ASK & UNMASK

“ASK and ASKING requires honesty, effort, commitment and persistence”

for

INDIVIDUAL & CIVIL SOCIETY
TOTAL EMPOWERMENT
OFFICIAL NAME

EXPLANATION

The NAME that communicates the PURPOSE. Makes it “SEARCH EASY”. Its USE is a MUST

Used additionally. CATCHY & CRISPY. FOCUSES on the ACTION PART

The line that you always REMEMBER, serving also as a SLOGAN
“ASK and ASKING requires honesty, effort, commitment and persistence”

The GOAL is 100% POSSIBLE. VIEW the whole content, get acquainted & IMPLEMENT. QUITE EASY to PUT into PRACTICE. DO SHARE WITH OTHERS FOR THEIR WELLBEING!
OFFICIAL NAME
of the SATELLITE ORGANISATION or ACTIVITY
(with the NICK-NAME just beneath followed by TAGLINE)

ASK...

ASK & UNMASK ExNoRa

“ASK and ASKING requires honesty, effort, commitment and persistence”

Ask, ask & ask & Keep asking
The **OFFICIAL NAME** of the organisation below & the **NICKNAME** will come above the **OFFICIAL NAME**. Below the **NICK NAME & OFFICIAL**, the **TAGLINE / SLOGAN** will find its place.

**ASK**

**ASK & UNMASK**  *ExNoRa*

“**ASK and ASKING** requires honesty, effort, commitment and persistence”
**OFFICIAL NAME OF THE SATELLITE ORGANISATION**
or with nick name below

**TAGLINE:** “ASK and ASKING requires honesty, effort, commitment and persistence”

**OPTIONS**

1. **SU**
   - ASK & UNMASK ExNoRa
   - can be a Subsidiary Organisation (SU)
   - as a Subsidiary Organisation (SU)
   - or as a Satellite Organisation (SA)

2. **2**
   - ASK... ExNoRa
   - as a Subsidiary Organisation (SU)
   - or as a Satellite Organisation (SA)

3. **3**
   - ASK... ExNoRa
   - can be an INDEPENDENT Satellite ORGANISATION
   - or an INDEPENDENT Satellite ORGANISATION
   - of your area / institution
   - affiliated to the top body (HQ) of ExNoRa INNOVATORS INTERNATIONAL

ExNoRa INNOVATORS CLUB or Residents Welfare Association (RWA) of the PLACE / INSTITUTION
ASK...

ASK & UNMASK ExNoRa

“ASK and ASKING requires honesty, effort, commitment and persistence”

is VERY MUCH PART of

JEEVAN SHAstra, LIFE SCIENCE,
(जीवन विज्ञान) for
LIVING as HUMAN BEING

&

MANUSHYA SHAstra, HUMAN SCIENCE
(मनुष्य विज्ञान) for BEING HUMAN BEING
ExNoRa Innovators Club facilitates, as a SERVICE, TRAINING each & every HUMAN in the Art & Science of INNOVENTIONS (Innovation + Invention) for his OWN and SOCIETAL WELL-BEING.

ExNoRa Innovators Club
SINGLE WINDOW & WONDER WINDOW
to solve from PERSONAL to SOCIETAL PROBLEMS

ExNoRa INNOVATORS CLUB for 100% Civil Society Empowerment

PART OF
MANUSHYA SHAASTRA, HUMAN SCIENCE
for BEING HUMAN BEING
for realising
JEEVAN SHAASTRA, LIFE SCIENCE
for LIVING as HUMAN BEING

JOIN / START YOUR RESIDENTIAL AREA / INSTITUTIONAL
(Office/ School/ College)
ExNoRa Innovators Club
today and harvest success
Learn through your ExNoRa Innovators Club to innovate for the wellbeing of
Self
Family
Society
Business
Nation & the Planet
**ExNoRa INNOVATORS INTERNATIONAL - since 1988**

“IDEA-MEN of the WORLD, UNITE”

is the largest organisation in India for INNOVATIONS for self-improvement and societal development & one of the fastest growing in the world, founded in India & operates through its LOCATION / INSTITUTION based chapters,

**ExNoRa INNOVATORS CLUB**

---

**ExNoRa stands for**

**Excellent Novel Radical**

ExNoRans ensure these three qualities in their Thoughts / Words / Action & Innovate

---

**ExNoRa is the ONLY Club**

which trains and makes its members

INNOVATORS PAR EXCELLENCE

---

One who wants to serve by INNOVATIONS joins **ExNoRa Innovators Club.**

He or she uses the prefix **Exn** as short form of **ExNoRan**

e.g. Exn Ram, Exn. Robert, Exn Rahim before his / her name

and is always addressed by others as an **ExNoRa INNOVATOR**

---

**ExNoRa : What the 3 colors Green, Blue & Red signify?**

The **GREEN** represents **ENVIRONMENT,**

The **BLUE** represents **PEACE &**

The **RED** represents **SACRIFICE**

We need Clean & Green **ENVIRONMENT & PEACE** in our society & within ourselves & we can get both by only **SACRIFICE**

