



HOBBYT

HABIT GRAB IT **ExNoRa**

HOBBYT

ACQUIRING a new HOBBY of

PROPAGATING GOOD HABITS to the world

.

ORGANISATION NAME

OFFICIAL
NAME

EXPLANATION

The NAME that communicates the PURPOSE. Makes it "SEARCH EASY". Its USE is a MUST



*nick
name*

Used additionally. CATCHY & CRISPY. FOCUSES on the ACTION PART



✓ tagline

The line that you always REMEMBER, serving also as a SLOGAN





HOBBYT

ACQUIRING a new HOBBY of PROPAGATING
GOOD HABITS to the world .

The *GOAL* is 100% POSSIBLE. VIEW the whole
content, get acquainted & IMPLEMENT.

QUITE EASY to PUT into PRACTICE.

DO SHARE WITH OTHERS FOR THEIR WELLBEING !

OFFICIAL NAME

of the **SATELLITE ORGANISATION** or **ACTIVITY**

(with the NICK-NAME just beneath followed by TAGLINE)

HOBBYT

HABIT GRAB IT **ExNoRa**

ACQUIRING a new HOBBY of PROPAGATING
GOOD HABITS to the world .

modus
operandi

MAKING it a HOBBY of
SPREADING GOOD HABITS



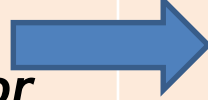
The **OFFICIAL NAME** of the organisation below & the **NICKNAME** will come above the **OFFICIAL NAME**. Below the **NICKNAME & OFFICIAL**, the **TAGLINE / SLOGAN** will find its place



HOBBYT

HABIT GRAB IT **ExNoRa**

OFFICIAL NAME OF THE
SATELLITE ORGANISATION or
ACTIVITY with nick name below



HOBBYT

HABIT GRAB IT ExNoRa

TAGLINE :

MAKING it a HOBBY of SPREADING GOOD HABITS

Options

as a **S**ubsidiary Organisation (**SU**)
or as a **S**atellite Organisation (**SA**)

OPTION 1

SU



OPTION 3

SA

HOBBYT

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can be a

SUBSIDIARY ORGANISATION
or an **A**CTIVITY of your parent
ExNoRa **I**NNOVATORS CLUB or
Residents **W**elfare
Association (**RWA**)
of the **P**LACE / **I**NSSTITUTION

OPTION 2

HOBBYT

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a

can be an **I**NDEPENDENT
Satellite **O**RGANISATION
of your area / institution
affiliated to
the top body (HQ) of
ExNoRa **I**NNOVATORS
INTERNATIONAL

HOBBYT

HABIT GRAB IT **ExNoRa**

HOBBYT

ACQUIRING a new HOBBY of PROPAGATING
GOOD HABITS to the world

is VERY MUCH PART of

JEEVAN SHASTRA, LIFE SCIENCE,

(जीवन विज्ञान) for

LIVING as HUMAN BEING

&

MANUSHYA SHASTRA, HUMAN SCIENCE
(मनुष्य विज्ञान) for **BEING HUMAN BEING**



ExNoRa Innovators Club facilitates, as a SERVICE,
TRAINING each & every HUMAN in the Art & Science of
INNOVENTIONS (Innovation + Invention)
for his OWN and SOCIETAL WELL-BEING

ExNoRa Innovators Club
SINGLE WINDOW &
WONDER WINDOW
to solve from PERSONAL to
SOCIETAL PROBLEMS



ExNoRa INNOVATORS CLUB for 100% Civil Society Empowerment

PART OF
MANUSHYA SHASTRA, HUMAN
SCIENCE
for BEING HUMAN BEING
for realising
JEEVAN SHASTRA, LIFE SCIENCE

for LIVING as HUMAN BEING

JOIN / START YOUR
RESIDENTIAL AREA /
INSTITUTIONAL
(Office/ School/ College)
ExNoRa Innovators Club
today and harvest success

Learn through your
ExNoRa Innovators Club

to Innovate for the

wellbeing of

Self

Family

Society

Business

Nation & the

Planet



**Innovate
OR stagnate**

ExNoRa INNOVATORS INTERNATIONAL - since 1988

“IDEA-MEN of the WORLD, UNITE”

is the largest organisation in India for **INNOVATIONS** for self-improvement and societal development & **one of the fastest growing in the world**, **founded in India** & operates through its **LOCATION / INSTITUTION** based chapters,



ExNoRa INNOVATORS CLUB

ExNoRa stands for
Excellent Novel Radical

ExNoRans ensure these three qualities in their
Thoughts / Words / Action & Innovate

ExNoRa is the **ONLY** Club
which trains and
makes its members
INNOVATORS PAR EXCELLENCE

One who wants to serve by **INNOVATIONS** joins **ExNoRa** Innovators Club.
He or she uses the prefix **Exn** as short form of **ExNoRa**
e.g. Exn Ram, Exn. Robert, Exn Rahim before his / her name
and is always addressed by others as an **ExNoRa** **INNOVATOR**

ExNoRa : What the 3 colors **Green**, **Blue** & **Red** signify?

The **GREEN** represents **ENVIRONMENT**,

The **BLUE** represents **PEACE** &

The **RED** represents **SACRIFICE**

We need Clean & Green **ENVIRONMENT** & **PEACE** in our
society & within ourselves & we can get both by only **SACRIFICE**

All these easily
realised through
INNOVATIONS



The world will 100% start moving fast towards **ZERO** in the following areas. Join / Start YOUR “**ExNoRa** INNOVATORS CLUB”

**Zero
Pollutions &
Wastes**

**Zero
Corruption**

**Zero
Communalism**

**Zero Crimes &
Murders**

**Zero
Dishonesty**

Zero Hate

**Zero Food &
Water
Shortage**

**Zero Violence
& Extremism**

**Zero
Greed**

**Zero
Inhumanness**

Zero Wars

**Zero
Alcoholism**

**Zero
Accidents**

**Zero
Inequality**

**Zero Gender
Bias**

**Zero Bonded &
Child Labour**

Make yours is a licensed
Satellite Organisation
(Satellite ExNoRa)

of

ExNoRa Innovators International
the Parent Organisation

ExNoRa International Head Quarters
LICENSE



Remember to get **ExNoRa** License
for your Satellite Organisation

HOBBYT

HABIT GRAB IT **ExNoRa**

CHANGE

CLIMATE CHANGE



& MAKE YOUR

HABITAT a HAPPYTAT

by damn simple **5 HABITS**

FIVE simple
HABITS to
make

HABITS
make
HABITATS

Your **HABITAT**
a **HEAVEN.**



&

Our common
HABITAT,
HABITABLE



The Earth saving 5 habits are same like your following 5 morning habits, quite simple.



Brushing teeth



Washing Hand



Drinking
Coffee / Milk



Reading
Newspaper



Taking Bath

**These are routine
5 morning Habits.
Your earth saving
5 habits are also
same & simple**

Saving Planet has been made simple by everyone just acquiring simple habits

Know something interesting about the word
HABIT

Good or Bad, Habits Die Hard

Good Habits improve Quality of Life

Develop Good Habits

Make now a **GOOD HABIT** of developing **GOOD HABITS**.

Start a **GOOD HABIT** today

Adopt **ExNoRa** Basic Mantra
as your new **Habit**

Acquire a new **HABIT**

Remove the first letter
'H' from the word **HABIT**

'**A BIT**' WILL be still there

Now remove the first letter '**A**'

'**BIT**' will still be there

Now remove the first letter '**B**'

'**IT**' will be there

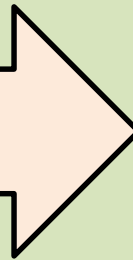
YES! Once it becomes a '**HABIT**'
it will always be there

5 HABITS

As **ExNoRa** member
you need to acquire
the five simple
Earth Saving **HABITS**

These habits will help
you to realise clean &
green Environment, i.e.
Your **IMMEDIATE
ENVIRONMENT**

Practise of these
5 habits are
equal to your
practice of



EveryDay
is
**EARTH
DAY**



Can you believe that 5 habits can save the PLANET and make your Habitat as Habitable ?

HABIT
GRAB-IT

HABIT
GRAB-IT

HABIT
GRAB-IT

HABIT 1
INITIATE
INDIVIDUALLY

RESULT
FLOWERING
MIND

ONE MAN
ORGANISATION
"i" ExNoRa

HABIT 2
DO
DOMESTICALLY

RESULT
HEAVENLY
HOME

FAMILY
ORGANISATION
HOME ExNoRa

Can you believe that 5 habits can save the PLANET and make your Habitat as Habitable ?

