Your
"WASTE"
is their
"WEALTH"
& H 6 is the
connecting
BRIDGE



Contribute your USED Things

Humanity Bank

H6 ExNoRa

H6 ExNoRa Bank

Hheart to

Head to

Hand to

Help to

Humanity to

Happiness

What will be inside the H6 ExNoRa Bank?

“Collection Boxes” for depositing previously used items



ExNoRa Innovators Club

ExNoRa Seva center

6 H ExNoRa Bank can have HDPE 200 litter used HPPE bins for storing used items for distribution

Spectacles

Clothes

Text
Books

Utensils

Footwear

Toys

Groceries

Blanket

Grains

Story
Books &
periodicals

Tools

White
Cans



H6 Depot

- This can be mostly compact FRP BINS made to order for people to deposit their previously used goods/ items/ articles / commodities for distribution to the needy for their use .
- This can be kept with in the premises of **ExNoRa** Seva Center .
- It can be even on the terrace of the **ExNoRa** Seva Center

ExNoRa Seva Center

ExNoRa Seva Centre
H 6 ExNoRa Depot



H6 ExNoRa Depot



Things

**Director
Humanity**



Activity In charge

H 6 ExNoRa

Donate your "Things , Time & Talent"

H Heart that receives the request /sees a requirement

H Head evaluates

H Hands get instructions

H Help is rendered

H Humanity receives

H Happiness for both



"H"
the
Great

H6 ExNoRa Depot

H6 ExNoRa

Heart to

Head to

Hand to

Help to

Humanity to

Happiness

H6 in your home & office

There are more than 30 things that you can give . You can collect & give . Any of the things you can start collecting & giving . Place is not a problem . The space must be there in your mind.
box to collect , store & distr



Where to keep the bag ?

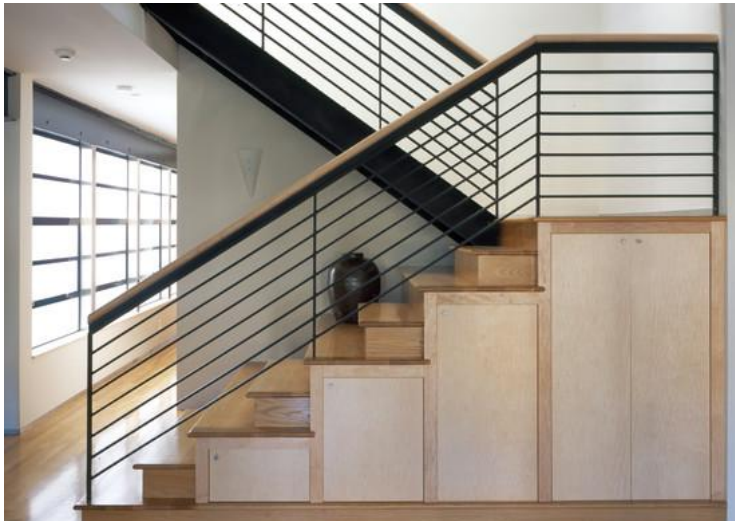
Car Shed

Balcony

Veranda

Beneath your COT

Overhead LOFT



Beneath staircase

**Pigmy
bank**

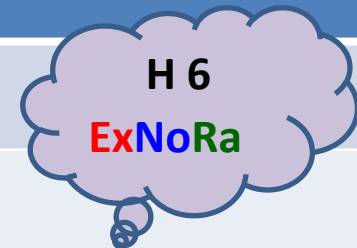
Who will do it?

- **Anyone all the members of your family. You don't need to worry about children and their morals. Initiate them with these activities.**
 - 1. They will develop a tremendous feeling of having become responsible & will be so**
 - 2. Don't forget the golden saying "Idle-man's mind is devil's workshop"**



H6 : Previously used goods / commodities / articles are donated for reuse

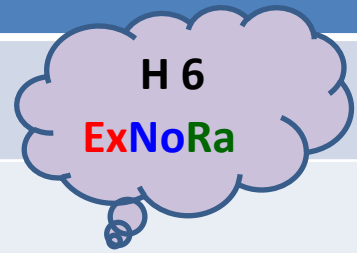
Name	Amuse Music
ExNoRa Name	Music Instruments ExNoRa
Explanation	Music entertains & relaxes mind. Poor badly needs these two
Slogan	Amuse a poor with your unused musical instrument , so that he / she can amuse everyone with his / her music. . Coach him / her to play it. It will be wonderful
Website	www.exnora.org/music





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Artificial Beneficial
ExNoRa Name	Artificial Limbs ExNoRa
Explanation	Artificial Limbs will make a handicapped to walk naturally .
Slogan	It is artificial , but beneficial to differently abled .
Website	www.exnora.org/limbs





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Bed Bay	
ExNoRa Name	Bed ExNoRa	
Explanation	BAY means an enclosed area . Have one to gather unused & used beds to be given to poor who now sleep on floor Everyone needs good sleep & bed assures it	
Slogan	Next to Bread is bed	





odities / articles are donated for reuse

Name	Blanket Banquet
ExNoRa Name	Blanket ExNoRa
Explanation	Pocket also means a receptacle in which you can collect & store blankets Nearly 20% population in cities live on platform /road pavements with sky as their roof . They shiver during winters . The surplus blankets can be given to them via ExNoRa Blanket Bank
Slogan	A Blanket can give a blanket cover protect one who is shivering.
Website	www.exnora.org/blanket