---

All these easily realised through INNOVATIONS
The world will 100% start moving fast towards ZERO in the following areas. Join / Start YOUR “ExNoRa INNOVATORS CLUB”

<table>
<thead>
<tr>
<th>Zero Pollutions &amp; Wastes</th>
<th>Zero Corruption</th>
<th>Zero Communalism</th>
<th>Zero Crimes &amp; Murders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zero Dishonesty</td>
<td>Zero Hate</td>
<td>Zero Food &amp; Water Shortage</td>
<td>Zero Violence &amp; Extremism</td>
</tr>
<tr>
<td>Zero Greed</td>
<td>Zero Inhumanness</td>
<td>Zero Wars</td>
<td>Zero Alcoholism</td>
</tr>
<tr>
<td>Zero Accidents</td>
<td>Zero Inequality</td>
<td>Zero Gender Bias</td>
<td>Zero Bonded &amp; Child Labour</td>
</tr>
</tbody>
</table>
Make yours is a licensed Satellite Organisation (Satellite ExNoRa) of ExNoRa Innovators International the Parent Organisation
ExNoRa International Head Quarters
LICENSE

Remember to get ExNoRa License for your Satellite Organisation
An unbelievable way to get what you want which you DESERVE !!
“The MISERIES are not due to the VIOLENCE of the BAD, but SILENCE of the GOOD”
“Refusing to ASK for help when you need it is refusing someone the chance to be helpful”

RIC OCASEK
ASK

represents what?
What is **ASK**?

**ACRONYM** for **ASK**

- Ascertain
- Speak Out
- Keep Pursuing
Yes, **ASK** as an organisation has been found to be quite effective and super powerful.

**ASK** as an organisation can be made use by all **ExNoRa** Organisations and even non-**ExNoRa** Service Organisations with prior permission. The results will be amazing. Legitimate needs will be met quite fast.
Your ASK should get affiliation with ASK INTERNATIONAL. Then the whole movement will join your ASK and the VOICE of your ASK will gain enormous strength. It will become National Collective ASK

ASK for “ASK”, “thou shall be granted”. Apply to The Founder, ASK, exnora@gmail.com
• Start **ASK** chapter in your TOWN, after taking e mail exnora@gmail.com

**ASK**

When you use **ASK**, your demands will be met.

• Learn the ART & SCIENCE of **ASKING** from **ASK INTERNATIONAL**

and ensure all your gloom becomes bloom
Ask & ASK, keep asking all about

He who is afraid to ASK is ashamed of LEARNING

Remember that ASK is not your just ASKING others. It may be and should be ASKING YOURSELF your doing that FIRST to your own self

It's not too late to... ask yourself if you really are the person you want to be, and if not, who you do want to be. Morrie Schwartz

“Ask not what your country can do for you, ask what you can do for your country” John F F Kennedy
What are the benefits of starting **ASK CHAPTER** and affiliating with **ASK INTERNATIONAL**?

- **You are part of a larger ASK** and you are never alone.
- Your **ASK** will have the blessings & support of other ASK Chapters. Your **ASK** will be better heard.
- You can have continuous interaction & exchange with other ASK chapters.
- You can seek advice from ASK headquarters.
- **Your ASK** will never go unanswered.
ASK stands for the first letter of the following three words:

ASCERTAIN  SPEAK OUT  KEEP  PURSUING
“The Constitution of most of our states (and of the United States) assert that all power is inherent in the people; that they may exercise it by themselves; that it is their right and duty to be at all times armed.”

THOMAS JEFFERSON, 3rd President of USA
Be daring,
be different,
be impractical,
be anything
that will assert integrity of
purpose and imaginative vision
against the
play-it-safers,
the creatures of the commonplace,
the slaves of the ordinary.

CECIL BEATON
English fashion, portrait and war
photographer, painter, interior designer &
an Academy Award Winner
Henceforth I ask not good fortune. I myself am good fortune
Walt Whitman
When a man tells you that he got rich through hard work, ASK him: 'Whose?'

DON MARQUIS
“Ask and it will be given to you”
God Jesus

“Ask the God. He will give.”
Hindu Religion

“Call on me and I will respond to you”.
Almighty Allah
Between birth & death, LIFE is SHORT.
No one knows the period of one’s LIFE

Many things which you are entitled to, you don’t get because you don’t ASK

You did not do the three basic acts of ASK, Ascertain, Speak out & Keep Pursuing
Henry Ford had a friend and walking-mate who was an Insurance Agent;

Once the Agent told his genuine grievance to Henry Ford “I am your friend last 12 years and do morning walk with you. But you never gave me your insurance”

Henry Ford shot back “You never asked me”
Robert 75 years old meets Marie also 75 after a lapse of 50 years. Robert, the old man tells Marie

“Marie, 50 years ago, when I was 25, I loved you. I wanted to tell you that, but did not have the courage”

Marie rebukes “Fool, I thought you will say that”

Robert did not ASK and because of it he was late by 50 years
“Successful people ask better questions, and as a result, they get better answers.”