HABIT 3
ACT LOCALLY



RESULT
STREET a
VISUAL
TREAT



STREET or
Res. Colony
organisation
"RWA" ExNoRa

HABIT 4
RENDER
COLLECTIVELY



RESULT
Neighbourhood
Neighbourly-hood



Neighbourhood
ORGANISATION
ExNoRa
INNOVATORS CLUB

HABIT 5
THINK
GLOBALLY



RESULT
PLANET
PLANT-NET



ORGANISATION
ExNoRa
INNOVATORS
INTERNATIONAL

My 1st HABIT in MY MIND
INITIATE INDIVIDUALLY for
FLOWERING MIND via "i" ExNoRa

EARTH SAVING
PANCHA MANTRA

HABIT 1

MY MIND



The moment you think of Environment,
you should, as an individual, breathe
GREEN & carry on the DOs & Don'ts
via "i ExNoRa". Join "i ExNoRa" today

MAKE your
HABITAT
as a
HAPPYtat by becoming
an "EXNORA
Innovators Family"



HAPPYtat
Indra Kumar's
Happy
"ExNoRa
Innovators'
Family"



Basic Earth Saving PANCHA MANTRA

Habit 1

MY MIND

My Mind

is

FLOWERING MIND

"Initiate
Individually"

via

i ExNoRa

Say "Greening Starts With Me" & begin



Think Green



Practise Green



Source Segregate



Source Compost



Paper Prosper - Source
Recycle



Plant Tree



Use Waste Water for
plants



Grow Your Vegetables
(vertical sky farm)


**ExNoRa Magic
Log Book**
Save consumption of
electricity, cooking
gas, petrol & water

Save Electricity, Gas & Petrol -
Use **Magic Log Book**

1

How to know & measure the energy that you save?
There comes "ExNoRa Pocket Magic Log Book" which
you please maintain.

EXcellent NOvel RADical ExNoRA



ExNoRa
Magic Log Book
for
Office Exnora Activity
'SELF AUDIT' of the Carbon
Footprint by the Government STAFF

Every little step you take will be a giant help
towards preserving Mother Earth. This little
card is to encourage you to take this small step
in your scope of activity.

Global Warming which includes Sea Level Rise, Acidic
Warmth, etc. etc. wipe out nearly life form on our planet
Global Warming is mainly due to excessive burning of
solid fossil fuel, "COAL" & liquid fossil fuel,
"PETROL / DIESEL / KEROSENE / Natural"
which generate the "Green House Gases"
We need to urgently reduce the burning of fossil fuels

GRS
Magnet School
Environmental Partners

A tour of this photo presentation will motivate you for LIFE Start Now **Activities Check List**. Use the check box for making yours a **MODEL HOME & COMPLETE HOME**

As you take up & complete check each box



Clean Home
Hygiene Home
Green Home
Pollution Free Home
Renewable Energy Home
Conservation Home

Safe Home
Healthy Home
Hygiene Home
Motivated Home
Affectionate Home
Happy Home

THE COMPLETE HOME

Home **ExNoRa** & **ExNoRa** INNOVATORS FAMILY will **DOMESTICALLY** swearing "All Good Things Begin With Us" to innovate & practise . Their Home will be a model.

Incredible it is . Every individual acquiring just one **HABIT**, **Initiate Individually**, his **HOME**, his **STREET**, his **AREA** & our **PLANET** are all taken care, becoming clean, green, safe & a model

Don't get panicky that you must acquire **5 HABITS**

Imagine how we become panicky when we face a natural disaster.

Here is the good news. Just pick up the **1st Habit** "Initiate Individually"

The other four **HABITS** are automatic

Be sincere in your duties to mother **EARTH**

YOUR 1st HABIT :
YOUR **MIND**
"**INITIATE INDIVIDUALLY**" for
"**FLOWERING MIND**" via
i **ExNoRa**

You do first & spread. Make your family members, friends, colleagues & neighbours also adopt this habit, which will result in **FLOWEING MIND** . This will automatically lead to heavenly Home, Street Treat, Neighbourhood Neighbourly-hood

The 2nd HABIT (of our family) in
MY HOME DO DOMESTICALLY for
Heavenly Home via HOME ExNoRa

EARTH SAVING
PANCHA MANTRA

HABIT 2

MY HOME



What everyone does in his /
her home will save our only
home, the planet.

Treat your home gently like you will treat
a woman

Clothe your home with a green sari and a
place a scarf on her head





COOL HOME



COOL HOME



COOL HOME



My 2nd HABIT in MY HOME
DO DOMESTICALLY for
HEAVENLY HOME via HOME ExNoRa

Before



After



in your Home follow the Dos & Don'ts & make your HOME Clean, Green, Safe & a Model. You will prevent indoor pollution and can grow your vegetables.

My Home

is

HEAVENLY HOME

"DO DOMESTICALLY"

via

Home ExNoRa

Declare "Charity Begins at Home" & DO

Your dwelling may be just a

HUT

or

PALATIAL BUNGALOW



5 Habits

2nd



It is a HELL or HEAVEN does not depend on the money spent . But on how it is maintained

Do you want to see how Habit 2 , "Do Domestically" transformed a slum HOME ?

What makes a Home HEAVENLY?

Use this as a
CHECKLIST

1. Source

Segregation of Solid Waste

5. Source Liquid Waste Management with Black , Grey & White Waste Water treated & used

2. Source Composting of Organic Waste

6. Safety , Hygiene & Indoor Pollution Prevention

3. Having a system for Recyclables like Plastic & Paper reaching the respective Recycling Industry

7. Home Gardening , Home Farming & Tree Planting, including Vertical Terrace Farming, Indoor Farming & Home Front Gardening

4. Hazardous waste alone handed over to Local Body for safe disposal

8. Source Rain Water Harvesting

9. Energy Saving & Conservation by maintaining ExNoRa Magic Log Book

HOME WITH a HEART
HOUSE IS BUILT BY
CONCRETE
HOME IS MADE OF LOVE

AS YOU IMPLEMENT, CHECK EACH BOX (TICK) ONE BY ONE



CHECKLIST

CLEAN HOME	<input checked="" type="checkbox"/>	WASTE CHASTE HOME	<input checked="" type="checkbox"/>
HYGIENE HOME	<input checked="" type="checkbox"/>	POLLUTION FREE HOME	<input checked="" type="checkbox"/>
GREEN HOME	<input checked="" type="checkbox"/>	REENERGY HOME	<input checked="" type="checkbox"/>
HEALTHY HOME	<input checked="" type="checkbox"/>	RESPONSIBLE HOME	<input checked="" type="checkbox"/>
SAFE HOME	<input checked="" type="checkbox"/>	CONSERVATION HOME	<input checked="" type="checkbox"/>
HAPPY HOME	<input checked="" type="checkbox"/>	MOTIVATED HOME	<input checked="" type="checkbox"/>

Make your dwelling a **COMPLETE HOME** by initiating **HOME ExNoRa**. Please see the 4 minutes video & separate PPT



SCHOOL WITH a HEART

CHECKLIST

As you implement, check each box (TICK) one by one (DO DOMESTICALLY for school students also mean their school)

CLEAN SCHOOL	<input type="checkbox"/>	WASTE CHASTE SCHOOL	<input type="checkbox"/>
HYGIENE SCHOOL	<input type="checkbox"/>	POLLUTION FREE SCHOOL	<input type="checkbox"/>
GREEN SCHOOL	<input type="checkbox"/>	RENERGY SCHOOL	<input type="checkbox"/>
HEALTHY SCHOOL	<input type="checkbox"/>	RESPONSIBLE SCHOOL	<input type="checkbox"/>
SAFE SCHOOL	<input type="checkbox"/>	CONSERVATION SCHOOL	<input type="checkbox"/>
HAPPY SCHOOL	<input type="checkbox"/>	MOTIVATED SCHOOL	<input type="checkbox"/>

Make your school a COMPLETE SCHOOL by initiating SCHOOL ExNoRa.