Blanket Banquet

Blanket ExNoRa

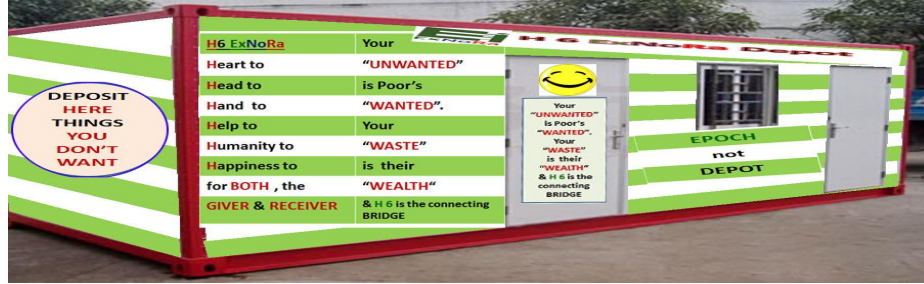
H 6 ExNoRa

Pocket also means a receptacle in which you can collect & store blankets Nearly 20% population in cities live on platform /road pavements with sky as their roof . They shiver during winters . The surplus blankets can be given to them via ExNoRa Blanket Bank

A Blanket can give a blanket cover protect one who is shivering.

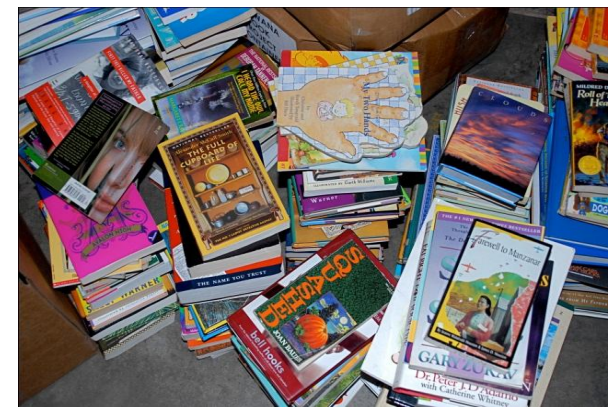
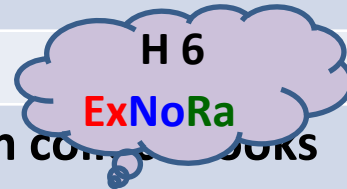
www.exnora.org/blanket





H6 : Previously used goods / commodities / articles are donated for reuse

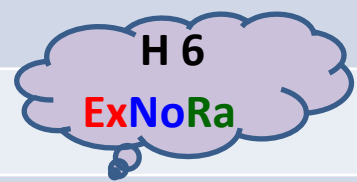
Name	Book Nook
ExNoRa Name	Book ExNoRa
Explanation	Nook means a corner. Allot a corner where you can collect books for distribution to poor students & children Books should never remain idle. It must go in circulation & wake up idle minds . Bot text books & library books
Slogan	Book make one knowledgeable by only one reading it
Website	www.exnora.org/book





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Cycle -Cycle
ExNoRa Name	Bicycle ExNoRa
Explanation	Cycle used cycle for use of another
Slogan	Buy a cycle & give to a poor student on your birthday. Or buy a new bicycle for you & give your old Use Human Resource instead of exhausting Natural Resources & donate it to poor .
Website	www.exnora.org/bicycle





Visually challenges badly needs White Cane . If you remove the last letter of cane "E", cane becomes CAN

H6 : Previously used goods / commodities / articles are donated for reuse

Name	Cane Can	
ExNoRa Name	White Cane ExNoRa	
Explanation	White cane send notice to those with vision & drive carefully for the safety of those without vision	
Slogan	White Cane Red signal for others	
Website	www.exnora.org/whitcane	





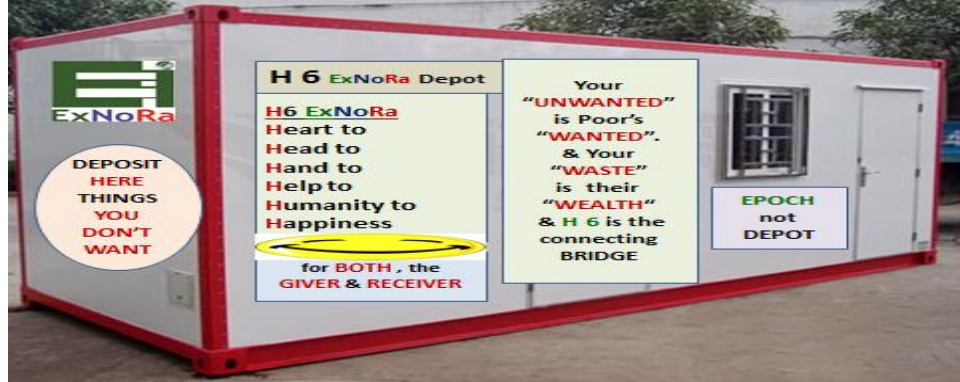
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Clothe Oath	
ExNoRa Name	Clothe ExNoRa	
Explanation	Your surplus dress can save the honour of those who don't have it. Don't postpone . Today , go & see your wardrobe. Whatever you did not wear , remove & give to those who don't have it.	
Slogan	Take a OATH to CLOTHE those who don't have it	
Website	www.exnora.org/cloth	



