



trash nothing!



Help &  
Support

freecycle™





CAUTION  
CLEANING  
IN PROGRESS

KEEP OFF  
PATHS IN  
PROGRESS

FOSTER'S

The page is framed by several colorful pencils. At the top, there are three pencils: a brown one on the left, a green one in the middle, and a red one on the right. On the left side, there are three pencils: a yellow one at the top, a blue one in the middle, and a red one at the bottom. On the right side, there are two pencils: a blue one at the top and a yellow one below it. At the bottom, there are three pencils: a brown one on the left, a yellow one in the middle, and a blue one on the right. In the bottom right corner, there is a teal cup containing several pencils of various colors.

## What is freecycling and how does it work?

The idea of freecycling is to promote the three R's (Reduce, Reuse, and Recycle) by making it easy for people to give away their unwanted but reusable items to people who can use them.

And the way it works is that there are thousands of locally run, grassroots freecycling groups around the world. Once you find and join your local groups, you can post 'Offers' for items you want to give away, or 'Wants' for items you need (as long as you follow some basic rules shown below).

**For example, here is how offering an item works:**

- You have a bike you don't need and you want to dispose of it.**
- Instead of throwing it away, you join your local freecycling group.**
- You then submit an 'Offer' post to the group that describes your bike and your general location and your post will be sent to all the members of the group.**
- Group members interested in your bike will reply to your post to contact you privately.**

- You choose which person you would like to give the bike to.
- Between the two of you, you arrange a time and place for them to come and pick up the bike.
- Your bike is picked up.
- You let everyone on your local group know that the bike is no longer available by marking your 'Offer' post as taken.
- You've given away your bike with little effort to someone who can use it, met someone new from your community and kept something out of the landfill. Great for you and the planet!
- Similarly, when you need an item you can create a new 'Wanted' post and if someone has what you need, they will contact you to offer it.

# What You Can Find

You can give and get almost anything on your local freecycling group. Some of the most common posts are for items such as old electronics, building materials, clothes and books.

Even things you might not consider reusable like cloth scraps, scratched CDs and broken appliances sometimes find homes with artists looking for materials or tinkerers looking for an interesting project or spare parts. Items you offer aren't expected to be in perfect condition as long as you accurately describe their condition when you offer them.

So next time you're cleaning out the garage, moving to a new place or about to throw something away, don't forget that someone on your local freecycling group might be able to use your unwanted stuff.

## Rules

When posting to your local freecycling group, you must follow these rules:

- Groups are only used for offering and requesting free items.
  - No selling, trading or spamming is allowed.
  - No chatting (some groups have separate cafe groups for chatting)
- Be respectful and polite
- Nothing illegal should be posted (no drugs, weapons, etc.)
- All items posted should be appropriate for all ages.

Individual groups often have additional rules. You should check the Group Notices page for rules specific to your local group (if any). The rules are enforced by the volunteer moderators who manage the group and each group has different moderators. If you have questions about a group's rules, you can contact the moderators.





**WANT NOT,  
WASTE NOT**

# This Sunday - FREECYCLING is Back in East Brunswick!



# Freecycling in East Brunswick



**Freecycle items are sorted and placed by category so it is easier for residents to locate**



# Reduce, Reuse, Freecycle – Providing Access to Valuable Discards



6  
Ways You Can  
**FREECYCLE**





# ExNoRa HUMANITY DIVINITY BANK

Previously used items Collection Boxes



DONATE /  
FREECYCLE things  
you donate NEED  
& USE

ExNoRa  
Humanity  
Divinity Bank



# HEAD OF DIVISION - HUMAN RESPONSIBILITY



HUMANITY DIVINITY

HUMANITY  
DIVINITY

You can contribute your  
USED THINGS

# HUMANITY DIVINITY

will operate through

“**ExNoRa** Humanity Divinity **BANK**”  
(H6 **ExNoRa**)

with an activity  
of contributing  
one's used  
things / goods /  
commodities/  
gadgets /  
articles

H6 **ExNoRa**

**Heart to**

**Head to**

**Hand to**

**Help to**

**Humanity to**

**Happiness**

# DIRECTOR HUMANITY & HR HUMAN RESPONSIBILITY

two in one



has the option of functioning inside **ExNoRa Hearts Union**

has the option of functioning inside **ExNoRa Humanity Divinity Bank**



2-in-1

# The 1<sup>st</sup> STEP

Setup a  
Mini Humanity  
Divinity Bank  
in your house



for collection & deposit of  
used items for transfer to  
Community Humanity  
Divinity Bank