Please see separate PPT

COLLEGE WITH a HEART

CHECKLIST

As you implement, check each box (TICK) one by one (DO DOMESTICALLY for COLLEGE students also mean their COLLEGE)



CLEAN COLLEGE	<input type="checkbox"/>	WASTE CHASTE COLLEGE	<input type="checkbox"/>
HYGIENE COLLEGE	<input type="checkbox"/>	POLLUTION FREE COLLEGE	<input type="checkbox"/>
GREEN COLLEGE	<input type="checkbox"/>	RENERGY COLLEGE	<input type="checkbox"/>
HEALTHY COLLEGE	<input type="checkbox"/>	RESPONSIBLE COLLEGE	<input type="checkbox"/>
SAFE COLLEGE	<input type="checkbox"/>	CONSERVATION COLLEGE	<input type="checkbox"/>
HAPPY COLLEGE	<input type="checkbox"/>	MOTIVATED COLLEGE	<input type="checkbox"/>

Make your COLLEGE a COMPLETE COLLEGE by initiating COLLEGE ExNoRa.

Please see separate PPT

OFFICE WITH a HEART

CHECKLIST

As you implement, check each box (TICK) one by one (DO DOMESTICALLY for OFFICE students also mean their OFFICE)



CLEAN OFFICE	<input type="checkbox"/>	WASTE CHASTE OFFICE	<input type="checkbox"/>
HYGIENE OFFICE	<input type="checkbox"/>	POLLUTION FREE OFFICE	<input type="checkbox"/>
GREEN OFFICE	<input type="checkbox"/>	RENERGY OFFICE	<input type="checkbox"/>
HEALTHY OFFICE	<input type="checkbox"/>	RESPONSIBLE OFFICE	<input type="checkbox"/>
SAFE OFFICE	<input type="checkbox"/>	CONSERVATION OFFICE	<input type="checkbox"/>
HAPPY OFFICE	<input type="checkbox"/>	MOTIVATED OFFICE	<input type="checkbox"/>

Make your OFFICE a COMPLETE OFFICE by initiating OFFICE ExNoRa.

Please see separate PPT

Green your Home. Various types of GARDENS to suit your HOME



Front Garden



Sunshade Garden



Gate Garden



Balcony Garden



Living Wall



Indoor Garden



Compound Garden



Terrace Vertical Garden



Inside Garden



Terrace Lawn



Garage Garden



Terrace Foldable Lawn



Front Garden



Sunshade Garden



Gate Garden



Balcony Garden



Living Compound Wall



Rooftop Garden



Compound Garden



Terrace Vertical Garden



Inside Garden



Terrace Lawn



Rooftop Garden



Terrace Foldable Lawn

Same green wrapping for your office, school & college

Our 3rd HABIT is **ACT LOCALLY** in my street / residential colony by the residents together for making our **STREET a VISUAL TREAT** via **RWA ExNoRa**

**EARTH SAVING
PANCHA MANTRA**

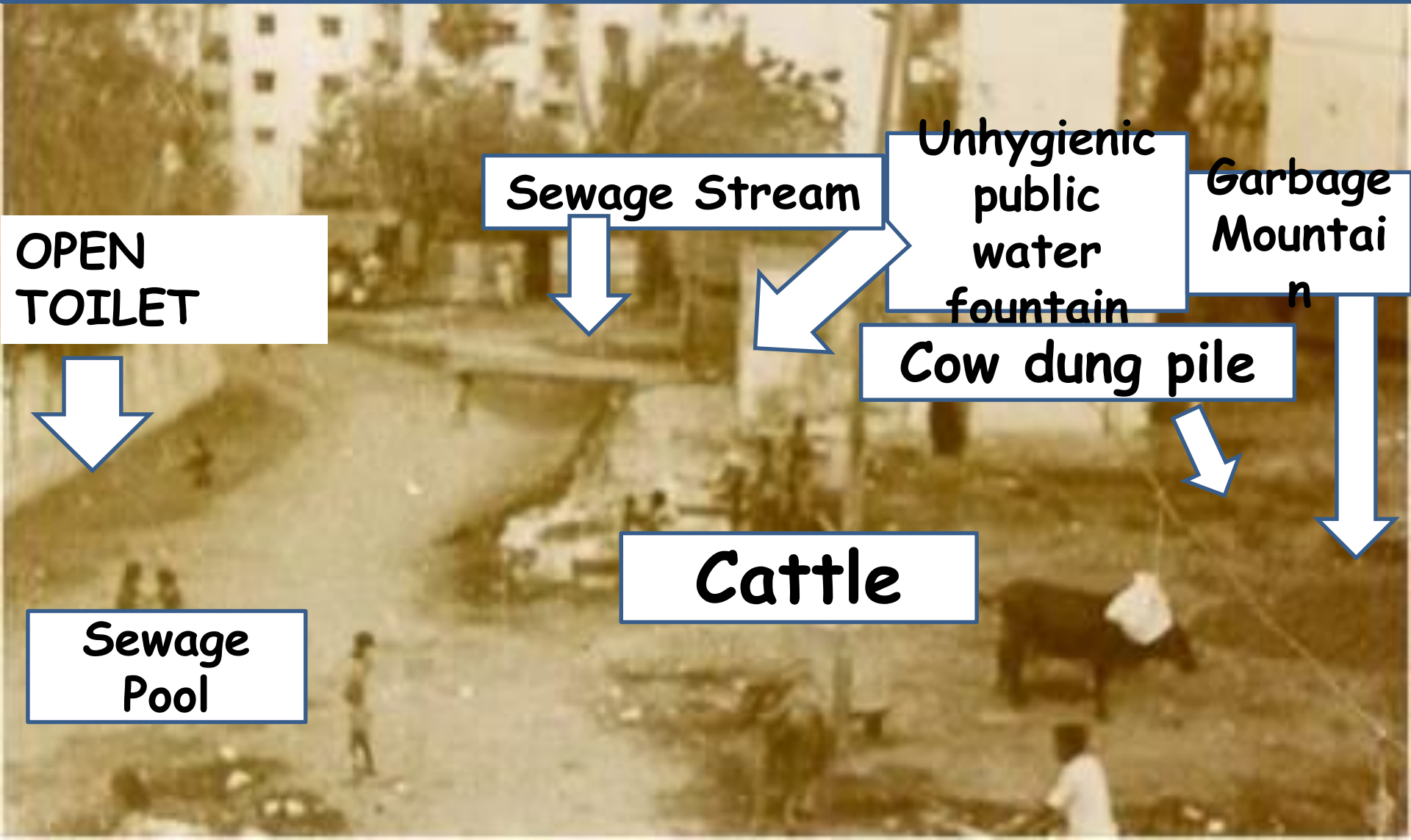
HABIT 3

MY STREET/ AREA



**Model streets & Residential Colonies
lead to model towns / villages &
ultimately model NATION**

Do you want to know how the **HABIT NUMBER : 3**
"Act Locally" changed the surrounding of this dirtiest
house possible in the world ?



Our STREET is a visual TREAT

"ACT LOCALLY "