One lady was advised to wash & wear her sari. She said **"until it dries , what I will wear . I have only one "**



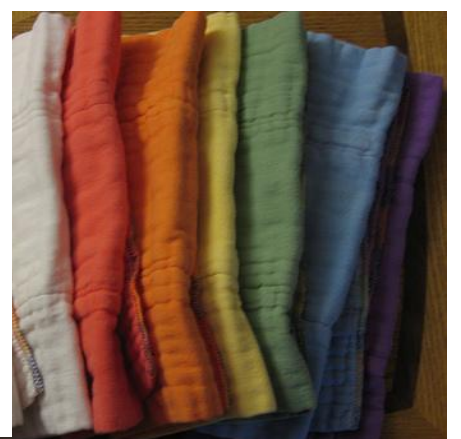


H6 : Previously used goods / commodities / articles are donated for reuse

Name	Cloth Cause	
ExNoRa Name	Cloth ExNoRa	
Explanation	Cloth is different from Clothe and pronounced differently . (A piece of cloth for a particular purpose, such as a tablecloth}	
Slogan	Take a OATH to CLOTHE those who don't have it	
Website	www.exnora.org/cloth	



Poor don't have cloths. In a Panchayat schools, girls asked old rags. They say said during their periods , they need at least old cloths for using as sanitary napkins . One lady asked a cloth to cover her sari with several holes “





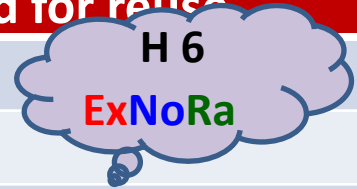
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Computer Adapter	
ExNoRa Name	Computer ExNoRa	
Explanation	<p>Yes computer is the best tutor. You can learn so many things through computer. With internet the world knowledge is at finger tips Used computer is useful to those who don't have computer , particularly for learning.</p>	
Slogan	<p>Used computer can be used by beginners.</p>	

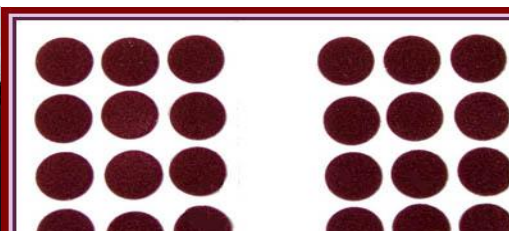




H6 : Previously used goods / commodities / articles are donated for reuse



Name	Cosmetics Aesthetics
ExNoRa Name	Cosmetics ExNoRa
Explanation	Poor women too need it . Poor women too want to appear better. They have money to buy cosmetics which make them look aesthetics . Give from your accumulation a few . See their happiness
Slogan	
Website	www.exnora.org/cosmetics

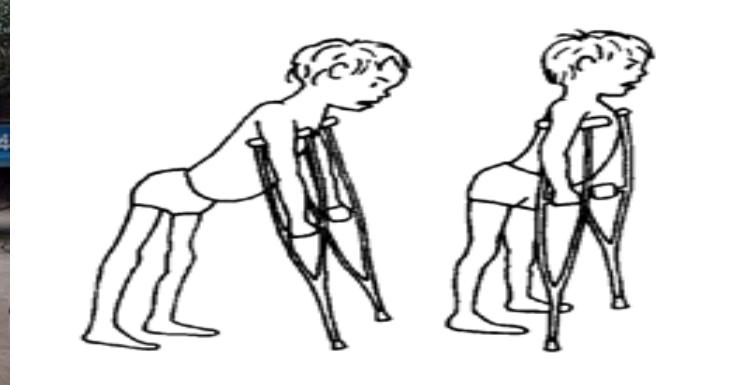




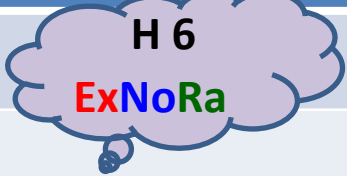
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Cradle Puddle	
ExNoRa Name	Cradle ExNoRa	
Explanation	Puddle means a pool . Pool unused cradles & give to poor where child's safety is far from satisfactory	
Slogan	Cradle ensures the safety of any children	
Website	www.exnora.org/cradle	





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Crutches Braces	
ExNoRa Name	Crutches ExNoRa	
Explanation	Brace : A device that holds or fastens two or more parts together. Yes Crutches braces a Physically Handicapped to walk	
Slogan	Crutch make one ABLE	
Website	www.exnora.org/crutches	





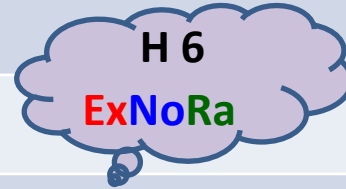
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Dress Bless	
ExNoRa Name	Dress ExNoRa	
Explanation	Used but reusable DRESS can be donated to those who don't have it Dress is different from clothe. Dress is readymade . Bless other at least with your used but reusable dress	
Slogan	As dress is for protection of people & their modesty , this issue has to be addressed	





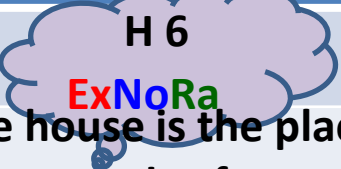
odities / articles are donated for reuse

Name	Fees Ease	
ExNoRa Name	School Fees ExNoRa	
Explanation	Only education can create an equal society	
Slogan	Fees eases a poor boy rom worries & eases the giver to guilt	
Website	www.exnora.org/fees	