TONY ROBINS
ASK means, it is not asking with arrogance

It may be communicating with utmost politeness.

It is an accepted truth that you can not antagonise some one and then get things done by them

Twenty years ago, ExNoRa top team was seated before the then Commissioner, Corporation of Chennai who while reading a letter from a CITIZEN (?) of Chennai, he got infuriated. When we asked him the reason, he gave the letter to us. It was somewhat like this. Quote “Dear Commissioner, what are you doing? Since India’s Independence our street lights don’t burn” unquote. The writer has grossly exaggerated the problem in showing his problem and was totally arrogant and impolite.
CASE STUDY Continued: This incident gave a spark to ExNoRa. ExNoRa sent a circular to our Street ExNoRa Chapters, how a complaint should be represented. Our advice-letter draft Quote

“Dear Commissioner, Chennai city is glowing thanks to street lights. When we see the lights, we always remember you. We thank you for that. By the by a couple lights in our street are not burning. It is our mistake that we did not take up with your esteemed ESTABLISHMSNT”.

When the tone of letters got changed, also the service of that department.

Mr Iraianbu IAS, Secretary, to Government of Tamil Nadu has written about this in one of his famous books.
Here is a different kind of ASK

Acquaint, Smile, Kudos—Pass on
Three methods of **ASK**

COMMUNICATE & CAPTIVATE

1. Speak & Peak
2. Write Right
3. Touch & Touch  
   (Touch mobile screen & touch hearts)
Remember **ASK** also represents

<table>
<thead>
<tr>
<th>FAMILY</th>
<th>FRIENDS</th>
<th>COLLEAGUES</th>
<th>GOVERNMENT</th>
<th>EVEN YOUR OPPONENTS</th>
</tr>
</thead>
</table>

You do these three things before you want to **ASK** them something

- **Acquaint**
- **Smile**
- **Kudos – Pass on**

Your **ASK** to get something will be a **100% success**
Did you **ASK** yourself (properly) before **ASKing** another?

Before asking anyone else, **ASK** yourself. i.e. “**THINK**” Please

**What happens thereafter or what should happen?**

For that you should know your **MIND MECHANISM**, how your questions are answered

<table>
<thead>
<tr>
<th>Your Mind</th>
<th>is your</th>
<th>Software</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your Brain</td>
<td>is your</td>
<td>Hardware</td>
</tr>
</tbody>
</table>

**Your Mind**, the software has two Major divisions

<table>
<thead>
<tr>
<th>Conscious Mind</th>
<th>Subconscious Mind</th>
</tr>
</thead>
</table>

**Your Brain** has two divisions

<p>| Left Brain     | Right Brain       |</p>
<table>
<thead>
<tr>
<th>Conscious Mind</th>
<th>is</th>
<th>Skill *</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subconscious</td>
<td>is</td>
<td>Marvel *</td>
</tr>
<tr>
<td>Left Brain</td>
<td>is</td>
<td>Logic *</td>
</tr>
<tr>
<td>Right Brain</td>
<td>is</td>
<td>Magic *</td>
</tr>
</tbody>
</table>

*Skill, Marvel, Logic & Magic are subject to PROPER USE.

PROPER USE is dependent on what you FEED to your Brain System.

What you FEED is dependent on your THINKING!

Your THINKING is dependent on your WINDOWS!

(Windows is the DISCOVERY of the 7th Sense Master. Know MBN WINDOWS)
ASK From 7th Sense Master’s Training Module

ASK first your Head Top Computer (not laptop computer)

Frame the question

Feed to you mind (ASK)

It will be received by your Conscious Mind (SCIENCE)

It will start working with your Left Brain (LOGIC)

Think of its importance

Think aloud

Think about it deeply & intensely before you go to your bed

The question with answer will be passed on by your SUBCONSCIOUS (MARVEL)

Your SUBCONSCIOUS will work with your Right Brain (MAGIC) & will produce THE ANSWER
Some look at things that are, and ASK “WHY”.
I dream of things that never were and ASK “WHY NOT”?  
George Bernard Shaw
The 6 ‘W’s concerning ASK

WHAT ?  WHY?  WHO ?

WHOM?  WOH?*  WHEN ? & WHERE ?

* For uniformity sake that all words should start with “W” the word “HOW” is reversed as “WOH”. After all English language grew because of its liberally accepting new words and from other languages too
What you should **ASK**?