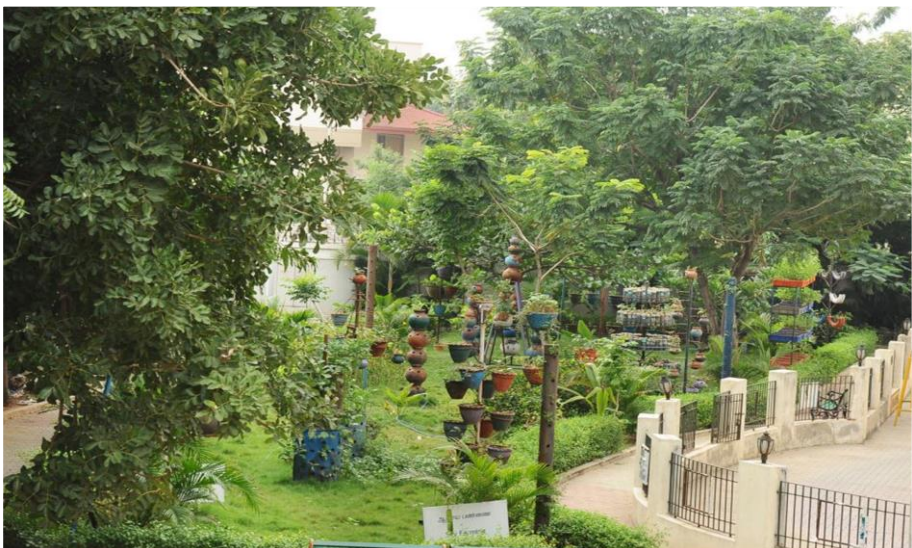
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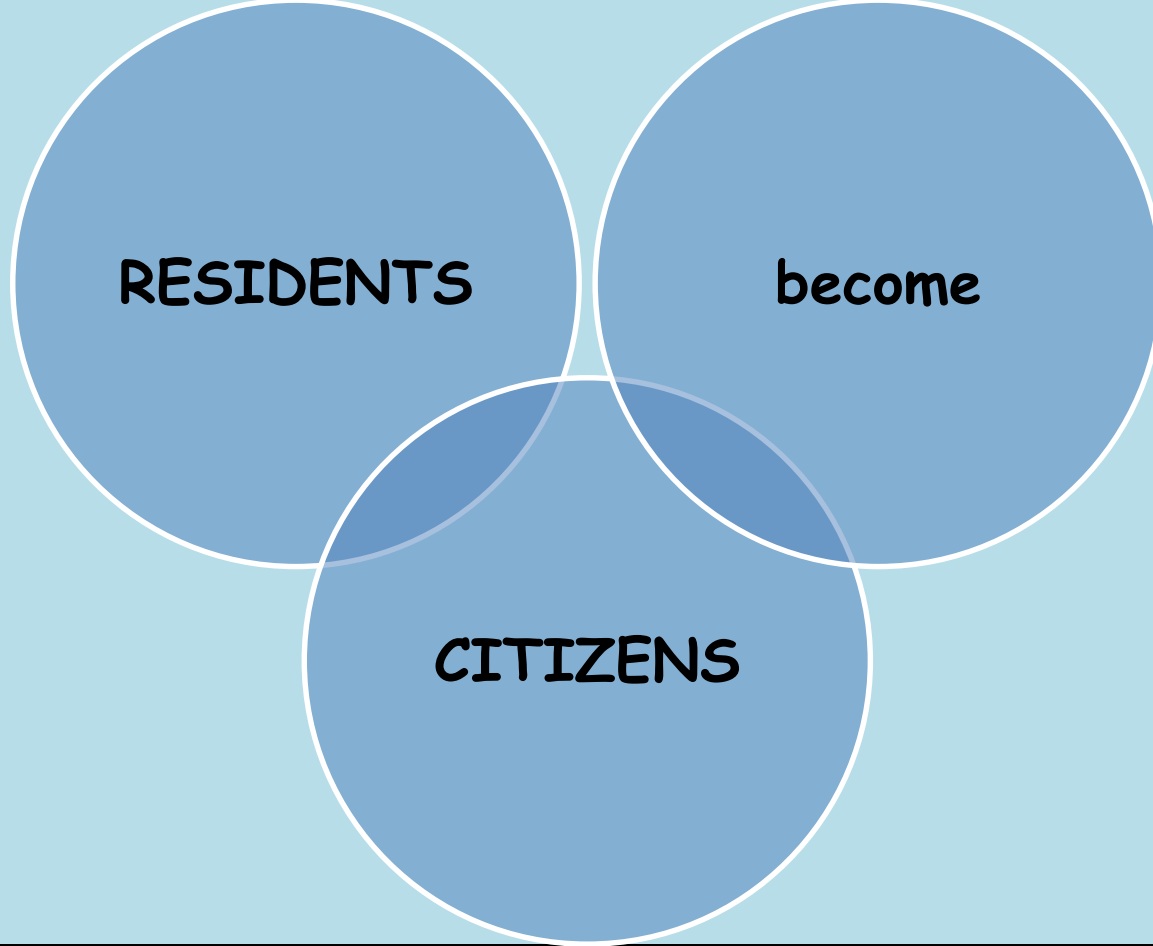
RWA ExNoRa

VOW "TOGETHER WE WIN" & MARCH



See the Model Street Presentation





Via your
RWA **ExNoRa**

& make your
street a
visual

TREAT

What makes a **sTREEt** a **TREAT**?

1. Source Segregation of Solid Waste in every unit

2. Source Composting of Organic Waste

3. Decentralised Solid Waste Management . Street Level Community Composting with a system for Recyclables like Plastic & Paper reaching the respective Recycling Industry

4. Hazardous waste alone handed over to Local Body for safe disposal

5. Source Liquid Waste Management with Black , Grey & White Waste Water treated & used

6. Street Safety , Hygiene & outdoor Pollution Prevention

7. Street Gardening , Street Farming

8. Energy Saving & Conservation

9. Decentralised Rain Water Harvesting

Use this as a
CHECKLIST

5 Habits

3rd

"Street a Treat & Delight"

Pictorial Menu

Eight ingredients which make a road a model via its Residents Welfare Association **ExNoRa**. **ExNoRa** will guide and lend support to you to get them. One can make use of eight wonder **ExNoRa** Social Change Instruments "**ASK**", "**We are One**" (formidable **COLLECTIVISM**), "**Face to Face Meetings**" etc. & get these eight needs within a short time.



And you must get all the eight



After all basic requirements



You will get with the guidance of **ExNoRa**



The Best & Model Road Layout

PEDESTRIAN PATH

CYCLISTS PATH

AUTOMOBILE PATH



The Best & Model Road Layout

PEDESTRIAN PATH

CYCLISTS PATH

AUTOMOBILE PATH



The Best & Model Footpaths

STRIP GARDEN

PEDESTRIAN PATH

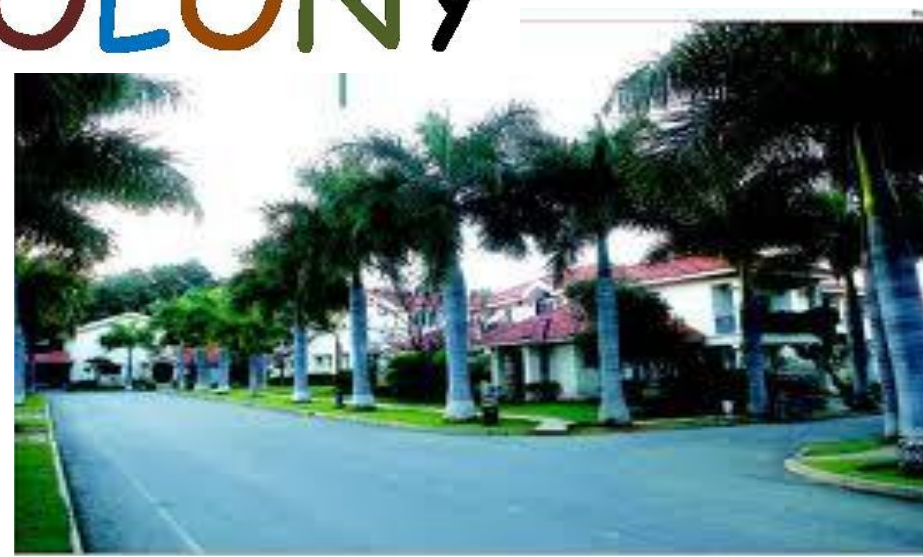
STRIP GARDEN



Under 3 you have one more, **Residential Colony CATEGORY**
(Cluster of streets including Gated Communities) and residents
"Together Act Locally" for **Cozy Colony குதுகல குடியிருப்பு**
via **RWA ExNoRa**



COZY COLONY



Our 4th HABIT is **RENDER COLLECTIVELY** in our neighbourhood by the residents as well as all Residents Welfare Associations together for making our Neighbourhood as **Neighbourly-hood** via **ExNoRa INNOVATORS CLUB (CHAPTER)**

**EARTH SAVING
PANCHA MANTRA**

HABIT 4

MY NEIGHBOURHOOD



**Model Neighbourhoods lead to
model towns / villages & ultimately
model NATIONS**

My neighbourhood	is	Neighbourly-hood
"RENDER COLLECTIVELY"	via	ExNoRa Innovators Club

BELIEVE "Sustain-innovation for Salvation"
& SUTAINNOVATE



Basic Earth Saving
Pancha Mantra /
Habit
4
MY AREA

What makes neighbourhood a model.
The role of ExNoRa Innovators Club

Use this as a CHECKLIST

1. Initiating RWA ExNoRa in every Street & Flat Complex

2. Starting Students' ExNoRa Innovators Club in every School & College

3. Launching ExNoRa Innovators Club in every Office / Industry

4. Opening Place of Worship ExNoRa of all faiths & Bus stands & Railway Stations ExNoRa

5 Habits

4th

5 Initiating In Market Areas & Shopping Complexes ExNoRa

6. Inaugurating in Hostels, Hospitals, Hotels, ExNoRa

7. Introducing Parks, Playgrounds, Places of Entertainment & Crematoria ExNoRa

8. Coordinating activities of all these organisations, collect suggestions , prepare blue print for the whole area , present to the authorities (Governments) and collectively pursue for implementation

9. Having its own office which will house a. ExNoRa Seva Centre which in turn will have a. ExNoRa Humanity Bank & b. ExNoRa Humanity Bunk . The place will be used for Sustainnovation & 50 activities . The rent for the place will come from the activities itself

My 5th HABIT @ MY PLANET
THINK GLOBALLY for
PLANET PLANT-NET via
ExNoRa INNOVATORS INTERNATIONAL

Basic Earth Saving
PANCHA MANTRA

Habit 5

MY PLANT



WHATEVER YOU DO, THINK OF THE PLANET & DO

This is similar to "MY MIND" and basic.
Whatever we do here impacts the planet, our only
HOME & it boomerangs. As we do anything, we
should think of our planet first.