H6 : Previously used goods / commodities / articles are donated for reuse

Name	FOOT-WEAR "WARE HOUSE"	
ExNoRa Name	Footwear ExNoRa	 H 6 ExNoRa Wear : to cover . Ware house is the place for storing . Give all your surplus foot we
Explanation	Foot protection is Important as it comes in contact with surface	to those, particularly the workers, who work on the roads under hot Sun without
Slogan	Foot protection is whole human body protection of foot.	
Website	www.exnora.org/footwear	



YX-1821



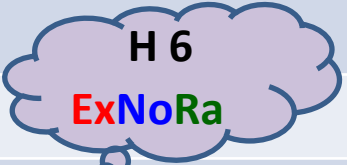
H6 : Previously used goods / commodities / articles are donated for reuse

Name	Furniture Nurture	
ExNoRa Name	ExNoRa Furniture Bank	
Explanation	<p>Everyone needs basic furniture . Children need table & chair to do their study. Nurture poor students with your old furniture and they will do well in their education</p>	
Slogan	<p>Furniture is a tool for good future</p>	





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Gilt Lit	
ExNoRa Name	Gilt Jewel ExNoRa	
Explanation	Lit is Light . Let poor women face become like lights . Donate them gilt jewels It is donation of gilt jewels to poor women. It will certainly remove the guilt of the possessor	
Slogan	Gilt jewel will lit the face of a poor woman	





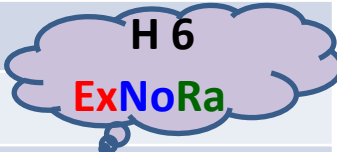
DEPOSIT
HERE
THINGS
YOU
DON'T
WANT

H6 ExNoRa Your
Heart to "UNWANTED"
Head to is Poor's
Hand to "WANTED".
Help to Your
Humanity to "WASTE"
Happiness to is their
for BOTH , the "WEALTH"
GIVER & RECEIVER & H 6 is the connecting BRIDGE

Your
 "UNWANTED"
 is Poor's
 "WANTED".
 Your
 "WASTE"
 is their
 "WEALTH"
 & H 6 is the
 connecting
 BRIDGE

EPOCH
 not
 DEPOT

H6 : Previously used goods / commodities / articles are donated for reuse

Name	Grain Gain	
ExNoRa Name	Granary ExNoRa	
Explanation	One fistful of grain per week by those who can afford will feed all the poor	
Slogan	Your surplus Grain is poor man's gain	
Website	www.exnora.org/grain	





no : Previously used goods / commodities / articles are donated for reuse

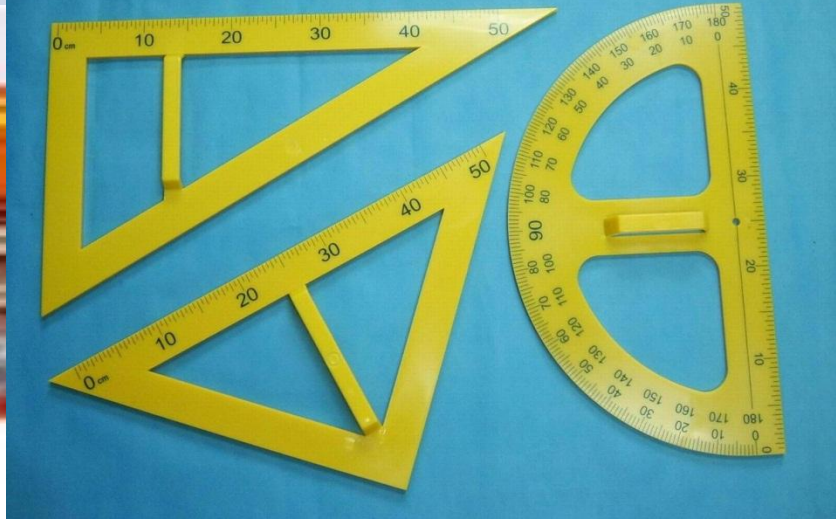
Name	Groceries Necessaries	
ExNoRa Name	Grocery ExNoRa	
Explanation	Groceries costs quite a lot & those who can afford can donate to those who cannot afford via 6 H ExNoRa Seva centre	
Slogan	Groceries have become basic necessities	
Website	www.exnora.org/groceries	





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Instrument Instruments
ExNoRa Name	Education Instruments ExNoRa
Explanation	Instrument also means : To provide or equip with instruments. Poor students need instruments besides books
Slogan	Educational Instruments are instruments for better learning





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Meal Heal
ExNoRa Name	Meal ExNoRa
Explanation	Poverty is the biggest sickness. Cure is sharing food for caring poor
Slogan	Meal heals poverty
Website	www.exnora.org/meal





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Medicine Devine
ExNoRa Name	Medicine ExNoRa
Explanation	Drug Companies can donate medicines well before expiry dates
Slogan	Medicine is panacea
Website	www.exnora.org/medicine





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Napkin Kin
ExNoRa Name	ExNoRa Sanitary Napkin Bank
Explanation	It is a must for poor women
Slogan	
Website	www.exnora.org/napkin





