

M of M2 MINIMUM USE

**ALL ABOUT
PRECYCLING**

Let's Learn to *PRECYCLE*

Earthman's recipe for precycling:
The main ingredient is an ounce of prevention



PREvent = PREcycle!

Exactly what is precycling?

"Pre" means "before" and "precycling" means we can "preventing recycling" by taking a little action before. How do you do that? It's easy.

Here are some simple examples:

- If you bring your own bags to the store with you, you not only prevent having to recycle additional bags, you recycle an existing bag.
- If you buy less disposable items or none at all (cloth napkins, towels and diapers instead of paper ones), you prevent more things from ending up in a landfill, and you don't use any packaging.
- If you buy "long life" products (such as batteries and light bulbs) or "concentrated" products, (such as juices or detergents) you not only prevent buying unnecessary packaging, but you prevent more products from ending up in a landfill!

all aboard the green train!



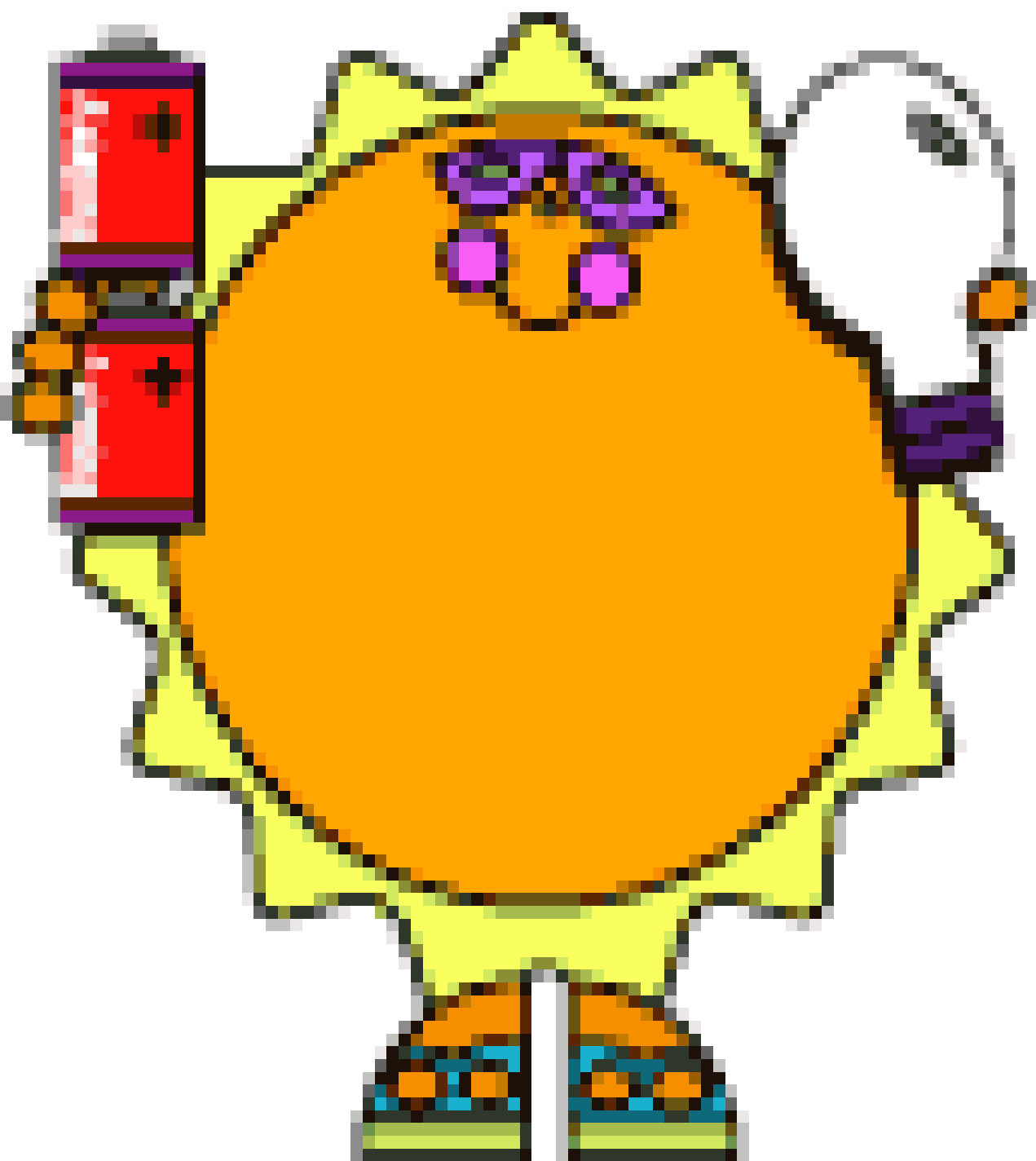
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Here is Planetpals top ten list of ways to PRECYCLE:

- **Bring reusable bags to the store with you.** Cloth or paper will do!
- **Buy Large Quantities.** If you buy products in bulk or in large sizes and quantities, you can put them in smaller containers as you need them and this uses less containers.
- **Buy products with the least amount of packaging or none at all.** Items packed in multiple containers may look nice, but they are a waste!
- **Buy products packed in recycled packaging.** If you have to use a container, it might as well be green. Additionally, you help support green corporations. **(Important: make sure you look for the recycled symbol)**
- **Don't buy disposable items** (plates cups, pens, diapers, batteries, etc.) They only fill the landfill more.



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**Sunnyray
says use
long
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**Breezy
says
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- **Buy less paper towels and napkins or none at all. Use cloth ones!**
- **Moonbeam says eliminate excess packaging. Sunnyray says use long lifers, you use less. Breezy says read labels...watch for hazards.7. Buy long life and concentrated items (batteries, bulks , etc.) This saves on packaging as well as product.**
- **Don't purchase styrofoam. It contains polystyrene, which is the most difficult material to break down in our landfill and is considered a hazardous waste.**
- **Buy items in cardboard. aluminum, steel, glass, and plastic containers marked 1 and 2 (They are stamped on the bottom 1 and 2). These containers can be recycled more easily.**
- **Read labels for ingredients. Stay away from chemicals that harm our plant and animal life and poison our land.**

Obviously, there are times when disposable items or buying in bulk are not as practical, such as traveling or picnics. The trick to all this, is to limit. We can take responsibility by changing our daily habits. Precycling may take a little more work in some cases...but an ounce of prevention is the main ingredient here!

Precycle, and teach your friends and family how to PRECYCLE, too!

Remember the 2 "P"s, Prevent and Precycle. It's the green thing to do!

PLANETPALS Recycle Kit

PREcycle It PREVENTS!

Place the PRECYCLE Kit on your refrigerator to remind everyone in your family...and what you can learn from this handy list.

Bring reusable bags (cloth or paper) to the store with you.

Buy large quantities. This uses less packaging. (You can always put it in smaller containers.)

Buy products with the least amount of no packaging! Items packed in multiple containers are a big waste!

Buy products packaged in recycled packaging (look for the symbol). It'll have letters or numbers on the container why not recycled ones?

Don't buy disposable items (plastic cups, diapers, pens, razors, etc.). They only keep off the landfill!

Buy less paper napkins or paper towels or none at all. Use dish cloths.

Buy long life items (batteries, bulbs, etc.). This means less packaging on certain products.

Read Labels for ingredients. Stay away from harmful chemicals that found in certain food.

Don't purchase styrofoam packaging on meats and such. This uses technology break down.

Buy items in cardboard, aluminum, steel and glass containers stamped on the bottom with 1 or 2. These plastics are easier to recycle.



A spiral-bound notebook with a shopping list titled "PLANETPALS PRECYCLE Shopping List". The notebook has a blue cover and a spiral binding on the left side. The list is written in black ink and includes ten items, each preceded by a red checkmark. The list is: "Bring reusable bags to the store with you", "Buy large quantities", "Buy products with the least amount of no packaging!", "Buy products packaged in recycled packaging", "Don't buy disposable items", "Buy less paper napkins or paper towels or none at all.", "Read Labels for ingredients.", "Buy long life items (batteries, bulbs, etc.)", "Don't purchase styrofoam packaging on meats and such.", and "Buy items in cardboard, aluminum, steel, glass or plastic containers stamped on the bottom with 1 or 2." The notebook is placed on a white background.

Precycle!

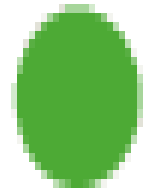


How to make everything you buy in the shops, from sauce to sausages, bleach to beer, detergents to disinfectants.

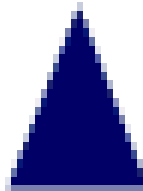
Don't Recycle - Precycle!

By Paul Peacock

Three ways to Precycle:



Buy items that will last



Avoid excess packaging



Reuse as much as possible



Back to School Pre-Cycle & Beauty Survival Kit



FREE
Supplies
Printable



Think Simple, Think Ahead

Think Before You Buy



#carbonfast2015

reuse

repair

**PRECYCLE
DAY**

retrieve





Think Simple.

Think Ahead.

Precycle.



PRECYCLE