MY PLANET	is	PLANET PLANT-NET
"Think Globally "	via	ExNoRa International

Work for "Ideamen of the world UNITE"

When you do anything , think of the PLANET, our only HOME & ponder. Whatever you do will improve or spoil the planet? That is called as "Think Globally"



Basic Earth Saving
PANCHA MANTRA
HABIT 5
MY PLANET

MY PLANET-
My Only Home

What
should
you do
NOW?



BEGIN HOME AWESOME
in your **DWELLING**
(even in FLAT or HUT)
via HOME **ExNoRa**



START
s**TREEt** **SWEET**
in your **ROAD**
(SMALL ROADS
: It can be for a
few roads)
via **RWA ExNoRa**



INITIATE
“**COLONY COZY**” or
“**COSY COLONY**”
in your
RESIDENTIAL COLONY
(or Neighbourhood)
via **ExNoRa** Innovators Club
(**EIC** also in your **INSTITUTION** -
College, School & Office)

+ NEIGHBOURHOOD NEIGHBOURLY-HOOD

"THINK GLOBALLY"

meaning

Whatever you do,
whenever you do,
wherever you do,
keep the planet, in your MIND,
as every action of humans impact the
planet, our only HOME.
Hence "Think Globally"
(think of the planet) while you
"ACT LOCALLY"

HABIT GRAB IT is MANAGEMENT-SIMPLE

What is 'MANAGEMENT' ?

Remove the last letter 'T'

Yes 'MANAGEMENT' is nothing but 'MANAGE MEN'

What is 'MANAGE MEN'?

Remove the last letter 'N'

Yes it is 'MANAGE ME'

- Yes ! Manage Yourself !!
- You will find your HABITS are managed !!!
- Practise 5 HABITS in letter in spirit, save your habitat & our Habitat, the planet & live long, healthily !!!!

What is MANAGEMENT?

The 5 habits can become the world's simplest management

1. What is MANAGEMENT?

2. Remove the last letter "T"

3. Yes MANAGEMENT is nothing but "MANAGE MEN"

4. Then what is "MANAGE MEN"?

5. Remove the last letter "N"

6. Yes it is "MANAGE ME"

7 Manage yourself . The world will have one true person

8. That is what is "i" ExNoRa is all about

9. Join Today "i" ExNoRa & learn to manage yourself

It is so simple. 5 habits can make your world which are your home & Street & our WORLD, the PLANET beautiful. For that you need to do only one thing, making Flowering Mind as your HABIT via ExNoRa & rest will be automatic **i**



Flowering Mind
via
i ExNoRa

My 1st HABIT : **MY MIND**
"INITIATE INDIVIDUALLY"
for **"FLOWERINMIND"** via
i ExNoRa



Heavenly Home
via Home
ExNoRa

My 2nd HABIT : **MY HOME**
DO DOMESTICALLY for
"HEAVENLY HOME" via Home
ExNoRa



s**TR**EET **TREAT** via
RWA Civic ExNoRa

My 3rd HABIT : **MY STREET**
ACT LOCALLY for
"sTR**EET+ **TREAT**"**
RWA Civic ExNoRa



Area Gloria
via ExNoRa
Innovators Club

My 4th HABIT : **MY AREA**
RENDER COLLECTIVELY
via ExNoRa Innovators Club



If you do the
above 4 duties, it
means you "Think
Globally" &
you will get
Planet Paradise

My 5th HABIT: **MY PLANET**
THINK GLOBALLY All begins with
"Think Globally" as what you do
here affects the planet. Answer
Planet Paradise

Please contact
ExNoRa International
+ 91 98400 34900
exnora@gmail.com
www.exnora.org
www.exnora.in

CONCEPT
Human Tsunami &
7th Sense Master
Exn Dr Nirmal Basu

THINK GLOBALLY

& Always REMEMBER this



Whatever you DO, whenever you DO,
& from wherever you DO, just not think ONLY of you &
your interests, but think about the PLANET & ITS
Interests & then DO .

Because what you do locally, affects the
PLANET and results in GLOBAL Problems



GLOBAL problems have LOCAL repercussions
and affects you. In one word, your ACTION
boomerangs on you.

5 Habits

5th

Boomerang goes high
different directions ,
but lands at the same
place

Boomerang
is thrown
from here

See the boomerang
landing person at the
same place / person

5 Habits

5th



9

Our Action Boomerangs on us



1

For our comfort



2

We Pollute the air



8

Loss of properties & Life



7

Tsunami knocks our door



As you
sow
So you
reap



3

Cause Global Warming



4

polar ice caps melt



6

Weight shakes the plate to Earthquake



5

sea level raises increasing the weight on the sea surface

“Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can.”

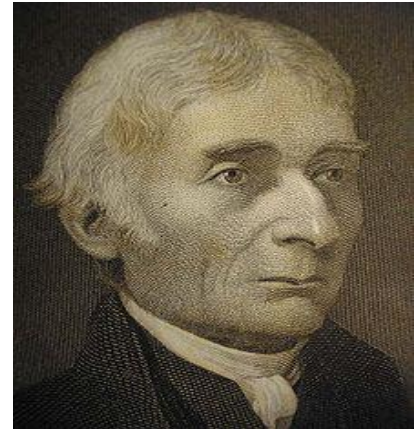
John Wesley



Born: 17 June 1703, Epwort,
Lincolnshire, United Kingdom
Died: 2 March 1791, London,
United Kingdom

“I shall pass this way but once; any good
that I can do or any kindness I can show to
any human being; let me do it now.
Let me not defer nor neglect it, for I shall
not pass this way again”.

Stephen Grellet



Born 2 November 1773,
Limoges, France
Died: 16 November 1855, New
Jersey, United States

ExNoRans follow these two
GOLDEN-QUOTES in letter & spirit

JUST PRACTISE
JEEVAN SHASTRA
LIFE SCIENCE

for

LIVING as HUMAN BEING
MANUSHYA SHASTRA,
HUMAN SCIENCE

for

BEING HUMAN BEING

Become an

ExNoRa

MEMBER

An **EXNORA** MEMBER'S
BASIC DUTIES & SIMPLE
SERVICE ACTIVITIES.

As you do these, you will
be regarded by people as
an ENVIRONMENTALIST
par excellence

AS an EXNORA MEMBER (ExNoRa / Exn) , YOU HAVE a SET of BASIC DUTIES.

- 1 . Follow in letter and spirit ExNoRa's five simple EARTH SAVING HABITS and spread it in your residential area and institution
2. In all meetings in which you participate (either as a speaker or an invitee, one among the audience), avail the opportunity to administer ExNoRa's MOTHER EARTH SALUTE as well as ExNoRa's SIBLING TREE SALUTE and ask the audience to follow you & take the pledge.
3. After the two salutes, remember to make without fail ExNoRa TREE CHALLENGE to the audience

DUTY 1

FIVE EARTH SAVING NEW HABITS

INITIATE INDIVIDUALLY

DO DOMESTICALLY

ACT LOCALLY

RENDER COLLECTIVELY

THINK GLOBALLY

HABIT GRAB IT
PRACTICE

ALREADY
EXPLAINED

DUTY 2

Any meeting you attend, you MUST GUIDE the people there to offer ExNoRa's MOTHER EARTH SALUTE

In all the gatherings offer & guide people ExNoRa's MOTHER EARTH SALUTE. You have to administer the salute, giving pause between each stanza so that the members of the audience are able to grasp and repeat the same. Hold your hands as if you are holding Mother Earth in your hand, with your eyes showing kindness to Mother Earth & the audience will do the same.



[Click here](#)

ExNoRa's
MOTHER EARTH
SALUTE

**PROBLEMS
AGAINST
HUMANKIND
GALORE**

Why & what type innovations are needed ?