It's previously used goods / commodities / articles are donated for reuse

Name	Shoe Shore
ExNoRa Name	Shoe ExNoRa
Explanation	When it come health & protection , shoes are important . So many of us have so many pair of shoes , not being used . Unused shoes can be donated to those who walk bare foot via ExNoRa Shoe Bank.
Slogan	Your old toy is the cause for the new joy of poor children.
Website	www.exnora.org/shoes





odities / articles a

Name	Spectacle-Spectacle 
ExNoRa Name	Specs ExNoRa
Explanation	Spectacle means a pair of eyeglasses. Another meaning is : Something that can be seen or viewed, especially something of a remarkable or impressive nature. Yes the spec frame is expensive . We have so many specs lying idle in our home . If you give to ExNoRa Seva Centre they can be given to poor . They he / can she something spectacular
Slogan	Your old specs frame will give new vision to a poor
Website	www.exnora.org/specs





H6 : Previously used goods / com

Name	Sports Port
ExNoRa Name	Sports ExNoRa
Explanation	<p>Give your old sports goods to poor children are much stronger than poor persons. But they don't have money to buy sports goods. At the same time the affluent children have so many bats , ball & other sports items . They can at least share it with less fortunate youth via ExNoRa Sports Port</p>
Slogan	Your old toy is the cause for the new joy of poor children
Website	www.exnora.org/sportsprit





H6 : Previously used goods / commodities /

use

Name	Tool Pool
ExNoRa Name	Tools ExNoRa
Explanation	However skilled one is , one ne
Slogan	Pool Talents & tools
Website	www.exnora.org/ utensil





use

Name	Towel To-Well
ExNoRa Name	Towel ExNoRa
Explanation	Towel is the basic need for hygiene which people don't have
Slogan	Towel one for one's well being
Website	www.exnora.org/towel





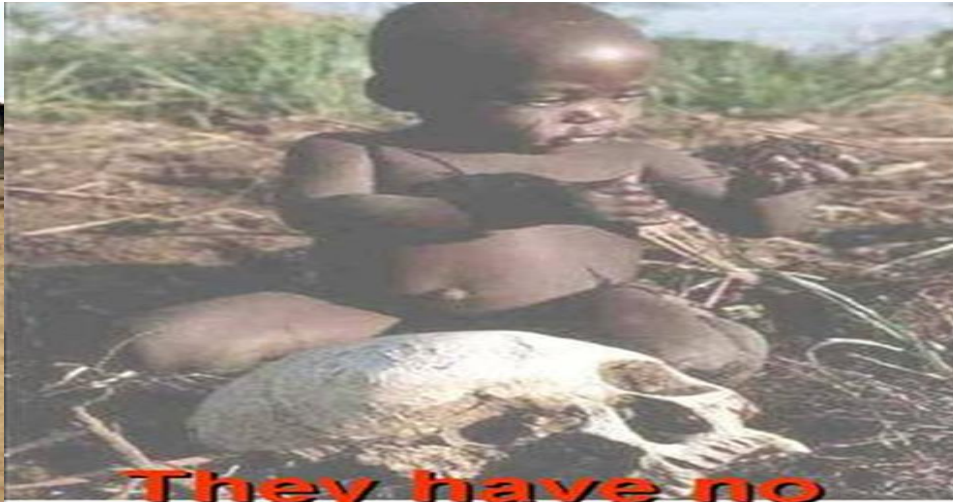
odities / articles are donated for reuse

Name	Toy Joy
ExNoRa Name	Toys ExNoRa
Explanation	Toy gives company & happiness to children. The children who can afford keep buying new toy with old toys remaining untouched gathering dust . If it is given to ExNoRa Toy bank , it will be given to poor children .
Slogan	Your old toy is the cause for the new joy of poor children
Website	www.exnora.org/toyjoy

The boy in the foreground found one old tennis ball & that is the cause of JOY for 9 children



Which TOY of yours, you are going to share & it is going to bring happiness to how many children



They have no option!



H6 : Previously used goods / commodities / articles are donated for reuse

Name	Uniform Transform
ExNoRa Name	Uniform ExNoRa
Explanation	Poor students face another burden , money for buying school uniform
Slogan	Uniform is union of minds
Website	www.exnora.org/uniform





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Vessels Essentials
ExNoRa Name	Vessels ExNoRa
Explanation	Still people have only mud pots
Slogan	
Website	www.exnora.org/vessels





H6 : Previously used goods / commodities / articles are donated for reuse

Name	Wheel Zeal
ExNoRa Name	Wheel Chair ExNoRa
Explanation	One who has no legs can move around with a wheel chair . Can every one of us donate one wheel chair at least once in our life time?
Slogan	Wheels are legs for legless
Website	www.exnora.org/wheel

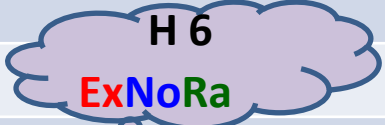


Relief Centre : During & after disasters the place will also be used as a relief Centre by collecting an distributing relief materials



Unwanted commodities / articles are donated for reuse

Name	Distribute to Destitute
ExNoRa Name	Training ExNoRa
Explanation	Distribution Depot for tree saplings & seeds (ExNoRa Tree Bank , ExNoRa Nursery Bank & ExNoRa Seed Bank)
Slogan	You can light one candle with another without loss of light
Website	www.exnora.org/train





SoWaM
Nirmal

'SoWaM' is based on 'W3'

"Why Waste WASTE?"