# DON'T DUMP IT, DONATE IT!



Your  
Trash



Poor's  
Cash

Your  
Unwanted



Poor's  
Wanted

Your  
Muck



Poor's  
Luck

Your  
Filth



Poor's  
Wealth

Your  
Refuse



Poor's  
Rescues

Your  
Litter



Poor's  
Glitter

Your  
Junk



Poor's  
Bank

Your  
Rubbish



Poor's  
Furbish

**"Humanity Divinity"-BANK** Containers shall be "USED-HDPE" 200/ 100 / 50 litter bins for storing used items for onward distribution to the poor

<b>Spectacles</b>	<b>Clothes</b>
<b>Your Trash</b>	<b>Poor's Cash</b>
<b>Your Muck</b>	<b>Poor's Luck</b>

<b>Text Books</b>	<b>Utensils</b>

<b>Footwear</b>	<b>Toys</b>
<b>Your Unwanted</b>	<b>Poor's Wanted</b>
<b>Your Filth</b>	<b>Poor's Wealth</b>

<b>Groceries</b>	<b>Blanket</b>
<b>Your Refuse</b>	<b>Poor's Rescues</b>
<b>Your Junk</b>	<b>Poor's Bank</b>

<b>Grains</b>	<b>Story Books &amp; periodicals</b>

<b>Tools</b>	<b>White Cans</b>
<b>Your Litter</b>	<b>Poor's Glitter</b>
<b>Your Rubbish</b>	<b>Poor's Furbish</b>

# What will be inside the “ExNoRa Humanity Divinity Bank” (H6 ExNoRa) ?

Previously used items Collection Boxes





# 1. **Things** (Used & Unused)

- a. That you **DON'T NEED** anymore
  - b. That is **SURPLUS**
  - c. That you can be **WITHOUT**
  - d. That you **THINK** will be **MORE USEFUL** to another
  - e. That one occupying **SPACE** in your home
  - f. That one you want to **REPLACE** with a new one
  - g. That one you want to buy & donate on an **OCCASION**
  - h. That one can't be used due to **REPAIR**
  - i. That one you **DON'T LIKE**
  - j. That one that is absolute **WASTE**
- Just take to **ExNoRa** Humanity Divinity Bank” (H6 **ExNoRa**) and deposit there which will be withdrawn by poor



**ExNoRa** Humanity Divinity Bank” (H6 **ExNoRa**)

Why give **THINGS** ?

Your **UNWANTED** is poor's **WANTED**

Your **WASTE** is poor's **WEALTH**

By your **POSSESSING** you **ENJOY**.

By **GIVING** both **ENJOY**.

You reduce **WASTE**

You **LESSEN** the burden of Waste Managers

You cut **POLLUTION**

You protect **ENVIRONMENT**

You help **CONSERVATION**

You bring **PEACE & HARMONY** in the society

Most Importantly you end clutter around you i.e. cover or fill (something) with an untidy collection of things. Clutter around you leads to **MIND CLUTTER**. By giving unwanted things, you avoid both clutters.

You follow **ExNoRas'** **BASIC LIFE PHILOSOPHY**

**“Enjoy Life Every Moment”**



# “ExNoRa Humanity Divinity Bank” (H6 ExNoRa)



IN A LARGE/ MEDIUM/ SMALL CONTAINER

DEPOSIT  
HERE  
THINGS  
YOU  
DON'T  
WANT

H6 ExNoRa	Your
Heart to	"UNWANTED"
Head to	is Poor's
Hand to	"WANTED".
Help to	Your
Humanity to	"WASTE"
Happiness to	is their
for BOTH , the	"WEALTH"
GIVER & RECEIVER	& H 6 is the connecting BRIDGE



H 6 ExNoRa Give Things New & Used

ONE ACTION, BUT TWO SERVICES -  
ENVIRONMENT & HUMANITY-

ExNoRa Humanity Divinity Bank ” H6 ExNoRa Give Things New & Used

Begin your ExNoRa Innovators Club with this ‘Environment cum Humanity Service’

Just buy (or get it donated) any used or a not being used, old **GOODS CONTAINER**. The donor's name can find a place on the “**Humanity Divinity Bank**”

Buy (or get it donated) as many as you need (at least 20 ) used **2<sup>nd</sup> hand HDPE bins**

Paste stickers on HDPE bins the names of categories of used goods that shall be deposited

Tell everyone to bring & deposit things not being used in their home but occupying space.