We, the humans face, 24 x 365, the WRATH of

01. Global Dangers

02. National Catastrophes

03. Local Calamities

04. Street Threats

05. Home Hazards &

06. Individual Perils

07. Air Cancer

08. Water Wear & Tear

09. Soiling the Soil

10. Food Rude Truths QUANTITY & QUALITY

11. Man Made Dangers

12. Anywhere & Everywhere- BEAWARE

**After all, the
planet which you
and me live must
EXIST**



Humans evolved 2.3 million years ago

LANGUAGES came less than 3 lakh years

The earliest religion or religious practice was just 5000 years old

Humans have remained without these differences 3 million years. Religions came to bring discipline & orderliness among humans and not the opposite

There was an animal category called HOMO and to make it as HUMAN, RELIGIONS came and certainly not to make humans again as animals . Everyone should ponder over this fact

**Your CHAPTER of
ExNoRa INNOVATORS CLUB**

through its

DIRECTOR : ENVIRONMENT &

DIRECTOR : SAFETY & DISASTER

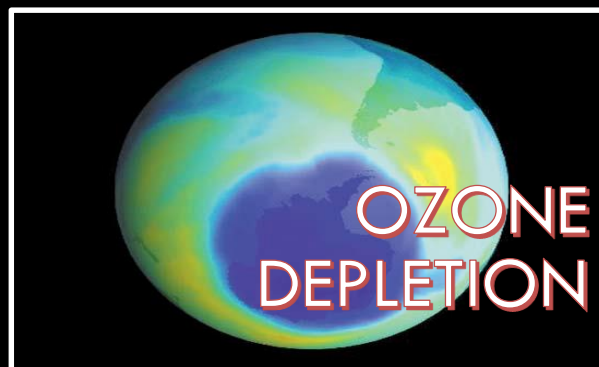
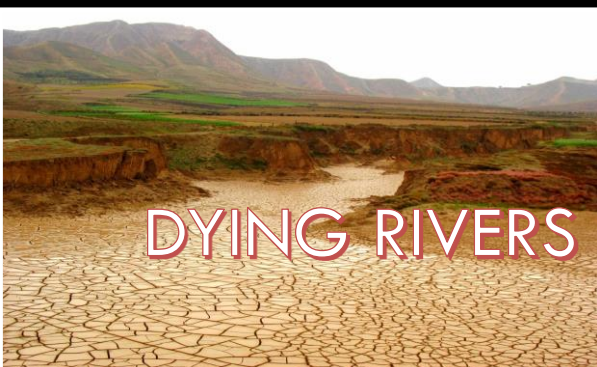
PREPAREDNESS

with your cooperation will GUIDE you

on tackling the

Common Enemies of Human Kind

1. GLOBAL DANGERS



Now more frequent & more severe

2. NATIONAL CATASTROPHES



Happening Every minute

3. LOCAL CALAMITIES (Due to HUMAN APATHY)



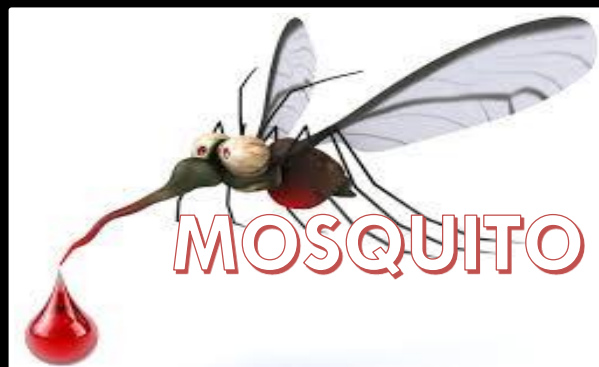
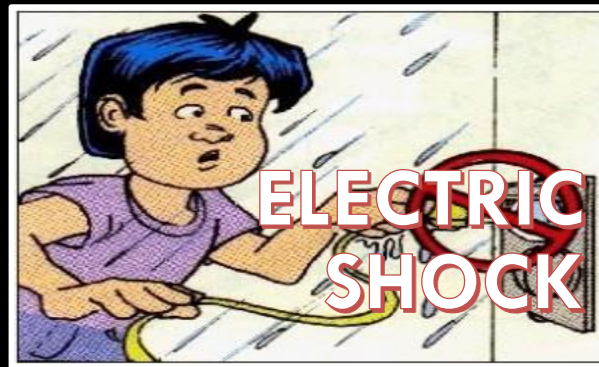
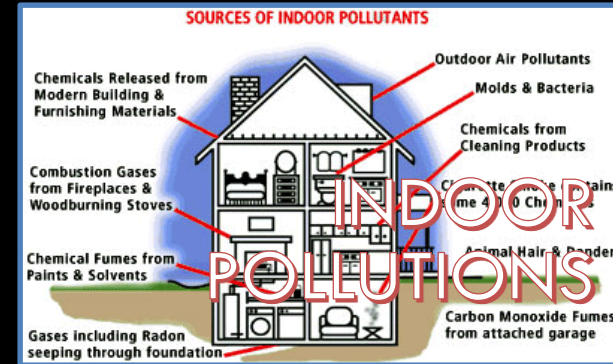
EVER INCREASING

4. STREET THREATS (residential areas)



Street serves other purposes except being used as a passage

5. HOME HAZARDS



ALL WITHIN THE FOUR ALLS

6. INDIVIDUAL PERILS & Perils by Individuals



Now more frequent & more severe

7. AIR CANCER becoming HUMAN CANCER



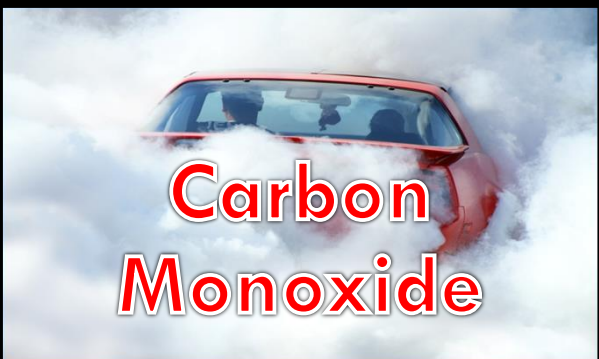
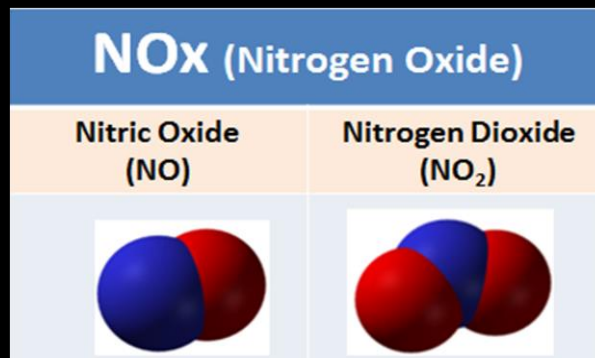
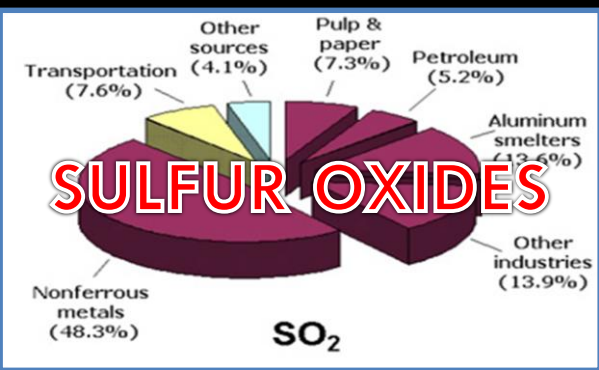
Air pollution