What purposes you can use **“ASK?”** **ASK** organisation?
Any issue that affects people and the general public

Please see a representational list of problems. It is only illustrative and not exhaustive.
<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>On Wastes</td>
<td></td>
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<tr>
<td>On Pollutions</td>
<td></td>
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<tr>
<td>On Crimes &amp; Murders</td>
<td></td>
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<tr>
<td>On Dishonesty</td>
<td></td>
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<tr>
<td>On Food &amp; Water Shortage &amp; Quality</td>
<td></td>
</tr>
<tr>
<td>On Violence &amp; Extremism</td>
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<td>On Alcoholism</td>
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<td>On Accidents</td>
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<tr>
<td>On Inequality</td>
<td></td>
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<tr>
<td>Zero Gender Bias</td>
<td></td>
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<tr>
<td>On Bonded &amp; Child Labour</td>
<td></td>
</tr>
<tr>
<td>On Lack of Safety</td>
<td></td>
</tr>
</tbody>
</table>

**Ask what?**

**ASK** so that the world will 100% start moving fast towards **ZERO** in the following areas.
The problem affects your normal life
PROBLEMS AGAINST HUMANKIND GALORE
Why ASK?

We, the humans face, 24 x 365, the WRATH of:

01. Global Dangers
02. National Catastrophes
03. Local Calamities
04. Street Threats
05. Home Hazards &
06. Individual Perils
07. Air Cancer
08. Water Wear & Tear
09. Soiling the Soil
10. a. Food Rude Truths Quantity
10. b. Rude Truths Quality
11. Man Made Dangers
12. Anywhere & Everywhere- BEWARE
++. Invisible Enemies

After all, the planet which you and me live must EXIST

HUMANS NEED TO UNITE URGENTLY. The HUMANKIND’s COMMON ENEMIES are multiplying. It is time that humankind unites and fights its common enemies. See www.ma4harmony.org
Your CHAPTER of ExNoRa INNOVATORS CLUB through its DIRECTOR : ENVIRONMENT & DIRECTOR : SAFETY & DISASTER PREPAREDNESS with your cooperation will GUIDE you on tackling the Common Enemies of Human Kind
1. GLOBAL DANGERS

- GLOBAL WARMING
- EARTHQUAKES
- TSUNAMIS
- CYCLONES
- FLOODS
- DESERTIFICATION
- DYING RIVERS
- OZONE DEPLETION
- VOLCANOES

Now more frequent & more severe
2. NATIONAL CATASTROPHEs

Population Explosion
Price rise
Poverty
Corruption
Communal Wars
Extremism
Atrocities against women
Child Labour
Inequality

Happening Every minute
3. LOCAL CALAMITIES (Due to HUMAN APATHY)

Ever Increasing
4. STREET THREATS (residential areas)

- Absence of hygiene
- Diseases
- Absence of urinals
- Absence of toilets
- Neglect of footpaths
- Road
- Accidents
- Poster pollution
- Road used for parking cars
- Traffic jams

Street serves other purposes except being used as a passage.
5. HOME HAZARDS

- GAS LEAK
- FIRE ACCIDENTS
- FLOOD INSIDE HOME
- ELECTRIC SHOCK
- INSECTS
- MOSQUITO
- BURGLARY

ALL WITHIN THE FOUR ALLS
6. INDIVIDUAL PERILS & Perils by Individuals

---

Now more frequent & more severe
7. AIR CANCER becoming HUMAN CANCER

Air pollution

Dust pollution

Sulfur Dioxide & Exposure Concerns

SULFUR OXIDES

Nitric Oxide

Nitrogen Dioxide

NO\textsubscript{x} (Nitrogen Oxide)

VOLATILE ORGANIC COMPOUNDS

Carbon Monoxide

Particulates

PM\textsubscript{2.5}

Residential wood burning (47.5%)

Other sources (2.9%)

Pulp & paper (4.7%)

Aluminum smelters (4.6%)

Forest product industry (10.6%)

Other industries (12.7%)

Transportation (17.1%)

Toxic Metals
8. WEAR & TEAR OF WATER & WATER POLLUTION

- Point source water pollution
- Nonpoint source pollution
- Groundwater pollution
- Chemical pollution
- Pathogen pollution
- Pesticide pollution
- Ammonia water pollution
- Detergent pollution
- Garbage pollution

Sources of Pathogens:
- Untreated Municipal Sewage
- Sewage from ships
- Livestock and animal waste

Fertilizers and chemicals

Water table
9. SOIL POLLUTION

- Drilling of oil refineries
- Acid rain
- Nuclear wastes
- Landfill illegal dumping
- Mining pollution
- Oil & fuel dumping
- Disposal of coal ash
- Drainage of contaminated water
- E waste pollution

SOIL POLLUTION
10. FOOD RUDE TRUTHS

- Expected serious shortage due to Climate Change, loss of farm lands due to urbanisation, chemicalization of land, population explosion, Genetically Modified Food, Farmers losing interest.
11. MANMADE DANGERS