SoWaM
Nirmal





“WASTE is not WASTE until WASTED”



“WASTE

is

misplaced RESOURCE


&

unrecognized WEALTH -

WASTE NOT WASTE”



SoWaM
Nirmal



**“Don't waste money
on waste,
but make
money from waste”**

***SoWaM
Nirmal***



**‘HASTE’
makes
WASTE’**

***SoWaM
Nirmal***



When you can CONVERT it as 'CASH',

why you set fire to 'TRASH' & TURN it as 'ASH'

SoWaM
Nirmal





To convert WASTE as WEALTH,

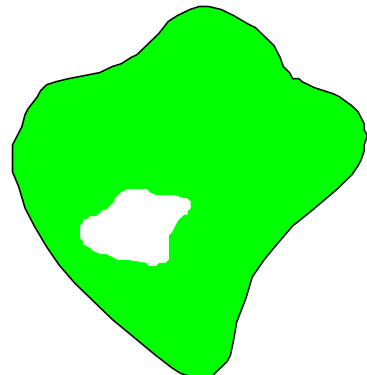
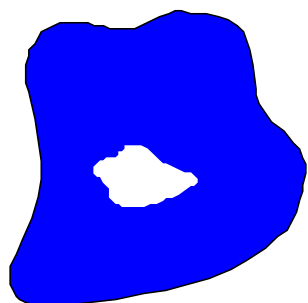
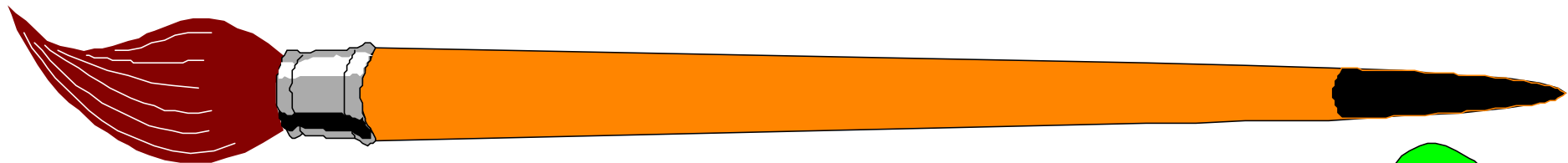
Don't convert WEALTH as WASTE

SoWaM
Nirmal

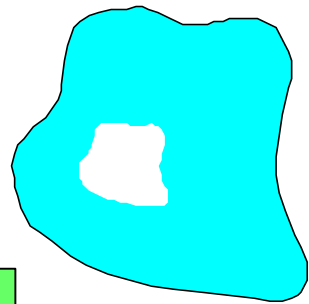
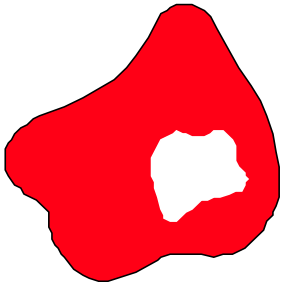
**Waste is best managed
when not generated**

***SoWaM
Nirmal***

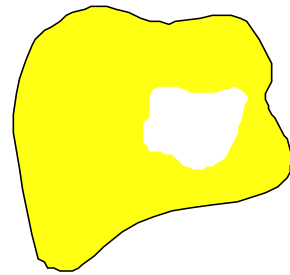
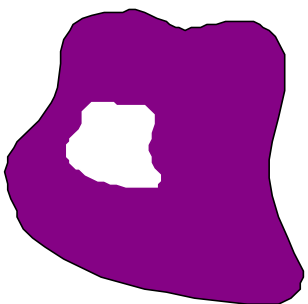




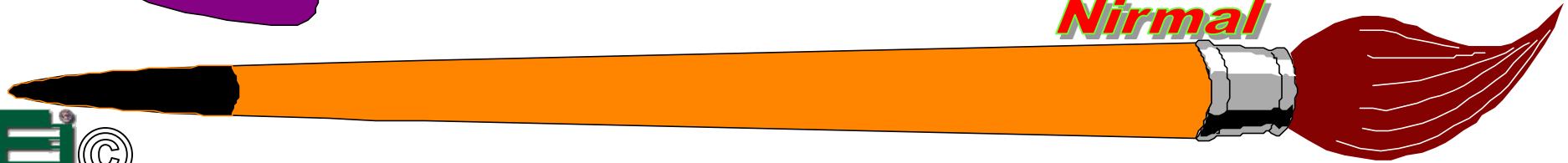
“Don’t
TRANSFER
waste



But
TRANSFORM
waste”



*SoWaM
Nirmal*



Don't 'RELOCATE'

WASTE,

but

'REALLOCATE' WASTE

Exnora's SoWaM

CONVERT

'Trash' as 'Cash'
'Muck' as 'Luck'
'Filth' as 'Wealth'
'Litter' as 'Glitter'
'Waste' as 'Asset'
'Refuse' as 'Resource'
'Rubbishing' as 'Furbishing'
(JUNK ART)

Be part of
EXNORA WORLD SoWaM
Nirmal



Letters 'RE', Friends of Environment

REACTIVATE, REBUILD, RECHARGE, RECLAIM, RECONDITION, RECONSTRUCT, RECOVER, RECREATE, RECTIFY, RECYCLE, REDEEM, REDUCE, REFILL, REFURBISH, REGENERATE, REGULATE, REMAKE, RENEW, RENOVATE, REPAIR, REPLENISH, RESTORE, RESTRICT, RETAIN, RETRIEVE, REUSE, REVIVE & REVOLVE. Many of the words starting with the two letters 'RE' mentioned above are enviro-friendly. Each function would help save our natural resources for future generations and in controlling, curtailing and curbing different types of pollutions.