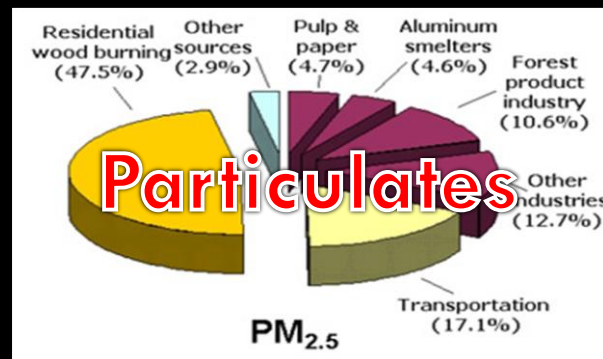
Dust pollution



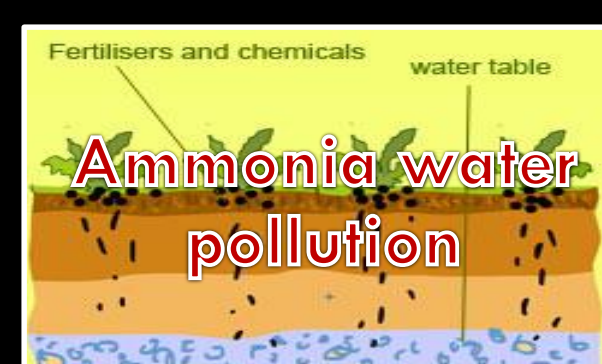
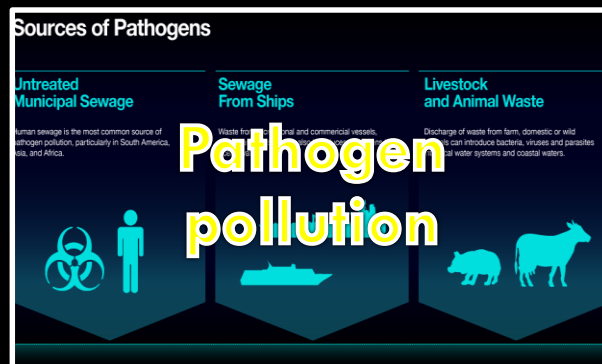
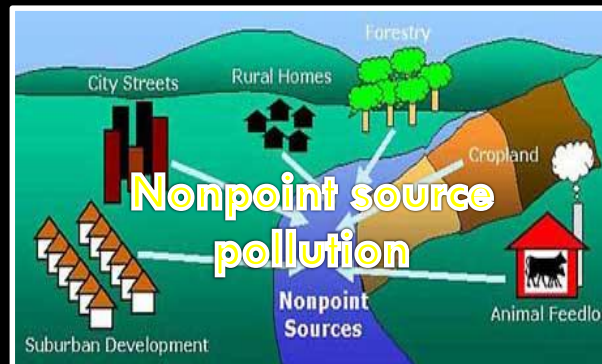
Sulfur Dioxide & Exposure Concerns



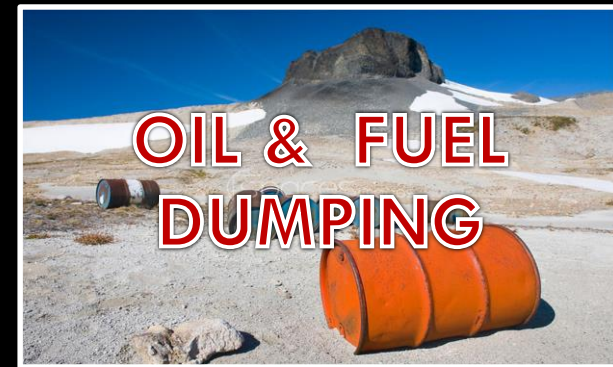
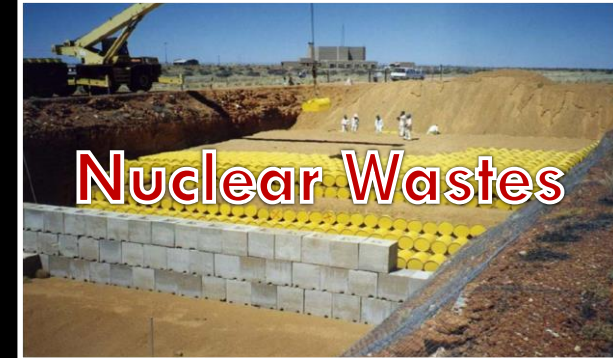
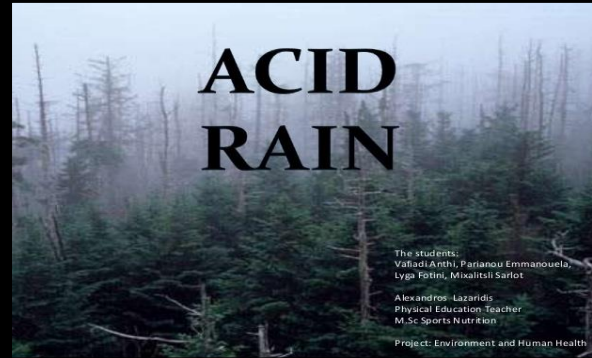
Carbon Monoxide



8. WEAR & TEAR OF WATER & WATER POLLUTION



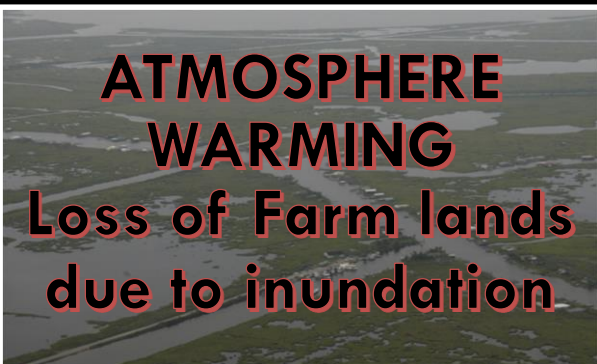
9. SOIL POLLUTION



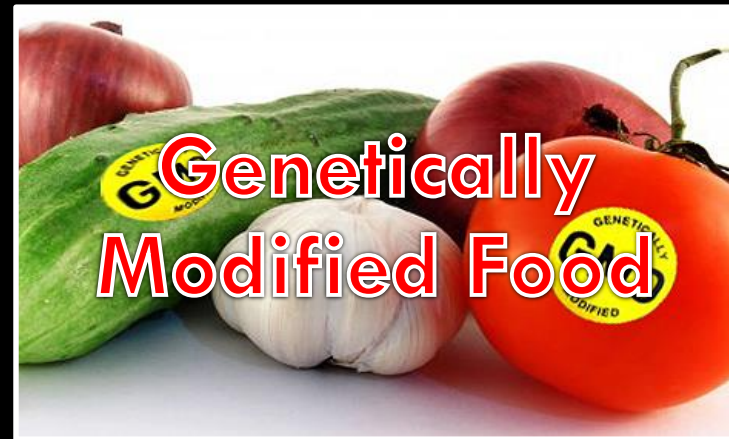
SOIL POLLUTION

10. FOOD RUDE TRUTHS QUANTITY

. Expected serious shortage due to Climate Change , loss of farm lands due to urbanisation, chemicalization of land, population explosion , Genetically Modified Food, Famers losing interest



10 b. FOOD RUDE TRUTHS QUALITY

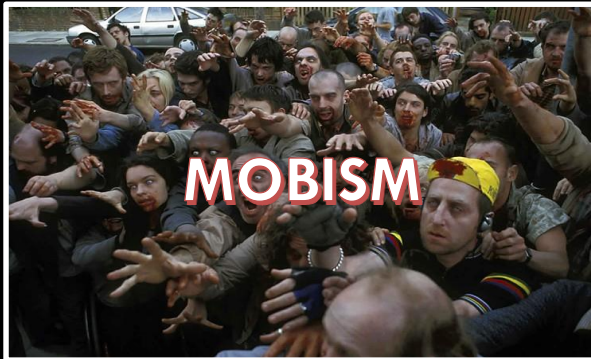


11. MANMADE DANGERS



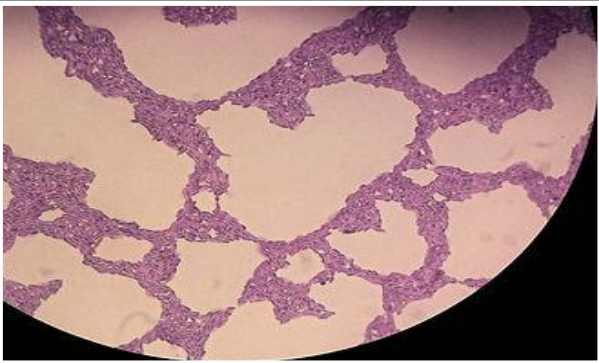
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ExNoRa