- WARS
- CIVIL WARS
- COMMUNAL WARS
- EXTREMISM
- MOBISM
- HUMAN RIGHTS VIOLATION
- ARSON & LOOTING
- BOMB BLASTS
- FOOD ADULTERATION
<table>
<thead>
<tr>
<th>12. ANYWHERE &amp; EVERYWHERE</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACCIDENTS</td>
</tr>
<tr>
<td>ATROCITIES against WOMEN &amp; CHILDREN</td>
</tr>
<tr>
<td>BACTERIA &amp; VIRUS</td>
</tr>
<tr>
<td>CRIMES and LAW &amp; ORDER</td>
</tr>
<tr>
<td>ENVIRONMENTAL DESTRUCTIONS</td>
</tr>
<tr>
<td>MOSQUITOES &amp; PESTS</td>
</tr>
<tr>
<td>NATURAL CALAMITIES</td>
</tr>
<tr>
<td>MAN MADE DISASTERS</td>
</tr>
<tr>
<td>POLLUTIONS</td>
</tr>
</tbody>
</table>
13. INVISIBLE ENEMIES OVER 1000

- **FUNGUS**
- **VIRUS**
- **BACTERIA**
Who will ASK?
The people who are affected by the problem.
**ASK** as an individual. It will produce result

**ASK** as a GROUP. It will yield wonder RESULTS

**ASK** as a CROWD. It will bring incredible RESULTS
<table>
<thead>
<tr>
<th>ASK</th>
<th>as</th>
<th>People</th>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kids</td>
<td>Elders</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Residents</td>
<td>Citizens</td>
<td></td>
<td></td>
<td>People</td>
</tr>
<tr>
<td>Workers</td>
<td>Professionals</td>
<td></td>
<td></td>
<td>Businessmen</td>
</tr>
</tbody>
</table>
GO & ASK or
Make a Mass Deputation

as a

GROUP / CITIZENS / RESIDENTS

as a Procession of people & students all of them wearing red colour Arm Band & T Shirts with ASK words
Whom the affected will ASK? The people who are affected by the problem will ASK those who were responsible for the problem or those who are in a position to solve.
WHEN, WHERE & WOH (HOW) ?

Whom the affected will ASK? The people who are affected by the problem will ASK those who were responsible for the problem or those who are in a position to solve.
**ASK** in the literal sense in so many ways

<table>
<thead>
<tr>
<th>ASK</th>
<th>Appeal</th>
<th>Accentuate</th>
<th>Argue</th>
<th>Assert</th>
<th>Claim</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crave</td>
<td>Demand</td>
<td>Dwell</td>
<td>Debate</td>
<td>Elicit</td>
<td>Examine</td>
</tr>
<tr>
<td>Emphasize</td>
<td>Enquire</td>
<td>Find out</td>
<td>Grill</td>
<td>Highlight</td>
<td>Insist</td>
</tr>
<tr>
<td>Interrogate</td>
<td>Petition</td>
<td>Plead</td>
<td>Pray</td>
<td>Press</td>
<td>Punctuate</td>
</tr>
<tr>
<td>Query</td>
<td>Question</td>
<td>Reiterate</td>
<td>Request</td>
<td>Require</td>
<td>Seek</td>
</tr>
<tr>
<td>Solicit</td>
<td>Speak</td>
<td>Stress</td>
<td>Tell</td>
<td>Underline</td>
<td>Underscore</td>
</tr>
</tbody>
</table>

**URGE**
Conceptualising **ASK**

Before asking & representing your case, surely **DO** the following

<table>
<thead>
<tr>
<th>Analyse</th>
<th>Investigate</th>
<th>Search</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enquire</td>
<td>Examine</td>
<td>Explore</td>
</tr>
<tr>
<td>Research</td>
<td>Scrutinize</td>
<td>Discover</td>
</tr>
<tr>
<td><strong>ASK &amp; GET : Step by Step</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Ascertain</strong></td>
<td><strong>Allow the mind to process the information</strong></td>
<td><strong>Mind will come back. Harvest its suggestions. Note on a paper all your thoughts</strong></td>
</tr>
<tr>
<td>Make its as an “ASK” prose (poem)</td>
<td>Meet the person / persons</td>
<td>Smile &amp; Acknowledge their past help</td>
</tr>
<tr>
<td>Tell them how their past help was useful</td>
<td>Tell your present requirement</td>
<td>Request their help</td>
</tr>
</tbody>
</table>
CONDUCT to be followed by you when you **ASK**

Tell the solution & not the problem as everyone knows the problem’

Always **ASK** in writing and it becomes binding to take action/ reply

Discuss the Issues & not persons connected

Be brief & not repetitive

Forget not to thank the persons who listened to you and helped you last time

Remember to do follow up
ASK is a GANDHIAN ExNoRa MISSILE.
There are other MISSILES.
Combine ASK with one or more other missiles.
Result will be forthcoming.
What are they?
Three more missiles are ……

"WE are ONE"

"Zero-Hero"

The all Great COLLECTIVISM

Spread & Spearhead your messages at Zero Cost.