Once in a Month, go to a slum as a team and distribute these to the needy & share their joy

# “ExNoRa Humanity Divinity Bank” (H6 ExNoRa )

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# HEAD OF DIVISION - HUMAN RESPONSIBILITY



**SURPLUS**

**HUNGER**



*Fresh*



**MEAL HEAL** through **FOOD BRIDGE**

# ZERO POVERTY is made EASY

We have  
Poverty



What is missing has  
been a connecting  
surplus with empty  
stomachs . Hence Food  
Bridge



We have affluence  
& people who  
never miss a meal



MEAL HEAL through FOOD BRIDGE

# ExNoRa FOOD BRIDGE

Getting excess cooked food from Hostels, Hotels, Marriage Halls (by the COOKING CONTRACTOR) and Residential Colonies / Flat Complexes Collectively by Residents Flat Welfare Associations serving the excess food to poor under the name (making use of the registered name) ExNoRa FOOD BRIDGE is permitted. They can do this service with the local ExNoRa Chapter or without, independently. It is enough and is a MUST for them to ACKNOWLEDGE in their Service with these wordings

"We are happy to serve HUMANITY making use of the UNIQUE and SUCCESSFUL CONCEPT and PRACTICE of ExNoRa FOOD BRIDGE"

**NOTE \*The risks and responsibilities any related to this activity solely lie with the IMPLEMENTER.**



**HEAD OF DIVISION - HUMAN RESPONSIBILITY -**  
**“ExNoRa Humanity Divinity Bank”**

**ISSUE / PROBLEM**

**SOLUTION / ANSWER**

**ACTIVITY / TAGLINE**

**ORGANISATION NAME**

**POVERTY**



**SURPLUS**



**Refrigerator**



**MEAL  
HEAL**  
(give food to poor)



**FRIDGE  
BRIDGE**

**COMMUNITY  
KITCHEN  
DARSHAN**

**FOOD  
ExNoRa**

**FOOD BRIDGE  
ExNoRa**

**FRIDGE  
BRIDGE  
ExNoRa**

**COMMUNITY  
KITCHEN  
ExNoRa**

# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

“ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM

SOLUTION / ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



**GROCERY  
NECESSARY**  
(DONATE to  
POOR)

**GROCERY**  
ExNoRa



**COSMETICS  
AESTHETICS**

**COSMETICS**  
ExNoRa



**CYLINDER  
TENDER**

**GAS  
CYLINDER**  
ExNoRa



**GRAIN  
GAIN**

**GRAINS**  
ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

“ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM

SOLUTION / ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



Your used  
TOY , poor  
children's  
JOY

TOY JOY  
ExNoRa



“Your used SPORTS  
equipments,  
SPORTS PORT of the  
poor youth”

SPORTS  
ExNoRa



Attire  
Prettier


ATTIRE  
ExNoRa



CATER  
WATER

WATER  
WISER  
ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY - “ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
		<p>MEDICINE DIVINE</p>	<p>MEDICINE ExNoRa</p>
		<p>DRESS BLESS</p>	<p>DRESS ExNoRa</p>
		<p>BLANKET WALLET</p>	<p>BLANKET ExNoRa</p>
		<p>GILT VAULT (Gilt Jewels to poor)</p>	<p>GILT JEWELLS ExNoRa</p>

# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

“ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM

SOLUTION / ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



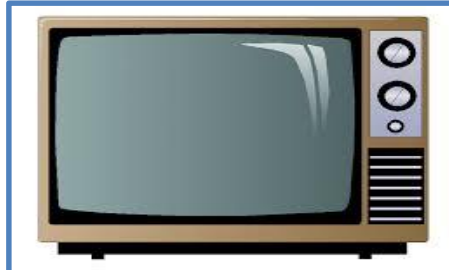
BUY CYCLE  
BICYCLE

BICYCLE  
ExNoRa



“SPECTACLES-  
SPECTACLES”  
(Seeing  
spectavles)

SPETACLES  
ExNoRa



“TELEVISION  
MISSION”  
(Donate TV to  
POOR)

TELEVISION  
ExNoRa



Tricycle  
Try Cycle

Tricycle  
ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY - “ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM

SOLUTION / ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



WHEEL ZEAL  
(Donate wheel  
Chair & make a  
child happy)

Wheel Chair  
ExNoRa

Waste to Knowledge  
Your  
Old Newspapers  
Will help to  
Educate Children



PAPER PROSPER  
(Help poor to  
prosper by your  
old newspaper)