12. INVISIBLE ENEMIES OVER 1000

FUNGUS



FUNGUS



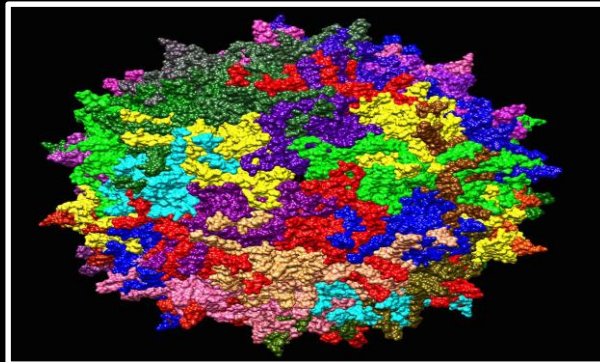
FUNGUS



VIRUS



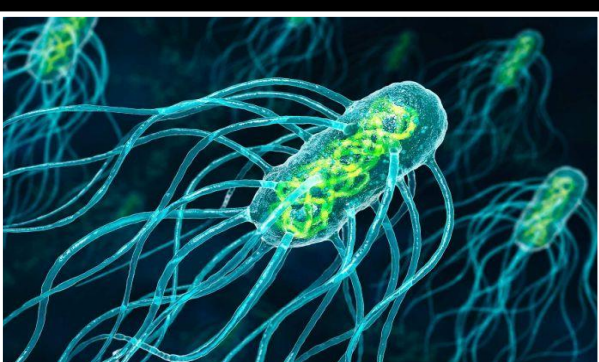
VIRUS



VIRUS



BACTERIA



BACTERIA

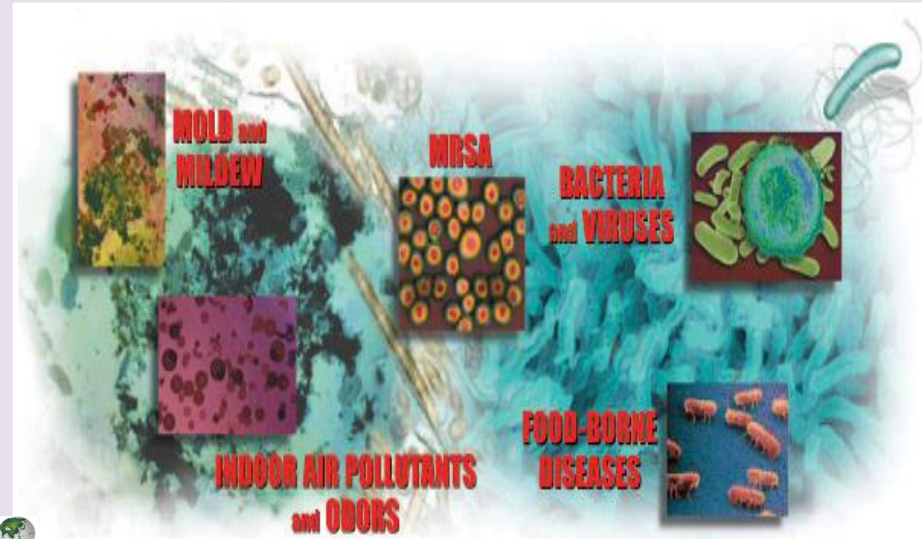


BACTERIA



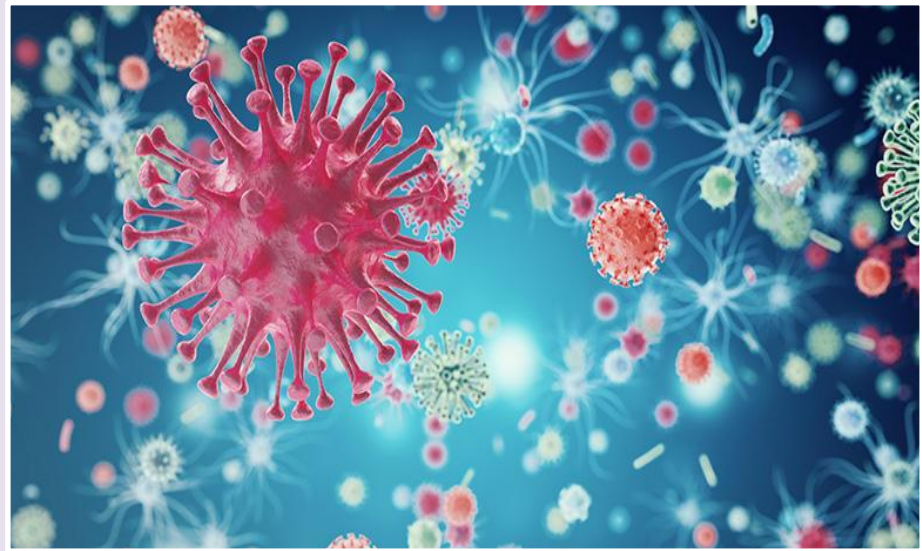
12. INVISIBLE ENEMIES OVER 1000

The invisible enemies are microscopic organisms, too small to be visible to the human eye. They live almost everywhere there is liquid or water. Microbes can invade organisms and, therefore, cause diseases as listed below.



DeTour *for more details*

There are increasing news reports about molds, mildews, viruses, food-related illnesses and other harmful bacterial infections in our environment. This has caused a public demand to reduce and prevent the spread of these infectious diseases.



15. ANYWHERE & EVERYWHERE

ACCIDENTS

**ATTROCITIES
against WOMEN &
CHILDREN**

**BACTERIA &
VIRUS**

**CRIMES and
LAW & ORDER**

**ENVIRONMENTAL
DESTRUCTIONS**

**MOSQUITOES &
PESTS**

**NATURAL
CALAMITIES**

**MAN MADE
DISATERS**

POLLUTIONS

ExNoRa's SIBLING TREE SALUTE

Following that , you MUST GUIDE the people there to offer
ExNoRa's SIBLING TREE SALUTE

After ExNoRa's MOTHER EARTH SALUTE, administer ExNoRa's SIBLING TREE SALUTE , giving pause between each stanza so that the members of the audience are able to grasp and repeat the same . Hold your hands as if you are holding a TREE SAPLING in your hand, with your eyes showing kindness to the sapling & the audience will do the same.



ExNoRa's
SIBLING TREE
SALUTE

ExNoRa TREE CHALLENGE

A MUST FOR YOU TO DO

One simple,
one time action

P

Making a
TREE CHALLENGE
to ANOTHER

Please See
ExNoRa TREE
CHALLENGE PPT

Do you want to join one of the following?

ExNoRa Innovators International

ExNoRa Entrepreneur

ExNoRa Trainer

ExNoRa Speaker

Become a
member of
ExNoRa

Become an ExNoRa
PROFESSIONAL

INNOVENTOR (INNOVATOR+ INVENTOR), CONCEPT CREATOR, NEOLEXIAN & AUTHOR



Exn Dr Nirmal Basu, **GPian**

7th Sense Master & Trainer (SINCE 1991)

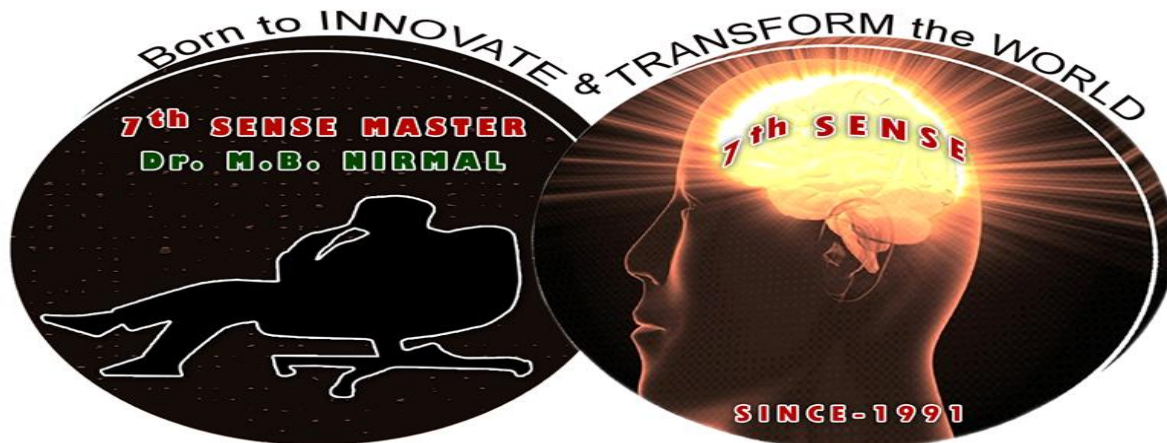
FOUNDER- **ExNoRa** International (1989). 5th Pillar (1997),

7th Sense Society (1999), INNOVENTIONS (1999) & 40 more

INNOVENTOR (INNOVATOR+ INVENTOR), (since 1977) of
nearly of 3000 IDEAS, CONCEPTS, SERVICES & PRODUCTS

AUTHOR (since 1964) 14 books & hundreds of articles, stories
& research papers **PHOTO-JOURNALIST** (since 1964)

NEOLEXIAN (coiner of new words) in 3 languages (since 1980)



WEBSITES

PPTs

DVDs

YouTube &
FLASH

E BOOKS &
E BROCHURES

ONLINE
COMMUNITIES

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SEARCH
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CONCEPT

**7th Sense
Master**



Thank you!
Jim