Wear a new leadership HAT called GPian

JEEVAN SHAstra  LIFE SCIENCE for  LIVING as HUMAN BEING
MANUSHYA SHAstra, HUMAN SCIENCE for  BEING HUMAN BEING
ASK as a GPian

ASK COLLECTIVELY as a GPian TEAM, “WE ARE ONE”

+ ASK 4 statutory Pillars of Democracy & as well as the 4 Voluntary pillars + The 5th Pillar all at a time
1. ASK as a GPian

2. ASK COLLECTIVELY as “We ARE ONE”

3. ASK COLLECTIVELY as a GPian TEAM

4. ASK COLLECTIVELY a GPian TEAM

5. ASK 4 Pillars of Democracy through our 5 Pillars

YOUR CIVIC & RIGHTS ISSUES SUCCESS LADDER

Common Problems WORRYING YOU & FELLOW CITIZENS

Here is the SUCCESS LADDER
Do make use of 4+1 pillars of democracy

The 1st PILLAR LEGISLATURE from the PARLIAMENT to ASSEMBLY from ASSEMBLY to LOCAL BODY

The 2nd PILLAR EXECUTIVE from the Chief Secretary to the Village Officer (VAO)

The 3rd PILLAR JUDICIARY from the Chief Justice to the District Magistrate including the ADVOCATES

The 4th PILLAR MEDIA that will include
1. Print
2. Visual (TV)
3. Audio (Radio)
4. Internet
5 Social

The 5th PILLAR PEOPLE for, of & by People & People and their Organisations to mobilise people for collectively taking up all their issues using the various tools provided here
**Voluntary Pillars created by ExNoRa**

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<tr>
<th>1st Pillar</th>
<th>2nd Pillar</th>
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<th>4th Pillar</th>
<th>5th Pillar</th>
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<tr>
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<td>Judiciary</td>
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<td>People</td>
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**Create a Voluntary 1st Pillar** for, of & by elected representatives present & past & students doing politics & Politician Training Academy to take up issues with the **REAL 1st Pillar** & make it perfect

**Create a Voluntary 2nd Pillar** for, of & by Government Officials present & past & students appearing for civil services to take up issues with the **REAL 2nd Pillar** & make it perfect

**Create a Voluntary 3rd Pillar** for, of & by Lawyers & Retired Judges & LAW students to take up issues with the **REAL 3rd Pillar** by taking up issues to Court for legal remedy

**Create a Voluntary 4th Pillar** for, of & by Media men in service & retired including the freelancers & students of VISCOM & Journalism to take up issues with the **REAL 4th Pillar** for coverage

**Create The 5th Pillar** for, of & by People & People’s Organisations to mobilise people for collectively taking up all their issues using the various tools provided here
<table>
<thead>
<tr>
<th>Voluntary 1st Pillar</th>
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<th>The 5th Pillar</th>
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These 4 Voluntary Pillars & The 5th Pillar will form 5 Pillars Coalition for coordinated action

JEEVAN SHAstra  LIFE SCIENCE for LIVING as HUMAN BEING  MANUSHYA
SHAstra, HUMAN SCIENCE for BEING HUMAN BEING
That is not ALL.
While taking up the common issues, one of the obstacles that you will face is “CORRUPTION”
It is “No Problem”
You have
ABC
Anti Bribe Coalition
(Against Bribe & Corruption)
Join & overcome Bribe
www.antibribecoalition.org
There is an ACT only to help you to ASK. Its name is RTI Act. Make full of use, when you want to ASK. You can seek the help of ABC – Anti Bribe Coalition

Sure channel to fight corruption
Anti Bribe Coalition (ABC)
Against Bribe & Corruption
www.angibribevoalition.org
It is not fair to ASK of others what you are not willing to do yourself.

Eleanor Roosevelt
Your ROAD

Is Your road very bad?
Do you need a good road?
Don’t go on hunger protest?
It is as old as 1940?
They will watch happily, your slowly dying.
Then what you should do?
Make your protest novel so that it attracts the attention of everyone.
Dear Protesting public Think for a Moment

Kindly don’t do things which will
1. Cause the public inconvenience
2. Damage to Public Property
3. That will lead to Law & Order Problems
4. That will prevent Government to do its duty to public

Instead do things creatively & differently which will not be destructive but will be humorous and serve your purpose. It will also bring smile in all faces.
Don’t do Road Roko
Don’t Pelt Stones
Don’t set fire to buses & public properties, as you will have no bus.
Don’t do hunger strike, they may watch you dying
Here are the creative ideas to demonstrate to those concerned what you want creatively without causing damage to public property

See also

Invent Event

&

Signs Science
ASK SINGING as a group / crowd

ASK DANCING as a group / crowd
ASK CRYING as a group / crowd

ASK RAISING SLOGANS as a group / crowd
ASK Clapping as a group / crowd

ASK SILENTLY mouth gagged as a group / crowd
ASK eyes blind folded as a group / crowd