RECONSIDER



Rags to Riches

Read

“RE”

Refine

THE GREAT

Relocate not the

Refuse, but

Reduce

Reuse &

Recycle &

Reap

Resources



World of ZERO

The principle of SoWaM, the terminology coined & the concept conceived by Exnora has innumerable benefits. It includes 'ZERO' waste management. After all zero was innovated in India & Exnora makes the best use of 'ZERO' which produces countless benefits. Some are:

'SOLID WASTE Management' concept is simple but will produce tremendous results. It has the following outcome / benefits.

ZERO GARBAGE means only a small quantity of garbage will find its way to landfill.

ZERO GARBAGE will lead to ZERO TRANSPORT of trash as it will become cash.

ZERO TRANSPORT will lead to ZERO INVESTMENT in purchase of big trucks.

ZERO TRANSPORT will also lead to ZERO COST towards fuel.

ZERO TRANSPORT will lead to ZERO POLLUTION too by the exhaust of trucks.

ZERO GARBAGE will result in ZERO DUMPING of garbage at landfill.

ZERO DUMPING will result in ZERO LAND POLLUTION at landfill.

ZERO DUMPING will result in ZERO SUB-SOIL POLLUTION at landfill.

ZERO DUMPING will result in ZERO GROUND WATER POLLUTION at landfill.

ZERO DUMPING will result in ZERO AIR POLLUTION at Landfill

ZERO is our HERO

'Zero' was innovated in India



Concept : Nirmal

FURTHER BENEFITS

ZERO GARBAGE INDEED ALSO RESULTS IN

- huge conservation of natural resources,
- preservation of environment,
- saving of water bodies,
- improvement to hygiene,
- protection to the health of people,
- generating self employment opportunities,
- helping organic farming,
- reducing consumption of energy, etc.,

Practice from today 'Sowam' in your home (So-SoWaM), street, residential colony, Office, School, College & neighborhood (De-SoWaM).



SOWaM
NirmaI

Time

ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

The only way & easy method to change the world with NIL money is tapping the precious Human Resource & the Human Resource can be easily tapped by volunteerism. Therefore the most Important activity is VolunCheer

Slogan	VOLUNTEER to STEER the world to CHEER
Name	VolunCheer
ExNoRa NAME	Volunteers ExNoRa
Explanation	EMPOWERING by VOLUNTEERING by creating a World of Volunteerism
Headed by	Team Leader from & among the volunteers
Web	www.exnora.org/volunteer

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan

**Experience is Expertise.
Senior Citizens are repository of
knowledge**

Name

Sense Citizens

ExNoRa NAME

Senior Citizens ExNoRa

Explanation

Service by / to Elders

Led by

Team Leader (a Senior Citizen)

Web

www.exnora.org/senior

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



**Excellent
Novel
Radical**

Slogan	Woman Enablement, World Empowerment
Name	WE
ExNoRa NAME	Women ExNoRa (WE)
Explanation	Service by /to Women
Led by	Team Leader (a Woman)
Web	www.exnora.org/women

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan	Youth, the trustees of Future
Name	YES
ExNoRa NAME	Youth ExNoRa Service (YES)
Explanation	Service by /to Youth
Led by	Team Leader (a Youth)
Web	www.exnora.org/youth

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan	Good students are good at all things
Name	Student Prudent
ExNoRa NAME	Student ExNoRa
Explanation	Service by /to Students
Led by	Team Leader (a student)
Web	www.exnora.org/student

**ExNoRa Seva Centre
H 6 ExNoRa Depot**



Slogan	“Children, God’s Apostles”
Name	“CHEX ”
ExNoRa NAME	Children ExNoRa
Explanation	Service by / to KIDS as ExNoRa Bal-Sevaks
Led by	Team Leader (a KID)
Web	<u>www.exnora.org/kids</u>

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	Professionals Exceptional
Name	Proficienals (Proficient Professionals)
ExNoRa NAME	Professionals ExNoRa
Explanation	Providential service by Professionals
Led by	Team Leader (a Professional)
Web	<u>www.exnora.org/professionals</u>

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	“Help Home-Helpers ”
Name	ServEx
ExNoRa NAME	Servants’ ExNoRa
Explanation	“Help to Helper & Help from Helper”
Led by	Team Leader (a Helper)
Web	www.exnora.org/helper

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan	“Autos are COMMON MAN’S LIMOUSINE”
Name	“AUTO GREAT”
ExNoRa NAME	Auto’ ExNoRa
Explanation	Auto men are part of our Society & play a vital role : Service by & to automen
Led by	Team Leader
Web	www.exnora.org/automen

ExNoRa Seva Centre
H 6 ExNoRa Depot



Excellent
Novel
Radical

Slogan

“A single soul dwelling in two bodies.”

Name

Friends Bank

ExNoRa Name

Friends **ExNoRa**

Explanation

Friendship is the only cement that will ever hold the world together.

Website

www.exnora.org/friend



Find Friend
(**FRI**END)



ExNoRa Seva Centre
H 6 ExNoRa Depot



ExNoRa

Excellent
Novel
Radical

Slogan

“A single soul dwelling in two bodies.”