Waste  
Newspaper  
ExNoRa



Furniture &  
Fixture









Furniture  
ExNoRa



ARTIFICIAL  
BENEFICIAL  
(Limbs)

ARTIFICIAL  
LIMBS  
ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY - "ExNoRa Humanity Divinity Bank"

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
		Crib Hub	Cribs ExNoRa
		SANITARY NAPKIN "Kith & Kin"	SANITARY NAPKIN ExNoRa
		BED AID	MATTRESS ExNoRa
		SWEATER WARMER	SWEATER ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

## “ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM

SOLUTION / ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



SCHOOL  
BAG  
COOL BAG

SCHOOL  
BAG ExNoRa



SHOE  
SHORE

SHOES  
ExNoRa



CRUTCH  
CLUTCH

CRUTCHES  
ExNoRa



CRADLE  
LOVE-FULL

CRADLES  
ExNoRa



# HEAD OF DIVISION - HUMAN RESPONSIBILITY - “ExNoRa Humanity Divinity Bank”

ISSUE /  
PROBLEM

SOLUTION /  
ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



MUSIC  
MAGIC

MUSIC  
INSTRUMENTS  
ExNoRa



GRINDER  
WONDER

GRINDERS  
ExNoRa



COMPUTERS  
CONTRIBUTORS









COMPUTERS  
ExNoRa











STOVE TROVE  
(From COUNTRY  
STOVE to  
GAS BURNER

GAS STOVES  
ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY - "ExNoRa Humanity Divinity Bank"

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
		CANE CAN	WHITE CANES ExNoRa
		EAR HERE	HEARING AID ExNoRa
		VESSEL ESSENTIAL	COOKING VESSELS ExNoRa
		UTENSIL CRUCIAL	UTENSILS ExNoRa









# HEAD OF DIVISION - HUMAN RESPONSIBILITY - "ExNoRa Humanity Divinity Bank"

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
		FAN'S FAN	FANS ExNoRa
		FURNITURE FURNISHER	FURNITURE ExNoRa
		TRUNK BUNK	TRUNK BOXES ExNoRa
		SLIPPER PROTECTOR	SLIPPERS ExNoRa








# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

## “ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
		<p>FEES EASE</p>	<p>FEES ExNoRa</p>
		<p>UNIFORM TRANSFORM</p>	<p>UNIFORM ExNoRa</p>
		<p>INSTRUMENT EQUIPMENT</p>	<p>INSTRUMENT ExNoRa</p>
		<p>HYGIENE MY GENE</p>	<p>HYGIENE ExNoRa</p>

# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

“ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
POOR READERSHIP due to low income		PERIODICAL PERENNIAL	READERS ExNoRa
BOOKS BEYOND REACH		BOOK BROOK	BOOKS ExNoRa
MOBILE NOT AFFORDABLE		MOBILE for ALL (COMMUNITY)	MOBILE ExNoRa
		FETCH WATCH	WRIST WATCH ExNoRa

# HEAD OF DIVISION - HUMAN RESPONSIBILITY -

## “ExNoRa Humanity Divinity Bank”

ISSUE / PROBLEM	SOLUTION / ANSWER	ACTIVITY / TAGLINE	ORGANISATION NAME
		<p><b>WASTE CHASTE</b></p>	<p>WASTE to WEALTH <b>ExNoRa</b></p>
	<p><b>RECYCLABLE</b></p>  <p><b>PLASTIC ONLY</b></p>	<p><b>PLASTIC PRACTIC</b></p>	<p>P<sub>3</sub> by M<sub>3</sub> <b>ExNoRa</b></p>
		<p><b>WASTE ART JUNK ART</b></p>	<p>WASTE ART <b>ExNoRa</b></p>
		<p><b>PET PAT</b></p>	<p>GARDENING <b>ExNoRa</b></p>