ASK SILENTLY ears plugged as a group / crowd
ASK as Human Road Rollers demanding roads

ASK covered with mosquito net for mosquito eradication
ASK Climbing on TREES for Trees protection

ASK with placards
ASK
FASTING
as a group / crowd

ASK
as a Human Chain
ASK dancing
Kummi Attam

ASK dancing
Dandiya
Skip & ASK

Cover your body with mosquito net

Wash buffalo to communicate if you are not provided with job, you may have to wash them
ASK through Street Dramas

ASK through Street Corner Meetings

ASK through Street Corner Cartooning
ASK VIA Street Corner Drawing

ASK via STREET Corner SIGNS

Street Corner Koothu
ASK by Sand Sculpting

ASK by Sculpting

ASK by Painting
I never learn anything talking. I only learn things when I ASK questions.  

Lou Holtz
ASK as children

ASK as Senior Citizens
ASK as WOMEN

ASK as Differently abled
ASK as Visually Challenged by Fasting
ASK with torches

ASK with candles
Ask water shortage by carrying empty pots

People who do wrong, show them as Prisoner of Conscience

Head shaving for any protest as you will lose only hair and not the head
Unlawful arrests can be protested by women wearing handcuff.

Protests with plants to show how you can grow them without fertilisers.

Gas shortage – a funeral procession for Gas Cylinder.

Part of JEEVAN Shastra, the Science of Living for Being Human Being.
Electricity Shortage a demonstration with hurricane lamp

A nice way to ask Houses

Women suppression can be creatively demonstrated
Patriotism can be best demonstrated by display of longest National Flag

Colourful demonstration do attract attention

Lack of Hygiene can be demonstrated by cleaning campaign

Part of JEEVAN Shastra, the Science of Living for Being Human Being
What these demonstrations are for? Guess

Part of JEEVAN Shastra, the Science of Living for Being Human Being
There is nothing like asking as huge crowd, peacefully?

Part of JEEVAN Shastra, the Science of Living for Being Human Being
## ASK

### How to Spreading “ASK” speedily — The Methods

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<th>Panel Discussions</th>
<th>Demonstrations</th>
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<td>Brain Storming</td>
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<tr>
<td>Exposes</td>
<td>Passenger Messenger</td>
<td>Mobile Conference</td>
<td>Group SMS</td>
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</tbody>
</table>

Ask yourself the secret of your success. Listen to your answer, and practice it. Richard Bach
### Ask

How all you can you use e world to ASK?

<table>
<thead>
<tr>
<th>E mail</th>
<th>E Groups</th>
<th>Blogs</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>E News Letter</td>
<td>E Fliers</td>
<td>Internet</td>
<td>Intranet</td>
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<tr>
<td>Podcasts</td>
<td>Webinar</td>
<td>Online Communities</td>
<td>Voice Over Internet (VoIP)</td>
</tr>
<tr>
<td>Video-Conference</td>
<td>Share Photos</td>
<td>Instant messaging (Texting)</td>
<td>Chat</td>
</tr>
</tbody>
</table>

Older people sit down and ask, 'What is it?' but the boy asks, 'What can I do with it?'. Steve Jobs
Demonstrate Peacefully & Ask
as a
GROUP / MASS
against the VIOLATORS in their place

Part of JEEVAN Shastra, the Science of Living for Being Human Being
Knock the doors of the following and seek their intervention

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</tr>
<tr>
<td>The Elected</td>
<td>The Government Court</td>
<td>The courts</td>
<td>1. Print</td>
</tr>
<tr>
<td>bodies</td>
<td>officials</td>
<td>(from supreme</td>
<td>2. Visual</td>
</tr>
<tr>
<td>(Central, State, courts to</td>
<td>District</td>
<td>3. Audio</td>
<td></td>
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<tr>
<td>Local Governments)</td>
<td>Magistrate</td>
<td>4. Internet &amp;</td>
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<td></td>
<td>Court)</td>
<td>Social Media</td>
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</tbody>
</table>

Pillars here are mostly STATUTORY
Seek the support of these organisations

<table>
<thead>
<tr>
<th>Voluntary 1ˢᵗ Pillar – the organisation</th>
<th>Voluntary 2ⁿᵈ Pillar – the organisation</th>
<th>Voluntary 3ʳᵈ Pillar – the organisation</th>
<th>Voluntary 4ᵗʰ Pillar – the organisation</th>
<th>The 5ᵗʰ Pillar – the organisation</th>
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PILLARS HERE ARE VOLUNTARY
# The Implementers & Campaigners

<table>
<thead>
<tr>
<th>Residents Welfare Association</th>
<th>Flat Residents Welfare Association</th>
<th>Workers &amp; Trade Union Members</th>
<th>Film Fans Association Members</th>
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<tbody>
<tr>
<td>SHG members</td>
<td>Students</td>
<td>Hostellers</td>
<td>Slum Dwellers</td>
</tr>
<tr>
<td>Housewives</td>
<td>Youth</td>
<td>Professionals</td>
<td>Traders</td>
</tr>
</tbody>
</table>

## In short

**Men & Women, Old & Young**

*Magic trick: to make people disappear, ask them to fulfil their promises.*  
*Mason Cooley*
When are public hearings required?
A public hearing is required only when a specific statute requires one. Of course, a local government may hold a public hearing in other instances, such as when it desires public input on a sensitive or controversial policy issue. Public can demand to hold Public hearing when proposed law or policy change will drastically affect considerable sections of society.