Name

FaceLook

ExNoRa Name

FaceLook ExNoRa

Explanation

An ON-LAND Community of ONLINE Communities

Website

www.exnora.org/facelook

Centre Management

How to get a building ?

Taking a premises on rent

A philanthropist offering his place

Buying a place by raising funds

Government place e.g. Corporation School premises can be go for a nominal rent

Asking a Corporate to offer their place

Requesting an educational institution to spare space

Buying by bank loan t be availed be individuals

How to pay rent ?

Such great activities take place . People are there , needs to serve are there , activities are there , guidance is there. Only a premises is needed which is a must. It is not at all difficult, if people decide & act.

Out of subscription

Only by people of the Club area donating their old newspaper (if they give their paper & plastic waste , the premises can be more spacious)

Just Re 1/ - per resident

If people of the area , even students pay Re 1/- per person , the rent can be paid.

The premises is fundamental & once it is done, rest will be history.

The premises is fundamental & once it is done, rest will be history.

In-Absentia Members : Any ExNoRa Innovators Club can get in touch with their former citizens, now Non-residents in India or abroad & make them in-absentia members & ask them to give ideas & suggestions for making their former area just like the country they are presently living

.

Companion Club



This is an extension of the category called in-absentia members. Even if there are five non-residents of a town in India now living in the same place within the Nation or city / foreign nation , they can form “ExNoRa Innovators Companion Club”. This will be like a mirror club or sister club. The only objective of the companion club to support the Club in their home place by ideas , money , etc.

Days of Importance for you to observe / celebrate on behalf ExNoRa along with your members without fail. It is a great opportunity to create awareness among members & general public. This is besides the days of National Importance like Independence Day & Republic Day

What are the DAYS of such importance ?

Social Architect Have one – money from CSR – very important you need one

1. Place for various Kinds of Meetings

PLACE FOR VARIOUS MEETINGS

**Nucleus for Meetings for of EIC, RWAs ,
RWA ExNoRas & FedRex**

**Open House, Weekly open houses on a
particular day evening for redressel of
grievances,**

**Meeting Hub (Place) of the Members of the
ExNoRa world of that area & visiting
ExNoRans meeting each other**

**Brainstorming, Seminars &
Roundtables of ExNoRa Seva Centre &
RW ExNoRa of that area**

**Venue for “Face to Face” Meetings with
residents on the one side and the
concerned government department officials
on the other side – e.g. local body, EB ,
Water PDS , Transport will take place.**

**News Paper & Periodicals Reading
Room for members**

**Friends Bank a meeting place for developing
& nurturing FRIENDSHIP through fellowship
(without liquor & tobacco)**

**FaceLook. Place for ON-LAND MEETING
of ONLINE COMMUNITIES**

Gather together – place for Get Together

Reporting point for volunteers of ExNoRa (ExNoRa volunteers Bank - VolunCheer):

Those who want to volunteer to serve can register their name . They can specify what type of service they wish to offer . At the same time those who need volunteers or voluntary service can also register their requirement with ExNoRa Volunteers Bank . Then it is only Matching and Marrying for ExNoRa Volunteers Bank . Men and women old & young , Senior Citizens , House wives can register . They can mention their core passion and talent (via Talent Sheet) which will be made the best use of by ExNoRa Volunteers Bank .

ExNoRa SEVA CENTER



ExNoRa

Innovators Club





**24 Hours
SOS Resort
for 24 hours Guidance &
24 Hours Helpline**

ExNoRa Seva Centre will also have an **Community Alarm**. It will be a siren on a high mast to raise alarm in case of an impending disaster. It is needed in every neighbourhood to alert the people before & during disasters which will save precious lives. It will be installed in the premises of **ExNoRa Seva Center** of **ExNoRa Innovators Club**. See picture. In addition **ExNoRa Seva Centre** will install **Community Network Alarm System** with the cooperation of residents and the houses will be interconnected.

Community Alert Alarm





SOS Centers

**24 Hours Help
Call center**

- **The ExNoRa Seva Centre will be an “Eco-friendly” MODEL and will be recognised as an “Eco-tourist” Spot (Suttru Suzhl Suttrulla Stall) by ExNoRa International”. The tourists, elected representatives government officials , both from India & abroad will flock there to see , understand & Learn**
- **The building will therefore be naturally an “Eco-tourist” Spot . The Office ExNoRa concept will be there in place . Energy Saving , Waste Minimisation , Waste To Wealth Practises, Carbon Neutral Office, Greeneries & Sky Farm all will be in place. The “All Easy Bio-gas plant” is a must. The whole office waste will produce gas for cooking and the gas will also produce power for meeting the office electricity requirements**

ExNoRa Innovators Club & ExNoRa Seva Centre will be 100% eco-friendly premises and the following eco-practices will be in place. It will be an Eco-tourist spot & Ecobition

Here is the checklist for 100% eco-friendly model premises

Source Segregation	Source Composting	Recyclables will be sent to recycling Industries	Handmade Paper recycling will be done
Waste Water will be dealt with & will be used for gardening & Horticulture	Maximum Natural light will be used during day time	Solar Energy will be used	Efforts will be made to install wind mill
Light fittings will be LED	Zero Waste Centre will be installed	Bio-methanation will be carried out	Energy Saving will be carried out as per ExNoRa recommendation
Waste minimisation will be fully practised	Rain Water Harvesting will be implemented		ExNoRa Magic Log Book will be used to reduce power consumption