# HEAD OF DIVISION - HUMAN RESPONSIBILITY - "ExNoRa Humanity Divinity Bank"

ISSUE / PROBLEM

SOLUTION / ANSWER

ACTIVITY /  
TAGLINE

ORGANISATION  
NAME



CD PLAYER –  
LEARNING  
POWER

AUDIO  
ExNoRa



LIFT GIFT

CAR POOL  
ExNoRa



WALKER  
MAKER

WALKER  
ExNoRa

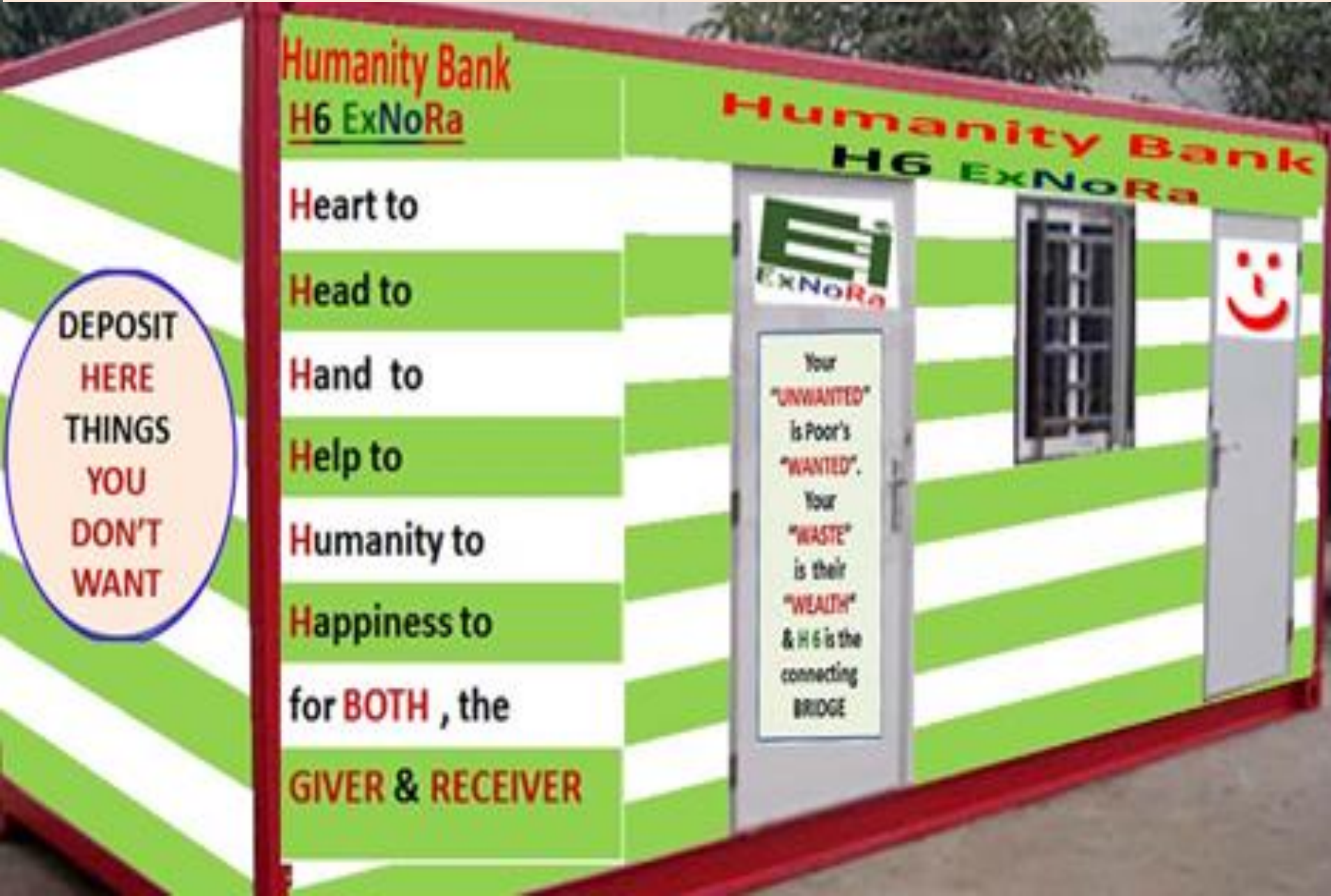


Where all and how all  
you can set up  
immediately and  
instantly this wonder  
environmental and  
humanity serving  
activity ?

# UTILISE A USED & OLD SHIP / TRUCK CONTAINER

- You don't need a lot of money.
- The basic characteristic of this project is its SIMPLICITY.
- You are going to make some thing considered waste as quite useful.
- Therefore utilise a used & old ship / truck container for this project.

How to begin ? “ExNoRa Humanity Divinity Bank” (H6 ExNoRa ).  
What are the alternatives for “GOODS-CONTAINER” & place to KEEP the same



INAUGURATION & PARTICIPATION by

→ **Local Body Heads**

→ **VVIPS**

→ **Film Artistes**

→ **Sports Persons**

→ **Heads Of Educational  
Institutions & Teachers**

→ **Professionals**

→ **Students**