Seek the assistance of ASK or ABC for guidance on this important avenue for ASKING & conveying public views

www.antibribecoalition.org
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<tr>
<th>Service Club</th>
<th>Activities in Street &amp; Workplace</th>
<th>Benefits for your Service Club</th>
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<tr>
<td>Rotary Club</td>
<td></td>
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<tr>
<td>Lions Club</td>
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<tr>
<td>Round Table</td>
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<td>Junior Chamber</td>
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<tr>
<td>Red Cross</td>
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<tr>
<td>ExNoRa</td>
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</tbody>
</table>

Service Club Members can start these activities in your Street & Workplace. The benefits for your Service Club will be aplenty.

First ask yourself: What is the worst that can happen? Then prepare to accept it. Then proceed to improve on the worst. Dale Carnegie
“The miseries that we see around us are not due to the **VIOLENCE** of the BAD, but **SILENCE** of the GOOD”

Those who are GOOD can come out of their PASSIVENESS and start becoming PROACTIVE. They must **THINK**, **ARTICULATE** & **ACT**, of course collectively, and embark on a path already shown by Mahatma Gandhi. ExNoRa will guide them to do it. Residents Welfare ExNoRa is meant only for that. Ponder & ACT

There's one way to find out if a man is honest - ask him. If he says, "Yes," you know he is a crook. Groucho Marx
The 6 friends (6 “W”’s, waiting to help you)

You did not make use of the six friends, the 6 “W”’s who are

|-------|------|-------|-------|--------|------|

Don’t worry about the spelling of the name of the 6\textsuperscript{th} friend WOH? WOH is the word HOW reversed. The great language English will accept the change. It became a world language by keep on accepting changes & new words. Now one more change as after all, our six friends must be uniform at least with regard to their first letter, “W”. Then it will be easy for you to remember. Please from today say Woh & explain. People will start saying it. Then it will find its place in DICTIONARY. (Interesting. The sound of Woh is almost is like How?)
Between birth & death, LIFE is SHORT

Many things which you are entitled to, you don’t get because you don’t Ask

You did not do the three basic acts of ASK, Ascertain, Speak out & Keep Pursuing
Keeping
Pursuing

The six friends are same like Speak Out
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<tbody>
<tr>
<td><strong>What to Ascertain?</strong></td>
<td><strong>Who will Ascertain?</strong> (You &amp; your team)</td>
<td><strong>Whom from / to Ascertain?</strong></td>
<td><strong>When to Ascertain?</strong></td>
<td><strong>Where to Ascertain?</strong></td>
<td><strong>Woh to Ascertain?</strong></td>
</tr>
</tbody>
</table>

**ASCERTAIN?**

Never ask a bore a question. *Mason Cooley*
When I prayed for success, I forgot to ask for sound sleep and good digestion. Mason Cooley
Ask

Using a wonder method of sorting out issues on the spot & instantly

Its name is FACE to FACE or ROUND TABBLE

The residents, elected representatives, Government Officials & Experts all meet, spell out the problems and sort out issues instantly
Know all about FACE to FACE or ROUND TABBLE, which the format of

Ask

RESOLVE TO SOLVE within 4 walls

Click Here

ROUND TABBLE
Ask
the world will
see

Demonstrate /
Act Creatively
and Put your
message across

ASK in
novel ways via
INVENT EVENT

INVENT EVENT
ASK COLLECTIVELY

The best of all “isms” is COLLECTIVISM. It is called in ExNoRa, “We are ONE”
T Shirts & wear it during their campaigns which will make their campaign 100% a success
Ask the world will see and smile

Ask using your creativity via SIGNS SCIENCE

Use PUN & FUN and send the message across
INNOVENTOR
(INNOVATOR+ INVENTOR),
CONCEPT CREATOR, NEOLEXIAN & AUTHOR

Exn Dr Nirmal Basu, GPian
7th Sense Master & Trainer (SINCE 1991)
7th Sense Society (1999), INNOVENTIONS (1999) & 40 more
INNOVENTOR (INNOVATOR+ INVENTOR), (since 1977) of nearly of 3000
IDEAS, CONCEPTS, SERVICES & PRODUCTS AUTHOR (since 1964) 14 books
& hundreds of articles, stories & research papers PHOTO-JOURNALIST (since
1964) NEOLEXIAN (coiner of new words) in 3 languages (since 1980)
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